

# Of Interest to Women



## THE MIXING BOWL

By ANNE ALLEN  
Home Home Economics

Hello Homemakers! Butter bought with coupons 52 and 53 must be made to last until March 23rd. This will be no hardship for the thrifty homemaker. The elimination of meat rationing will enable folk to get ample of this best providing food, because now they may purchase more bacon and other pork products that contain a lot of good fat to substitute for butter.

Render fat trimmings, using low heat. Cool quickly and put in a glass or enamel container. Cover and store in the upper part of the electric refrigerator. Another amount of dripping may be added whenever fat meat is bought. Do, however, keep different kinds of dripping in different containers—beef in one jar, pork in one jar, and chicken, duck or goose in another. Lamb or mutton fat is the least successful fat for re-use.

When you use these Victory fats in place of butter, use two tablespoons less of the drippings per cup than of butter or other commercial shortening.

**Pan Broiled Bacon**  
Place slices of bacon in a cold pan. Do not overcrowd the pan. Cook slowly. Turn bacon to cook evenly. If crisp bacon is desired, pour off fat as it accumulates.

**Broiled Bacon**  
Place slices of bacon on broiling rack. Broil about three inches from top of electric element of oven. Turn to cook evenly.

**Fried or Boston Butt**  
Better grades may be baked like ham or water cooked. Cover with water, simmer, but do not boil. Allow about 30 to 40 minutes per pound. Cook until tender.

**Everyday Cake**  
2 cups sifted cake flour, 1 1/2 cups sugar, 1 teaspoon salt, 3 teaspoons baking powder, 1/2 cup of lard, 2 eggs, 1/2 cup of milk, 1 teaspoon vanilla.

Sift together all the dry ingredients and blend about 1/2 cup of the mixture with the lard until very soft and light. Add the unbeaten eggs and beat well. Add all the rest of the dry ingredients together with about 1/2 cup of milk to which the vanilla has been added. Stir smooth. Add the rest of the milk and stir smooth again. Bake in 2 eight-inch pans in an electric oven 375 degrees for about 20 to 25 minutes.

**Shanrock Cookies**  
1/2 cup of shortening, 1 cup of sugar, 2 egg yolks, 2 tablespoons vanilla, 4 cups flour (or less), 1/2 teaspoon salt, 1 egg white, Green sugar crystals.

Allow the shortening to stand at room temperature and then cream with sugar and egg yolks. Add the milk and vanilla alternately with the flour and salt to make a dough stiff enough to handle. Chill thoroughly.

Roll on a lightly floured board. Roll out with shanrock cutter, brush tops with green sugar and bake in an electric oven at 400 degrees six to eight minutes. Green sugar is coarse granulated sugar sprinkled with one drop of green coloring.

**Butter Spread**  
(Suggested by J. B.)  
We make one full cup of unsweetened custard using 1 cup of rich top milk, one or two egg yolks and 1/2 teaspoon of salt. Cook in top of a double boiler and strain. Half a cup of butter is allowed to stand at room temperature until it is soft enough to beat but not oily, then almost cold custard is whipped into it. This makes one pound of stretched butter from half a pound of butter.

**Take A Tip**  
1. Instead of using butter, grease pans with other mild flavoured fats.  
2. Drippings from beef and pork roasts can be used in great and vegetable dishes, and for pan-frying many foods.  
3. Instead of using butter in cream sauces for vegetables, substitute other fats.

4. Grated cheese on vegetables also will take the place of butter.  
5. With baked potatoes cut a gash in the top and squeeze open—put butter on when served.  
6. If crusts are to be cut off bread for sandwiches, this should be done before buttering.

**THE QUESTION BOX**  
Mrs. J. S. asks: How do you render fat without it splattering all over the range?  
Answer: We render or try out fat by putting it in a deep pan and placing it over low heat for some time. Or you may render it in the top part of a double boiler. Pieces of potato heated with the fat will absorb some of the flavour and make the natural taste less strong.

Mrs. M. C. says: Since we can't get as much butter as usual, what can I use to furnish the Vitamin A in the menus?  
Answer: Vitamin A found in butter

## CBC GOVERNOR



William J. Parker, of Winnipeg, is the newly named member of the Canadian Broadcasting Corporation's board of governors. He is a man of many interests. Flying veteran of the First World War, graduate of Manitoba Agricultural College, practical farmer, president of the Manitoba Pool Elevators and chairman of numerous committees. Mr. Parker was named to the CBC board early in February. He is a native of Sanford, Manitoba, and now serves as a member of the Dominion Food Advisory Council.

is also found in other sources. Serve grated raw carrots or raw beets moidened with mayonnaise. Liver contains much of this important vitamin; and the children who take a teaspoon of cod liver oil daily, receive an adequate amount.

## PRISONERS SUFFER IN NAZI HOSPITALS

LONDON (CP)—Britain has sent a strong protest to Germany through Switzerland for failing to supply British prisoner-of-war hospitals with sufficient anaesthetics for operations on wounded captives, as provided under the Geneva convention provisions for prisoners of war.

## EXECUTORS' AUCTION SALE IN NASSAGAWEYA TOWNSHIP

The undersigned has received instructions from the Executors of the Estate of THE LATE RUSSEL SOMERVILLE to sell by Public Auction at the farm, Lot 26, east half of Concession 7, Nassagaweya, two miles south-west of Acton, on:

**NATURDAY, MARCH 18th**  
Commencing at One O'clock Sharp, the following:

**HORSES**—1 Bay Horse, 1400 lbs., about 11 years; 1 Black Mare, rising 6 years, 1375 lbs.; 1 Two-year-old Grey Filly.

**CATTLE**—1 Hereford Cow, calf at foot, fresh 1 week; 1 Hereford Cow, calf at foot, fresh 2 weeks; 1 Black Cow, calf at foot, fresh 2 weeks; 1 Red Cow, bred in August; 1 Part Ayrshire Cow, milking, bred in Nov.; 1 Hereford Heifer, milking well.

**PIGS**—Some Chunks.

**IMPLEMENTS**—Frost & Wood Binder, 7 ft. cut; Frost & Wood Mower, 6 ft. cut; 1 Massey-Harris Disc Drill; 1 Sulky Rake; 1 Tudhope-Anderson two disc plow, nearly new; 1 Massey-Harris 2-furrow Walking Plow; 2 Single Walking Plows; 1 Five-section Diamond Harrow; 1 M. H. Manure Spreader, high type; 1 Spring tooth cultivator; 1 Stiff tooth Cultivator; 1 Revolving Rake; 1 Scuffler; Platform Scales, 5000 lbs. capacity; 1 Beam Scale; 1 Roller; 1 Set Stoop Sleighs; 1 Hay Rack; 1 Lumber Wagon; 1 Wood Rack; 2 Democorats; 1 Stoneboat; Hay Fork, Rope, Trip rope and Pulleys; Sling; Ladder; Fanning Mill with bagger attachment; 1 Root Pulper; Wheelbarrow; Turnip Fork; Bag Holder; Scoop Shovel and Forks; Bag Truck; Old Wagon; Wheel; 1 Melotte Cream Separator; 1 Sugar Kettle; Feed Carrier; Neck-yokes; Whiffletrees; 3-horse Evener; 1 Pig Crate; 1 Hay Knife; Pick, etc.; Sleigh Runners; Cutter Pole; Buggy Pole; 1 Set of Breaching Team Harness; 1 Set of Plow Harness; 1 Set of Single Harness; A Number of Odd Collars.

**HAY, GRAIN, OATS**—About 10 tons of Hay; about 50 bushels 1942 Seed Oats; 75 bushels Fve and Wheat, mixed; a quantity of Timothy Seed; Few Bags of Fertilizer; ten cords Mixed Dry Wood.

**FURNITURE**—1 Extension Couch; 1 Washing Machine and Wringer; 1 Brunswick Gramophone; Lantern; 2 Wooden Beds and Springs; 3 Iron Beds; 1 Double-barrel Shotgun; 1929 Ford Car.

**THE FARM**—At the same time and place there will be offered for sale, subject to a reserve bid, the farm, consisting of 160 acres, more or less, and being east half of lot 26, concession 7, Nassagaweya, and part of lot 27, First concession, Fanning. On the property are suitable farm buildings. Terms of sale of real estate made known day of sale.

**TERMS ON CHATTLES**—CASH  
No article to be removed until settled for.

**ROY HINDLEY**, Auctioneer  
36-2B  
F. L. Wright, Clerk

## Chronicles of... Ginger Farm

Written Specially for  
The Acton Free Press by  
GWENDOLINE F. CLARKE

What would you do if you were writing this column every week? What kind of conditions would you think were necessary—shall we say, concentrated thought? No interruptions? No distractions? Yes, that would be very nice—but it can't happen here, nor I imagine, would it be likely to be that way on any other farm.

For instance—do you hear that hammering and banging and sawing going on? And do you notice that every door in the house is being opened and shut at irregular intervals? Very distracting, of course, but I really don't mind, because it is all the means to an end. You see, at long last we are having a furnace installed. We have come to the conclusion that a furnace would be more economical and far more satisfactory than our present method of heating the house with three stoves. Did I say heating? That was a misnomer. We kept three stoves going and heated a small area in the immediate vicinity of the stoves but that was all. On the hall door and you stepped into the Arctic regions. You see the house is so arranged that only one pipe could be carried through to the upstairs. The others went straight into the chimney; thus a lot of heat naturally went to waste. And as for the work, I honestly believe a third of my time was spent making up fires and carrying out ashes, to say nothing of the dusting that this method of firing entailed—and which wasn't done half the time! As for my hands—the skin is pretty nearly washed off them. You know how it is. You sit down to do a bit of sewing or mending—presently you begin to feel chilly and you realize the living-room fire needs tending. You get to that, wash your hands and settle down again. A little while later you think the kitchen stove may need fixing. It sure does—in fact it is nearly out! A trip to the woodshed... a few chips... down cellar for more coal... stand around and make sure your fire will get up... wash your hands again and back to your mending. By that time fifteen or 20 minutes has gone by—in which time you could have done a couple of pairs of socks. Did you say that a furnace has its drawbacks too? I don't doubt it but that is something I have yet to discover for myself. Partner tells me I must learn to run the furnace myself because when he is at the barn so much he does not want me to rely on him to see to it. There is only one objection I can see to that. I won't have anyone to blame if the house is either too hot or too cold!

We expected to be through with this job by now—but you know how it is these days—nothing is according to plan. And of course we had visitors over the week-end. Such a mess as we were in. I had already put them off for one week so I didn't like to do the same thing again. And of course it had to rain nearly all day Sunday; and there were floods across the lane so that we had to put on rubber boots and paddle across to get the car out. However, no one was very worried—and a very pleasant time was enjoyed by all.

But the furnace has not been the only excitement around here this last few days. On Thursday of last week a government man blew in to test the cattle—for T.B. I mean. Of course we didn't know he was coming and after he had been here it was only natural to wonder if we would have any "reactors". But now, glory be, the man has made his second visit—to "read the cattle"—and everything is O. K. Our herd has been given a clean bill of health.

Here is something I want to mention. Do you know there is a bottleneck in the egg business? But it isn't the hens that are the cause of it—definitely not. The trouble is the hens are rolling out the eggs faster than industry can build cases to hold the eggs. But the point is this—egg cases, like money, should be kept in circulation; but apparently they are not. It is my guess that somewhere along the line egg cases are being broken up and burnt. You see, it's like this. The egg grading station supplies egg crates to the farmers. The farmer sends his eggs away in the cases. The grader fills the cases with Grade A large or A medium and sends them on their way to the retail stores and also down to Montreal. The cases are not returned. More cases have to be made all the time and with the shortage of labor that really means something. Now you tell me—what happens to the cases that are shipped out? Isn't that something that is worth looking into?

## PLAN DISTRIBUTION OF RATION BOOK NO. 4

Plans for distribution of Ration Book No. 4 are almost complete and local ration boards all over the country are preparing for the gigantic task of seeing that 12,000,000 Canadians get their books on time and in good order. Although the actual distribution dates will vary in the different municipalities, the whole job will be accomplished during the week of March 26 to April 1. Accordingly it is important that consumers watch their local newspapers for the announcement of the distribution dates in their locality.

As in earlier campaigns, distribution is to be effected by means of centres opened strategically in different cities, towns, villages and townships. The whereabouts of these centres will be advertised well in advance of the opening of the distribution campaign.

## CLEARING AUCTION SALE

### FARM STOCK AND IMPLEMENTS

The undersigned has received instructions from

MRS. ALICE STEVENSON  
to sell by public auction at Lot 12, Con. 7, town line, 1 1/2 miles south of Milton, on:

**FRIDAY MARCH 17th, 1944**  
at One o'clock, the following:

**HORSES**—1 Dark Grey Gelding, rising 5 years; 1 Grey Mare, aged; 1 Roan Mare, aged.

**CATTLE**—1 Blue Cow, milking, bred Dec. 7; 1 Blue Cow, milking, bred Nov. 10; 1 Red Cow, milking, bred Feb. 22; 1 Guernsey, fresh; 1 Red Cow, milking well; 1 Red Cow, due time of sale; 1 Red Cow, due April 26; 1 Heifer, due April; 1 steer, 2 years; 1 steer, 1 year; 2 one-year-old Heifers; 1 Heifer 18 months; 3 calves, 10 months; 5 Heifer calves.

**PIGS**—1 Sow, bred Feb. 19; 3 Pigs 10 weeks old.

**HARNESS**—Set Single Harness; 4 High Top Collars; Old Harness.

**HAY, FURNITURE**—12 tons Timothy Hay; Some Furniture.

**IMPLEMENTS**—Hart-Parr Tractor 18-36 on steel; Case three-furrow Tractor Plow; Oliver three-section Drag Cultivator; Oliver Tractor Disc; Massey Harris 6 ft. Binder; Deering Mower, 5 ft.; Massey-Harris Side Delivery Rake; M. H. Dump Rake; M. H. Hay Loader; M. H. 13 Hoe Drill; 4 section Drag Harrow; 1 Cock-shutt Walking Plow; 1 Fleury Walking Plow; Roller; 2 Clover Mowers; Deering Manure Spreader; Scuffler; Root Pulper; Scoop Shovel; Circular Saw; Cutter; Buggy; Pulley for Fordson Tractor; Other articles too numerous to mention.

**TERMS**—CASH  
T. F. CHISHOLM, Auctioneer  
J. F. Robinson, Clerk 41-2

Famous for flavour since 1892—the 'Salada' name assures you of a uniform blend of quality teas.

**"SALADA" TEA**

Hold on, Little Fella—we're coming!

Yes, babies love the impact of war just like the rest of us. Their big trouble has been the diaper shortage. It's been difficult for them and their Mothers, but because our looms were busy making hundreds of vital military items, we've been unable to switch gradually back to some civilian production, and diaper cloth is high on our list of urgently needed goods.

No, the stores will not be bulging with diapers next week—that won't happen till the war's all over. And you have to remember that as we produce more there will likely be a lot-up in importations.

The general supply picture will only change slightly. But some of those long-time favorite Canadian-made goods will be available.

**DOMINION TEXTILE COMPANY LIMITED**  
"Salada" Blankets, Towels and Pillow Slips and Many Other Fabrics

**AVOID last minute RUSH**

**1944**

**000-00 PASSENGER**

**GET YOUR 1944 MOTOR VEHICLE PERMIT NOW!**

1944 motor vehicle permits are now on sale.

**NOW is the time to purchase yours.** You may recall the long line-ups of other years. Do not wait until the last minute to get your 1944 permit.

Do not mutilate or destroy your 1943 plate. Wartime restrictions require that it be used another year.

Your motor vehicle permit fee remains the same. A windshield stamp will be issued with your 1944 motor vehicle permit, validating the use of your 1943 plate.

The application for 1944 is provided on the back of the 1943 permit. This is the only form that may be used.

Renew your driver's license at the same time.

**GEO. H. DOUCETT,**  
Minister of Highways

**DO YOU KNOW—**  
There are over 36,000 persons in Ontario whose licenses to drive are under suspension because of their inability to secure insurance or file other proof of financial responsibility? They were convicted of offences against the motor vehicle laws following accidents.

It is better to drive safely and avoid accidents than to find yourself unable to drive at all.