

Of Interest to Women



Hello Homemakers! Once again it is time to replace screens and awnings with storm windows and to clean and arrange our homes for winter living. Housecleaning may cause a burst of energy on the part of the homemaker, but it will be greeted with wrath by the other members of the family if everything is turned inside out at once.

It is wise to clean only one room at a time. Begin by the walls, then do the floor and window and finally the furnishings. To remove wax from polished floors use vinegar in warm water or a standard cleaning fluid. To clean rugs and upholstery use a vacuum cleaner and suitable attachments.

When cleaning bookcases and magazine racks do not forget to sort out the more recent contents for the Navy League. Do not overlook the pictures, lighting fixtures and knick-knacks. Now you are ready to rearrange the furniture and hang the fresh curtains.

RECIPES TO SUBSTITUTE FOR RICE

PEARL BARLEY: 1/2 cup pearl barley, 1 cup milk, 1/2 cup corn syrup, 1/2 cup brown sugar, 1 tsp salt, 1 tsp vanilla, nutmeg.

Wash barley and soak it for one hour. Drain and put into well-greased pudding dish. Heat milk and add to it syrup, sugar and salt. Pour over barley. Dust with nutmeg and bake in electric oven 275 degrees for 3 hours, stirring every half hour and adding vanilla at the last stirring. Serve with cream or boiled custard.

MEAT PUDDING

1 cup suet (chopped fine), 1 cup molasses, 1 cup bread crumbs, 1/2 cup sour milk, 1 1/2 cups flour,

1/2 tsp cinnamon, 1/2 tsp allspice, 1/2 tsp cloves, 1 tsp salt, 1 cup raisins, 1 cup prunes or stewed fruit, grated rind 1/2 lemon.

Mix and sift dry ingredients and combine with other ingredients. Turn into well-greased pudding dish, having the dish no more than 3/4 full. Cover closely with greased paper. Place in steamer and steam 3 hours. Serve with lemon or any pudding sauce, using corn syrup instead of sugar.

MACARONI PUDDING

1 cupful macaroni, 1 tsp salt, 1/2 cup corn syrup, 1/2 cup brown sugar, 2 eggs lightly beaten, 2 cups milk, 1 tsp vanilla, nutmeg, 1 tbsp butter.

Add macaroni to pot of rapidly boiling salted water and cook until tender. Drain. Pour into buttered pudding dish. Add the well-beaten eggs to the milk and vanilla. Pour over the macaroni. Dust with nutmeg or cinnamon. Dot with the butter. Set in a pan of hot water and bake in a moderate oven until custard is set and top a golden brown. Serve with top of milk or cream.

OLD TIME APPLE PUDDING

Pare four large, sour apples, core and chop fine with chopping knife in chopping bowl. Mix 4 ounces (about a cup) of stale bread crumbs with 1 teaspoon ground cinnamon and a half of one grated nutmeg, and mix with the apples. Beat the yolks of 4 eggs and add to the mixture. Stir in the whites carefully, until the whole is moist enough to hold together, then steam for 2 hours in a well-greased mould. Serve hot with a foamy sauce, which should supply enough sweetening, unless apples are excessively sour.

Chronicles of . . . Ginger Farm

Written Specially for The Acton Free Press by GWENHILINE P. CLARKE

The return of service men to civilian life is becoming more evident every day, not only by the fact that the men themselves are back in circulation, as it were, but by the disappearance from banks, stores, offices and factories of the girls who were carrying on in their absence.

How often the remark has been made "Mark my words, these girls that have been holding down war jobs will never want to settle down and just look after their homes and families."

Perhaps my experience is limited but from what I have seen I have come to the conclusion many of these girls are only too glad to settle down in homes of their own if they have homes to settle in. Take the case of the young sales clerk I was speaking of the other day.

"So you are leaving us and setting up house, are you, Miss Blank?" The girl's face was absolutely radiant as she answered, "That's right, this is my last week at the store."

"I suppose you are glad, are you?" I asked, but it was really rather a stupid question.

"Am I ever," came the reply without any hesitation at all.

And then the young wife who held an important office position and was so conscientious she felt she could hardly take a day off at all during the war. But yet, as soon as her flying officer came back from overseas, the two of them lost no time at all in starting life together. And, when the girl left her job someone else was found to fill her shoes. There always is someone to fill our shoes if we would but realize it. Maybe it makes us feel important to think we are indispensable, or perhaps we feel we haven't done a good job if we can be replaced too easily. That surely isn't so. We find the right answer in the law of evolution. If everyone who did a good job were indispensable, then progress all over the world would soon become completely static. Life is much the same as the tree which I can see from my window. Leaves are essential to the life of the tree, yet the old leaves are falling. Soon the trees will appear to be as a dead thing. But the leaves will come again, new leaves, and the life and vigor of the tree will respond to new growth, which, after all, is a part of itself. So it is in life. The old gives place to the new and progress is born of each generation.

Some times we question that "progress." Right now, after six years of war, one would think people everywhere would be glad to live at peace with one another. Instead we have strikes and more strikes, agitators demanding less work and more pay all the time. And into this mad-dream of discontent come the returned service men, some fresh from scenes of action, others repatriated from prison camps. It is a good welcome home for them, isn't it? Especially when they, too, are going through a period of readjustment, the difficulties of which it is impossible for us to understand. The best we can do is recognize that it is there and make allowances for the restlessness that seems to be a result.

With so many problems facing folks everywhere it doesn't seem a very propitious time for floating a new Victory Loan, does it? One hears so often "Mr. Isles will never make it this time!" And he won't either, unless we all dig in to help put it over. We have another war on our hands now a war against inflation, and, as Mr. Isles put it, "It is a time for action not reaction."

If only people would try to understand! Wild spending now would be little short of a disaster. It would bring on another depression quicker than anything. Don't make any mistake about it—it's the wise guy that buy bonds. Not only that, but every dollar invested in Victory bonds now is one way of doing our bit towards making Canada a country worthy of the sacrifices our boys made "over there," especially the sacrifices of the boys who will never come back.

Buy a Bond. Why not? If you haven't got enough ready cash you have a year to pay for it. This is one occasion when it is quite all right to buy on time.

MODIFY STAND

CHARLOTTETOWN (CP)—Modifying a previous stand, Prince Edward Island doctors have decided to issue six-month liquor prescriptions according to their "conscience and practice." At the same time, they urged the provincial government to introduce government sale of liquor to remove the onus of issuing prescriptions from them.

Twenty Years Ago

From the Issue of The Free Press, of Thursday, October 29th, 1925

The recurring snow storms this month have been very unusual for October.

A number of members of the Acton Women's Institute attended the magnificent party of the Esqueving Institute at Stewarston on Tuesday. The Voters' List in use for the election to-day contains the names of 1,267 residents of Acton.

Mr. and Mrs. David McEnery, who are leaving the farm at Hallinford to reside in Acton, were presented with arm chairs by their neighbors and friends at a social gathering on Friday evening.

Mr. Peter A. Smith, of Beardmore & Co. Tanneries, who has spent fifty-two years in the tanning business, has resigned his position. The resignation will take effect sometime next spring.

BORN

SOMERVILLE At Acton, on October 19th, 1925, to Mr. and Mrs. George Somerville, a daughter.

FOURVILLE At Niagara Falls, Ontario, on Saturday, October 24th, 1925, to Mr. and Mrs. David K. Foster, a son.

MARRIED

KENNEDY-JOHNSON At the Parsonage, Acton, on Tuesday, October 27th, 1925, Eva May, youngest daughter of Mrs. Hannah Johnson to John Edwin, only son of Mr. and Mrs. Frank J. Kennedy.

DIED

LANE At his home, Limehouse, on Friday, October 23rd, 1925, Robert Lane, in his 67th year.

DEMAND HIGH PRICES FOR HOUSING SITES

WING (Reuters) "Fantastic prices" are being asked for land for village housing sites, said Rev. W. C. Morris, chairman of the council of this Buckinghamshire town, protesting that the government permitted prices so high that the local administration could not buy.

In one instance the price asked had been \$2,075 an acre for purely agricultural land. A government spokesman said later that a local authority need not pay more than the true value of land. If the prices asked were too high, a council could apply for a compulsory purchase order and the figure would be decided by arbitration.

SERVICE RESTORED

SAINT JOHN (CP) Direct steamship connection between Saint John and Boston, discontinued shortly after the outbreak of war, will be resumed as soon as ships become available, according to Eastern Steamship Lines officials.

Buy Victory Bonds "SALADA" TEA



The TELEPHONE HAS SERVED THE FARMER WELL

For more than half a century, the telephone has served the farmer well . . . in business . . . in emergencies . . . in more pleasant living.

There was the farmer, for example, who wrote that his telephone enabled him to get better prices for his crops.

"It gets me to market in a few seconds," he said, "and at the best time."

Today, the number of rural telephones is at an all-time high. When materials and man-power are again available, it will be much higher. Telephone service for farms will be even better than ever before.



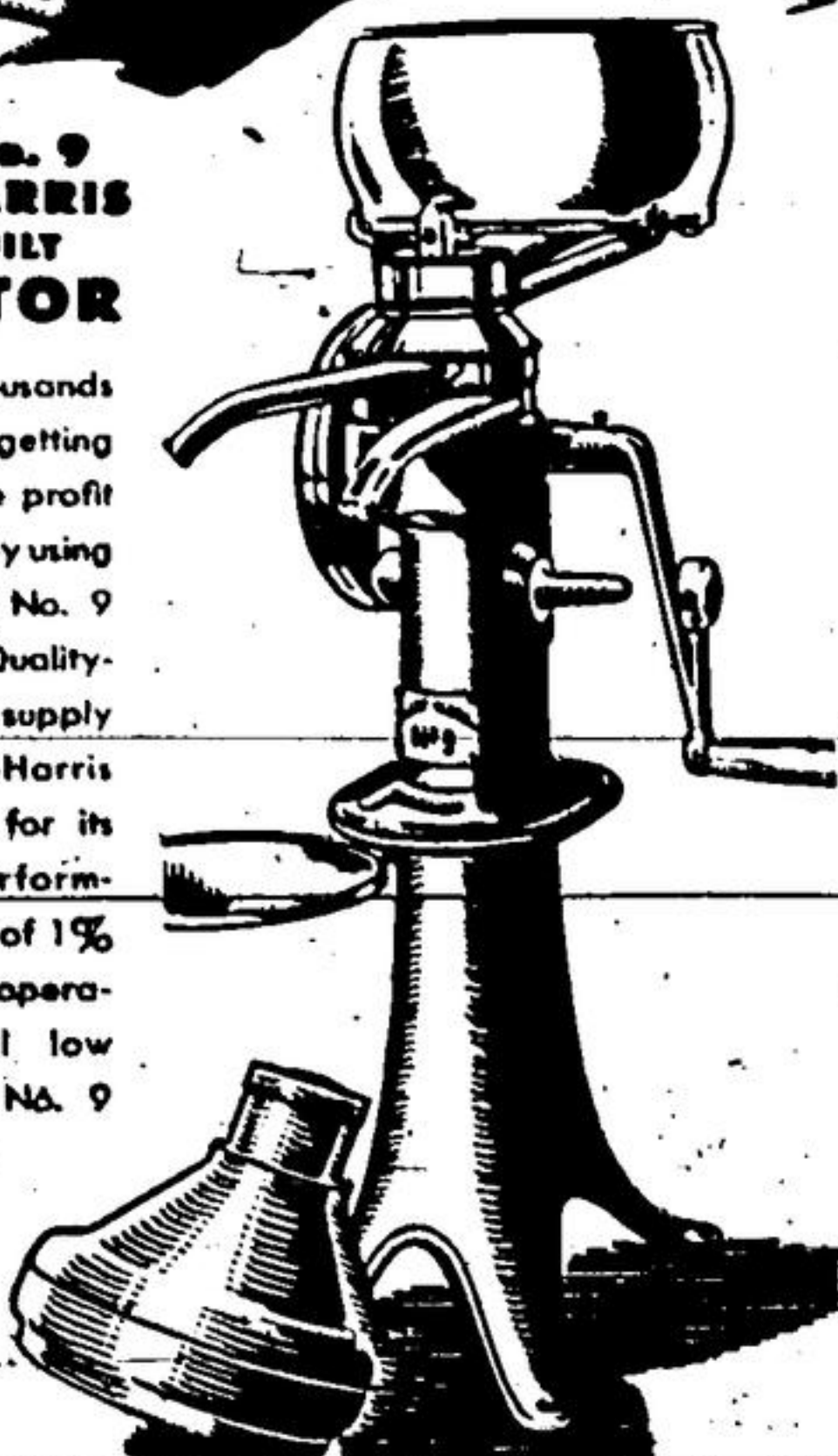
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Investment-wise Canadians feel just the same about the 9th Victory Loan . . . they are just as keen about the investment value of Victory Bonds as they ever were. With each new loan, they realize—these thoughtful Canadians—that they have made about the finest investment in the world.

Dollars you put into Victory Bonds are

absolutely dollars . . . they work for you, the investor—and for your country in her reconversion from war to peace—bringing home our fighting men, taking care of the wounded, aiding in their rehabilitation plans. These dollars are an investment in Victory itself.

Make the most of this ninth opportunity . . . make your dollars work for you and for your Canada. Draw on your savings account—on your future earnings . . . SIGN YOUR NAME FOR VICTORY BONDS—TODAY.

BANK OF MONTREAL



DO YOU NEED FINANCIAL ASSISTANCE TO BUY BONDS? With a small down payment, you can easily arrange to purchase your bonds through our Time-Loan Plan, and pay the balance in easy monthly instalments over the next year.

KEEP YOUR BONDS SAFE! Your Victory Bonds are as valuable as cash. For 10¢ per \$100 per year (minimum charge 25¢) we will place your bonds in our vaults for safekeeping, slip the coupons and credit you with the proceeds.