

Of Interest to Women



THE MIXING BOWL

Anne Allan
HYDRO HOME ECONOMIST

Hello Homemakers! One of the most popular salads in men's clubs is asparagus vinaigrette—chefs tell us. They say that this is simply chilled freshly cooked asparagus stalks served on crisp lettuce with vinegar and oil—sauces. A chef, renowned for his sauces, was kind enough to supply the following recipe and pointed out that a small quantity of tarragon vinegar makes a difference. It is also good with hot asparagus.

SAUCE VINAIGRETTE

1 tsp. salt, 1/4 tsp. paprika, 1 tsp. tarragon vinegar, 2 tbsp. cider vinegar, 6 tbsp. olive or salad oil, 1 tbsp. chopped green pepper, 1 tbsp. chopped cucumber pickle, 1 tsp. chopped parsley, 1 tsp. chopped green onion.

Combine ingredients in order given. A little chopped celery or pimento may be added if desired.

To enjoy asparagus to the utmost you should eat it as fresh as possible.

Chronicles of Ginger Farm

Written Specially for
The Acton Free Press by
GWENDOLINE P. CLARKE

Snap off the woody ends of the stalks break above the tough part. Take off lower scales on stems and clean thoroughly.

When cooking asparagus it is a good idea to remember that the stalks take longer to cook than the tips. Use smaller rings in the bottom of saucepan to prop head out of water. Only an inch of water is necessary; cover and cook for 10 or 15 minutes, depending upon the amount prepared.

Someone asked us the other day if asparagus liquor like spinach liquor should be thrown out. We say yes because it is strong to use except with asparagus.

DRAINED BUTTER SAUCE

3 tbsp. butter, 3 tbsp. flour, 1 cup hot water, 1/4 cup asparagus water, 1/4 tsp. salt, 1/2 tsp. lemon juice.

Melt butter, add flour with seasonings. Pour in the liquids and boil 5 minutes. Add lemon juice and serve at once over asparagus.

TAKE A TIP

1. A plain or stenciled cork placemat makes an excellent kitchen bulletin board for thumb-tacking recipes, menus or reminders.

2. To keep shirt cuffs from dragging on the floor when ironing, fold back each sleeve and fasten it with a snap clothespin.

3. Wax old brass curtain rods to prevent a discoloration on the curtains.

4. If you cannot put a screw in the end of the brush or dish mop handle, insert a ring near the handle in the brush. Chicken-leg markers are flexible rings obtainable at most feed stores. They are colorful too.

THE QUESTION BOX

Mrs. H. T. asks: Why do some eggs have a dark ring around the yolks when cooked in the shell?

Answer: When eggs cooked in the shell are not cooled quickly, this unappealing tarnish usually forms. The dark ring is not harmful.

Mrs. T. M. asks: How to keep watercress?

Answer: Leave a few of the roots on and keep them in water. Change the water once or twice a day. Do not cover.

YOUR EYES

Should be Examined at
Regular Intervals

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ACTON

Devonshire Chapter Tag Day for Blind Brought in \$120.

The May meeting of the Duke of Devonshire Chapter L.O.D.E. was held at the home of Mrs. R. R. Parker, Park Avenue, with the regent, Mrs. N. Baird presiding. After the routine business was disposed of, the Chapter men reminded of the Clothing for Britain collection for this coming Saturday, May 10th and several ladies volunteered to help with the packing of the clothes at the Town Hall.

Letters of thanks are to be sent Mr. MacKenzie of the Public School and Mr. Stewart of the High School for the help of the students in the tag day for the blind, when the sum of \$120 was realized.

A letter from the National Press and Publicity convenor told of the Echoes' governor general's annual literary award of \$500 being won by Professor Lower, who has just been appointed Professor of History at Queen's University, Kingston, for his new fiction book on the history of Canada, entitled "Colony to Nation."

Mrs. Blow gave her report of the provincial annual meeting held at Hamilton April 16, 17 and 18. One thing stressed at the meeting was that each Chapter was requested to pack food boxes for overseas at once to be sent through national headquarters.

Mrs. Blow told of the address of Chancellor Gilmour of McMaster University, who spoke on Education. He had just returned from England and he told of the deplorable conditions there. "Many people have nothing to eat or to wear. He suggested that we could easily do with less food, less clothes, less of everything. Teachers and professors are surely needed in England as that country has not trained any professors during the last eight years.—At the conclusion of Mrs. Blow's report a generous donation was voted for sending food to Britain, at once, and for the June meeting of the Chapter each member is requested to bring a donation of canned or packaged food which will be packed and forwarded.

It was decided to give books as awards to pupils of the Public School as in former years. Mrs. Charles Kirkness gave a splendid talk on Eugene Field, who is known as the children's poet and concluded by reading three of his short poems entitled "Seelin' Things," "The Aged Housewife" and "The Three Kings."

After the close of the meeting lunch was served by the hostesses, Mrs. Bailey, Mrs. Boulton, Miss Cole and Mrs. Aylsworth.

ACTON INSTITUTE
HONOR MEMBER
AT SOCIAL GATHERING

On Tuesday night the members of the Acton Woman's Institute with their husbands and friends enjoyed a lovely evening at the home of Mr. and Mrs. R. L. Davidson. Several games of euchre were enjoyed with the prizes going to Mrs. J. F. Wilds and Mr. Drysdale for high-and-Mrs. Jas. Wilds and Mr. Earl Lambert for second. A special feature was the presentation to one of their members Mrs. W. Allen, Mrs. Mrs. Lappin. An address was read by Mrs. F. Anderson and Mrs. Geo. Lantz and Mrs. Davidson presented the bride with a folding table and a "pin-up" lamp. After a reply from the recipient a bountiful lunch was enjoyed.

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— 1947 —

PrizeList - Acton Fall Fair

to be held at Acton

October 3rd & 4th, 1947

DOMESTIC SCIENCE, BAKING, ETC.

No article shown in this Class will be allowed to compete for Specials. Baked Products will be judged on the following basis: Flavor, 30; Texture, 30; Appearance, 20; Cooking, 10; Packing, 10.

Section	1	2	3
431—Loaf Brown Bread	\$0.75	\$0.50	\$0.25
432—Loaf White Bread	75	50	25
433—Half Dozen Plain Buns	75	50	25
434—Half dozen Chelsea Buns	75	50	25
435—Coffee Cake	75	50	25
436—Collection of Tea Biscuits	75	50	25
437—Half Dozen Bran Muffins	75	50	25
438—One Sponge Cake	75	50	25
439—One Angel Cake	75	50	25
440—One Chocolate Layer Cake, iced	75	50	25
441—One dozen Butter Tarts	75	50	25
442—Plain Cookies, 4 of each, 1 dozen	75	50	25
443—One Apple Pie	75	50	25
444—One Raisin Pie	75	50	25
445—One Lemon Pie	75	50	25
446—One Pumpkin Pie	75	50	25
447—Date Bread	75	50	25
448—Applesauce Cake	75	50	25
449—Gingerbread	75	50	25
450—Working man's Lunch displayed on tray	75	50	25
451—Salmon Loaf	75	50	25
452—Cheese Souper Dish	75	50	25
453—An individual Plate Salad	75	50	25

ROBIN HOOD CONTENT

451—Home-Made Bread	1st prize, \$3.00
452—Home-Made Sponge Cake	1st prize, \$2.00
453—Home-Made Apple Pie	1st prize, \$2.00
454—Home-Made Oat Cookies	1st prize, \$1.50
455—Home-Made Tea Biscuits	1st prize, \$1.50

To qualify for these prizes you must submit with your entry a grocer's sales slip for Robin Hood Flour purchased within 60 days of the judging date. The sales slip may be attached to your entry or handed to Fair Secretary.

CANNED AND PRESERVED PRODUCTS

Pint jars must be used.
Label all jams, kind, date.
Container to be opened by judge.

Canned products will be judged on the following basis: Flavor 35, Appearance 30, Uniformity 15, Container and Pack 20.

456—1 Pint Canned Strawberries	75	50	25
457—1 Pint Canned Raspberries	75	50	25
458—1 Pint Canned Peaches	75	50	25
459—1 Pint Canned Cherries	75	50	2