

# Of Interest to Women

## GEORGETOWN

A well known resident of Erin passed away last Thursday, May 15th. Formerly Eliza McNally, she was a daughter of the late Hugh McNally and Sarah Brown. She was born 28 years ago near Norval.

A new industry which will cater to farm and industrial repairs has opened in Georgetown. The business, known as the Exeelo-Manufacturing Company has been moved here from Toronto by the owner, Mr. Leslie Tomlinson and occupies half of the Snyder Carriage building on Mill St.

Georgetown Lions Club will assist the Recreational Council in their local recreation program by making some necessary improvements at Teen Town Hall. This was decided on Monday night when the club held its semi-monthly dinner meeting at the McGibbon House with Lion Chief Ab Teat presiding.—Herald.



Hello, Hello-to-let! You have been asking about what food to serve your guests after the wedding and how to serve it. Your plans will probably depend on the number of guests invited to the wedding. If it is to be a small family affair then you can arrange a wedding breakfast or a buffet luncheon or supper; if it is to be a large wedding then you are restricted to a reception as arranged that the guests can be served easily and quickly. The time of day or evening does not need to make a difference unless you are planning an early morning wedding to be followed by a wedding breakfast proper.

Here are a few suggestions which will be useful:

**WEDDING BREAKFAST** — Fruit, cup, Chicken and Mushroom Pattie, Potato Chips, Buttered Peas, Knot Rolls, Pecan Tarts, Wedding Cake and Coffee.

**BUFFET SUGGESTION** — Ham Balls or Waldorf Fruit Moulds, Celery and Olives, Hot Buttered Tea Balls, Ices and Cookies, Wedding Cake and Tea.

**LARGE RECEPTIONS** — Assorted Sandwiches (open-face, rolled, ribbon, plain), Assorted Bouchées, Ices and Small Cakes, Candies, Wedding Cake and Coffee.

**HAM ROLLS**

Ask the butcher to slice cooked ham thin for 24 servings he may cut 2 lbs. into 24 slices.

On the day before the luncheon, cook 4 pounds of scrubbed potatoes. When cold, peel and cube into small pieces. Add 3 hard-cooked eggs chopped fine, 1 minced onion, 2 cups cut asparagus and seasonings — Mix 2 cups salad dressing into potatoes and egg mixture. Put a tablespoon of salad on each slice of ham, roll and fasten with toothpick.

**CHINESE CHEWS**

2 eggs, 1 cup fruit sugar, 3 tbsps. melted butter, 1 cup pitted dates, 3 cup chopped almonds, 1 cup chopped candied ginger, 1/2 cup sultana raisins, 1/2 cup nutmeg, 1 tsp. baking powder, 1/2 tsp. salt, 1 cup chopped candied cherries.

Method: Beat eggs and add sugar. Add butter and fruits. Sift, measure flour. Be-sift with baking powder and salt and add to mixture. Bake in greased 8" square pan at 350 degs. in oven, 45 to 50 mins. Cut while warm roll into balls with hands and dip in fruit sugar.

**PARTY COOKIES**

1 cup shortening, 1 1/2 cups of sugar, 3 eggs, 2 1/2 tbsps. vanilla extract, 1 1/2 tbsps. salt, 4 cups of flour.

Cream together shortening and the sugar. Add egg, beating thoroughly; add vanilla extract and salt. Add flour gradually; blend thoroughly. Chill dough in electric refrigerator. Roll small amount of dough at a time on lightly-floured board to 1/4" thickness. Using heart-shaped cutter, cut out cookies. Place on greased baking sheet; bake in hot oven (400 degs.) 12 minutes. Cool.

**BASIC RECIPE FOR ICES**

2 1/2 cup sugar, 1 1/2 cups water, pinch salt, 1 1/2 tbsps. gelatin, 3 tbsps. water, Fruit juice as desired.

Cook the sugar and water together 5 min. (This may be made in quantities and store in the refrigerator). Soak the gelatin in the cold water and dissolve over hot water in the hot syrup. Cool and add fruit juices. Turn into tray and freeze until firm. Remove to a chilled bowl, break into small pieces. Beat with rotary beater until fluffy (1 to 2 min.). Turn into trays and continue to freeze until firm.

Note: Omit the gelatin if you wish.

**LEMON OR LIME JUICE** — Add 1 cup of lemon juice. Serve with sweetened orange segments.

**CHERRY ICE** — Add 2 cups of cherries and juice (cut cherries very fine or grind), 1 tbsps. lemon juice and few grains nutmeg. Omit 1/4 cup water in basic recipe.

**ORANGE JUICE** — Add 1 tbsps. orange rind to the hot syrup and cool.

Then add 1 1/2 cups orange juice, and 2 tbsps. lemon juice.

**RASPBERRY ICE** — Add 2 cups red raspberries crushed and sieved, and 1 tbsps. lemon juice.

**WEDDING PUNCH**

Dissolve 1 cup of soft honey in 4 cups hot strong tea. Cool it. Add 2 cups orange juice and 1 cup lemon juice.

Add 3 cups water, and just before serving pour in 1 1/2 quarts of ginger ale. Have plenty of ice cubes in the bowl and garnish with orange, lemon and maraschino cherries.

The toast may be simply "To the Bride," spoken by the clergyman or father before anyone else their punch.

**TAKE A TIP**

1. Asparagus rolls can be made easily if the square slices of bread are steamed. Method of steaming: pour boiling water over a towel, then lift the wet towel onto a dry one; writing wet towel into a dry one; remove from boiling water and stir rapidly until entirely melted. Pour chocolate evenly over chopped nuts and Graham cracker crumbs in a greased pan. Let pan stand in a cool place to harden. Cut in half.

2. If you use canned peaches as a dessert, add a drop of almond extract.

3. There are plenty of leftovers from special luncheons — bread crumbs are common. Put crumbs through the grinder and use in a variety of bread puddings, stuffings, soups, croquettes and meat loaves. Keep crumbs fresh by storing in a jar covered with cloth in the refrigerator.

## Iris Useful Plant for Canadian Gardens

The tall bearded varieties of Iris are amongst the most useful plants for Canadian gardens. These are the iris generally known as Iris and can be obtained in a great number of colors. Indeed, the varieties listed by dealers number hundreds and new ones are introduced every year. Some people make the Iris the chief flower in their gardens, and grow very little else, perhaps a few daffodils and other spring bulbs and some late blooming flowers in order to have color in the garden all season.

The majority of gardeners like a few varieties of Iris in the perennial borders and they are quite suitable for this purpose. If given well-trained soil and kept from rampant growing neighbors, so that the rhizomes (the underground rootlike stems) will become well ripened in summer, the Iris will bloom well for several years.

Iris are not particular about the soil if it is well drained, but they require lots of sun so that the rhizomes are thoroughly ripened, says the pamphlet by the Horticultural Division Experimental Farms Service, on "The Culture of Iris, Peony and Phlox." If the Irides do not get sunshine they are more susceptible to rot, and even if healthy they do not bloom so well. Soil that has been well fertilized for an earlier crop, with the addition of bone meal, will grow Irides well, if the drainage is good. Shallow planting is recommended for them. The roots should be made as firm as possible, but the rhizome, the thick fleshy portion, should have very little earth over it, especially if the soil is heavy. Irides will grow if planted at any time during the season, but July and August are the best months, especially if they are being brought from a distance. They are allowed to dry and are packed in excelsior or other dry material.

The pamphlet "The Culture of Iris, Peony and Phlox" may be obtained by writing to the Dominion Department of Agriculture, Ottawa. The pamphlet deals with Iris, Dwarf Iris, Siberian Iris, Japanese Iris, Peonies, insects and diseases, and Perennial Phlox. There are several diseases which sometimes cause trouble. When these appear, specimens should be sent to the Division of Botany, Dominion Department of Agriculture, Ottawa.

## BRITAIN'S 3,000 h.p. WORLD-RECORD SPEED BOAT

It was recently mentioned that Sir Malcolm Campbell's world-record speed boat "Blue Bird" required certain structural alterations before the attempt he made on the world record. It is now learned that the tests with the De Havilland engine have been completed and great results are expected. Sir Malcolm's earlier record speed of 141.7 miles per hour was achieved with a 1,900 h.p. Rolls-Royce piston engine. The new engine produces 3,000 h.p., a force never before considered for so tiny a craft.

## Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

A few weeks ago a friend of mine, getting up in years, and particularly fond of flowers, happened to mention that she had never seen the famous Rock Gardens in Hamilton. I could hardly believe it. It was almost incredible that any one so blessed with "green fingers" as my friend, should miss seeing anything that would give her so much pleasure. But of course she had no way of making the trip unless someone took her. Right away I promised that if we ever had a "better car" than the Model A she would certainly see the Model A. So that was my first trip with "the Greening". That, by the way, is my name for our latest car; and for two reasons — one because it is green and the other because — at present — it is the apple of my eye.

So away we went last Thursday — two elderly ladies and myself, and we saw the Rock Gardens in all their spring glory. It was a lovely day — (actually!) and we wandered around to our heart's content, following the winding paths among the rocks; climbing the stepping stones to higher levels; resting on the benches when we were tired; and watching the goldfish as they flashed through the water no matter which way we looked. There were so many of them — far more than I had seen before. Either they had been put into the pools or they must multiply very rapidly.

Of course we had to get into conversation with the gardeners and learnt to our amazement that only two men are employed to look after the gardens. How they ever keep them in such good condition I don't know. That day they were setting out bedding plants. A truck had just delivered them in flats all kinds of annuals, and there must have been thousands of them. It just about gave me a headache to look at them!

As we chatted with the men I noticed a few roots of primrose in among the rocks. I drew attention to them and the head gardener said "Yes, and those few roots are all that are left — too many people take a fancy to them and first thing you know they are nearly all gone. Sure, there's a \$50 fine for stealing roots or flowers, but a man can't have his eyes everywhere at once, there's a lot of people go through the gardens from one day to another."

Doesn't that seem a crime? Why is it that some people give way to such despicable pilfering and petty thieving? It is hard to believe that people who really love flowers would be guilty of such meanness. I have always thought one of the characteristics of a person who really loves flowers is a desire to share them with other folk, not to hoard and destroy for selfish pleasure.

On the way home we travelled the Lake Shore Road and bought pansies and primroses for our own small gardens. Primroses in Canada have always puzzled me. Sometimes I have heard them described as "real old country primroses just like they grow in the woods in England." But I know they are not because Old Country primroses grow with only one bloom to a stem, not a cluster of blooms as we so often see them in Canada. But the gardener at the Rock Gardens cleared up the mystery for me. He explained that the genuine primrose had been crossed with the cowslip to produce more colour and greater bloom. The cowslips or "peggles", as Old Country people will know, are similar to primroses except that they have many blooms on one stalk and grow in meadows rather than in woods.

The pansies we bought were lovely in such variety of shades. One was a cinnamon brown; another wedgewood blue and yet another a deep rich red. And yet how often we think of pansies as purple.

Upon our arrival home my first job was to visit a little bird prisoner. In the forenoon I discovered a small bird sitting on the front step. I think it was a green linnet. It made no attempt to fly or run when I approached and nestled quite happily in my hand. So I put it in a large box covered with a window screen and supplied it with food and water. Evidently it had been sunned in some way and recovered during my absence because when I opened the box it took to its wings in no uncertain fashion. Free, happy little bird — I was glad to save it from possible capture and death.

Well, I didn't think I could do it, but I have. I mean I have written this whole column without once mentioning the weather! Which perhaps is just as well because anything I might have said wouldn't be printed, and we had week-end guests and ten for tea on Sunday!

Congratulations to the Limehouse Ladies for their success in the W.I. competition. But then I always knew they were a smart bunch of women.

## DEFINED

"Daddy, what is leisure?" asked the child. "My boy, leisure is the two minutes' rest a man gets while his wife thinks up something for him to do."

## BEER EXPOSURE

Total shipments of beer from Canada on the 1946 agreement amounted to 37,543,000 pounds of boneless beef and 69,151,000 pounds of bone-in representing a total value of \$23,627,000, says the Current Review of Agricultural Conditions in Canada. Shipments of beef for the calendar year 1947, up to the end of March, totalled 6,498,000 pounds of boneless beef, to-

gether with 7,870,000 pounds of carcass beef.

More than 34 million pounds of canned meat have been shipped during the first three months of 1947 to various countries for UNRRA, Belgium and the United Kingdom. Other beef products shipped under contract in 1946 were 402,000 pounds of beef tallow valued at \$73,000, and 304,000 pounds of tallow, valued at \$27,000.

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## LIFE'S Bigger DECISIONS

to build??

to buy??

to rent??

No matter what you decide to do about your personal housing problem, you'll run into the Long Faces who sadly shake their heads and say: "You're making a big mistake". But you'll go ahead and do the best you can, of course. The fact that "things are tough" has never yet completely stopped a young man in his attempt to get some attractive timber over the heads of his family.

Just one thing we have to suggest. Before you get too deep into blueprints or titles or scanning the want ads, we suggest you give some thought to blueprinting your future. The North American Life representative can help by showing you simple, inexpensive plans (some begin as low as \$5 a month) which will be building up your independence even while you are busy with your bust-the-house project.

You see, today's decisions are more easily and wisely made if you've done some long range planning for your future. How about calling your North American Life representative in for a chat? He'll come to you with the sincere desire to help you; backed by a Mutual company with a 66-year record for helping along the dreams of young homemakers.

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