

Of Interest to Women



THE MIXING BOWL
Amateur
MOUSE ECONOMY

Hello Homemakers! It's February—the shortest and often the chilliest month of the year. But it brings us St. Valentine's Day and we may comfort ourselves and our guests with a Valentine party which calls for an evening of indoor games.

Hearts set the theme, and red the color scheme. Refreshments served on tables gaily decorated with red centrepieces and amusing favors will please your guests. Your menu, too, can be planned to carry out the Valentine spirit.

Here are two menus we think you will like. The dishes are quite easy to prepare and good to eat. They will make your party complete.

PARTY MENU (1)

Jellied Tongue
 Potato and Parsley Salad Pickles
 Cheese Crumpets
 Red Raspberry Sherbet
 Love Birds

PARTY MENU (2)

Wedge Salad Bowl
 Bread Sticks
 Marshmallow Peas
 Sweetheart Cakes
JELLIED TONGUE

1 can tomato soup, cold water, 1 green pepper (chopped finely) or 2 (boiled tongue sliced), 1/2 cup onion, 1/2 cup celery (diced), 1/2 cup salt, 1/2 cup granulated gelatin, 1/2 cup of canned peas

Combine soup, 1 cup water, green pepper, onion and salt. Simmer 5 mins then add gelatin which has been soaked in 1/2 cup cold water for 5 mins. Stir until dissolved, then add peas and tongue. Pour mixture in mould and chill in electric refrigerator. When partly set, stir to distribute meat and vegetables. Chill again.

BREAD STICKS

1 cup milk, 4 tbsps shortening, 1/2 tbsps sugar, 1/2 tsp salt, 1 yeast cake dissolved in 1/2 cup lukewarm water, 1 egg, 3/4 cups flour, 1 tbsps caraway seed

Scald the milk and cool it. Cream the shortening and sugar, add the milk and salt. Add the dissolved yeast, the egg white, well beaten, and the flour. Knead and let it rise. Shape into sticks about the size of a lead pencil. Place them far apart in a floured pan about 4 inches. Sprinkle with seed. When light, put into an electric oven of 400 degs, then decrease the heat so that the sticks may become dry and crisp.

RED RASPBERRY SHERBET

1 1/2 cups boiling water, 1 cup raspberry juice, 1/2 cup sugar, 1 tbsps gelatin, 1/2 cup water, 1 cup cherries, 2 lemons, 1/2 cup peas, 2 oranges, 1/2 cup seeded raisins

Pour boiling water over sugar and boil 7 mins. Pour hot syrup over gelatin which has been soaked in 1/2 cup cold water for 5 mins. Cool. Add juice of oranges, lemons and raspberries. Stir in fruit and put in freezing tray of electric refrigerator.

TAKE A TIP

1 Tart jelly stirred into stiffly beaten egg white makes a frosting of sweet smoothness in a lovely pastel color.

2 Sweet potatoes have more natural sweetness than other vegetables. Let them add sugar to your meals.

3 Here's an easy way to speed the process of making a large quantity of sandwiches. Stand the entire loaf of bread on end. Spread the filling on top buttered slice and set it to the side of the loaf. When the second slice has been spread set it and the slice under it on top of the loaf, then set two slices on the "filled" pile. You will only butter the one side of the slice upon which the filling is spread, but if filling is moist they will be tasty.

4 Minced veal moistened with concentrated celery soup makes a very good sandwich filling.

THE SUGGESTION BOX

Many thanks to our friends in Northern Ontario for their splendid ideas.

«Mrs. J. W.» Valentine Party Memo: Put your Valentine cards on the service plates, cut circles of yellow paper the size of the inner circle of plates and cover the cards. Your glasses of tomato juice will look very effective.

«Mrs. P. K.» Discarded adhesive tape spoils are good candleholders for Valentine arrangements. The bases may be painted or simply covered with paper.

«Mrs. R. M.» If you have numerous leftover candles, melt them, pour the melted wax into individual gelatin moulds, and insert soft string wicks. Set these on fancy plates and burn the candles in the moulds.

EDMONTON (CP)—Missing five days in a cold wave that gripped Alberta; Owen Swiney, 45-year-old farmer of the Peers district and father of five children was found frozen to death on Christmas Eve.

Chronicles of... Ginger Farm

Written Specially for
 The Acton Free Press by
OWEN SWINEY, P. CLARK

The other day Partner passed the following remark: "What we want in this country is not more work but better work."

The reason for that somewhat cryptic statement was a new shirt, an ordinary plain work shirt which I had brought home for him that day. To start with the material wasn't much more than good muslin, cut to a pattern and then thrown together, with stitching that ran off the seams and thread ends left hanging everywhere. In fact the whole shirt was such a mess I wouldn't have looked at it twice a few years ago unless it were to comment on its poor workmanship. But now I buy a thing like that and try not to look at it at all. What burns me up is the fact that the manufacturers have their finger on the public pulse, as it were, and know just about what they can get away with. And I suppose as long as there is more money than merchandise the public will continue to be exploited. When manufacturers find goods harder to sell then competition will be keener, each one will try to do a little better than the other in order to make his goods more attractive and of better quality. Those days cannot come too soon. Why, we have even bought milk pails, brought them home and found them leaking like a sieve.

Another problem these days is the butter supply, which threatens to become more acute and may even result in a still further cut in our weekly ration. Federations, conventions and this and that organization seem to be getting their heads together and wondering what can be done about it. And the solution could be so simple.

If the 2c a quart consumer subsidy were taken off milk and placed on churning cream instead, then the situation would soon right itself. But of course to keep milk at its present price level to producers, fluid milk to the consumer would have to be raised to 12c a quart. There is no doubt subsidies served a good purpose in their time, but for all that they are part of a queer system, with farmers and consumers alike, through indirect taxation, helping to pay their own subsidies.

A better price on churning cream would also encourage hog production because nearly every farmer who sells cream also keeps a few pigs around as a sideline to make use of his skim milk, whereas there are very few shippers who bother with raising pigs.

Maybe you will think I don't know what I am talking about but we have shipped milk for fifteen years and before that we shipped cream and raised pigs so you see we do happen to know both sides of the question. Of course, I suppose Big Business, in the form of large distributors, would be the bottleneck to the little solution I have mentioned. Naturally there would be less milk for sale, but there might also be less wasted if the supply were not quite so plentiful and the price a little higher, not quite so many bottles left on doorsteps in the hot summer sun when summer comes.

Well, now I've got that off my chest I'll tell you something funny. At least I thought it was. Bob brought a friend in to supper with him the other night a young lad who, in the war, suffered more hardship in a few months than you and I are likely to know all our lives. There wasn't anything special for supper, but on a farm, there are always eggs. So with the potatoes and tomatoes I fried some eggs two at a piece. I noticed they disappeared rather quickly, so I said to Bill—that wasn't his name, but it will do—"Bill, would you like another couple of eggs?"

"Would I ever," he answered. So I fried him two more.

After that they had peaches for dessert. Both boys appeared to be finished, when, just in fun, I said to Bill "I'll cook you another couple of eggs if you will eat them."

"All right," he said. "I will." I almost collapsed, but I cooked the eggs, and Bill ate them.

Of course we made a joke of it—but I knew it wasn't altogether a joke with him when he told me he was making up for the time when an egg, to be and his buddies, was just something to dream about.

WAIT ACCEPTANCE

VICTORIA, B.C. (CP)—Lands Minister E. T. Kennedy announced that one million acres of land in B.C. offered as a gift for rehabilitation of service personnel wishing to go on the land still is awaiting acceptance by the federal government.

The Sunday School Lesson

SUNDAY, FEBRUARY 3rd

THE WORTH OF RELIGIOUS ANNIVERSARIES

Golden Text: "The Lord hath done great things for us, whereof we are glad." Ps. 126: 3.

Lesson Text: Lev. 20: 7-8, 23: 4-6, 15-16, 24, 27-28, 34, 39-44.

Exposition I: A Separated People, 20: 7, 8.

These verses are taken from a context which is not in sequence to the other Scriptures of this lesson. Lev. 20 deals with the manner of life of God's redeemed people whereas Lev. 23 has to do with certain memorial feasts. Because Jehovah had delivered them out of the tyranny and wickedness of Egypt they were not to think of "going back." Their separation unto God was to be complete. They were to put away all idolatry and the wicked ways which they had learned in Egypt and they were to safeguard themselves against similar iniquities in the land whither Jehovah would lead them (Lev. 11: 44, 45; 19: 2). This is an eternal principle in God's dealings with us. He has accomplished our redemption through Christ (1 Pet. 1: 18-20; Rom. 5: 8-11). Redemption means to be delivered out of one state of being and evil relationship by which we are alienated from God, into a new creatureship and fellowship in the presence of God. In this sense, what Egypt was to Israel, the world is to the Christian. As Israel was to live holy and separate from Egypt and the system of evils for which it stood, so the Christian is to seek holiness and live a separated life from the evil which is in the world (Eph. 1: 4; Heb. 12: 14; 2 Cor. 6: 15-18). It is the solemn duty of every Christian to live as one who is truly redeemed from the world's evil ways. How else can he be a witness?

II Memorial Feasts, 23: 4-6, 15-16, 24, 27-28.

These verses are selected from a chapter devoted to memorial feasts. To be understood properly, the whole chapter should be read. These feasts were not "religious anniversaries" in the pagan sense; such have often brought with them pagan behavior when adopted by Christians. These feasts established by the Lord for Israel were seven in number: (1) The first was that of the "Lord's Passover" (vs. 4, 5). It was to be celebrated on the 14th, or the 15th day of the first month, which was April. It commemorated Israel's deliverance out of Egypt. Typically it prefigured Christ as our "Passover" and, therefore, our Redeemer (1 Cor. 5: 7; 11: 23).

(2) The second feast was that of the Unleavened Bread (vs. 6-8). It was closely related to the Passover. Its discipline was to teach the ideal of a life of faith. As unleavened bread is unmixd, so the believer's faith is not to be mixed with carnal doctrines such as pleasure and strengthen man's sinful nature. Christ, as our Redeemer, has set for all believers the true pattern of life.

(3) The third feast was that of the First fruits (vs. 9-14). While not included in the selected portion of Scripture, it is necessary to a complete knowledge of the feasts. It has to do with presenting the first fruits of the harvest to the priest, who waved it before the Lord in suitable ceremonies. Here was a beautiful ritual expressing faith in God through the work of our hands. If all workers and businessmen looked upon themselves as partners with God in their work, we would not fall for delusions such as the "social gospel."

(4) We come now to the feast of the Pentecost (vs. 15-22). This was a gathering to celebrate their establishment as a holy nation. It was to be symbolized by taking the flour ground from the harvested wheat and making two wave loaves of two tenths deal. In this form, the offering became a token of gratitude and national rejoicing. Its meaning for Christians is that the Church of the Living God is a "holy nation" (1 Pet. 2: 9, 10; Eph. 2: 19-22).

(5) The fifth feast is that of the Trumpets (vs. 23-25). Quite some time has elapsed since the feast of Pentecost. Therefore, it would indicate a prophetic event which is spoken of repeatedly in relation to the sound of a trumpet at the return of Christ and the resurrection of the believer (1 Cor. 15: 52; 1 Thes. 4: 16).

(6) We next have the feast of the Day of Atonement (vs. 26-32). For full description of that day, read Lev. 16. Symbolically this feast looks to the future. Israel had been redeemed from Egypt, but their history revealed the need of continued mercies, forgiveness and provision for restoration. This is the "message" of this passage. Its counterpart in Christian experience is our need for cleansing our lives in the world. Provision has been made in the atonement wrought by Jesus Christ our Lord for remission and forgiveness of sins through

confession (1 Jno. 1: 9; Heb. 9: 11-15; 10: 19-25).

II. The Feast of the Tabernacles, 34, 39-44.

The feast was kept on the "fifteenth day of the seventh month." It was a time of festal thanksgiving because of harvest, as well as commemoration of their deliverance from Egypt and their living in booths. The feast was to be kept for seven days. The purpose of it all was that they should never forget Jehovah, their deliverer from Egyptian bondage. Israel, however, did forget and the season became largely one of rest and recreation rather than a time to remember God, just as our own thanksgivings in these days, with the majority of people, are taken up more with sports rather than with glad thanksgivings to God. Jesus gives us the true interpretation of the feast in Jno. 7: 37-39.

GRAIN WEIGHTS AND MEASURES

The following table shows the weights and measures used in Canada in connection with the principal field crops and for wheat flour:

	Pounds per bushel
Oats	34
Wheat	60
Barley	48
Rye	56
Flaxseed	56
Corn	56
Buckwheat	48
Mixed Grains	50
Screenings	48
All others	60
Soya Beans	60
Sunflower Seeds	24

Wheat flour: one barrel equals 196 pounds and approximately 4 1/2 bushels of wheat are used in the production of a barrel of flour.

PICTOU, N. S. (CP) Warden Frank M. McNeil of Little Harbor, presided over the 1946 session of the Pictou Municipal council the 22nd consecutive year that he has held this office.

Twenty Years Ago

From the issue of the Free Press of Thursday, February 6th, 1926

The snowfalls continue with somewhat increasing regularity. Mr. J. B. Mackenzie was elected vice-president of the Ontario Retail Lumbermen's Association at their convention at Toronto.

Splendid classes of both ladies and men are taking the courses of agriculture and sewing which opened on Monday.

One of the best hockey games of the season was played at the rink on Tuesday evening when Acton defeated the fast C. P. R. team of Toronto by 5 to 3.

BORN
 GRAHAM At the General Hospital, Winnipeg on Monday, February 1, 1926, to Mr. and Mrs. Fred B. Graham, a son.

MARRIED
 MOORE-ROSS At the home of the bride's father, Montreal, on Wednesday, February 3, 1926, by Rev. Alexander McTaggart, B. A., John S. Moore of Dundas, to Miss Lillian Ross, Montreal.

DIED
 MURRAY In Guelph General Hospital on Thursday, January 26th, 1926, Laura Cathylene, daughter of Mr. and Mrs. G. W. Murray, in her 17th year.

1946 HOLIDAYS AND SPECIAL DAYS

Ash Wednesday March 6th
 Good Friday April 19th
 Easter Sunday April 21st
 Victoria Day Friday, May 24th
 Dominion Day Monday, July 1st
 Labor Day Monday, Sept. 2nd
 Thanksgiving Day On a day to be fixed by proclamation, likely Monday, October 14th
 Remembrance Day Monday, November 11th
 Christmas Day Wednesday, December 25th.

Civilization will become a farce unless Christianity becomes a force.

HALIFAX (CP)—Revolvers provided members of the city police force a year ago have become faulty because of improper care. The policemen will be provided with 36 new weapons.

Carpentry
 Repairs and Alterations
 Electrical Work
 Repairs, etc.
 Work Thoroughly Done
 Clarence Rogvaldsen
 BOWER AVENUE

A. Floyd Smith
 Jeweler
 WATCHES — CLOCKS
 JEWELRY
 75 Quebec Street, West
 GUELPH ONT.

Picobac
 THE PICK OF TOBACCO
 It DOES taste good in a pipe

IT'S THE Local Touch THAT REALLY COUNTS

The magnetic power of local news to win and hold people's attention is as fundamental as human nature itself. Local news begins to play its part in a man's life with a one-line notice announcing his birth. Progress in school, participation in sports, graduation, engagement, marriage follows... each likely to figure somehow in local news.

Then comes the upward climb in business, perhaps an entry into politics, almost surely some activity in civic, religious and social affairs... each step productive of news that's of vital interest to self, to family, to friends, and fellow townspeople. So it goes till death itself writes the final story.

Only in the Hometown Weekly Newspapers can people satisfy their craving for this kind of news, their unceasing curiosity about what goes on close to home. And only there can they find every day the local buying information they need. Which explains very largely why people read their Hometown Weekly Newspapers so eagerly and thoroughly, and why such weekly newspaper advertising produces such satisfactory return.

You can't afford to neglect the buyers who live in the towns, villages and townships of Canada and are so well served by their weekly newspapers.

The Acton Free Press is one of those Important Weekly Newspapers

SERVING THOSE IMPORTANT PARTS OF CANADA THAT LIE OUTSIDE THE CITIES

and is a member of the
CANADIAN WEEKLY NEWSPAPERS