

Notice of Birth, Marriage and Death are inserted in this column without charge. In Remembrance Notices, you will see per line additional for poster.

BORN

SPERLVOGEL—At Acton, Ontario, on Saturday, July 24th, 1943, to Mr. and Mrs. Rudolph Sperlvoegel, a daughter—Ruth Eliege.

McPHERSON—Mr. and Mrs. W. McPheron wish to announce the arrival of a son, Leslie George, at the private nursing home, Guelph St., Acton, on Friday, July 23rd.

MARRIED

CLICK-SHARLEY—At Washington, D.C. on Thursday, June 24th, 1943, Hazel Helen Sharley, Ensign, Nurse Corps, United States Naval Reserve, daughter of Mr. and Mrs. Hershel Sharley, Cleveland Ohio, to John Ferrel Click, Ensign, United States Naval Reserve.

DEED

THOMPSON—Suddenly, in Erasmus Township, on Friday, July 23rd, 1943, Robert C. Thompson, beloved husband of Emily Woolner, in his 75th year.

CARD OF THANKS

For the kindness that was shown in so many ways during the illness of my father the late John Thompson and for the sympathy and helpfulness of friends at the time of his passing away, I am indeed appreciative.

ARTHUR THOMPSON.

Opinion and that

—Civic Holiday on Monday. —And next week it will be August. —Remember, vote early next Wednesday.

—Just seven weeks until Acton Fall Fair time.

—The question is "How were the berries where you were picking?"

—Remember Monday is a holiday. Get in your supplies on Saturday for an extra day.

—Show your Canadianism. Get out and vote on Wednesday. Don't stay home and grumble.

—If you don't vote, then don't complain after if the government selected doesn't suit you.

—Italy seems to be getting rid of their twenty-one year experience with Fascism in a belated hurry.

—Next week the employees of the Mason Knitting Co. go on holidays and the plant is closed for the week.

—Berry pickers still report splendid returns from the wild berry patches. It helps a lot at present prices.

—We've heard of one election wager that will be paid off on Monday August 30th and the scene is to be Mill Street in Acton.

—Remember when you vote on Wednesday you elect the government of Ontario for the next five years. Weigh your selection carefully.

—To meet wartime conditions at Acton Fair the First Night performance will have many alterations but it will again be tops in program.

—All parties present their views in this week's advertising columns. It will be well to give them some study before Wednesday. We hope they are not confusing.

—It's not the critics and "naggers" who have brought about the present allied successes but those who stood firm and pursued the plan set out for final allied victory.

—The annual picnic of the employees of the Wool Combing Corporation and the Canadian Wool Company is being arranged for Saturday August 7th, in Acton Park.

—Two political meetings are scheduled for Acton this week. A Liberal meeting is being held this evening in the Gregory Theatre and to-morrow night a C.C.F. meeting will be held in the Town Hall.

—We agree that mid-week holidays are an unnecessary interruption in these times but we believe week-end holidays are necessary during summer if workers are to maintain production and good work.

—In the advertisement of Stan Hall, Progressive-Conservative Candidate appearing on Page seven of this issue, some typographical errors in the dates inadvertently crept in. The two columns of years given should run consecutively from 1934 until 1942 in each column.

—Rationing of tea, sugar, coffee, meat, gasoline and restrictions of selective service, collective bargaining, etc., have given some folks all the taste of socialized control they desire. Others who often complain about these things urge that we have socialization of everything.

RUBBER BY PLANE

CAIRO, (CP) — They are planting rubber by airplane in the Belgian Congo nowadays. The Belgian News Agency said rubber seeds have been dropped by parachute over inaccessible districts.

Obituary

JOHN THOMPSON

Resident of Acton and district all his life John Thompson passed away on Monday, July 19th at the Guelph General Hospital. He had been ill for the past week or so. John Thompson was born in Nassagaweya Township. He had been an employee of the Bestmore Co. for years but lately had been assisting at the farm of Mr. Geo. Bilton. He was a son of the late Robert Thompson.

His wife who, before marriage, was Margaret Arthur, predeceased him about thirteen years ago. One son Arthur remains to revere his memory and in his loss sympathy of many friends goes to him. Mr. Thompson was a member of Knox Presbyterian Church.

The funeral was held on Thursday afternoon with a service at the Johnson & Rumley Funeral Home conducted by his minister, Rev. Forbes Thomson. Interment was made in Fairview Cemetery here.

The pallbearers were Messrs. William Beavers, Duncan Walde, Donald Walde, Harold Webster, William Cooper, and Fred Davison. Among the floral tributes were those from Mr. and Mrs. T. P. Watkins, Margaret Clarke, Jack and Bill Webb, Miss Charlotte and Mr. George Bilton and Jennie and John Moore.

JOHN WILKINSON C.C.F. Candidate for Halton

WHAT THE C.C.F. WILL DO

What will happen when the C.C.F. takes power at Queen's Park? Here are some of the things your C.C.F. Government will do: To the Electors of Halton County Friends:—

With apologies to our Liberal Candidate for using his method of approach, I would like to ask your indulgence for a few minutes in answer to certain questions, and the C.C.F. stand. I will not be able to express myself quite as fluently as our friend; unfortunately I have not the help of any legal and experienced political vote getter at all cost.

To be proud of the Liberal record, we are quite certain, as his own statement—"My Leader Right or Wrong"—proves, and what the balance of the record is, I am at a loss to know what it might be.

With great pride "they" point out: "We have increased the old age pensions 15%." This, I say, does not even cover the cost-of-living bonus, which in itself does not cover the increase of living conditions to-day.

We will raise the pensions immediately to \$30.00. They say "where will the money come from." What about the surplus of \$28 million dollars. Can we afford seven to eight million dollars for those who have given the best years of their lives to live in a muddled world?

The Mother's Allowance, even at a 20% increase, is far from enough. Unfortunately I have not the space to enlarge on same, but do assure the Mother's Allowance a much better living and independence. A copy of the C.C.F.'s proposal, I will send on request.

In his second letter he refers to the Progressive-Conservative programme. Rather a strange thing. Of course I do not have to remind you that their 22-point platform, something to be dismantled after the election—is just a cheap imitation of the C.C.F. programme, and I am positive that no Conservative convention would have approved. He says that the leader, Mr. Drew, should have brought up these matters on the floor of the House. I think, and I am sure you all will agree that there was a lot of things should have been brought up in the House by BOTH SIDES; but no—they both wait for an election and rush the voters; whereas the C.C.F. programme and "NOT A LATTER" is the study of TEN HARD YEARS, got together by some of the finest brains of the country, and every C.C.F. member, who is free to vote and discuss any and every point at our yearly conventions. And that when you are your elected government both in Toronto and Ottawa, every C.C.F. member is free to vote according to the dictates of his or her conscience and judgment, and not as a compelled member of his party or leader.

It is rather startling that he admits the monopolistic control. He must be careful or he will lose the support of his own party, and also be an outlier from his party. "You know what happened to Hepburn."

I offer our fifteen point program for study:

1. Plan immediately for the employment of all after the war.

2. Organize for the full use of our natural resources and the development of new industries, the minute the war ends.

3. Free the people from the power of the monopolies now in control of all important business and industry.

4. Bring these monopolies under social ownership with immense savings to farmers, workers and consumers.

5. Encourage co-operatives and reorganize marketing boards to give farmers full representation so that they can bargain for fair prices.

6. Pass an effective trade union act that will protect labor's right to bargain collectively for fair wages and working conditions.

7. Increase old age pensions immediately to \$30 per month and also increase mother's allowances.

8. Bring modern health services within the reach of all, thus saving thousands of lives, as in New Zealand.

9. Provide equal educational opportunities for every child by means of scholarships and grants to municipalities.

10. Revise the tax laws to remove injustice and lighten the burden on farmers and home-owners.

11. Abolish patronage.

12. Reduce the cost of bread and coal by setting up municipally-owned utilities.

13. Establish municipal distribution of milk to benefit both farmers and consumers.

14. Reduce the cost of electricity by rescuing the Hydro Commission from the grip of private companies.

15. Build more and better houses to the full extent of available labor and materials.

The old way of life has become the way of death—a cycle of Wars and Depressions.

The old order is passing away throughout the world, and Ontario can lead the way in Canada. Please do not be confused with old parties. "Be careful of the untried and don't experiment." All I ask you to do on August 4th, is to remember AUS-

Britain Awakes To New Methods

Ministry of Food Says No Nation Cooks Vegetables Worse or Grows Them Better So They Try Education

BY BARBARA WACE Associated Press Writer

LONDON, (CP)—"No country in the world grows vegetables better than we do and probably no country in the world cooks them worse."

Those forthright words in the opening paragraph of a gaily colored leaflet on "Green Vegetables" published by the British Ministry of Food, officially confirm what many overseas service people in Britain have been saying since their first meal here.

The war has brought the sometime soggy state of English cooking not only to the attention of the visitors but to everybody else in Britain.

Both the Ministry of Food and voluntary organizations are trying to educate the public. Dozens are broadcasting posters are administering booths set up in various districts are giving free advice. Housewives are being taught to buy sensibly and to cook properly. There has been a revolution in eating habits.

Changing Scene Britain is becoming vitamin conscious at last and tourists of the future may gain by the lessons learned of necessity during the war. Before the war "meat and two veg" was the staple everyday English meal—one vegetable being potatoes and the other cabbage or Brussels sprouts.

Folks from overseas, however, should take heart. Pea pods, nettles, cauliflower stalks are recommended to a rationed British more and more dependent on home grown produce, and in the leaflet Brussels sprouts appear once.

Perhaps in the future the overseas tourists visiting the home of his ancestors in some country village may find in the local inn not the inevitable "meat and two veg" but a salad laid on a spotless linen cloth in the oak timbered room. Only after the war perhaps there will again be golden butter and English lamb and mint sauce to go with it.

Fireless Cooker Stages Comeback

Fine for Outdoor Workers' Meals in Summer Time and Autumn

AMES, Iowa, (CP)—Cooking meals in the field while mother and the rest of the family work outside this summer is predicted by Fannie Gannon, extension home management specialist at Iowa State College.

When women go to the fields to help relieve the manpower shortage, fireless cookers or homemade insulated cans will keep food cooking for two to four hours if the food is boiling hot when put into the cooker, she said.

If old fireless cookers are not available, Miss Gannon suggests making one from a large can, such as a 100-pound lard can, and a small can to fit inside. A layer of rock wool or other insulation is placed between the two cans.

Boiling-hot food should be put in tightly-covered pans and placed inside the smaller can. Insulation retains the heat, and heated soapstones or concrete blocks provide heat for continuing the cooking. Fireless cookers may be used for any food that requires long, slow cooking.

TRALIA and NEW ZEALAND: theirs is the proof of socialized success.

Many thanks, John Wilkinson, C.C.F. Candidate.

Years and Weight No Longer Sacred

British Housewives Must Tell All to Help With Statistics

LONDON, (CP)—It has come at last. None of this personal information, such as weight and age, which a woman cherishes, is sacred in wartime.

Woman's age, of course, because government property long ago with national registration. But weight? The government wants that now too.

Housewives are being asked by the government to weigh themselves as a wartime experiment to help the Food Ministry discover how the wartime diet affects people.

Persons selected at random will be given cards with which they will be required to report every three months to a local drug store and be weighed and make their returns. They are to continue eating what they would eat normally.

"The scheme is in its infancy," a food ministry official said, "but we intend to start it all over the country. Wartime diet affects people in different ways—some lose weight, others become corpulent."

Canada's Official Food Rules

These are the Health-Protective Foods—be sure you eat them every day in at least these amounts (use more if you can):

Milk—Adults, 1/2 pint; Children, more than 1 pint; some cheese, as available.

Fruits—One serving of tomatoes daily, or of a citrus fruit, or of tomato or citrus fruit juices, and one serving of other fruits, fresh, canned or dried.

Vegetables—In addition to potatoes of which you need one serving daily, two servings daily of vegetables, preferably leafy green, yellow and frequently raw.

Cereals and Bread—One serving of a whole-grain cereal, and 4 to 6 slices of Canada Approved Bread, brown or white.

Meat, Fish, Eggs—One serving a day of meat, etc., or meat substitutes. Liver, heart or kidney once a week, and at least 3 or 4 eggs weekly.

Eat these foods first, then fill up on these and other foods you wish. Some source of Vitamin D, such as fish liver oil, is essential for children, and may be advisable for adults.

Your Ration Coupons!

Coupons Nos. 4, 5, 6 and 7 for meat expire on July 31st—Saturday.

Butter Coupons Nos. 16, 17, 18 and 19 also expire on Saturday, July 31st.

After this date these numbers as given above for meat and butter are of no further value.

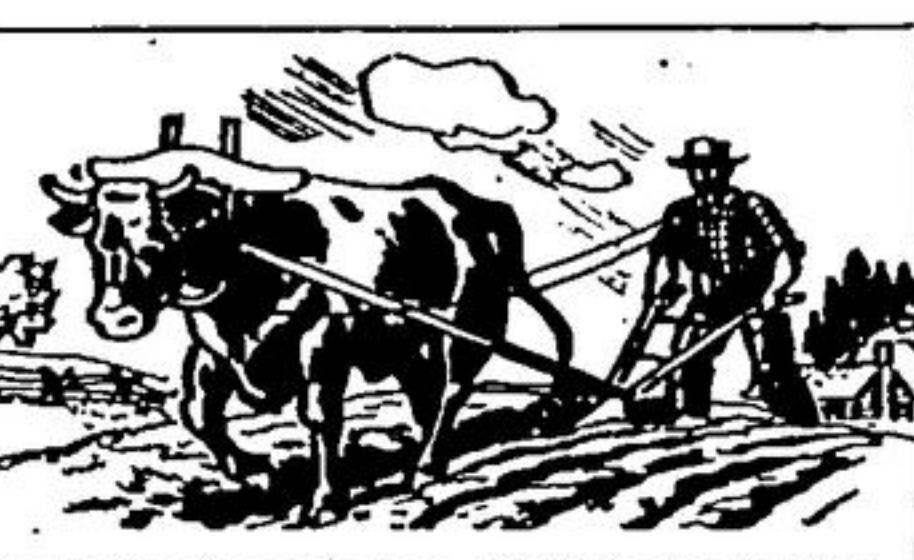
Store Closed All Day Monday

LOVELL BROS.

Quality Meats Always Mill Street, Acton

Save Waste for Victory! Call Salvage Committee

THE LIFE STORY OF HARRY NIXON, PREMIER OF ONTARIO



Harry Nixon's people were United Empire Loyalists. His name was pioneered by his grandfather over 100 years ago.



Ontario's premier was born on the farm in April, 1891. He was christened Harry Corwin Nixon and is always called just plain Harry.



He attended the little red school house down the road. Night, morning, Saturdays and holidays he helped on the farm.



High School in Brantford was an exciting experience for young Nixon, but he worked hard and did well.



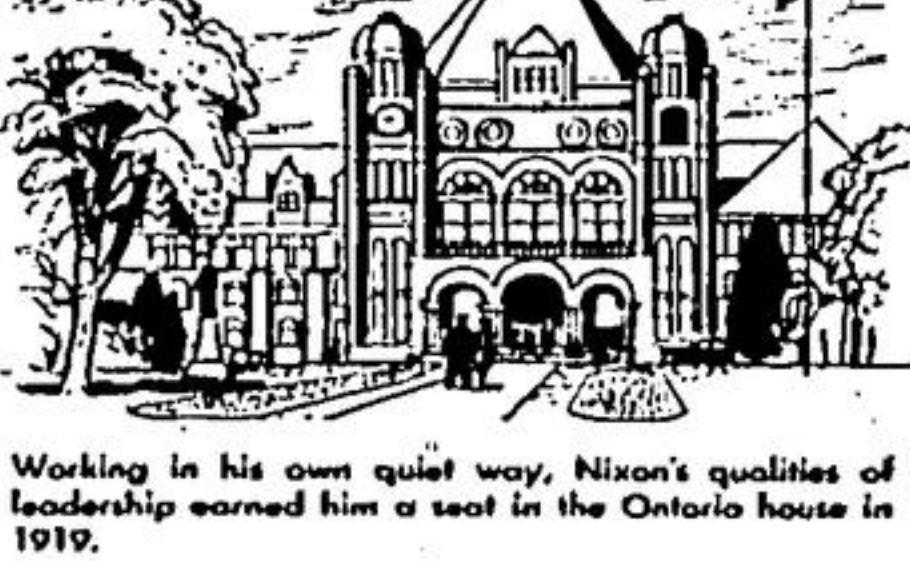
Four years of more hard work at Ontario Agricultural College, Guelph, proved Harry Nixon a studious and determined man and earned him the B.S.A. degree.



He returned to the farm, his chosen life work. On October 28, 1914, he married Alice Jackson, a Guelph girl who had graduated from MacDonald Hall.



Those who know Harry Nixon well, know him to be a man of sound business judgment as well as a successful "dirt farmer."



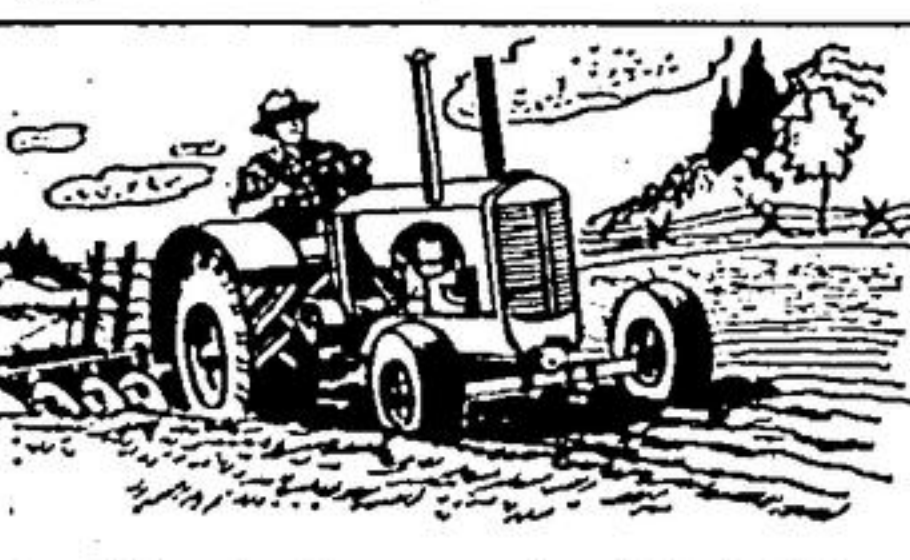
Working in his own quiet way, Nixon's qualities of leadership earned him a seat in the Ontario house in 1919.



At 28, Harry Nixon was the youngest Cabinet Minister in Canada.



The Nixon family are church-goers. They attend the United Church of St. George.



Harry Nixon has been a member of the legislature for Brant continuously since 1919, but farming is his occupation and he works at it.



Equally at home in a neighbor's drawing room or in his barn, it is said he has reached many important decisions while milking a job he truly enjoys.



Whether at the farm or at the Parliament Buildings, he likes to relax in his shirt sleeves at the end of a busy day.



Nixon's quietly efficient ways and original thinking earned him a high place in government councils. At 45 he was many times Acting Prime Minister.



On April 30, 1943, an enthusiastic Liberal Convention made Harry Nixon leader of the party. He was then sworn in as Prime Minister. Now he wants his appointment confirmed by the people.



The Nixon family is "in uniform." Son Jackson, R.C.A.F., was killed in action over Germany; Katherine, R.C.A.F., W.D., is overseas; Margaret is doing confidential work at Ottawa. Both daughters married service men. Bob (14) is working on the farm.



Mrs. Nixon is a friendly, motherly woman; a gracious hostess and sympathetic counsel. She is well liked wherever she goes.



Premier Nixon is a steady-driving statesman; a courageous thinker who has the will to get things done. His long administrative experience and level-headedness will ensure Progress and Unity in Government for Ontario.



KEEP NIXON AT THE WHEEL FOR PROGRESS AND UNITY VOTE LIBERAL AUGUST 4TH

Elect Blakelock for Halton