

Of Interest to Women



Mixing Bowl

Hello Homemakers! Looking over the shoulders of the folks who were concentrating on their selection of seed packages we were perturbed by the few herb seeds included. Perhaps you have already a herb bed—If not, here are a few notes on the value of such a garden.

How handy it is to go out and gather a few tender shoots of chives. When finely chopped they add zest to fish and vegetable salads, soups, gravies, scrambled eggs, cottage cheese, and many sandwich fillings.

Then we have:

(1) Thyme for poultry dressing, soups, gravies and sauces.
(2) Sage for stuffing used in fowl, pork, beef, and for flavoring jellied veal loaf or a potted roast.

(3) Sweet basil combined with any of the following: thyme, marjoram or summer savory, lends a new flavor note to spaghetti, green salads, sausage or tomato juice.

(4) Summer Savory for relishes, fish, chicken and meats.
(5) Sweet marjoram for stews and soups; combined with a pinch of thyme and bread crumbs for coating croquettes and cutlets.

(6) Parsley and mint are used for more than decoration since we eat them as garnishes or in sandwiches, casseroles, vegetable dishes, etc.

By all means plant a herb bed, then add a delicate new flavor to your old time dishes. Remember, add it discreetly for a pinch is as good as a lb. when seasoning food.

Recipes to clip and file

CREAMED CHIVE POTATOES

3 cups cubed potatoes, 1 cup top milk, 1/2 tsp. salt, 1/8 tsp. pepper, 1 tsp. butter, 1 tsp. chives, chopped fine.

Peel and cube potatoes; put in greased casserole and cover with milk and salt and pepper. Bake 45 mins. in oven at 350 degs. Dot with butter and sprinkle with chives before serving.

SAUSAGE WITH SPICE COVER

1 pound sausages, ten biscuit dough for six servings, 2 tps. sweet marjoram

Roll out ten biscuit dough one-half inch thick; sprinkle the finely chopped marjoram over dough. Wrap par-baked sausages in 4 inch squares of dough. Bake 15 mins. in oven at 400 degs.

HERB SAUCE CASSEROLE

2 1/2 cup rice, 4 hard-cooked eggs, 2 cups white sauce, 1/2 tsp. dried thyme, 1 tsp. minced parsley.

Boil rice in salted boiling water until tender. Drain and rinse in hot water. Make white sauce of 2 cups milk, 3 tps. flour and 2 tps. butter and blend in the thyme. Put rice and sliced eggs in casserole and pour herb sauce over all. Sprinkle with parsley.

TOMATO SOUP CAKE

1/2 cup shortening, 1 cup granulated sugar, 1 tsp. baking soda, 1 can tomato soup, 1 1/2 cups once-sifted flour, 1 tsp. baking powder, 1/2 tsp. ground cloves, 1/2 tsp. sweet basil, 1/2 cup raisins, 1/2 cup sliced peel.

Cream shortening and blend in sugar gradually. Dissolve soda in soup and heat into sugar mixture. Mix and sift flour, baking powder and spices twice and add to first mixture. Stir in raisins and peel. Turn in greased pan and bake in pre-heated oven 375 degs. about 50 minutes. Serve with coffee.

Chronicles of... Ginger Farm

Written Specially for
The Acton Free Press by
GWENDOLINE P. CLARKE

Last Thursday my chickens were due to arrive—we ordered a fairly late hatch because I am fondly hoping to raise them with the electric brooder.

The pen had been freshly washed, sprayed and disinfected and on Wednesday morning—six inches of snow and wet fleecy flakes still falling—the worst possible day for keeping a pen warm and dry, to say nothing of discomfort to myself of trawling in and out to the pen, I was really desperate. Finally I phoned the hatchery and to my relief the hatchery man said he could hold the chicks for a few days. He is holding them yet—weather conditions having improved very little since last Wednesday. There have also been several power interruptions to still further increase the hazards of chicken brooding by electricity.

The chickens off my mind I soon found another way of putting in the time. Bob had business in Hamilton so I went along with him to do a little shopping. I did some shopping all right. I warned Partner before I left that I might come back with a hat and I did. I thought it was a nice quiet little number quite conservative in fact—but when I put it on to show Partner he just looked at it and said: "You're not really going to wear that, are you?" Men are so funny!

Except for hats, of which there were plenty, shopping is still a nightmare. One is continually amazed, not only at what is unobtainable, but also at the things that can now be purchased so easily—at a price. For instance, there are coats and pants ready but try getting a piece of kitchen towelling. And print—I saw some very nice cotton print at \$1 a yard. I also saw plenty of bare shelves with the label "Table Oil-cloth." One thing I didn't realize until this minute—the stores were by no means crowded. I have waited longer to be served in our own local stores. Even down in the basement one could shop in comfort. The only department that was really rushed was the paper pattern counter. Coming events cast their shadows before—maybe that means the sewing machine will once more come into its own. Mine is going to get a little exercise anyway.

Another thing I discovered. These days when shopping, it does not pay to be too easily discouraged. In the underwear department I couldn't find any of the things I wanted but I went down to the basement and there they were! There, also, was a stout fish middle-aged woman with a smile of blissful content on her face and a number of hard-to-get garments clasped tightly in her arms. I knew just how she felt. Another place I visited hopefully was the "Five and Ten." I forget what it was I went in for, but whatever it was I didn't get it. But even there the crowd was conspicuous by its absence, so maybe people are really out on a buying strike or else after ordinary everyday living expenses are deducted from the budget or pay envelope there isn't anything left for the purchase of non-essentials that have previously been bought so freely.

The trip to and from Hamilton is one that I usually enjoy but not this time. Even the nicest places looked drab and untidy—naturally no one has had a chance to work outside except on the woodpile—and on that the men need to work overtime to keep the home fires burning. However, according to the calendar "the year's at the spring." It must be it is April 21—Princess Elizabeth's twenty-first birthday—but there is a cold wind blowing and 2 frost sharp enough last night to freeze water-filled radiators. Not ours, thank goodness, I think it might even be a good idea to have the alcohol strengthened. However, the sun is shining, and that's a change. Also Bob has just come in with a small supply of coal, and on Saturday night the Maple Leafs won the Stanley Cup. So you see, there are still quite a few bright spots in this cold, winter-loving world! And that final hockey game on Saturday night wasn't that enough to warm the cockles of anybody's heart?

Well, I have just listened to Princess Elizabeth's broadcast. I do hope most of you heard it. It appeared to me very much. There was something so direct, sincere and unaffected in her manner, and in the speech itself, that I am sure it will endear her still more to all the people of her Empire. She must be a great little girl. Glory be, the grader has just gone up the road! Could it be that we are going to lose a few of our spring-breaking mudholes?

A change of policy is only convincing if it comes from a change of heart.

ERIN

At a meeting in the town hall on Monday evening Messrs. DesRoches and Millar of the fire marshall's office, Toronto, spoke to the local volunteer fire brigade and members of the village council emphasizing the need of adequate equipment and proper organization of a volunteer fire brigade.

A very good crowd attended the illustrated lecture held in the Town Hall on Monday evening when John F. Clark, Horticultural Fieldman, took for his subject "Landscaping Home Grounds." The illustrations were very beautiful and added much to the ideas advanced in describing the proper methods in landscaping. On Tuesday workmen commenced filling the basement of the remains of Donald Kirkwood's mill which was destroyed by fire last fall. This is the beginning of rebuilding the property.—Advocate.

CLEARING UP AFTER WINTER

This is the time of year when many home places need considerable cleaning up. Some of them have refuse and litter accumulated during the winter and it will be a great improvement to have this stuff cleared up. Lawns usually need raking to remove the dead grass. Many gardens have dead stalks and withered plants that need removal, and there may be weedy growths on some places that should be cleaned up.

A home place will look better after it has had this general straightening up, and removal of any thing that disfigures the grounds. People look more attractive when they are neat and careful about their clothes. The grounds around the house may be considered to be its dress, and they look better if well combed and brushed.

THE WORLD WANTS FOOD FROM CANADA

Bigger production—that is what Canadian farmers are planning for this year. They know that, in a world struggling to get back to normal living, many nations are counting on Canada to provide the wheat, meat and dairy products that will be their chief weapon against hunger.

To meet this demand for greater production, many farmers are planning to modernize their farms by purchasing new machinery, installing electrical equipment and aids, improving their drainage systems, and so on. Such improvements make farming easier and more profitable.

Many go-ahead farmers, planning to improve or modernize their appliances, farm buildings, or land, have found a ready ally in the Bank of Montreal.

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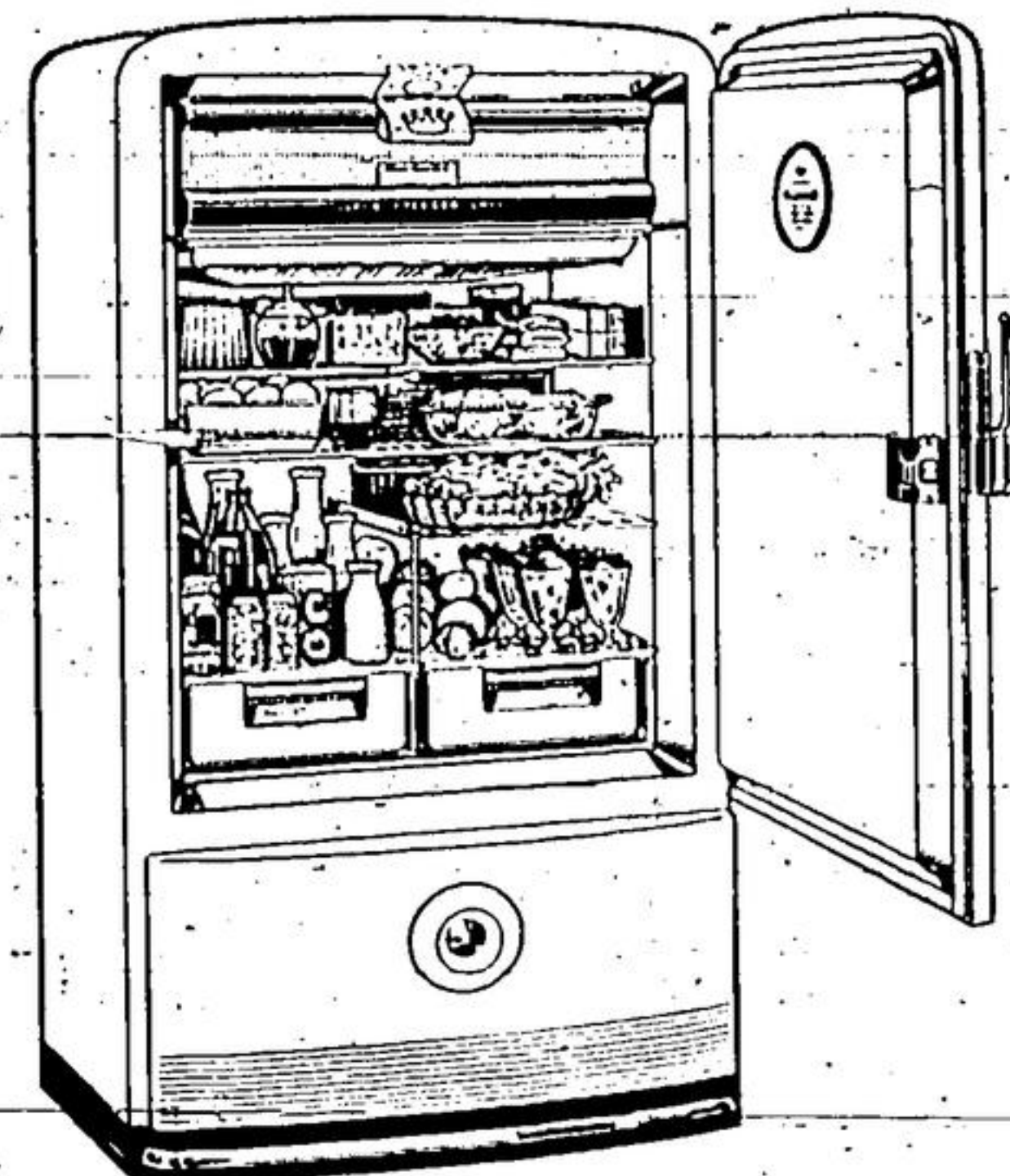
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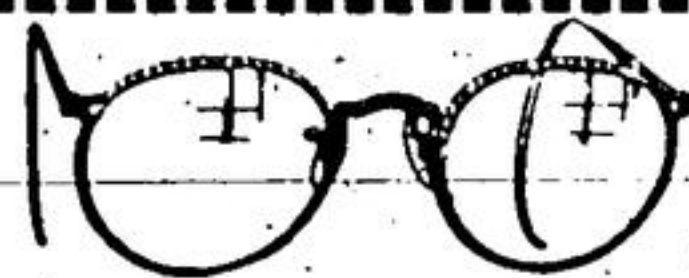
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