

Of Interest to Women



Chronicles of... Ginger Farm

Written Specially for
The Acton Free Press by
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HELLO HOMEMAkers! Milk puddings have been a great favorite with the men in the armed forces. To one who has always maintained that the man's idea of a perfect dessert, such information is interesting and encouraging. No wonder men in the services seldom lost weight. They have been served meals which not only satisfied their appetites but which also supplied plenty of nutrients necessary to keep them fit. Convalescent hospitals are maintaining a high reputation for nutritious meals because they include dishes containing plenty of milk.

If men have enjoyed milk puddings in army camps and convalescent hospitals, ten chances to one they will appreciate such desserts made home as well as more.

RICE AND APPLE PUDDING
Cook 1 cupful washed rice in 1 quart of milk, using the double boiler. When tender, add 1/2 teaspoonful of salt and 1 tablespoon of butter. Grease a baking dish and into it spread alternate layers of rice and hot apple sauce. Bake in a moderate oven 350 degs F. about 20 minutes and serve warm with cream and sugar. Other fruits may be used in place of the apples if desired. Prunes, apricots, peaches and other kinds of dried or fresh fruit will give very good results.

ORANGE SPONGE PUDDING
1/2 cup sugar, 4 tbsps flour, 1/2 tsp salt, pinch nutmeg, 2 tbsps melted shortening, 2 tbsps lemon juice, 1/2 cup orange juice, grated rind, one orange, 2 eggs (separated), 1 cup milk.

Mix sugar, flour, salt and nutmeg. Stir in shortening, fruit juices, rind and egg yolks, beat thoroughly. Blend in milk, fold in stiffly whipped egg whites. Pour into greased custard cups or individual baking dishes and set in pan of hot water. Bake in an electric oven 350 degs F. for 30 minutes or until delicately browned.

BUTTERSCOTCH PUDDING
3 tbsps corn starch, 1/2 cup brown sugar, 2 egg yolks, 1 cup cold milk, 2 cups hot milk, 2 tbsps butter, 2 egg whites (beaten), 1 tsp vanilla.

Mix corn starch, sugar and a pinch of salt together. Add egg yolks, slightly beaten with the cold milk. Heat milk in top of double boiler and add butter. Stir first mixture into the heated milk gradually, stirring constantly until the custard becomes thick and smooth. Cover and let cook over hot water for 10 or 15 mins. Remove from fire and let cool slightly. Fold in the stiffly beaten egg whites and add the vanilla. Pour into pudding mould and chill.

TAKE A TIP
Stale slices, dry crusts and other left-overs in the bread box can be used to make scores of delicious dishes, yet often go into the garbage instead. Studies show that bread is the most wasted food in our kitchens.

French toast and cheese toast are hearty enough for main dishes. French toast is made by dipping slices in a mixture of egg beaten with 2 tbsps milk and browning on both sides in a little fat in the frying pan. For cheese toast, lay slices of cheese, salted and peppered, between slices of unbuttered bread. Brown the sandwiches on both sides in fat, cooking slowly until the cheese melts.

Crusts and home-dry pieces can make up the supply of bread crumbs that every good cook likes to have on hand. Dry the bread in a slow oven, then roll it to crumbs or put through food grinder. (Use a paper bag over the outlet of chopper to prevent crumbs from spilling.) Keep crumbs covered and protected from dust and moisture.

Aside from the familiar uses of crumbs in coating foods for frying, topping dishes for baking and stuffing vegetables or meat, there are bread crumb specialties such as crumb pastry for cream pies, crumb cake, crumb cookies and crumb bread pudding.

BACKING UP GOOD IDEAS

In about every town, plenty of good ideas are suggested which would promote progress, but when these ideas are mentioned, objections may be offered. Some say the plan would cost more than the town could afford, in spite of the fact that towns of similar resources are doing the same thing.

The obstacles in the way of accomplishing a good idea or a useful program may not be as serious as some people imagine. There is in most towns a sincere desire for progress and keeping up with the times. If some group suggests a good and practical idea, and will do some work to push it, it will get a lot of support. There is plenty of enthusiasm ready to be harnessed, if people can be found to take the lead.

You remember I mentioned a few weeks ago that mail-time was my favorite hour of the day. I should have qualified that remark by saying "If someone else goes for the mail." When I trail down to the road for it myself, that's something else again. I don't have to go to Bob's and around Partner tells me to leave it until noon, and he will get it. But I never make any promises because if I see the mailman stop at the gate well, I can't wait I just have to get that mail. Maybe you wonder what all the fuss is about, why I mention any difficulty in getting it at all. Well, if you had a lane nine hundred feet long, filled with snow, and had to face a strong north-west wind at any-where from zero to ten above, you would know what I am talking about.

Saturday, for instance, I knew there was a parcel coming by mail rather than face the worst wind of the week, I decided to take the car. Bob had been getting in and out of the lane so I thought I could, too. I backed the car out, got as far as the corner of the house and stuck, good and properly. The car would neither go backwards nor forwards. Partner was busy at the barn, and I wasn't prepared to do any shovelling, so I just left it there. I went back to the house and this time I took with me an umbrella as protection against the wind. With it I struggled down the lane, stopping once or twice to get my balance, so strong was the wind. No, I didn't let the umbrella blow inside out, if that is what you are thinking. Returning the wind was in my back but I still had plenty of trouble. I had a big box to carry, a shopping bag that I took to carry the mail home in, and the umbrella to manipulate. The ruts in the lane which the truck wheels had made were deep and narrow; the wind drove me along so fast that I lost my balance. Over I went on to the snowbank, parcel, mail and all. Tippy was with me and I am sure she thought "Now this is fun!" For she came bounding along and was all over me before I knew where I was. And that didn't help. Eventually I reached the shelter of the house. So now perhaps you will understand that while I still say mail-time is the best hour of the day, it is with reservations.

Of course on this particular day, explanations were in order. Partner came into dinner. "Why hadn't I put the car back in the garage?" "Why didn't I back it out the other way?" why this and why that. Then Bob came home in the middle of the afternoon. More explanations. But I noticed it didn't take Bob long to get the car out of the drift and without any shovelling.

Now we have had a real taste of winter. I am beginning to think the ground-hog and I have something in common. There are times when a period of hibernation doesn't seem such a bad idea. Come to think of it, I have been in a state of semi-hibernation for the last two weeks. But, unlike the ground-hog, I haven't been sleeping my time away. No, I have done a bit of writing, a bit of sewing and simply seals of mending. There were thirteen patches and two new pockets on a smock I fixed up for Partner. It still has the original buttons and button-holes. There are work points for Bob that belong in pretty much the same category. After all, why spend money on new things that are of shoddy material and poorly made?

Thank goodness, the outlook in that respect is at last becoming a little more hopeful. My authority for that statement is a U.S. publication which says that thread counts and dyes are getting better and a steady improvement in quality and quantity is expected during the summer. It also said experiments have been tried to make clothing without stitching. Some kind of resin is used so that dresses can be pressed together instead of sewn.

Well, I don't think I am particularly enthused as regards dresses. I would be afraid of falling apart. But it would be grand to have resin-coated patches, especially for "inaccessible parts" of a garment.

And while we are on the subject of clothing and patching, I suppose you know there is to be another United Nations clothing drive. And I suppose there are still enough garments hanging in the clothes closets to clothe the half of Europe. How about it, neighbors?

HERBERT, Sask. (CP) — They are right up to the times in this small community. A sign on a truck travelling around the district reads: "Atomic Horse Exchange, Herbert."

The Sunday School Lesson

SUNDAY, FEBRUARY 10th

THE DISCIPLES OF EXPERIENCE

Golden Text: Whom the Lord loveth he reproverth; even as a father the son in whom he delighteth. Prov. 3:12

Lesson Text: Num. 14: 1-12
Time: 1490 B.C. Place: Kadesh-barnea

Exposition: I. God's Judgment Upon Israel, 11-12

The children of Israel were engaged in their arduous march to Canaan. Although they had God's presence, assured by the cloud by day and fire by night; although they were fed and refreshed by God's providence; although they had been informed of the perils and difficulties along the way and had been promised guidance and security by the Lord, Israel complained, both against God and His servant Moses. This was base ingratitude. But it was worse in that it had in it skepticism of the whole plan of national redemption and a longing for the flesh-pots of Egypt. They would rather have freedom to sin under a tyrannical ruler like Pharaoh than freedom to follow godliness and righteousness in God's redemptive purpose. This seems incredible, but it illustrates the awful power which sin exercises over human lives. Many reject salvation for sheer love of sin. For such there cannot be anything but severe condemnation (Heb. 6: 4-6; 10: 26-31; 1 Pet. 4: 17-19).

While grace reigns—and grace reigns so long as the final judgment does not fall—the judgments of God are warnings rather than fulfillments (Ex. 10: 3-7). For that reason, the statement by Jehovah that He would "smite and disinherit" Israel is a threat, the carrying out of which could be cancelled or postponed by intercession or repentance. Perhaps God was also testing Moses when He offered to make a new start with him. The offer itself would be inviting and had Moses been selfish, he could have been flattered by it. If so, it resulted in Moses revealing true humility and zeal for the glory of God. But the whole passage would indicate that God was faced with a deliberately sinning nation which He had done everything necessary to redeem (Ex. 32: 9, 10; 33: 1-3; 5: 2 Chron. 30: 8; Ac. 7: 51).

II. Moses' Prayer of Intercession, 13-19

Here is an excellent example of intercession. Moses is first of all jealous for the glory of God. The Egyptians would regard the judgment as failure on the part of God. They would pass on the news to the other nations. Thus all the witnessing resulting from God's mighty acts on behalf of Israel would be lost. Egypt would be justified. The nations would be encouraged in their unbelief and rendered more hostile to God's purpose. Moses pleads for further patience lest the nations should lose the lessons of faith already given them (13-17). If the judgment were to be carried through, pleads Moses, then it would result in a label against God, for the heathen would say that the Israelites were only brought out to be slain in the wilderness, since God was unable to bring them to Canaan.

In vs. 17, 18 Moses reveals a remarkable understanding of the nature of God. He pleads on the side most pleasing to God. He asks that God shall do that which sets Him before the nations as a God of grace. See the description of God given in v. 18. Jehovah is "long suffering," that is patient, able to wait, and endure; He is of "great mercy," that is kindness, pity, goodness; but "by no means clearing the guilty," that is He is love, not sentiment, for love cannot ignore sin as sentimentality is inclined to do; He punishes iniquity. In this verse we have a balanced view of God. He is grace and severity. To those who yield to His goodness He reveals His mercy. But to those who are contentious and obey not the truth, He is severe (Rom. 11: 22, 23; 9: 11). This is not a contradiction in the nature of God. Judgment is the Divine responsibility (Gen. 18: 25; 1 Sam. 2: 10). Grace is God's method whereby He may save from the penalty of their sins in Jesus Christ (Rom. 3: 3, 4, 24-26). Failure to accept the atonement of our sins made by Jesus on the cross is to challenge God's responsibility to judge us for our sins. It is "doing despite to the spirit of grace" (Heb. 10: 29).

III. God's Answer to Moses, 20-24

The power of intercessory prayer is shown in that God answered in the manner of his prayer: "according to thy word." It resulted in a whole nation being given an opportunity to repent and change its course. The answer was first given to Moses privately (20-25) and then he was commissioned to make it public (26-35).

Twenty Years Ago

From the issue of the Free Press of Thursday, February 11th, 1926

The young folks have been enjoying some lively snow shoe tramps during the week.

The average attendance of pupils at the Public School last year was 263.

Mr. Bert V. Kenyon has commenced business at his residence under the business name of Kenyon Wood Novelty Co.

Mike Nicolaj, who had both arms amputated as a result of an accident at the tannery was able to leave the hospital after two and a half months there.

The annual carnival on Friday evening proved a real evening's enjoyment. The costumes were very old and every event was contested for. The Acton Council and Chamber of Commerce held a joint meeting on Thursday evening and discussed matters considered to be for Acton's interests.

BORN
EVANS, Mr. and Mrs. William Evans, Acton, on January 27, 1926, a son.

DIED
SMITH, At Fairview Place, Acton, on Friday, February 5, 1926, Diana Campbell, widow of the late Charles Sydney Smith.

SWISS TO PROVIDE BREEDING CATTLE.
BERN, Switzerland Feb. (CP) — War-stricken European countries are looking to Switzerland to replenish their stock of cattle. Delegations have come from France, Italy and Czechoslovakia.

With an eye to post-war business, Swiss breeders and farmers throughout the war made special efforts to maintain their livestock.

However, God is zealous for His glory and so He gives the prophecy, that the earth will yet be filled with His glory.

LOOK FOR THE BEST

Why, yes, I suppose you are jolly well right. There are rogues to be found everywhere. There's ugliness, too; that I cannot deny. And there's poverty, suffering and care.

I'm sure you'll agree, though, there's something to add— If you don't well, I think that you should. There is much that is bad, but thank God that at least There is something that's lovely and good.

If you look for the worst, you will find it of course. But I strongly advise that you quest. Be searching and hoping and striving to find Those things that are truly the best. P. G.

ONCE AVE.

"Well, Angus," said Donald, "I hear you've got married?"
"AY, Donald."
"An' what kind of wife has ye got?"
"Can she cook?"
"No, I don't think so."
"Can she sew?"
"No."
"Thin what can she do?"
"Man, Donald, she's a grand singer."
"Ah, mon, ye're daft," said Donald in disgust. "Widna a sanyar have been cheaper?"

CORRECT

"If there were five flies on the chair and I killed one," the teacher asked the class, "how many would there be left?"
"One," answered a voice from the back, "the dead one."

New Director



Joseph M. Pigott, Whose election as a Director of North American Life Assurance Company is announced. Mr. Pigott is President of the Pigott Construction Company, Limited, Hamilton.

You'll enjoy our Orange Pekoe Blend

"SALADA" TEA

If you own VICTORY BONDS

DON'T TAKE THIS CHANCE...

when PROTECTION costs so little...

More Victory Bonds Stolen

Victory bond thieves struck again Tuesday night, when \$550 in negotiable Victory bonds were stolen from the home of Mrs. J. J. ... street, ... before 11 p.m. An attempted robbery was made on the home of ... street.

A pair of gold cuff links and a Masonic ring were included in the \$250 theft. Mr. and Mrs. ... had been out for the evening. Mrs. ... returned home about 11 p.m. to find every light in the house to find every light in the house completely unswitched. St. ... police stated Wednesday that it is evident that the thieves were purely Victory bond-conscious, as other articles of value were untouched in their search, but left unguarded.

ARE you tempting the Victory Bond thief? He has a rattling good business out of the war. If Victory Bonds are anywhere but in a steel vault they are not safe.

Call at the nearest B of M branch and lodge your Victory Bonds in our vault.

The cost is trifling—10¢ per \$100 per annum—minimum 25¢ a year. Your bonds will be kept safe, your interest coupons clipped and credited to an account in your name on which you may draw at will.

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Acton Branch: W. H. CLAYTON, Manager

DONT FORGET — Buy War Savings Certificates either 10¢ — 10¢ per \$5.00 certificate up to \$5.00 per \$50 certificate. This covers the full 7 1/2 years to maturity.

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