



**The Acton Free Press**  
Published Every Thursday at Acton, Ontario

**SUBSCRIPTION RATES**—One year in advance, United States no additional. Single copies 5c. Both old and new addresses should be given when change of address is requested.

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G. ARLOF DILLS, Editor.

**TELEPHONES**—  
Editorial and Business Office 124  
Residence 125

**EDITORIAL**  
We Can't Lose

We heard this week of a family who used to live in this district who returned to England before the war. They have been bombed out three times and lost all the possessions they owned.

A soldier in Italy and another in Belgium wrote us and told of shortage of food because their supplies could not keep up with them. They had to go several days without bread, they were moving so quickly at that time.

Soldiers and their wives returning from overseas marvel at the store shelves and their big stocks of supplies compared with those in the stores overseas.

It seems as if most Canadians should look around and count their many blessings, and greet the opportunity to purchase not one more, but many more Victory Bonds.

This week is the last opportunity to participate in the Seventh Victory Loan. Savings deposits indicate that many do not realize the opportunity offered in this fine investment. The participation does sometimes point that many do not appreciate the good fortune that is their living in Canada where homes are not wrecked by bombs, where goods are plentiful and where we do not live in fear day and night of losing all our possessions.

Canadians cannot afford to let the loan fail in its objective. Our district is one of a unit of all Canadians. It is our duty to see that it does not fail. Buy all you can for cash and then double it on the time payment plan. Don't have an accusing conscience after the opportunity has passed.

**Remembrance Day**

Twenty-six years ago next Saturday a war-weary world greeted an armistice that ended four years of armed conflict in Europe. It was thought then the tremendous sacrifice of those four years had brought enduring peace. Nations applied themselves to the task of rebuilding upon what they thought would be a permanent foundation of security and tranquility.

In the years that followed, November 11 was commemorated by solemn observances in honor of the many thousands who fought and died in the cause of freedom. But for more than five years now another war has been raging; another struggle for the preservation of our democratic way of life has been going on.

In the passing years Armistice day came to be known as Remembrance Day, and though we are at war, many do not realize what it is to be remembered. Even before this war, the wreath-laying, the speeches and the silent pauses of Remembrance Day had lost some of their significance and to many the observances were merely the expression of thanks for victory and tribute to the men who died so valiantly.

More and more obscure has become the fact that their victory opened the door to enduring peace and enlightened progress. That the door was not propped open and that it was finally allowed to swing shut again does not lessen one whit the glory of their sacrifice, nor the brightness of the torch of peace passed to us undimmed "from failing hands."

Remembrance Day 1944 must be a pledge to those serving and dying in this war that the heritage they leave will this time be fruitful and lasting. The victory and peace of a quarter century ago was allowed to slip from the victors' hands, but the new victory must be held firmly and given new meaning.

**An Important Time Municipally**

Municipal election-time is approaching and it is an important time for this municipality. It is the duty of municipal electors to choose those who will serve them in 1945. The war is going well and with continued effort of all it is quite probable the next year will see the end of the conflict.

There are many local plans for post-war expansion and development. They have been given much study in these days, and in the days that follow the close of the war many of these plans will be put into effect. Just how successful they will be is to be determined by the men you chose to implement them. Prominent among them from a municipal point of view is the installation of a sewage disposal system. That is one of the major undertakings in any community.

Just as post-war plans are best considered now, so it is that ratepayers should give careful consideration to the future in electing their municipal representatives. In such an undertaking there will be large expenditure of funds. Judicious purchases and careful consideration will be required to make a success of the work. Men who have the ability and the willingness can serve the community well in the days just ahead if they will consent to take on this work.

It's not the time for fault-finding of the past but for careful planning for the future. Every ratepayer has an important duty in the nominations of 1944. If you appreciate the services of those in office do not hesitate to tell them. If you know of someone who is capable and is not in office tell him you would like to see him there. This month is the time for ratepayers careful consideration and a broad outlook for the future. Don't complain during the year if you fail to take an interest in your municipal affairs now.

**The First Year**

We are reminded by the calendar that it's just a year since we tackled the task of editing papers in two towns. Matter of fact it was a year ago last week that we started the double act but we neglected to tear off the calendar sheet and overlooked the date. Failure in that neglect of keeping up-to-date was serious for November, as it almost resulted in overlooking a very important birthday—but that was rectified in time.

In these days of shortages of labor the wisdom of the undertaking of a year ago has often been questioned by ourselves, but each Thursday we have been able to retire with the satisfaction that another two issues were completed—often not as well done as we would have liked, but often lucky to be done.

Thankful we were always that in most of the fifty-two weeks the task was seemingly appreciated by our readers, and there was understanding of the difficulties under which it was done. We are hopeful that before another year rolls around some of the difficulties will have disappeared and a better job can be done in both Acton and Milton which we serve in the newspaper and printing field.

Without the loyal co-operation of the staff and of many friends it would not have been possible. We would be remiss indeed if at the close of the first year we did not say that we appreciated this helpfulness and understanding. We could not begin to enumerate the many ways assistance has been given, but growth of both papers during the year with a new high in paid circulation is most encouraging. We thank you all and it will be our aim to serve you better in the years that follow.

**Proper Recreation is Vital to Health**

The late Chauncey Depew, famous American senator as well-known for his wit as for his skill in debate, once said that he took absolutely no exercise except to act as pall bearer for his friends who did. And there's a good deal of common sense behind the flippancy of that remark. Your heart is a loyal and tireless organ, but there comes a time when it may object to overwork.

Exercise is a valuable form of recreation, invaluable to youth and useful when youth is past—but when middle-age is reached moderation in exercise is insurance on having more years to enjoy other recreations.

Various hobbies and forms of recreation afford diversion, a change of activity and the very necessary break in the monotony of everyday routine. If older people do not confine their recreation within the limits of their strength and physical condition, the resulting strain tears down rather than builds up—their recreation does no good—possibly harm.

**EDITORIAL NOTES**

Saturday is Poppy Day. Wear a little red flower in remembrance of those of another war.

Many hunters are now enjoying the annual outing of deer hunting. May they all bring back the deer they sought and not someone's late dear one.

It might be well to advise Christmas shoppers that smokers are not as particular now as in years gone by regarding the brand of Christmas cigars they receive. Short supplies have in most cases made them less discriminating.

Listowel, one of the few towns in Canada to maintain two newspapers, stepped into the one paper class last week. Ed S. Hudson, who has conducted the Listowel Banner on a high plane for many years, is retiring to a fruit farm in the Niagara Peninsula, and the new amalgamated weekly is being run by L. H. Bamford who has been editor and publisher of the Standard. Mr. Hudson will be missed in the newspaper field, but all wish the new arrangement every success.

**Best Winter Feeds For Farm Horses**

The feeding of farm horses at all times is one involving the economical production of energy and the maintenance of health and weight. In the consideration of feeds for this purpose, choice is largely influenced by season, locality, and the work to be done. Economy in the production of these feeds is governed by these factors, provided the feed is palatable, easily digestible, and nutritious, and that the proper variety of the various constituents go to make a balanced ration.

For the idle horse in winter or for one that merely requires what may be termed a maintenance ration, the authorities of the Dominion Department of Agriculture recommend that for every 1100 pounds of the horse's weight, one pound of mixed hay, one pound of clean oat straw, and one pound of turnips should be fed. To this might be added a small feed daily of bran and oats in equal parts. Although ensilage is sometimes used in place of turnips and straw, it is not a standard horse feed. The feeding of mouldy ensilage is to be guarded against. Some authorities say that it induces spinal meningitis. Other rations which have been found satisfactory are:—No. 1, Grain composed of three parts oats and one part barley. No. 2, Grain mixture of oats, three parts; and corn, one part. No. 3, Grain mixture of oats, 10 parts; bran, two parts; oilmeal, one part and hay with rations. No. 4, Grain mixture of oats, three parts; bran, one part, fed with two green-cured oat sheaves, and a limited amount larily adapted to horses on very light winter work or idle horses in the western provinces. No. 5, Grain mixture of oats, two parts; and bran, two parts. To this may be added linseed oilcake, 1 part, or two pounds of molasses daily if the horse is not inclined to relish the grain or is in a low condition. Although molasses is rationed and not generally obtainable, special purchases up to two gallons per animal may be authorized by a veterinary in special cases.

In the feeding of stallions, the overloading of the stallion with superfluous fat during the idle winter months is to be particularly avoided. Where light work is impossible, he should be exercised regularly in a paddock.

**HOME TOWN SUCCESS**

Certain qualities possessed by individuals help them achieve success. If people are personally pleasing, thorough in whatever work they do, and enterprising, willing to take up new ideas and make good use of them, they stand a better chance of success in the world.

It is a good deal so with cities and towns. They need to have a pleasing appearance as the result of well kept homes and public places. They need to do their work thoroughly, and present a good complete job in the way they maintain their schools, their buildings, streets, parks, and playgrounds, their organizations and social life. They need to show enterprise in a willingness to try out useful ideas that have worked well in places of similar size elsewhere, and make a success of them if possible.

**IT'S THE WAR**

WADENA (CP)—Only one dairy remains open in Wadena following the closing of McCallum Dairy due to the manpower shortage. The High Park Dairy is working at full capacity in an attempt to meet the demand.



**KEEP A SUPPLY ON HAND**

Economize with  
**HYDRO LAMPS**

HYDRO SHOP

**Business Directory**

- MEDICAL**
- DR. W. G. C. KENNEY**  
Physician and Surgeon  
(Successor to Dr. J. A. McNiven)  
Office in Symon Block, Mill Street, Acton  
Office Phone 12—Residence Church St., Phone 120
- DR. WM. G. CULLEN, L.M.C.C.**  
Physician and Surgeon  
Office Hours—2-4 and 7-9 p.m.  
Except Wednesday and Sunday  
Mill Street, near Frederick Street  
PHONE 122
- DENTAL**
- DR. T. H. WYLIE**  
of Toronto  
Taking Charge of Dr. Buchanan's Practice for the Duration  
For the Present, Office Hours: 9 a.m. to 5 p.m. Every Thursday, Friday and Saturday  
OFFICE TELEPHONE 148
- DR. HUGH S. AUSTIN**  
Dental Surgeon  
Mill Street, Corner Frederick, Acton  
Office Hours: 9:30 a.m. to 5:30 p.m.  
Evenings by Appointment  
Telephone 19
- LEGAL**
- C. F. LEATHERLAND, B.A.**  
Barrister and Solicitor, Notary Public  
Issuer of Marriage Licenses  
Registrar of Births, Marriages, Deaths  
ACTON  
Office 22 Phone Residence 123
- KENNETH M. LANGDON**  
Barrister, Solicitor, Notary Public  
Office:  
Georgetown—Gregory Theatre, Build'g  
ACTON—Over T. Seynuck's Cafe  
For Appointments Phone Acton 65—  
or Georgetown 88  
Office Hours—Acton, Tuesday and Thursday, 1:30 p.m. to 4:00 p.m.  
Evenings on Request
- VETERINARY**
- B. D. YOUNG, V.S., B.V.Sc.**  
Veterinary Surgeon  
Office: Brookville, Ontario  
Phone—Milton 146 r 4
- F. G. OAKES, V.S., B.V.Sc.**  
Veterinary Surgeon  
Office and Residence—Knox Avenue  
Acton—Phone 130
- REAL ESTATE**
- WILLOUGHBY FARM AGENCY**  
Largest and Oldest Agency in Canada  
Head Office, Kent Bldg., Toronto  
Georgetown Representative  
Tues. Howson—Phone Georgetown 237

**TIME TABLES**

**CANADIAN NATIONAL RAILWAYS**

Going West

Daily, except Sunday	9:01 a.m.
Saturday only	2:29 p.m.
Daily, except Sunday	7:48 p.m.
Monday, only	12:08 a.m.
Daily, except Sunday	1:24 a.m.
Flyer, at Georgetown, daily except Sat. and Sun.	6:35 p.m.
Flyer, at Guelph, daily except Sat. and Sun.	7:12 p.m.

Going East

Daily, except Sunday	6:49 a.m.
Daily, except Sunday	9:56 a.m.
Daily, except Sunday	6:50 p.m.
Sunday, only	8:19 p.m.
Flyer, daily, Georgetown 9:25 p.m.	
Flyer, daily, at Guelph	8:59 p.m.

**GRAY COACH LINES**

**COACHES LEAVE ACTON**

Eastbound

6:46 a.m.; 9:16 a.m.; 2:06 p.m.; 6:26 p.m.; 9:16 p.m.; 9:51 p.m.
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Westbound

10:53 a.m.; 2:38 p.m.; 5:08 p.m.; 7:33 p.m.; 8:38 p.m.; 11:28 p.m.
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a—To London.  
b—Sundays and Holidays only.  
x—To Guelph daily, to Kitchener, Sunday and Holidays.  
y—To Kitchener.  
z—To Stratford.

**TRUSSES**

Abdominal Trusses and Supports  
EXPERTLY FITTED  
**ALEX. STEWART, L.D.**  
Angus Kennedy, Prop.  
St. George's Square Guelph

**W. T. PATTERSON R.O.**

Specialist in Eye Examination—  
Orthoptics  
126 WINDHAM ST., GUELPH  
Phone 2128  
Completely Equipped Optical Repair  
Make Your Store

**CARROLL'S**

Shortening	lb.	19c
Best Dish Molasses	16-oz. jar	12c
Strawberry SARDINES	2 lbs.	15c
Quick or Regular Rolled OATS	5 lbs.	25c
Shredded WHEAT	2 pkts.	23c
Kellogg's Rice KRISPIES	pkts.	12c
Newport FLUFFS	pkts.	39c
Assorted Salt-O SPREADS	lbs.	19c
Best Jamaica Pancake FLOUR	pkts.	15c, 35c

1-lb. 31c, 1/2-lb. 19c

**SPECIAL — Libby's Prepared**

**MUSTARD 8c**

Catell's **CHEES-A-RONI** pkts. 17c  
KIBBLE 3 lbs. 25c  
Cubes of BOVIL pkts. 10c, 25c  
Powdered JUNKET pkts. 11c  
Black Shoe Polish NUGGET 2 lbs. 23c  
Sour Cream AMMONIA pkts. 5c

**Robin Hood QUICK COOKING OATS**  
1 lb. 19c

COFFEE ROMAN	1/2-lb. pkts.	19c	1-lb. pkts.	35c
TEA GOLDEN TIP	1/2-lb. pkts.	44c		
Tomato JUICE	Bright's 2 20-oz. tins	17c		
ALL-BRAN	KELOGG'S 1 lb.	21c		
TOMATO SOUP	Clark's 3 tins	20c		
SUPER SUDS	giant pkts.	39c		

We reserve the right to limit quantities of all merchandise.

COMBINATION MINTOSH APPLES	3 lbs. for	19c
NO. 1 ONTARIO POTATOES	Per Peck	35c
CRISP GREEN CELERY	2 Large Bunches	17c
FOR JUICE FLORIDA ORANGES	Size 200, Dozen	47c

Fruit and vegetable prices subject to market fluctuations.

**Coupons to use November 24th**  
SUGAR 7¢ to 10¢ — 14¢ to 45¢ PRESERVES — 1 to 2¢ BUTTER — 5¢ to 6¢