

Of Interest to Women



THE MIXING BOWL
 Hello Homemakers! The choice of where to eat on special occasions is usually decided by the Jiggs of our family. When we take on a spree, the ornate city-hotel dining room is our favorite place. The service at the table is wonderful but the menu is amazing and often confusing because many of the items are foreign words and phrases. For that reason, we looked up the meaning of a few terms in common use and list them to keep you "in the know."

Beouf a la mode is beef larded and pot roasted.
Pie a la mode is pie served with ice cream.
Au gratin baked with a topping of crumbs, and often grated cheese.
Blanquette white meat in cream sauce thickened with eggs.
Canelon meat stuffed, rolled up and roasted.
Compo a stew, often applied to fruits cooked in syrup.
Clair pastry or cake shell filled with whipped cream or custard.
Frappe food or frozen.
Gateau cake.
Harcots very green string beans.
Jambon ham.
Julienne matchlike strips of vegetables.
Ragout a thick, highly seasoned stew.
Sorbet frozen fruit juices.
Veloute velvety or smooth.

TAKE A TIP

Along our holiday route we visited homes where flower arrangements created a distinguished atmosphere. Here are a few ideas we garnered.
 Certain flowers are best used as individual specimens. The lily with large leaves and a large bloom, or the thick tough with many blossoms can make a balanced picture along with a china figure or candle.
 Some flowers look best in large masses, such as pansies, asters, gladioli, nasturtiums and poppies. Arrange these for other small centre-pieces or large bouquets.
 Balance flowers in a vase placing the heavier mass in the centre and the smaller blooms on the sides. Consider the length of stem and cut it to suit your purpose. Don't crowd large bunches, but spread them loosely in an irregular design.
 Best colors for vases are neutral—a vase may detract from perfect natural beauty. Narrow neck bottles do not let enough air in. Use a receptacle in keeping with the texture and color of the flowers. A coarse, woody bouquet does not look pretty in a dainty glass vase, use a pottery piece.

JELLIED MEAT LOAF

4 tbsps. gelatine, 1 cup cold water, 3 cups boiling water, 4 tbsps. salt, 5 tbsps. grated onion, 4 tbsps. prepared horseradish, 2 cups mayonnaise, 8 cups cooked diced veal, 4 cups chopped celery.
 Sprinkle gelatine over cold water. Let stand 5 mins. Add hot water and salt and stir until dissolved. Chill. When mixture begins to thicken, add onion, horseradish and mayonnaise, then beat with rotary beater. Fold in meat, celery and additional seasoning if desired. Turn into loaf pans dipped in cold water; chill in electric refrigerator several hours.

SEA FOOD HALAD

8 cups cooked boiled salmon, 4 cups chopped celery, mayonnaise, paprika, salt, lettuce.
 Flake salmon with stainless steel fork. Combine with celery, dressing and salt to taste. Serve on lettuce and garnish with paprika.

COMBINATION SALAD PLATE
 4 pkgs. gelatine, 4 cups cold water, 4 cups boiling water, 1 cup diced chicken, 1 bunch parsley, 1 cup diced tongue, 4 cups cooked diced carrots, 4 cups cooked peas, 7 cups shredded cabbage.

Soak gelatine in cold water; dissolve in boiling water. Chill until it begins to thicken. Pour thin layer in a greased pan. Arrange on this pieces of chicken and tongue. Add vegetables and remaining gelatine mixture. Chill in electric refrigerator. Serve portions in lettuce cups. If desired serve with fresh fruit salad and arranged in circular fashion.

FRESH FRUIT

8 grapefruit, sectioned, 1 box strawberries, hulled, 6 oranges, sectioned. Serve with French dressing.

CATERPILLARS INVADE

VICTORIA, B. C. (CP)—This year's epidemic of tent-caterpillars is described by W. Downes, Dominion government entomologist, as the worst in Vancouver Island's history. He said, however, that this year would be the worst of the current cycle. Natural cycle lasts from seven to ten years.



This picture is not an exaggeration. The infants and children who have no more to wear than this little babe run into the hundreds of thousands in the war-devastated areas of Europe. They need serviceable used clothing which can be supplied to them through the National Clothing Collection for over- war relief to be held June 17-20 under the auspices of Canadian Allied Relief. This worthy campaign will be conducted on a nationwide basis.

Your Druggist Of The Future May Be Woman

Plenty of Jobs Available For Women Invading What Was Once All-Male Field

EDMONTON (CP)—When you drop into your corner drug store sometime in 1950 don't be surprised if the druggist is a woman.
 With more and more females becoming interested in pharmacy—once considered chiefly a man's field—Dr. Mervyn Houston, acting director of pharmacy, University of Alberta, says it's more than just a possibility.
 Not all girls are interested in running their own drug stores. Many plan to become workers in hospital dispensaries while others hope to specialize in cosmetology.
 But whatever branch of pharmacy they choose, it doesn't look as if they'll have to worry much about getting jobs. There are definite opportunities for women trained in pharmacy, Dr. Houston said.
 At the recent session, the University of Alberta had 13 girls in first year pharmacy, 14 in second year and 1 in third year. If facilities were not crowded by the backlog of returned men and women, there would have been many more.
 To become a registered pharmacist, the student must complete a three-year university course leading to a Bachelor of Science degree and serve a two-year apprenticeship in a drug store under a registered pharmacist.
 Man students serve the apprenticeship period before enrolling in universities.

MEETINGS IN ENGLAND TO REVIEW RESEARCH WORK IN AGRICULTURE

A delegation from Canada left recently for England to join with other countries of the British Empire in reviewing Empire agricultural research of the past ten years and to outline additional similar research for the future. The delegation of six senior officials of the Dominion Department of Agriculture will attend meetings of the Imperial Agricultural Bureaux Review Conference in London, Cambridge and Oxford from June 17 to July 24.
 Planned to assemble every five years, following its founding in 1927 as a co-ordinating agency for the exchange of information on agricultural research, the Imperial Agricultural Bureaux have met in conference every five years until the recent war. This summer's conference will be the first of its kind since 1936.
 There are Imperial Bureaux for each of the following subjects: Entomology, Mycology, Soil Science, Animal Health, Animal Nutrition, Animal Breeding and Genetics, Plant Breeding and Genetics, Pasture and Forage Crops, Horticulture and Plantation Crops, Agricultural Parasitology, Forestry and Dairy Science. Financed by contributions from the British Commonwealth of Nations, each Bureau publishes an abstracting journal and special bulletins on agricultural science for international distribution. An extension of these services and relationship of them to the Food and Agriculture Organization, will be considered at the forthcoming conference.

Chronicles of... Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE F. CLARKE

Before sitting down to write this column I thought it might be a good idea to open the hatchway and let my little chickens out for their first run. Judging by my early chicks, who took about three days to pick up enough courage to run in and out freely, I was sure this brood would track in just about the same way. But I didn't know my chickens. It really wasn't such a good idea as I found out when I went back about half-an-hour later. There were about thirty of them out in the run and two others chasing around the backyard with one of the big chickens as an escort. The little rascals must have squeezed through a knot-hole there was no other way they could have got out. The next thing was to catch them. If you haven't already done, try catching little chicks running loose in long grass. It is quite a stunt. By the time I had them cornered the chicks were still quite active but I was nicely out of breath. Then it looked like rain so I decided it would be better to run them all back into the pen. "Nuff said about that little job and to think that ten short days ago those same chickens were innocent-looking eggs.

This particular breed of chickens are hybrids a cross between New Hampshire and Barred Rocks—the very first time I have experimented with chickens other than Barred Rocks. Already the female of the species look like regular young pullets. I expect they will be laying eggs in a week or two at the rate they are maturing. It is far more fun watching this bunch develop than just plain Rocks. They even seem to have a little intelligence—which is unusual for chickens. But something seems to tell me I may be in for a happy time, just the same.

And from chickens we come to the combined subjects of eggs, manure and a finger-wave—except that the order should be reversed. It was like this—I was sitting under the dryer at the hair-dresser's and thumbing my way through a magazine digest, when my attention was caught by an article dealing with products of the soil, which stated that farmers were using too little manure and too much commercial fertilizer, and that as a result a circle of Vitamin B deficiency was being set in motion. Because insufficient manure was being used on the land, cattle grazing on pasture were not getting their natural vitamins. This meant less vitamins in milk, beef and butter. Hens kept in close quarters and fed commercial feeds and on grain lacking in vitamins, were also affected with the result that eggs were less nutritious than those that we used to get in the old days when Biddies had the run of the barn-yard and scratched their time away in what were considered as the most undesirable places.

Now what I am leading up to is this: The egg business has become a highly specialized business indeed. To be sure of obtaining first grade eggs the hens must be kept shut up at all times. The formula for their feed is prepared as carefully as a baby's. They must always have clean litters in which to scratch, clean water to drink, in fact nothing must be left for them to get at which would in any way contaminate the eggs which they produce. The result is lemon-colored yolks, which is what the graders demand in a Grade A egg. If the yolk is dark yellow then it is classified as "heavy" and put down as Grade B. One wonders if, in our desire for purity products, we are swinging too far the other way. By trying always to improve on Nature are we defeating our own ends, creating ourselves the recipients of unhealthy living?

Just recently Partner has been pretty busy with the acryls cutting down weeds and long grass which he has gathered up and thrown into the hens. And how they love it. They are never tired of picking at it—but they are eating far less laying-mash. As a result we are now getting eggs with almost orange colored yolks, eggs rich in vitamins and minerals, because, as everyone knows there is no better source of disease-resisting qualities than fresh green grass. The hens are getting it, passing it along to the eggs, the people who eat the eggs will benefit. But we shall lose out because the rich dark-looking yolks will be put down as Grade B eggs. But Partner says because he knows the grass is good for the hens, they are going to get it—for a few weeks anyway.

Private: Don't you think Miss Smith looks ugly in that low-cut evening gown? Pic: Not as far as I can see.

Andy Clarke Has Mind on Trout

Although weekly newspapers and all the news they carry are primary interests in the life of Andy Clarke, it's fish that get the headlines for him, once spring arrives and the trout season opens.

That's why Ontario and Quebec listeners to Andy's "Neighborhood News" are hearing a lot of tall yarns these Sunday mornings about prize catches and the lucky fishermen who caught them. Andy broadcasts over mid-east stations of the CBC Trans-Canada network every Sunday at 10:05 a.m. EDT.

Recently he has been collecting stories of brook and lake trout for his radio friends. And his elbow is twitching at the thought of those "rainbows" whose plans are now afoot to have Andy visit a number of towns and broadcast his news during stopovers. It will probably come about, that Mr. Clarke, the fisherman, will be twitching his elbow on the real thing.

On a trip he made last month to his home town of Grimsby, history relates that fish were for the moment completely forgotten. Invited by the Grimsby Independent to broadcast "Neighborhood News" from his old home town, Andy Clarke went down for the blossom festival and fruit was his subject.

But that was in May. Now it's June. For Andy Clarke that means only fishing.

FARM IMPLEMENT DEBATE

By R. J. Shearman
 The price of farm machinery has gone up 12 1/2 per cent. Thirty seven speakers took part in the House of Commons debate on the price increase. The basis of the argument was that this was a product used by farmers, and regardless of rising costs of production and a more than 50 per cent. increase in wage rates there should be no increase in prices of farm products unless prices of farm products were raised by an equivalent amount.

When in doubt go back to the facts, note carefully certain changes in prices: prices of fully and chiefly manufactured goods increased 25 per cent between 1939 and 1945. That somewhat cryptic figure means that \$1.00 in 1939 would buy a volume of manufactured products for which, in 1945, the price would be \$1.25. This deals not with agricultural implements only but with the average prices of all manufactured goods including, of course, agricultural implements.

What about farm products? On the same basis, farm products for which the farmer received \$1.00 in 1939, brought him \$1.54 in 1945—the fractions are left out in these calculations.
 Now don't rush to conclusions, for years farm products have been desperately low in price. Agriculture has gone through a period of debt and disaster. Through the recent price increases it has literally dug itself out of the hole and it has been a mighty difficult task. If governments and business men are alive to their own interests they will make agriculture the primary concern of our economic policy. Without a prosperous agriculture there cannot be a prosperous Canada.

OATS AND POULTRY

The only grain in fair supply this year in Canada is oats, and oats are an excellent food for poultry and make for sturdy growth in young stock. Sprouted oats have long been considered an admirable feed for laying hens, and, according to tradition, oats have some virtue or stimulation denied all other grains. Freshly harvested and not thoroughly dry oats are considered less digestible and less nutritious than thoroughly dried grain.

In Ireland, for fattening purposes, cooked potatoes are added to the ground oats in the proportion of about one-third and fed as a wet mash. In Sussex County, England, where poultry raising is an important industry, oats have always constituted an important part of the ration for poultry, not only for fattening, but also for growing stock and adult birds.

Oats were considered by early feeders to be the most wholesome and palatable of all grains. Poultry are fastidious judges of oats, so in buying supplies, the Egg and Poultry Market Report points out, it is well to remember that there are both light and heavy oats.

Hugh C. Templin Wins High Honor

Canadian Weekly Newspaper Association President Receives Honorary Degree

LONDON, Ont. (CP)—A weekly newspaper editor joined two generals and a poet on a university platform to receive the honorary degree of Doctor of Laws from the University of Western Ontario. He was Hugh Charles Templin of the News Record and his companions included Gen. H. D. G. Crerar, former commander of the Canadian Army Overseas.

Mr. Templin received the degree in recognition of his work as an editor, as president of the Canadian Weekly Newspaper Association and for his advice to the university in its establishment of Canada's first course in journalism.

One of a number of Canadian newspapermen chosen to make a wartime tour of Britain, Mr. Templin's observations of the British war effort have appeared in more than 500 Canadian papers.

He has been equally active in the affairs of his community and an editorial campaign in the News Record was largely responsible for control of floods on the Grand River and developments of the river in the Fergus area.

Mr. Templin is the second weekly newspaper editor to be honored by an Ontario university in recent years. The late David Williams received a similar award from the University of Toronto in 1941 as publisher of the Collingwood, Ont., Enterprise Bulletin.

WILD FOX SUSPECT

Veterinary science has chalked up another indictment against the fox. Wild red foxes have been a serious factor in the spread of rabies or hydrophobia in more than 14 of the United States during the past year, according to the American Veterinary Medical Association. Normally wary and elusive, a fox with rabies will attack viciously and without fear. Fattured live stock are particularly subject to rabid fox bites. While foxes, skunks and civet cats may all spread rabies, stray dogs are still the most common disseminators of the disease. In Canada, through the alertness of the Health of Animals Division, Dominion Department of Agriculture, contagious diseases, like dourine and sheep scab do not exist in Canada; no case of glanders has occurred for seven years, and in the cases of sporadic outbreaks of hog cholera, anthrax, mangle and rabies, steps for eradication are at once taken.

SUGGESTIONS FOR Fathers' Day Sunday June 16.
 To suit the fancy of any Dad

- Men's Tie Pins & Clips, 25c-50c
- Men'suspenders (in leather, plastic & elastic), 95c to \$1.50
- Men's Belts (in plastic & leather), 95c to \$1.25
- Men's Arm Bands & Cufflinks, 25c to 45c
- Men's Pine Socks (including Mo- Greger Hosiery), 45c to \$1.00
- Men's Pine Ties, \$1.00 to \$2.50
- Men's Sport Shirts, \$1.50 to \$4.50
- Men's Polo Shirts, 95c to \$2.50
- Men's Raining Suits, \$1.50-\$1.50
- Men's Pine Suspenders, \$1.49 to \$2.85
- Men's Windbreaker Jackets \$2.95 to \$4.50
- Men's Dressing Gowns, \$2.50 to \$4.50
- Men's Odd Trousers, \$1.15 to \$2.50
- Men's Sport Coats, \$12.50 to \$19.50
- Men's Pine Vests & Shirt Hats, \$1.55 to \$2.50
- Men's Slippers & Socks, \$1.55 to \$4.75
- Men's Pine Shoes, \$3.85 to \$11.49

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