

Of Interest to Women



Hello Homemakers! With every one talking about the shortage of power, we are taking this opportunity to list suggestions which we strongly recommend putting into practice. Because of the inability to proceed with the development of sufficient new power sites during the war to meet the present high demands for Hydro, a critical power shortage now exists in Southern Ontario.

There are numerous ways home makers can save electricity. By employing each and every means of conservation, we shall keep every home appliance and industrial machine in operation.

Home Lighting

1 Reduce the number of lamps burning in a room which is in use to the minimum necessary for good vision.

2 Do not burn lamps in unused rooms. Do not forget to turn out attic, basement, garage lamps and outdoor lighting.

3 Keep lamp shades and fixtures clean, dirty fixtures absorb as much as one quarter of the light.

Electric Ranges

1 Use kettles which fit the electric element so that the entire cooking surface is heated quickly.

2 Cook all vegetables in a small amount of rapidly boiling salted

water. When the vegetable is added cover with a tight fitting lid and turn the element from High to Medium or Low.

3 When you roast meat, plan an oven dinner which can be cooked at the same time.

4 Use your pressure cooker when ever you can.

Refrigerator

1 Defrost refrigerator regularly every week or 10 days.

2 When storing food, or preparing meals, make one "loading" or "unloading" day.

3 Do not use the refrigerator to store food which should be in the pantry. Take out jams, pickles and canned foods.

4 Be sure and cool hot food before putting them in the refrigerator.

Water Heating

1 Use hot water sparingly when bathing, doing dishes or laundry; do not use running hot water.

2 Do not leave hot water taps dripping, replace worn out washers.

Washing Machines

1 Soak soiled clothes in cold water.

2 Fill washing machine with hot water only to the water line.

3 Use warm water for only one rinse, a second and third rinse can be made in cold water.

Other Appliances

1 Do not leave the radio on when no one is listening.

2 Turn iron off before the ironing is completed, it will retain enough heat to finish several articles.

Pressure Cooker Meat Loaf

1 lb. beef and steak, 1/2 lb. of sausage, 2 eggs beaten, 2 cups of sauce, 1 tsp. salt, 1 onion, 1 carrot, 1 stalk celery, 1 cup bread crumbs, 1 tsp. fat, 1/2 cup milk twice. Add eggs and onion and salt. Chop onion, carrots and celery and add along with crumbs. Heat fat in cooker and browning meat into a mound, brown for 2 minutes. Add 3 cups water. Cook 15 minutes at pressure.

Fuel Saving Oven Meal

1 Fish, 1/2 lb. Browned Potatoes Beans or Green and Meringue Cake. Cooking at 325 degree. 35 deg. Time 1 hour 15 mins.

Time Saving Oven Meal

1 lb. Roast Beef, Spaghetti with Tomatoes, Baked Potatoes and 1/2 pound Apple Pies. Servings for 6. Time 1 hour 30 mins. Temperature 350 degrees.

Triple Sausage Set

1 Baked Potatoes, Mashed Turnips and Fried Dumplings with cold meat for centre.

REWARDS FOR SERVICE

A good modern town is able to interest a large number of people in saving time and effort to public causes and require them to work their part of the town to the same end. If this is done, the town and its people will be able to make further progress in most directions.

Many returns come to those who are active in their home towns and who work in the organizations, or in public service in any way. They make a great many friends. A large part of the success that one has in his work at home comes in many cases through such friendship. Also service in the home town gives a person valuable experience and it helps him to express his ideas and opinions in a clear and make his influence felt.

For Perpetual Butter Shortage

At Winnipeg three weeks ago, the Minister of Finance was quoted as saying that price control would continue on those goods in short supply until such time as they became plentiful. This may be just another way of saying that the advisers of the present government intend if they can to keep price control forever. For it has become increasingly evident that price ceilings, which economic logic are the principal and perhaps the only deterrent to increased production.

There is another way of getting enough butter than by lifting the price to the point where the dairy farmers again can afford to keep their cows and milk them. If there is any other way, the brains people who advise Mr. Heley should long since have thought of it. The same applies to the production of sugar, although in that commodity, the fact that we import it from 50 to 80 per cent of our needs means that we haven't thought of the solution.

I've thought of it, and from the way Mr. Heley's direct and Canada's Minister of Finance is not always aware of what goes on. For one thing it is evident to the casual observer that there has been an amazing growth in black markets within the last six months.

Consider the nail shortage. Mr. Howe says it's a mystery. Maybe Mr. St. Laurent suspects the communists of cornering the market. But the fact remains that the only substantial source of nails, perhaps also soft iron nails, is the black market. Even if the Mounties were allowed out of backlogs, there aren't enough of them to enforce this and other price controls. It is still possible to buy an occasional quart of household paint, but the man who wants 40 or 50 gallons sometimes pays extra and asks no questions. The Printed Word.

THE FRIENDLY YOLKS

Many folk seem to be just over-flowing with friendliness. They perform many acts which show this warm and genial nature. They are sympathetic and helpful to those who have had misfortune. They greet the world with smiles and the world enjoys them and they make a great many friends.

They are very cordial to newcomers to the town and make them feel at home. They often get out of their way to show courtesy to new people, to invite them to join local organizations and take an active part in the community life. They seem naturally to want to be friendly to everyone. The possession of many such folks gives a town the reputation of being a warm hearted place.

GUELPH LIVE STOCK SALE

EVERY SATURDAY At 10 o'clock on the farm next to Reformatory, No. 7 Highway. This is a community sale of calves and pigs of all ages, cows, steekers, sheep, chickens, hay, grain, wheat, and chop and implements. Bring your own truck and trailer and we will do our best to give you satisfaction.

WM GIBSON, Auctioneer B-18-1
Mott & Scott, Prop.

Foot Ailments TREATED

Miss Allan Reg., Chiropodist treats foot ailments for both ladies and gentlemen. Open Mon, Thurs, and Sat. evenings till 9 o'clock. All by appointment. Phone (390) — 21 Arthur St. GUELPH

NEW YEAR'S REDUCED FARES!

FARE AND A THIRD Good going: Monday, Dec. 30 to Wednesday, Jan. 1, 1947 inclusive. Return Limit: Leaving destination not later than Midnight, Thursday, January 2, 1947.

FARE AND A HALF Good going: until Wednesday, Jan. 1, 1947 inclusive. Return Limit: Leaving destination not later than Midnight, Thursday, January 2, 1947.



RECOLLECTIONS OF ACTON

BACK IN 1896

Taken from the Edition of The Free Press of December 21th, 1896

Rev. Father Heley will officiate at the midnight Christmas Mass.

Messrs. Cheyne & Cheyne have their new skating rink completed. The rink is 85 x 120 and will give ample room for a skate or game of hockey. This is the opening night.

Considerable interest was manifested in nomination meetings in the different divisions formed by the new County Council Act. In Division 4, D. Hutchison, George Havill and Dr. Robinson were nominated.

Messrs. W. H. Storey & Son put in a fine new safe last week of immense proportions to accommodate their constantly extending business.

The new residence of Messrs. Alex. Emswiler and H. P. Moore are nearing completion. They will likely be occupied early in January.

MARRIED In town on Thursday, December 12 by Rev. Father Heley, Mr. Richard Campbell, son of Mr. John Campbell, to Annie, daughter of Mr. and Mrs. William Williams.

COLLEGE CAMPBELL At the residence of the bride's father, on Thursday, December 12th, by the Rev. D. L. Campbell, B.A., Lizzie, eldest daughter of Mr. George Campbell, to Mr. Wm. Collier, of Elm Village.

BACK IN 1926

Taken from the Issue of The Free Press, of Thursday, December 30th, 1926.

Happy New Year. Mr. J. C. Leslie and his two sons from Calgary have been guests of the home of Mr. Alex. Bell, Knox Avenue, on Christmas Day, a family gathering at the home of his father, George Leslie, Treasurer of Esopus Township, had all members of the family present for the first time in twenty years.

A disastrous fire wiped out the frame delivery barn of Councillor Atkinson early Monday morning. It was confined to the one building. The origin is unknown and Mr. Atkinson's loss is heavy.

BORN DE LORENZO At Elmhouse, on Sunday, December 19th, 1926, to Mr. and Mrs. Wm. Frederick Schell, a daughter.

DEPARTED At 8:30 a.m. on Monday, December 27th, 1926, Thomas Arthur, formerly of Acton, aged 82 years.

DEPARTED On Christmas Day, 1926, at her home at Eden Mills, Rachel Winkler, widow of the late George Dredge, in her 95th year.

BEAUTY OF THE BELLS

Many hands will hear the Christmas message rung on bells which owe their timelessness and beauty to a "lost art." Ancient craftsmen knew the secret of true harmonic tuning, but for a long period the formula was lost, knowledge of it had died with the craftsmen. Much experiment was made to rediscover the skill of accurate tuning but not until about 30 years ago was the lost art finally found again in the bell foundries of Britain. This explains the supremacy which bells from Britain have gained throughout the world. One foundry alone in London has made bells for Canada, Australia, New Zealand, Union of South Africa, Palestine, Argentina, the West Indies, Egypt, Persia, Holland, Belgium, and Malta. Old bells have been sent to Britain from many lands to be retuned according to the rediscovered formula, which has been improved upon since first it yielded up its ancient secret. The casting of bells has not changed basically since medieval days though it has advanced technically. Tuning is still the most important process in bell making.

Amateurs Build Sturdy Tugboat

Five Youths Beat Shortages To Launch 42 Foot Craft

VANCOUVER (C.P.). Five young amateur builders, who disregarded the advice of experts today have a sturdy 42-foot tugboat launched and ready for use, despite shortages of materials and tools.

Armed with little more than a power handaw and their own perseverance, the young men started last December to build the vessel on the beach at Hopkins Landing, B. C., on the shore of Howe Sound, about 25 miles north of Vancouver.

The hull of the vessel is made from fir logs sawn at the spot. Her ribs are of yellow cedar, and cabin fittings of mahogany. Practically all of the ship's carpentry is hand made.

The tug, named the Big Horn, was built in an open cradle and launched with the aid of a tractor.

Builders and owners of the tugboat, valued at \$20,000, are Ted, Dick, Don and Joe Pool and George Walsh. None of the young men is a professional shipwright, although Walsh worked in shipyards in Toronto. All came to Vancouver about three years ago from Eastern Canada.



To wish you... just a wonderful Christmas and all Happiness in the New Year.

To thank you... for your splendid patronage during the year just ended.

Pal's Beauty Salon

Merry Xmas to all of You

May the glow of your Christmas candles reflect all of the joys and fulfilled desires of the past year... and may that radiance forecast the coming year as the best and brightest of them all.

Eisen's Clothing Store

You'll Enjoy Going by Bus



LEAVE ACTON (Standard Time)

TO TORONTO		TO LONDON	
8:31 a.m.	1:16 p.m.	10:38 a.m.	7:33 p.m.
8:46 a.m.	6:26 p.m.	11:13 a.m.	8:38 p.m.
9:16 a.m.	9:06 p.m.	2:50 p.m.	10:23 p.m.
11:51 a.m.	11:11 p.m.	5:13 p.m.	11:28 p.m.
2:06 p.m.			

x-To Kitchener only y-Except Sun. and Hol. b-Sun. and Hol. only

THE CONNECTIONS AT TORONTO FOR NORTH BAY — MONTREAL — OTTAWA AT LONDON FOR DETROIT — CHICAGO — LOS ANGELES

FARES ARE LOW Round Trip — Tax Included

Toronto — \$2.00 Chicago — \$19.10
Montreal — \$17.55 Los Angeles — \$89.25
Detroit — \$10.95 North Bay — \$11.65

Tickets and Information at Harold Wiles' Phone 58

Merry Christmas

An old-fashioned greeting to our customers and friends:

We could say "orchids to you" but that's too up-to-date. What we really mean is thanks for your patronage and may your Christmas be merry and 1947 a year of happiness and prosperity.

Store will be closed at 6 p.m. Christmas Eve

Lovell Bros. Meat Market

Acton

SAVE YOUR OLD ROOF

American Liquid Roof Cement ends Your Roof Troubles— Makes Your Old-Roof-Last Ten Years Longer

SAVES YOU WORK, WORRY MONEY AND DAMAGE ON:

BUILT-UP, Gravel, Slag or Smooth Surface
ROLL ROOFING, Smooth or Slate Surface
CORRUGATED GALV. IRON, TIN, all kinds
CONCRETE and CANVAS

Roofs Either-Flat or Pitched

Tell us to make a detailed inspection and estimate of your roof

—NO Obligation — Just Write or Phone

H. E. McKEOWN

Specialized Roof Maintenance Service

WATERDOWN 56w
Government Standard Lighting Rod Installations

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GO AWAY FOR NEW YEAR'S

CANADIAN NATIONAL