

# Of Interest to Women



Hello, Homemakers! The quality of garden vegetables used in the winter time depends to a large extent on the method of storage. We recommend an insulated vegetable room in the basement. If this is impossible, use a root cellar or a pit specially made for the purpose of storing vegetables. For details of construction see the Dominion Department of Agriculture Bulletin No. 138, Household Storage of Fruits and Vegetables.

**SPICCATASH WITH CHEESE**  
4 cups lima beans, 3 cups corn kernels, salt and pepper, 1 1/2 cups of medium white sauce, 1 1/2 cups of grated cheese.

Combine the beans and corn and season with salt and pepper. Heat mixture thoroughly. Serve with sauce made by combining medium white sauce with grated Swiss cheese. Yield: Eight servings.

**BAKED STUFFED ONIONS**  
4 large onions, 1 cup sausage meat, 1 cup of soft bread crumbs, 1/2 cup chopped onion pulp, salt and pepper, buttered crumbs.

Peel onions and boil uncovered in boiling salted water 30 to 40 minutes or until tender. Drain and cool and remove parts of centres to make pulp. Mix lightly sausage meat, bread crumbs, onion pulp, salt and pepper. Fill onions with this mixture. Sprinkle with crumbs. Bake in an oven 150 degrees, 20 minutes.

**POPULAR HAM SCALLOP**  
2 cups diced cooked ham, 2 cups diced cooked potatoes, 1/2 cup diced celery, 1 tbsp. peanut butter, 2 cups of white sauce, salt and pepper, 1/2 cup soft bread crumbs.

Arrange alternative layers of ham, potatoes and celery in greased casserole dish. Melt the peanut butter in the white sauce and add salt and pepper. Pour over the layers of meat and vegetables and sprinkle with crumbs. Bake in an oven at 350 degs. for 35 minutes.

**TAKE A TIP**  
Vegetable plates of Good Protein Value

1. Baked potatoes stuffed. Scoop out the centres and beat with a little warm milk, a gob of baking dripping and seasoning. Pack into skins and sprinkle with paprika and grated cheese and place under the broiler, just long enough to brown. Serve with cooked chard and cauliflower.
2. Scalloped turnips, breaded egg plant and sliced tomatoes.
3. Jellied vegetables with egg slices pickled beets and boiled cauliflower.
4. Corn fritters, fresh lima beans, baked onions.
5. Stuffed peppers (fried green tomatoes, boiled carrots).

## 6. Creamed celery, spiced chard, string beans

**THE RECEPTION BOX**  
Cheese and Cereal Casserole  
2 cups cooked whole wheat cereal, 1 cup milk, 2 beaten eggs, dash of salt and paprika, 1 cup grated cheese.

Mix milk, eggs and seasonings with cereal. Place half of it in a greased casserole. Sprinkle it with half the cheese. Add remaining cereal and cheese. Place in a pan of hot water and bake in an oven 375 degrees for 15 mins. or until cheese is melted.

**Supper Dish of Cereal Rice**  
1 lb sliced mushrooms, 2 tbsp shortening, 1 tbsp butter, 2 tbsp chopped green pepper, 3 tbsp of minced onion, 7 tbsp minced celery, 1/2 tsp salt, 1 tsp chili powder, dash of cayenne, 4 cups cooked rice, 2 cups stewed tomatoes.

Melt shortening in frying pan, add onion, pepper and celery seasoning and tomatoes. Cook until mixture is thick, about 30 to 40 minutes. Sauté mushrooms in 1 tablespoon of butter or dripping. Add to mixture. Add rice and cook until rice is piping hot. Serve with a sprinkling of parsley. Serves six generously.

**With Leaf**  
2 cups salmon or other left-over fish (flakes), 1/2 cup fine bread crumbs, 1 tbsp of butter, 2 eggs slightly beaten, 2 tbsp. of minced parsley, dash onion juice, salt and pepper.

Combine ingredients, pour into greased loaf pan and set in a pan of hot water and bake in an oven 375 degrees for 45 minutes or until done.

## IMPROVED WOOL CLIP

According to the first reports, the 1945 domestic clips of Western Canada show a marked improvement over 1944, in the preparation of individual fleeces, states the Current Review of Agricultural Conditions in Canada. The bright grades come mostly from British Columbia and Manitoba where more favorable conditions of moisture played a major role. Saskatchewan and Alberta domestic wools appear to run more to the semi-bright grades because of greater earth content and consequent lower yield. However, after scouring the actual fibre is comparable with the bright fibre.

Eastern domestic wools will probably grade better than in 1944, with a somewhat lighter shrinkage, says the Review.

The total weight of fleece wool graded in registered wool warehouses in 1944 amounts to 10,533,243 lb., an increase of 1667,641 lb. over 1943.

## Chronicles of... Ginger Farm

Written Specially for The Acton Free Press by GWENOLINE P. CLARKE

At this minute I am sitting in a railway coach waiting for the train to pull out and take me back to Ginger Farm. Back to the great open spaces where one can be free of the suffocating heat and closeness of the city. Yes, I shall be glad to be back although even travelling has its interesting moment. For instance across the aisle from me there is a woman and a girl. The woman is reading the girl's palm and apparently the young lady has an interesting future ahead of her. They don't know me and I don't know them but I have a hunch that one, or both of them, may be a reader of this column.

These glimpses of "stups that pass in the night" are always interesting to me. Take this morning. I sat in a restaurant having breakfast when a young fellow got up to use the telephone. His conversation was free for all to hear but I wasn't paying much attention until he started telling "Jack" at the other end of the wire that he thought a certain writer's magazine was just fine; that he had been pretty busy at the writing just lately and that if he could sell these to six thousand words a week it would be a pretty nice way to make a living. It should indeed, but there is always that "if" to consider.

Well, my goodness, how it sounds as if the fortune-telling lady near me in the train is also a writer. I shall soon be thinking they come a dime a dozen. Wouldn't it be fun to lean across the aisle and say "Hello, suppose we get together? I believe we both speak the same language."

But maybe I had better attend to my own business and tell you that we have survived our first week at Ginger Farm without Partner at the helm. Needless to say it hasn't been an easy week but it has certainly been a busy one with putting up furnace pipes, re-tiling the kitchen stove, cleaning flues and pipes and speeding out parting guest who had been with us nearly a month and was still so loath to go that, although she came to Toronto with us last Thursday when we went to see Partner, she also came back with us again to spend one more night at Ginger Farm. But on Friday away she went. She had no other choice because she was due to begin her studies at McGill University in a few days. I don't know why it is visitors around here nearly always stay longer than they originally intended to despite the fact I always look upon myself as the world's worst hostess. But maybe lack of ceremony on my part provides greater freedom for them and that perhaps is the best kind of holiday to have. Visitors come down to breakfast any time they feel like it. They are made acquainted with where all the dishes and things are kept and what food there is to eat, so they get their own breakfast and midnight snacks and I get on with my work, with many offers of help when they get around to it. And you know one gets a lot of satisfaction from seeing people go away rested and refreshed after having seen them arrived tired and weary from whatever arduous duties had been their lot.

Oh, oh, and now the train has stopped. I wonder why? Here come some men who have been out to investigate. Apparently the train hit a truck. No one was injured but from all accounts the truck is a bad wreck. The man jumped clear. I see some of the trainmen out cutting wire from a fence. Do they even fix up trains with fence wire? I thought it was only farmers who were guilty of fixing things that way.

The train is getting cold but I don't mind. It will be the first time I have been comfortably cool since I left for the city. And in addition to the heat I have picked up a nice dose of bites or it may be mosquito bites on a large scale as I have my bedroom window up as high as it would go. Daughter also had a few bumps and swellings on her person.

Now we are on our way... the train is pulling out. It will certainly be very late getting in, and that I imagine, will mean that Bob is waiting, patiently or impatiently, for my arrival at the station.

Back home again... the farm is still here... the boys have survived two days of hatching but they both want to know when Partner is coming home and that is something I can't tell. In the meantime Partner is having a good rest and more contented than I expected to find him.

## Offset Drabness Of Working Duds Evening Dresses

British Women Bring Out Pre-War Party Gowns as Clothes Situation Becomes Tougher Than Ever

LONDON (CP) Long evening dresses with sweeping skirts are being worn again in London restaurants... but it's not all due to V-J Day spirits and the return to peace. There's a much more practical reason.

"The only things I have which aren't shabby are the evening dresses I've had put away since 1939," said one London society woman, when thanked by the Hotel Savoy manager for wearing formal clothes in the restaurant recently. "Everything else is on my last legs and my coupons have all gone toward outfitting my son for his new school."

About 75 per cent of the Savoy restaurant clientele now wear long dresses at night. The same is true in the other smart restaurants where, six months ago one party in dinner clothes would cause comment.

Even though the clothes situation is tougher than ever, British women, content to be drab for the duration, are making an effort to be festive, and appear a little glamorous to returning soldier husbands and boy friends.

The tailoring trade is doing its return to formal evening attire, and evening dress was requested at a recent dinner dance of the National Federation of Merchant Tailors.

But the would-be glamor girl has a hard job. Twenty-four coupons have to last a longer time than ever before. A new winter coat would take 15, leaving only six for two pairs of stockings, or a pair of shoes at seven, if the buyer can beg a coupon from a friend.

**Matter of Coupons**  
Even if she can spare the coupons, she'll be hard put to find a long dress. Manufacturers are loath to make them, for they must take a long track for the same coupon value as a short one, though it takes twice the material.

In fact, a little London telephone girl had a brilliant idea for saving her clothes ration. She said: "I'm going to buy a wedding dress as soon as I can find one, for it takes no more coupons than a street dress, and I can make underclothes and at least two blouses from the skirt."

Most of the beautiful clothes British women have been able to see are for other people. There is the exhibition of miniature models of French clothes, for charity. And a recent fashion show displayed 46 gorgeous models all for export.

In spite of wishful thinking, there seems little likelihood of austerity regulations being removed for some time. The Board of Trade says the situation is still difficult. The army has to be maintained and cotton and rayon fabrics are short, because of lack of spinnings. The labor shortage is still critical, and demobilized men and women are making great inroads on stocks. Also rehousing means the need for more sheets, curtains and towels.

Men—except those in uniform—are in an even more perilous state if they want to dress for evening. If they are married, their wives probably have used their coupons, or made over their evening clothes for themselves.

## SPIDER — JAILER

LONDON (CP)—A spiker—big, black and menacing to a three-year-old kept David Oakley in an air-raid shelter near his home for 24 hours while parents and police hunted for him. David decided to stay in the shelter when he saw the spider dangling across the entrance.

## Release To Public Surplus Equipment

Blankets, Hardware, Brooms are Sold by British Services

LONDON (CP) Plans are being completed for the release to the public of vast quantities of surplus service equipment, including hundreds of thousands of blankets and hardware and holloware of all kinds.

"The most important ranges of domestic goods are to be released to the retail trades through disposal corporations now being set up by the board of trade. Blankets, sheets and domestic linen probably will be dealt with by a surplus textile corporation now in existence."

These now are being worked out but they will not exceed the pre-war price of comparable new materials.

Some ranges of goods, such as brooms and brushes, will be bought by the trade under a plan of restricted tender and firms normally engaged in the distribution of such products will get the business. Disposal centres will be established throughout the United Kingdom at which trades will be able to see the goods.

## PLANNING TURKEYS MADE TO MEASURE

PRESTON, England (CP) Made-to-measure turkeys are to be produced by the Hutton Agricultural Institute here and as a start the institute wants to see the end of fattening for Christmas.

"The experts would like to control a turkey's life so that it reaches its peak at Christmas and does not have to go through a last minute fattening. Groups of turkeys are being studied to find the best month to bring them into the world to suit dinner table needs. By scientific feeding it is hoped to turn out big birds for big families, and small birds for small families, but all of equal top quality. Later hatching and more rapid growth is sought. An official said that a 19 lb. pound bird was reared in 30 weeks last year.

## OF INTEREST TO WOMEN

Would you like to have your husband look slick and smart? By calling Mrs. Near, 124 and leaving your name and address, you can have Kingsway Cleaners call at your door on Wednesday, and return your cleaning the following week.

You'll enjoy our Orange Pekoe Blend "SALADA" TEA



## WHEN THE BOYS COME BACK TO THE FARMS

They'll probably want telephone service, if they didn't have it before. War has taught a lot of those in uniform—and their parents, too—to rely on telephones more than ever.

Our plans are ready to make rural telephone service in Ontario and Quebec available to a greater number of users in the post-war period.

Much of the preliminary work already had been done when war interrupted the program extending rural telephone service. We intend to resume it as soon as the necessary materials and manpower are available.



**NEW BEAVER LAUNCHED:** First of four fast-freight liners being built for the Canadian Pacific Railway to replace the five Beaver boats lost during World War II. The Beaver II is shown here during her launching on the Clyde at Port Glasgow, Scotland, late in August. The 10,000-tonner, which took to the water before a distinguished gathering headed by D. C. Coleman, chairman and president of the C.P.R. and chairman of Canadian Pacific Steamships, is expected to be in service early next year and will resume the London-to-Canada run as soon as possible.

WE'LL JUST HAVE TO TAKE A SMALLER SLICE by Collins



World sugar stocks are dangerously low... use less—use with discretion THE WARTIME PRICES AND TRADE BOARD

MONTREAL (CP)—Victimizing of returned servicemen by unscrupulous racketeers is a challenge to all Canadian businessmen, Claude Roots, manager of the Better Business Bureau here said in an address.