

Of Interest to Women



Hello Homemakers! Brides from other countries who are learning the Canadian way of cooking must not only adjust their cooking methods but also their cooking vocabulary. Articles of common use in kitchens here have names which differ from those in the homeland. Terms and equipment will gradually become familiar and genuine homemakers soon adjust themselves to existing circumstances cheerfully.

Every new Canadian housewife whether she comes from another land or whether she is taking that big step from office to home management, should start by collecting good basic recipes. These might be kept in a card index or in a handy indexed scrap book. Classify menus under breakfast, lunch and dinner according to months.

Many experienced cooks collect The Mixing Bowl recipes too. They clip the column from the newspaper, cut out the hints and recipes and paste these on cards. You will need three-by-five inch cards along with a recipe file box and dividers, available in any stationery store. And if you buy two sets of index dividers you can build up two separate classifications under each letter of the alphabet.

Such a system is adequate to file any number of recipes; any desired alphabetical group can be broken into three or four more classifications. For example:

- Make the first divider a title card.
- C—cakes, candies, cheese cookies.
- Then C-1—cakes, fruit
- C-2—cakes, layer
- C-3—candies
- C-4—cheese
- C-5—cookies

CANADIAN MEAT LOAF

1 pound round or chuck steak minced, 1 tsp. salt, 1/4 tsp. pepper, 1/2 cup quick cooking oats, 1 cup wholewheat bread crumbs, 1 tbsp. chopped parsley, 1/4 tsp. sage, 1 small onion finely chopped, 3 tbsp. tomato catsup or condensed tomato soup, 1/4 tsp. Worcestershire Sauce, 1 egg, well-beaten.

Combine all ingredients in a large bowl. Mix thoroughly. Form in a ring shape using hands or pack into a ring-mould. Place in a greased baking dish. Bake in an oven at 325 degs. for 1 1/2 hrs. Lift on to hot platter. Fill centre of mould with green peas or combination of peas and carrots. Garnish with parsley. Yield: 4 to 5 servings.

CARROT CHEESE BALLS

1 cup cottage cheese, 1 tsp. chopped parsley, salt, 1/2 tsp. finely chopped onion, 1 cup coarsely grated carrots, lettuce or other greens, mayonnaise or French dressing.

Combine cottage cheese, parsley, a little salt (about eighth tsp.) and onion. Drop spoonfuls of this mixture into grated carrot, coating evenly and shaping into balls.

Serve on lettuce or other greens with salad-dressing. Or if desired, use to garnish a mixed salad platter. Yield: 2 to 4 servings.

UPSIDE-DOWN BREAD PUDDING

Scald 1 pint of milk. Pour over 6 slices of stale but not hard bread, broken into pieces. Add 1/2 tsp. salt, 1/2 cup sugar and 1 tsp. of vanilla. Let it stand about five minutes. Beat with a spoon so there are no big pieces of bread. Add 2 beaten eggs. Butter a casserole. Spread jam or marmalade or preserves over the bottom of the dish in a good generous layer. Pour the pudding mixture into. Set in a pan of hot water and bake in an electric oven 350 degs. about one hour, or until a silver knife inserted in the centre comes out clear, not milky. Remove from the water and chill. Loosen around the edge of the casserole and turn the pudding out on a plate upside down.

SPRAY CALENDAR

The Dominion Entomological Laboratory, Vineland, Ont., has issued a spray calendar for nursery stock, 1947. It covers apple budbreak, apple seedlings, plums, peaches, sweet and sour cherries, nizzard stock, peaches, currants, and gooseberries, with a recipe for poison bait for cut-worm control.

Getting Bank Loans Often Good Business

Low-Cost Money When You Need It—Repayable in Installments

"Getting a loan from the bank is often good business," William Clayton, local manager of the Bank of Montreal, says. "Considerable savings can often be effected by obtaining money when it is needed. It is at such times that the B of M's personal loan plan can be most helpful."

The B of M offers personal loans repayable in twelve monthly installments for the surprisingly low cost of 27 cents per month for each \$100 borrowed. Larger or smaller amounts may be borrowed for longer or shorter periods at a proportionate cost—which amounts to no more than 6 1/2 per year.

"Many people are availing themselves of this opportunity to raise ready cash when it will do the most good," Mr. Clayton added. "For quick purchases or emergencies of any kind where money is required, the bank's personal loan plan is meeting a real need quickly and effectively and at the lowest cost available."

Mr. Clayton, or Mr. Hall, the accountant, are anxious to assist people in their personal financing in a thoroughly practical way.

VILLAGE OF ACTON NOTICE

The Municipal Council of the Village of Acton will, after the expiration of one month from the date of this Notice, take into consideration and pass a By-law to stop up and close the following street or highway or lane or allowance for same, or parts thereof, in the said Village namely:

Lane between Lot A and Lots 23 and B, according to registered plan 192, running from Guelph St. to the Northern boundary of plan 192.

And convey the same to Beardmore and Co., Limited.

This Notice is given pursuant to Section 495 and 498 of the Municipal Act, R.S.O. 1937, Chapter 266.

DATED at Acton, Ontario, this Thirty-first day of January A.D., 1947.

C. F. Leatherland, Municipal Clerk

Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

The things we see, and hear, and do are sometimes really funny.

Son Bob was at a house in the country where an electrician was busy on a wiring job. The electrician was working in the attic when the flooring, which was only beaverboard—gave way. The poor fellow, taken completely unawares, fell through and in a few seconds found himself standing as straight as you please on the table in the room below! Was he surprised?

Then the other day I was standing at the Post Office corner talking to a friend when a truck-draw-up and parked alongside the Post Office. Then a nice shiny new car came along and parked behind the truck and its only occupant got out and went up the street. Presently the truck driver wanted to move on. He couldn't go ahead because there wasn't room so he started backing, not knowing there was a car behind him. Naturally as he backed he pushed the car back too. He backed and backed and the car was right on the Main Street before anyone started to shout. In about two minutes flat the chief of police was right there on the spot. Where he came from I don't know—policemen certainly have an uncanny way of suddenly appearing from nowhere.

That was also the day when I made my second trip to town in about six weeks. Our lane at last being navigable I intended going down with Bob after dinner. But when that son of mine came home at noon it was not in our car, but in a great, clumsy old army truck. Well, I still wanted to go down town—truck or car, what was the difference? As to that I soon found out the difference. For one thing—climbing into the contraption was quite a feat. A kitchen step-ladder would have made things a lot easier. Once inside, the accommodation left much to be desired. There are two low seats which are separated by a large part of the bulging motor, which accounts for the sawed-off appearance these trucks always have half the works being inside the cab. Then Bob started the motor—and what a racket! And what a ride! However, it was a new experience, and as such I enjoyed it. Getting out of the truck was almost worse than getting into it. It was such a long gear look around to see who was watching my performance. I am afraid my sister, if she had been around, would have thought me just as hopeless as in the days of my youth.

As I said before, our lane is now open at least it is supposed to be. So what happens? As a start the milk truck came in and got stuck. Bob being already away, Partner and I did our one good deed for the day by helping to push it out. During the day a few peddlers found their way in and out. The following day Second Street arrived for the week-end. Sunday morning Young John, who used to work here, drove in and stayed to dinner. Sunday afternoon Daughter and a carload of friends descended upon us and stayed for supper. Sunday evening saw a general exodus, after which Partner dropped off to sleep and I went back to my book.

That book—these last few days I have been snatching every minute I could spare and reading far into the night to live in another world. Another world which has been opened to me through the medium of this wonderful book—"The Sun-In-my-Unding" by Marguerite Steen. It is a story that is so fascinating and with such a wealth of historical data that one becomes completely absorbed in reading it.

Some of the incidents are very crude and do not make for pleasant reading, but how could it be otherwise when the background of the story concerns the slave trade during the 12th century?

The more I read of this book, the more I realize the tremendous problems confronting the United Nations Assembly—problems not only of peace treaties and international boundaries but problems arising from the differences in race and creed. It also makes it easier to understand why these difficulties crop up every little while between the white and colored races on this continent. It takes time to eradicate such deep seated prejudices. One might almost despair of an amicable agreement among the nations were it not for the fact that the visit of the Royal Family to Africa is proof positive that we have made very real progress along this very difficult road. Think of it—the darkest Africa—slaves and slave trading bitter enmity and now cordial relations and the Royal Family visiting with the greatest cordiality in the friendliness of the people.

The Sunday School Lesson

RUNDAY, FEBRUARY 23rd

JESUS THE GOOD SHEPHERD Golden Text—1 am the good shepherd: the good shepherd layeth down his life for the sheep. Jno. 10: 11. Lesson Text—Jno. 10: 7-18. Time: October, 29 A.D. Place: Jerusalem.

Exposition: 1. Jesus the Door, 77-9 Anyone who seeks access to the sheep in any other way than by the door, i.e. by Christ, is a thief and a robber. The sheep can always tell the difference between the true shepherd and the robber (vs. 3, 4, 26, 27). Christ's sheep have six characteristics: (1) They know the Shepherd's voice (v. 4). Every sheep in the East unless he is sick recognizes his shepherd's voice as soon as he speaks. Every one of Christ's sheep recognizes Christ's voice despite all the destructive critics. (2) They hear his voice (vs. 3, 27) They not only know it, they heed it. This is one of the surest tests as to whether you are one of Christ's sheep. Are you heeding His voice? (3) "The sheep follow him" (vs. 4, 27). Wherever the sheep see the shepherd going they will follow (Matt. 16: 24). The way may seem dark, dangerous and difficult, but they "follow Him." (4) "They know not the voice of strangers." A true sheep will not follow a strange voice. The voice may seem soft and silver. It matters not, it is not the voice of the shepherd. Those "Christians" who are forever running off after strangers, "Just to hear what they have to say," are not sheep. (5) "A stranger will they not follow." Especially many professed Christians are not sheep. (6) They "will flee from Him." Jesus is also the door by which the sheep pass in. To what is He the door? (1) To salvation. "By me, if any man enter in, he shall be saved." This makes the way of salvation very plain and simple, just pass right in by Jesus Christ. The door is open to all "any man." Though a man be the greatest of sinners the door stands open (1 Tim. 1: 15).

He is the only door (Ac. 4: 12). Neither the law, nor the church, nor morality, nor baptism, nor a creed is the door. "I am the door." This door was opened by His atoning death (vs. 10, 11; Gal. 3: 13; Eph. 1: 7; Heb. 9: 22). We enter it by simple faith in Him (Rom. 3: 25; 4: 3-5; Eph. 2: 8; Ac. 13: 38, 39). Anyone who enters in by Jesus Christ will be saved, no one else will. (2) To liberty "shall go in and out." The true acceptance of Jesus leads not to a life of fear and constraint, but to the perfect liberty of a child (Rom. 8: 15; Gal. 4: 7). The one who regularly enters by Christ is eternally secure (vs. 28, 29). (3) To satisfaction, "shall find pasture." There is no such pasture for sheep in all the world as the one who enters by Jesus finds. The pasture is "green" (Ps. 23: 2). It is "good" and "fat" (Ezek. 34: 14; cf. Isa. 40: 9, 10). It never fails (Rev. 7: 16, 17). The world's richest pasture lands are bleak and barren wilderness in comparison with this. Christ is the door to other things not mentioned in the lesson (Jno. 14: 6; Eph. 2: 18; Rom. 5: 1, 2; Heb. 10: 19, 22).

Jesus the Good Shepherd, 10-18. He is not only the door. He is also the Shepherd—the Good Shepherd. False Christs and leaders had come claiming to be shepherds, but really thieves and robbers. The Pharisees were such. They came to "steal and kill and destroy." But Jesus' mission was glorious. "I came that they may have life, and may have it abundantly." Any of us then may not only have life, but have life "abundant," life "beyond measure." Have you this "superabundant life"? So many have such a thin thread of life. How abundant we may have life appears in Jno. 1: 16 (cf. Col. 1: 19; Col. 2: 9, 10; Eph. 3: 16-19). Then comes that great declaration "I am the Good Shepherd." The best exposition of those sweet words is the one you will get upon your knees pondering them, turning them over and over, constantly looking to God to let you into their wealth of meaning. It is not only a wonderfully comforting thing that Jesus says here, it is also an amazingly daring one. In the Old Testament Jehovah is the Good Shepherd (Ps. 23; Isa. 40: 10, 11; Ezek. 34: 11-13). Here Jesus says, "I now take Jehovah's place. Jesus has abundantly proven that this is no idle and blasphemous claim that He makes. He has proven that He is indeed the Good Shepherd, and so has proven that He is Jehovah manifest in the flesh."

If we aspire to be true shepherds we must be ready to do the same. If at the approach of danger we leave the sheep for our own safety we are hireling and not shepherds (1 Pet. 5: 2). Jesus knows His own and His own know Him even as the Father knows Him and He knows the Father. Who can fathom the depth and intimacy of that knowledge? There is life and eternal security in it (Jno. 47: 3; 2 Tim. 2: 19, 1: 12). Ten great points about the Good Shepherd: (1) He knows the sheep even as the Father knoweth Him and He the Father. (2) He has personal interest in each sheep and deals with it individually. He calls it by name (vs. 3, 4). "Lendeth them out" (vs. 14). Thrust forth the lagard sheep (v. 16). Overlooks none "all His own" (vs. 11, 17). "Goeth before

them." He has trodden every step of the way that we must take. (8) Careth down His life for the sheep" (vs. 11, 15). (10) Giveth eternal and abundant life to the sheep (vs. 10, 28, 29). Jesus has sheep outside of Israel (v. 16). When he has brought them they will become one fold (Eph. 2: 14, 18; Gal. 3: 28). It is through hear-

ing His voice that they are brought. The laying down of His life was a perfectly voluntary act on Jesus' part. It was performed in obedience to the Father's will (cf. vs. 18).

A serious impediment to marriage nowadays is the increasing difficulty in supporting the government and wife on one income.



Real Estate and Insurance



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11:51 a.m.	11:11 p.m.	x5:13 p.m.	x11:28 p.m.

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