

Of Interest to Women

RATION BOOK CONTENTS

Rationing authorities advise consumers to check their new ration books to make sure they contain the proper number of pages. When more than 12 million books are printed, it is next to impossible to prevent some errors in book-binding. Anyone receiving a faulty book may have it replaced at the nearest W/TB ration office. Here are the pages each new book should contain:

- 2 Sheets B Coupons No 26 to 75 (Butter)
- 2 Sheets M Coupons No 51 to 100 (Meat)
- 2 Sheets S Coupons No 26 to 75 (Sugar)
- 1 Sheet X Coupons No 1 to 25 (Spare)
- 1 Sheet Y Coupons No 1 to 25 (Spare)
- 1 Sheet V Coupons No 1 to 25 (Spare)

CLEANING AUCTION SALE

Of Horses, Cows, Steers, Fat Cattle, Pigs and Farm Implements

The undersigned have received instructions from

THOMAS JACKSON
to sell by Public Auction at his farm Lot 8, Concession 3, Township of Nassagaweya, 1/2 mile north of Campbellville, on

WEDNESDAY, SEPTEMBER 18th
At 2 o'clock P.M. the following:

HORSES: 1 Percheron Brood Mare, 4 yrs., with good filly colt at side, 1 yearling, 6 yrs., 1 Percheron Filly, 1 yr. old, 1 Percheron Filly colt, 6 mos. old, 1 Reg. Percheron Stallion, 3 yrs. old, good stock horse and good worker.

CATTLE: 1 Roan Durham Cow, milking well, due Jan 1; 1 Roan Durham Heifer, due time of sale; 1 Red Durham Cow, milking well, bred June 22; 1 Black Heifer, bred June 13; 1 Red Durham Heifer, bred June 10; 1 Red Durham Heifer, bred July 10; 1 Blue Durham Heifer, bred July 22; 1 Red Durham Heifer, milking, pasture bred, 4 fat Heifers; 12 Durham and Hereford Stockers about 600 lbs. apiece; 2 Veal Calves.

BROOD SOWS AND PIGS: 1 Mature York Sow, with 11 pigs, 6 weeks old; 1 Mature York Sow, due Oct 27; 1 Young York Sow, due Oct 29; 1 Pure Bred York Hog, 14 mos. old, a sure breeder.

FARM IMPLEMENTS, ETC.: M H Grain Binder, 6 ft. cut, only cut this season; M H Mower, 5 ft.; M H Hay Loader, Int 10 ft.; Steel Hay Rake, Steel Land Roller, 3 Drum; M H Mower Spreader; M H Drag, Cultivator, 2 Section; 2 Spring-tooth Cultivators; Set of Seed Harrows; 1 section Flurry Walking Plow; 2-ton Corn Shuffler; Heavy Farm Wagon, 1-ton Farm Wagon; 2 Flat Hay Racks; Gravel Box; Set of Bent Slugs; M H Cream Separator No. 9, just used 2 seasons; Gas Engine 2 H.P.; Barbed Wire; 2 Sets Heavy Breeding Harness; Old Collars, Forks, Hooks, Shovels, Chains, Crow Bars, Etc.

TERMS: Cash Settlement with the Clerk this day of sale. No Reserve as the Proprietor has other employment and the farm is for sale.

HINDLEY & LILLOTT, Auctioneers,
1, McMillan, Clerk. 12-21B



Hello Homemakers! Bless them all I mean the fine array of vegetables the long and the short and them all. Unless our I. Q. is definitely under par there are more interesting ways to serve vegetable plates than any other group of main dishes. A plate consisting of boiled vegetables is uninteresting. Take one vegetable from another and scallop the third. And to make a vegetable plate substantial use two root vegetables and a green leafy one. Garnish plain, un-boiled vegetables with parsley, chopped egg, grated cheese, croutons or herbs.

Try These Combinations
Cauliflower with mock Hollandaise sauce, broiled tomatoes, buttered peas.

Chopped spinach, carrot bats, baked onions, stuffed with buttered and seasoned crumbs.

Corn on cob, glazed sweet potato, butter string beans.

Baked stuffed peppers with butter, sautéed eggplant, buttered beets, coldslaw with Russian dressing.

Baked tomato with grated cheese, mushrooms, lima beans.

Baked onions stuffed with carrots, broccoli, baked potato on half shell.

Mashed summer squash, chopped and seasoned beet tops, golden banana corn, sweet potato croquettes.

Fried macaroni of tomatoes, onions, cucumbers and green peppers, creamed wax beans.

Green peas, turnip greens and creamed radishes.

FRIED MACEDOINE
4 tomatoes, 2 cucumbers, 2 green peppers, 1 large onion, sliced, 3 tbsps shortening, 1 tsp salt, 1 tsp Worcestershire sauce, few grains pepper.

Wash, peel, and dice tomatoes and cucumbers. Remove seeds from green peppers and cut in small pieces. Fry onion in shortening until slightly browned. Add tomatoes, cucumbers, green peppers, salt, pepper and Worcestershire. Stir together lightly and fry slowly until cooked.

GREEN PEAS AND MUSHROOMS
3 lbs mushrooms, 1 lb shelled peas, 1/2 tbsps shortening, 1 cup water, 1 tsp salt, few grains of pepper.

Wash and cut mushrooms in pieces. Melt shortening and sauté mushrooms. Add peas, water and seasoning. Cover and cook 20 minutes.

STEAMED CARROTS AND CELERY
3 tbsps shortening, 1 carrot, 1 cup celery cut in pieces, 1/2 tsp salt, 1 small onion sliced, few grains pepper, 1 cup water, 1/2 tsp salt.

Melt shortening, add onion and brown slightly, wash, scrape and dice carrots. Add carrots, celery, salt, pepper, water and sugar to onions and butter. Cover tightly and steam until tender. When done all the water should be evaporated.

THE SUGGESTION BOX
1. For fresh garden flavor, add your own garden herbs to canned soup.
2. Use lemon to bring out flavor. Rub chicken with cut lemon before cooking. Squeeze lemon over steak before serving.
3. Save lemon rinds and fill with tartar sauce; they make an attractive garnish for fish platter.

4. Add some red coloring to the syrup for canned pears and some green coloring to another batch of syrup. They make attractive festive salad plates.
5. Keep salt free-running by adding some pieces of laundry starch or pot barley to the shaker.

MOTHER LOVE

BREIDENBURY, Sask. (CP)—When Gus Anderson, local farmer, had to kill a groundhog which had taken a vicious hold on his hunting dog, he didn't expect to get involved in the fracas. Maternal feelings predominating, the cat adopted three of the young groundhogs which are taking the place of three kittens she lost earlier.

SLOW DRIVERS

One of the problems connected with manners on the road, is as to the situation created by some very slow drivers on main roads. If a man wants to drive 20 miles an hour on same main road, where most people drive 40 to 50 or more, a long line of drivers may take a chance of an accident in trying to pass the line. The slow driver has the same right on the road as anyone else, but if he is merely driving for pleasure it would seem better if he could drive mostly on side roads where he can take his own time, and not have to think of the cars lining up behind him. If there are reasons why he should drive on a main road, it would seem a good idea to turn out occasionally and let the line behind him get past.

BLUSHING BRIDESMAID

PRINCE ALBERT, Sask. (CP)—He didn't feel like a bridesmaid, but railway porter Bill Wilkins nevertheless neatly caught the bouquet which bride threw wide at a feminine beauty sliding her farewell at the station here. Wilkins hastily handed the flowers to a nearby bridesmaid.

Tiny Parachutist Finds It Relaxing

Lillian Wright Ends Her Worries With Unusual Hobby

BY KAY REX
Canadian Press Staff Writer

TORONTO (CP)—Ten thousand spectators cheered, then gasped, as a gust of wind tossed Lillian Wright and her parachute toward the grandstand here at the Woodbine race track.

She missed it by a few feet, stood up and coolly greeted friends with, "I was afraid my lines might be caught if I hit. I didn't want to tear them."

When she's tense or worried Lillian says there's nothing as "relaxing" as a quick leap from a plane. She began this unusual hobby in 1939 when she took her first flying lesson and subsequently found she could never obtain a pilot's licence because of her short stature. Eventually she became the first woman in Canada to get a parachute instructor's licence with the Canadian Parachute Club. Now she spends her spare time doing exhibition jumping at benefits.

Only five feet, one inch tall, the young, dark haired parachutist, carried more than half her weight in equipment when she goes on a "job." Her two parachutes, regulation equipment in all exhibition jumping weigh approximately 50 pounds. Miss Wright tips the scales at the 95 mark.

Although she made her first jump in 1940 Lillian will not reveal how many she has chucked up since then. "Wait until I reach my 100th, then I'll start talking," was her only reply.

Delayed leaps are Lillian's favorites and she leaves the plane at 2,000 feet, usually opening her chute at 1,500. At a recent exhibition here, she jumped at 800.

In all her jumps Lillian has received nothing more serious than a "buckle bruise" caused by the parachute lines tugging at her shoulder harness. In landing she claims the secret of escaping such "petty annoyances" as broken ankles and legs is by relaxing completely just before touching the ground.

She is just as happy "hitting the silk" over water as over land. A "Mac West" is worn on water jumps and if you flick the top lines, then you "surf-board" across the water, which to Miss Wright is "really fun."

"And after all why shouldn't parachute jumping be taken as much for granted as any other sport," she says. "What's the difference between a jump and those high dives you specialize in over at the local swimming pool?"

Minimum Salaries Low For Teachers

Starting Wage for Toronto Women Lower Than in Rural Schools

TORONTO (CP)—This capital city of Ontario lags behind all rural schools and 18 other Ontario cities in the starting salary it offers women teachers in its public schools.

The minimum salary in the rural schools has been fixed at \$1,200 by the Ontario Department of Education. That was the salary offered to starting teachers in Toronto last year but the city board of education cut off the \$100 annual cost-of-living bonus to unmarried teachers, leaving them \$1,100.

A survey by the Women Teachers Federation of the province shows that six other cities have a lower minimum than Toronto: Guelph, Oshawa, Owen Sound, Peterborough and Woodstock with \$1,000 and Niagara Falls with \$1,050. Four other cities share the \$1,000 minimum for unmarried women teachers with Toronto: North Bay, St. Catharines, Sarnia and Sault Ste. Marie.

Higher than those are: Port Arthur \$1,150, Belleville, Chatham, Fort William, Galt, Hamilton, Kingston, Kitchener, Ottawa, Stratford, Sudbury, Welland and Windsor, \$1,200; St. Thomas, \$1,250; London, \$1,300.

But Toronto has the highest maximum of any city in the province—\$3,300. There is no fixed maximum for rural schools, any payment beyond the \$1,200 minimum being a matter of negotiation between the teacher and the school board. Other maximums: \$1,600, Guelph and Woodstock, \$1,700, Sault Ste. Marie, \$1,750, Port Arthur, \$1,800, Oshawa, Chatham, Fort William, Galt, Stratford and Sudbury, \$1,900, Niagara Falls, North Bay, Sarnia, Belleville, Kingston, Kitchener, Woodstock and St. Thomas; \$2,000, Peterborough and St. Catharines; \$2,200, Ottawa; \$2,300, Windsor; \$2,500, Hamilton and London.

CANADA FEEDS AN ISLAND

Canada is now the principal source of supply for foodstuffs imported by St. Vincent in the Windward Islands, T. G. Major, Canadian Trade Commissioner, reports from Port of Spain, Trinidad.

When compared with 1945 trade figures, he said, the island has already this year made substantial increases in its purchase of Canadian beef, tobacco, automobiles and automotive parts and lumber.

Canada's share of St. Vincent's boot and shoe trade now stands at 57 per cent. Of automobiles and parts being imported into the island, the Dominion now sells 40 per cent.

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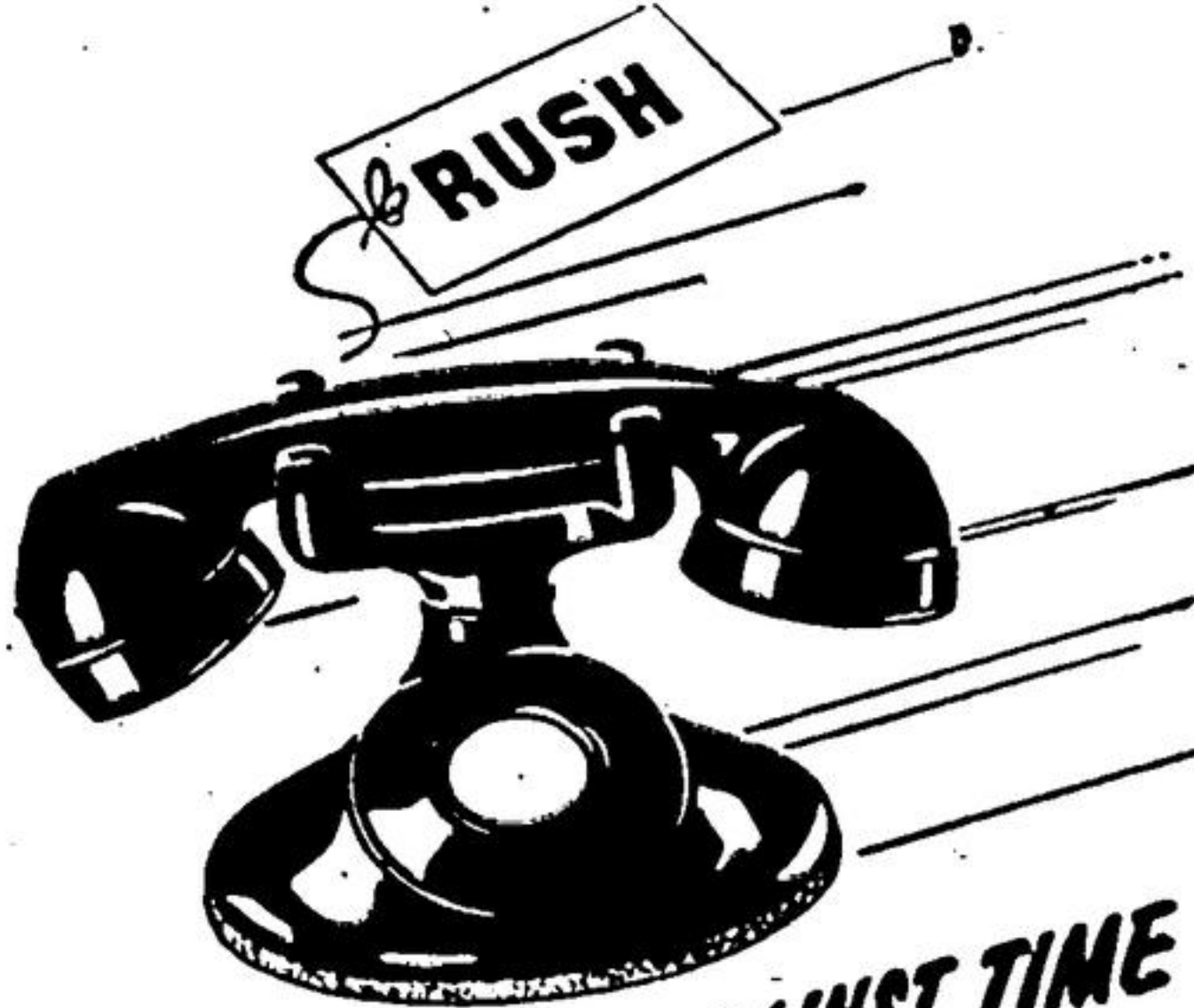
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