

Of Interest to Women



Hello Homemakers! Salads are made up mainly of the good things that grow in the garden. This kind of fare is now the richest in flavor, vitamins and minerals. Moreover salads are important to your budget because they use so many free items out of your own back yard.

SALAD BOUQUET

Line salad bowl with crisp lettuce cups. Arrange in lettuce (irregularly) radish roses, tiny green onions, celery curls, tomato flowers, cucumber fingers, cheese balls rolled in chopped nuts, and watercress or endive which has been chilled. Serve with mayonnaise.

RAW BEET SALAD

3 cups grated raw beet
2 tablespoons grated onion
Salt and pepper
Lemon juice or French Dressing
Combine the raw beet and onion and season to taste with salt and pepper. Add enough lemon juice or French dressing to moisten slightly, and serve on salad greens. Serves 4.

GLAZED SPICED APPLES

2 cups sugar
1 1/2 cups water
2 two-inch pieces stick cinnamon
1 teaspoon whole cloves
1/2 cup lemon juice
1 blade mace
Lemon or orange peel
6 small apples
Mix sugar and water in a fairly deep pan with a large base. Add apples and the peel after putting them in a loosely tied bag. Bring all to a rapid boil; skim carefully, then add lemon juice. Into this mixture place pared and cored apples. Simmer gently turning apples frequently but taking care not to break them. When apples

are clear, remove from syrup and place on individual serving dishes. Remove spice bag and boil syrup until it sheets from the spoon. Pour it over apples, and let cool. A topping of whipped cream and a garnish of chopped nuts, or maraschino cherry adds to the richness of this dessert.

TOSSED GREEN SALAD

1 small head cauliflower
1 cup French dressing
1 bunch broccoli
3 carrots
Tops of two green onions
1 bunch watercress
Six radishes
1 head lettuce
1 clove garlic
Clean cauliflower and separate into small florets; then marinate in 1/2 cup French dressing for 1 hour. Clean broccoli, using only the flowers, and cook in boiling water for 5 mins.; drain and cool. Wash carrots and cut in strips. Onions and radishes should be cleaned and cut in thin slices. Rinse watercress, separate and cut off all but an inch of stem. Wash lettuce thoroughly and break into pieces. Dry all vegetables thoroughly. Rub salad bowl with cut clove of garlic. Drain cauliflower and mix with all other salad ingredients in bowl. Add remaining French dressing, toss lightly and serve immediately. Serves 6.
Note: Broccoli and watercress stems chopped fine give added flavor to soups.

CURRY DRESSING

1/2 teaspoon salt
1 teaspoon sugar
1/2 teaspoon paprika
1/2 teaspoon curry powder
1 cup vinegar
1 cup salad oil
2 hard-cooked eggs
Combine the salt, sugar, paprika and curry powder. Add the vinegar and salad oil and heat thoroughly. Add the hard-cooked egg yolks which have been pressed through a sieve mix thoroughly and serve.

ROQUEFORT CHEESE DRESSING

4 tablespoons crumbled Roquefort Cheese
1/2 cup salad oil
1/2 cup vinegar
1/2 teaspoon salt
1/2 teaspoon paprika
Blend cheese with oil. Gradually beat in the vinegar, season and beat until thoroughly mixed.

COOKED SALAD DRESSING

(No Oil)
2 tablespoons sugar
1/2 tablespoon dry mustard
1 tablespoon pastry flour
1/2 tablespoon salt
2 egg yolks
1/2 cup milk
1/2 cup white vinegar
3 tablespoons butter
Few grains cayenne
Method: Mix the sugar, mustard, flour and salt in upper part of double boiler. Add beaten egg yolks and milk. Slowly add vinegar. Cook and stir until smoothly thickened. Add butter and cayenne. Thin for serving with cream.

THE SUGGESTION-BOX

Mrs. A. T. says: Combine several garden greens together. Trim and wash lettuce, spinach, beet and radish tops. Cook them together.

Chronicles of... Ginger Farm

Written Specially for
The Acton Free Press by
GWENDOLINE P. CLARKE

Actually it is warm enough to sit outside and enjoy it--so of course, I am doing just that. Yes, Nature is in a smiling mood and we are smiling with her. All in all it has been a pleasant week, with the warm sun putting the rain to rout and encouraging the clover to bloom so that farmers can once again begin to think about having in fact a few have already started and our men expect to be at it in the very near future--weather permitting.

"I was very glad we were not having last week because that meant I could get away for a day with a free conscience. And where did I go? Well, where would any woman go who belonged to the W.I. where, but to Guelph to the monster picnic and pageant in celebration of the 50th Anniversary.

And what a day it was! There were four of us in our car and we arrived about 11:30 a.m. We expected there would be a crowd but the number of cars, buses, and people far exceeded our expectations. No doubt you will have read the details in the papers so this account will have to do with impressions rather than facts.

We joined the motley throng around the platform in the afternoon to hear the addresses and to see the celebrity of the W.I. world. It was very hot among the crowd and there were many who found it too much for them. Those in-charge of the First Aid tent on the grounds said they were busy all the time, they even had some stretcher cases.

In a way it was a curious gathering women naturally predominated, and among them were the fashionably dressed, others just ordinary and quite a large number in plain cotton house-dresses and light weight coats. There was also a great variety in ages. There were many young girls--presumably Junior Homemakers--young married women and the middle-aged, and there were also those obviously in their sixties and seventies, many of them apparently crippled with arthritis; still going strong and still taking an active interest in the work of the W.I. That much is certain or they wouldn't have been there. I particularly noticed the aging folk and I thought what stories they could tell if we could but hear them--of what the W.I. had done for the farms and families throughout Canada.

I say "Canada" because even at this gathering it was very evident the W.I. is far from being a local affair. Women were there from every province in the Dominion and of course from every part of Ontario. One somehow had the feeling that those from a distance showed more enthusiasm for the celebrations than did those living closer to Guelph.

During the afternoon the College kept up its reputation for serving generous and appetizing refreshments. Our little party had our lunch in one of the buildings where it was nice and cool but by so doing we missed the bus. Not illegally, I mean that we were not aware that the Lieutenant-Governor and others were receiving in the Administration building--at least we knew but we thought it was an official affair. Imagine us missing out on that!

However, we didn't miss much of the evening performance. Beautiful, is the only way to describe it; and we were so proud that a few members from our district were on the platform taking part in the pageant--and of course acquitting themselves creditably. I am sure you will find the pageant very well described in your favorite farm paper as from our position near the platform we were able to see those at the press table and among them were Miss Ethel Chapman, Mrs. Helen McKoen and Mrs. Elizabeth Hammond, names familiar to all farm women. So you see, if you don't read all about the pageant at Guelph it won't be for lack of opportunity. So friends, read all about it and be proud that YOU are a member of such a worthwhile organization, and if you are not, then for goodness sake see that such an omission is rectified.

At 7:15 we headed for the parking lot and home. But not quite that quickly. There were four lanes of traffic converging into one, and that one held back by the steady stream of buses. I wasn't surprised the next day to read there had been 170 of them. The traffic was really terrific, but it was orderly all the needed was patience and a motor that would not stall at the wrong moment. For that reason I was glad it was "The Greening" I was driving and not the Model A.

We arrived home without any mishap--tired, contented and proud. Contented because now we can say "The Anniversary at Guelph--oh yes, I was there!" Proud because we are members of the W.I. and tired

because you can't mix with 11,000 other women--and not suffer a little fatigue.

Well, I've come to the end of my space but not the end of my story. Next week I will tell you of a few amusing sidelights that you will never get in any newspaper write-up.

EXTENSIVE AUCTION SALE

HIGH GRADE DUAL PURPOSE COWS, SHORTHORN, STOCKERS, HOGS, POWER MACHINERY, FARM IMPLEMENTS, TOOLS, ETC.

The undersigned has received instructions from

ELIAS EASTERBROOK
To sell by public auction on the Guelph and Campbellville County Road, Nassagawan, Twp., 1 mile north of Brookville on

SATURDAY, JUNE 28th
Commencing at 12:30 o'clock P.M. the following:

HORSES—1 handsome pair of Black Percherons, full sister and brother, rising 4 and 5 yrs. old, an outstanding show prospect, excellent milk wagon type; 1 choice pair Chestnuts, 5 and 6 yrs. old, excellent milk wagon type.

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FAT CATTLE, STOCKERS—15 Butcher Cattle, weighing 800-1000 lbs.; 10 Stockers, weighing 800-1000 lbs.; 7 Steers and Heifers, 600-700 lbs.; 8 dual purpose Heifer and Bull Calves; 1 Reg. dual purpose Bull, 2 yrs. old.

HOGS—10 Choice Shoats from 85-100 lbs.; 11 Choice Shoats from 60-70 lbs.; 4 Choice Shoats about 60 lbs.

Auctioneer's Note: The above is the finest offering of live-stock it has been my privilege to auction for several months, every animal is of quality breeding and selling in excellent condition, we commend this offering to you.

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IMPLEMENTS, ETC. Int. Binder, 6 ft. cut, good as new; Int. Fertilizer Disc Drill (new 1946); M.H. Side Delivery Rake and Trolley combination, new; M.H. Steel Hay Rake; M.H. Drop Head Hay Loader, good as new; M.H. Oil Bath Mower No. 33; 1 Extra good Rubber Tired Wagon and Hay Rack; Pleuro Single Plow; 1 Extra good set of Single Sleighs; M.H. 2 drum steel Roller; Set of Harrows; M.H. Corn Cultivator; 1935 Car for sale, Chevrolet deluxe coach in good running order, good tires; Forks, Chains, Doubleires and other articles found on a well equipped farm.

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Newspaper Editors Trophy Winners



(Left) Charles H. Nolan of the Stouffville Tribune, winner of the Joe Clark Memorial Trophy. (Centre) Mrs. George James of the Bowmanville Statesman, receiving the Stephenson Trophy from Sam Wilson of the West Toronto Weekly.

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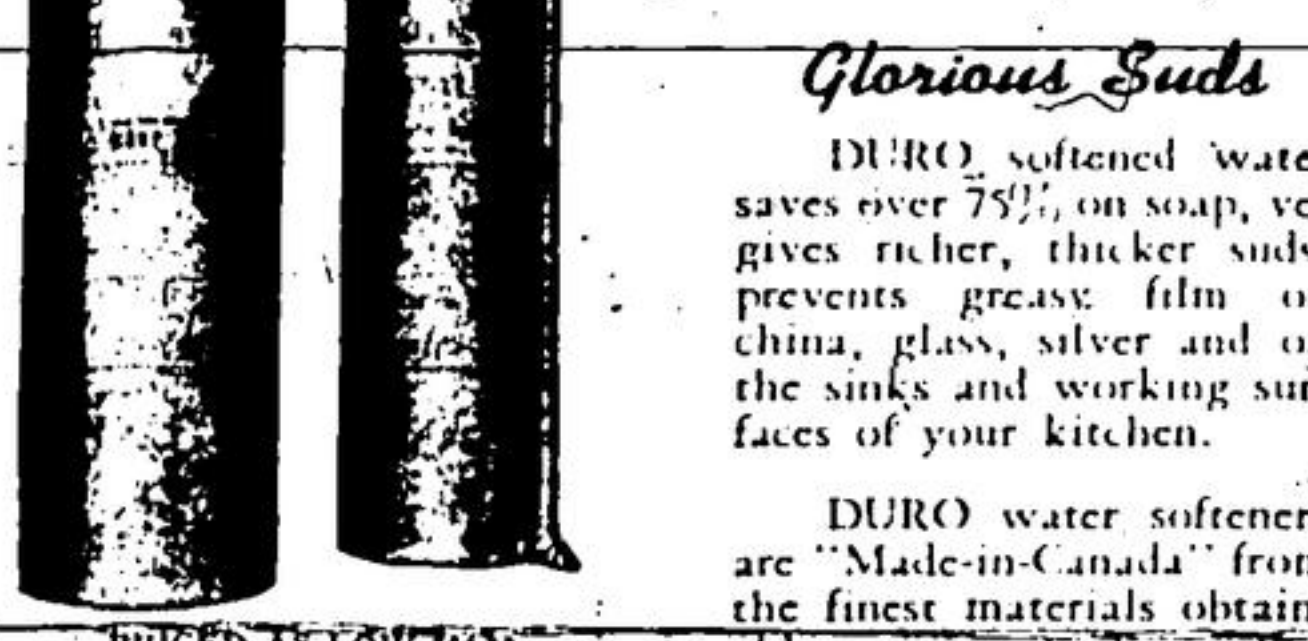
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