

Of Interest to Women



THE MIXING BOWL

By ANNE ALLEN
Home-Making Columnist

Hello Homemakers! Once more we approach another Lenten Season, heralded by Shrove Tuesday with its traditional pancakes. Pancakes may be served in any number of ways at breakfast, luncheon or supper.

For light-as-a-feather pancakes read these directions:
1. Melt fat and then measure
2. Beat eggs well and mix with melted fat and liquid.
3. Stir liquids into measured dry ingredients until batter is smooth.
4. Put prepared mixture into a pitcher for pouring conveniently.
5. Have the griddle pan lightly greased and hot (but not smoking hot). Add a small amount of batter (about 1/4 cup) and let it cook until bubbles are prominent.
6. Use a cake turner, flip over and brown the other side.

7. Serve pancakes as soon as possible, so they will be at their best.

APPLE PANCAKES

1 tablespoon shortening, 1 tablespoon sugar, 2 eggs, 1 1/2 cups flour, 1 teaspoon baking powder, 1 cup apples, chopped fine, cinnamon, milk.
Cream the shortening and sugar, add the beaten eggs, the flour sifted with the baking powder and a sprinkling of cinnamon, and the chopped apples. Then gradually add milk to make a medium batter. Bake on a griddle as for ordinary pancakes and serve in an overlapping row around a platter of pork chops, or serve separately with roast pork, either hot or cold. Cooked apples or a dry apple sauce may be used with batter in the same way.

FEATHER PANCAKES

1 1/2 cups pastry flour, 3/4 tsp baking powder, 3 tbsps sugar, 1 egg, well beaten, 1/2 cup milk, 3 tbsps melted fat, 1/2 tsp salt.
Add milk and fat to egg. Stir into dry ingredients vigorously until flour particles disappear. Add one mixing spoonful of batter to hot greased heavy frying pan. When cakes are cooked at the edge, turn and cook on other side. Makes 10 to 12 pancakes.

PANCAKE HAMBURGS

Using prepared pancake flour (mix and pour into a pitcher. Bake cakes as directed on package) make batter as directed for feather pancakes. Put pancakes together in pairs with piping-hot thin hamburgs between. Serve on heated plates, accompanied by chili sauce or relish and a crisp vegetable salad.

ORANGE PANCAKES

1 1/2 cups prepared pancake flour, 1/2 tsp grated nutmeg, 1 1/2 to 2 tbsps sugar (optional), 1 1/2 cups milk or water.
To pancake flour, add orange rind, nutmeg and sugar. Add liquid, stir until batter is smooth. Turn into a pitcher. Fry as directed for feather pancakes on your electric range. Serve hot with butter and honey.

THE SUGGESTION BOX

- 1. Hold chops, strips of bacon, etc. on the fork till the fat drips off. Save fat for butter substitute.
- 2. Fold ironed pillow cases and sheets instead of pressing to avoid wear along the creases.
- 3. If a bleach is used in laundering it should be thoroughly mixed with the rinse water and two rinses are advised so that none of it will remain in fabric when clothes are not hung outside.
- 4. Keep dried raisins, apples, figs and prunes fresh by storing in dry glass jars with lids that screw on tightly.
- 5. Allow egg stains to dry before soaking in cold water. Never hot water.

ESKIMOS SHOW COLOR-TALENT

POINT BARROW, Alaska (CP) Many Eskimos live as their forefathers did. But the village Eskimos at Barrow are more modern and their children attend the public school. The head of the school, I. S. Vincent, says that most of the children show an intelligence about on a par with the average American youngster. His own two children attend the school. Almost every one of the Eskimo children has a rare talent for colors and painting. Colcord (Rusty) Heur, in up here since 1915 to paint the Arctic and the Eskimos says there are many promising artists in the colony. "I've never seen such appreciation of color," he said.

SHIP SPUDS TO FRANCE

CHARLOTTETOWN (CP) Negotiations are under way to arrange for shipment of some 8,000 tons of Maritime certified seed potatoes to France if shipping space can be provided. The potatoes are to be obtained in New Brunswick and Prince Edward Island.

Chronicles of... Ginger Farm

Written Specially for
The Acton Free Press by
GUENEVIEVE P. CLARKE

Here are the answers to a few questions that have come my way from readers of this column.

Mrs. C. P. You were inquiring as to the kind of fuel we use in our furnace. The answer is coal with the required amount of coke mixed in. And note this: We have heated the whole house this year eleven rooms and by the end of the winter we expect we shall have used only one ton more of coal than would have been required by our three stoves, and which would have heated only half the house. And let me tell you we think the comfort and convenience we enjoyed this winter has well repaid us for that extra ton of coal.

So you are undecided about installing a furnace. Well I could hardly take it on myself to advise you so much depends upon the size and compactness of your house. A small pipeless furnace is often found to give splendid results in a small house. Ours is a hot air furnace with pipes.

In fact there are so many pipes sprouting from the top of it that it looks to me like a huge permanent wave machine. Of course if money is no object a hot water heating system is just about tops for any kind of house. Since you have plenty of wood lucky you! I am sure you would find it quite as satisfactory as coal for a furnace providing you were advised by a good plumber as to the best type of furnace to install for that purpose.

Mrs. W. S. I was simply thrilled to hear your son Charlie is on his way home. I am so happy for you and for Charlie and his wife and the small daughter. Sharon is certainly the sweetest wee thing. I hope you will all have a very happy and satisfactory reunion.

J. W. We were pleased to receive your card although we were puzzled for quite a while to the identity of the sender. Finally Partner recognized your writing. We still have plenty of snow around here. Young John has to hitch up the team every morning to take the milk to the road, and then goes over for our neighbor's milk cans as well. Not much sense in two teams being harnessed when one can do the job for both.

And speaking of taking milk to the road reminds me of a letter I received from my sister in Toronto a few weeks ago. She wrote of the unpleasantness and inconvenience of city transportation these winter days. So much snow! Such rats! And no way of knowing when the next street car will come along. And then she adds "It isn't so bad for you people in the country because you always have your horses to get you around." How little city and country people understand each other's difficulties! No doubt the roing has been pretty tough this winter even in the city. But at least apartment dwellers can be reasonably sure of getting their milk, bread and mail delivered each day, whereas in the country where roads were blocked so completely that even horses couldn't make the grade, there were plenty of farm folk who never knew when they were getting anything. Perhaps the greatest hardship was not getting mail. It is pretty hard to sit at home isn't it, knowing there may be a letter from that box of yours waiting at the post office and absolutely no way of getting it?

Well, the winter is getting away, in time if not appearance. Groundhog day is past, days are lengthening and the sun is quite warm when it does come out. Yesterday we even had a very slight thaw. First thing we know there will be a real thaw, and then there will be something to talk about, unless I am very much mistaken.

Last week I almost thought we were back in the West again. We were melting snow to do the washing. I thought we would have to bring in all the snow around the house to get two boilers full of water! It certainly takes an awful lot of snow to get a little bit of water. Not only that but you put fresh clean snow to melt and what you get is blackish looking water. How anything can look so clean and be so dirty I don't know—but there it is. Our only consolation is that it is "clean dirt"—if you know what I mean.

SWING IT CHIEF

WALLACEBURG, Ont. (CP) While the home of their friend, William Sney on Walpole Island Reserve was burning, two husky Indians rose to the occasion and carried an unusually heavy piano to safety. After the blaze died down, it took no less than five Indians to move the instrument to a place of shelter for the night.

Family of Ten Dons Uniform

Paris-Horn Manitoba Woman Sets
Record for Western Canada

WINNIPEG (CP) Mrs. A. J. Cantin of McCreary, Man., is a little wispy of a woman with soft gray hair and twinkling brown eyes. She lays no claim to fame, but in her own way Mrs. Cantin has set a record for Western Canada. For her 10 children all joined the fighting forces.

Mrs. Cantin was born in Paris. Before the turn of the century, before this province was born, she came to Canada at the age of nine and lived with her parents at Somerset, Man. Forty-seven years ago she moved to McCreary.

To-day, hidden in the lines which grace her face, is the story of this province, and the story of her nine boys and daughters who, having grown up with it now are fighting on its behalf.

She still retains that French touch of dignity and quietness, with a soothing way of speaking with the barest trace of accent. She is a woman you would describe as having grown old gracefully.

"I've seen some wonderful improvements in this province. We live in the town now and operate our farm from there. It is now much different from what it used to be."

As for the children: "They are wonderful." And then she laughed, "I would say that anyway, wouldn't I?"

Three of her sons have been killed on active service, one was twice wounded, but Mrs. Cantin hides her heartbreak in planning for the future of Canada. She is keenly interested in politics and is vice-president of the Liberal committee in McCreary.

The women in the Cantin family are also doing their share. Marie, a daughter-in-law, is a member of the C. W. A. C.

New Drug Made In Australia

Commonwealth Top Producer of
the New Sulpha Drug,
Sulphamerazine

CANBERRA, Feb. (CP)—A year ago Australia began large-scale production of sulphamerazine in the hope it would prove useful against certain tropical diseases and now the Commonwealth finds itself the world leader in supplying the new drug.

It is understood however, that experiments have not realized the hopes for the new drug with the result that Australia may not want it for the treatment of tropical diseases but it can be used for other purposes.

Manufacture of the drug involves 10 major processes. To produce 1 ton of the drug, it is necessary to handle 30 tons of raw materials, more than 15,000 gallons of solvents and 10 tons of intermediate substances.

Writing in the Medical Journal, the chairman of the Medical Equipment Control Committee, Sir Alan Newton, said the work of production of this drug is probably the most striking development in synthetic organic chemistry yet undertaken on any scale in Australia.

The prodigious and dramatic achievement of producing large quantities seven months after the first seed was turned on the factory site spoke for itself.

Production, he said, had been entrusted to Imperial Chemical Industries of Australia and the plant had been in full production since the beginning of the year.

RAT POPULATION GROWS

SAINT JOHN, N.B. (CP) Steady increase in Saint John's rat population during the war years has been reported. Extermination companies, unable to cope with the situation, suggested united civic action to combat the menace.

REVIVE OLD MINE

STELLARTON, N.S. (CP) Plans to revive coal mining in nearby Thornburn by tapping the 5,000,000-ton Melian seam, untouched since 1889, were announced by Mines Minister I. D. Currie of Nova Scotia. The old seam will be opened as a new operation provided financial arrangements can be completed.

MORTGAGE BURNED

BELMONT, Man. (CP)—Belmont Christ Church held a burning of the mortgage ceremony January 30 with Mrs. John Horrocks, one of the oldest members of the congregation, burning the paper.

ABNORMAL HEART

MOBBELLY, Cheshire, England (CP)—Mrs. Mary Cash, aged 67, who collapsed and died here from cardiac failure had a heart weighing 18 1/2 ounces. Average weight of a woman's heart is eight to 10 ounces.



Free Enterprise GAVE HIM HIS CHANCE

PROM office boy to president, from factory hand to general manager... the Canada "success" stories. The man at the desk who heads a great organization is often the man who, twenty years before, worked for that same organization in overalls and shirt sleeves. In such a manner does labour provide the roots of management. This is free enterprise... the healthy instinct of the Canadian... initiative... to get to the top of the business... to be in, or create his own business. This century-old Bank has assisted ambitious Canadians... helped them save... loaned them money... contributing to the growth of a self-reliant people and a prosperous Canada.

Keep Canada Strong and Free!

The BANK of NOVA SCOTIA

Branches from Coast to Coast



Liquor Control Board of Ontario

NOTICE

to Individual Liquor Permit Holders

DO NOT DESTROY
your present individual
Liquor Permit

Liquor Permits will be extended (not re-issued) to March 31st, 1946 on application and payment of \$1.00 at any Liquor Control Board Store on and after March 19th, 1945.

The decision to extend the use of the present permits will effect a substantial saving in paper and printing costs, and is in keeping with present day conservation policies.

WILLIAM G. WEBSTER
Chief Commissioner