

Notices of Births, Marriages and Deaths are inserted in this column without charge. In some cases, the fee is \$1.00 per line additional for poetry.

Obituary

HENDERSON—At their home, Toronto, Ontario, on Christmas morning, December 25th, 1942, at the age of 71 years, Mr. James L. Henderson, (nee Amy Hill), the gift of a daughter, Carol Elizabeth.

ANDERSON—At St. Joseph's Hospital, Guelph, on Monday, December 28th, 1942, August Anderson, beloved husband of Lovina Schneider, in his 70th year.

BROWNLOW—At the Queen Elizabeth Hospital, Toronto, on Tuesday, December 29th, 1942, Leonard, beloved son of Janie and George Brownlow.

GREENWOOD—Suddenly on Wednesday, December 30th, 1942, at the home of Mrs. August Anderson, Acton, Peter Greenwood, of 281 Woburn Avenue, Toronto, beloved husband of Helen Anderson, and son of Mrs. Martha Greenwood, Toronto.

MISS RACHEL GREGORY

Following an illness of several months, Miss Rachel Gregory of Acton passed away on Monday, December 21st at the Toronto General Hospital. She was in her seventy-third year. Miss Gregory was a native of England and was born at Sedgley, Staffordshire, but came to Canada and the United States over forty years ago. She was a daughter of the late William and Elizabeth Gregory. For over twenty-five years she has resided in Acton and been among our highly esteemed residents. She is survived by two sisters, Mrs. Mary Holden of Toronto and Mrs. Frank Rawlings of Acton and to the bereaved sympathy of many friends goes out.

The funeral was held on Thursday afternoon last with service in St. Alban's Church conducted by her pastor, Rev. E. A. Brooks. Interment was made in Fairview Cemetery, Acton. The pallbearers were Messrs. Bruce Fargator, E. W. Crippin, P. Walker, R. W. Lowrie, Gordon Smith and M. Young.

MISS JEAN I. MORROW

Many friends here regretted to learn of the passing away on Christmas Day of Miss Jean Isabel Morrow, at the Kitchener-Waterloo Hospital. Miss Morrow had been in poor health for some years and since last May has been critically ill. She was in her twenty-eighth year and the youngest daughter of Rev. and Mrs. E. M. Morrow, who until three and a half years ago was the minister of the United Church here, going to Preston from this pastorate. Born in Canboro, Niagara Peninsula, the late Miss Morrow was educated at the Hanover and Ridgeway high schools. Well-educated in music, piano and vocal, the deceased was also actively interested in arts, particularly oils. A member of St. Paul's United Church the late Miss Morrow was also a member of the Young People's Society of the church. Surviving are her parents and a sister, Sylvia.

The funeral was held on Monday with service in St. Paul's United Church, Preston and interment in the Preston Cemetery.

Twenty Years Ago

From the Issue of The Free Press of Thursday, January 4, 1923

Sunday's rain played havoc with the snow and sleighing and spoiled the skating for New Year's Day. Woodgreen Lodge, of the Sons of England will hold their installation of officers and banquet this evening.

The number of births, marriages and deaths registered at the office of the Municipal Clerk during 1922 were as follows: births 36, marriages 17, deaths 17.

The Grand Trunk authorities are evidently well satisfied with the water supply from the town system. The old pump-house which was in commission for about fifty years has been dismantled.

Esqueuing had a hot contest for councillors for 1923. Col. G. O. Brown added the poll with T. L. Leslie a close second. W. Gowdy of Limehouse a new name in the third count. The reeve is W. J. L. Hampshire and Deputy-Reeve G. Appleby.

MARRIED MacNIE-HARVEY. At the home of the bride's sister, Mrs. C. H. Banks, Saskatoon, Sask., on Christmas day 1922, Mr. Donald MacNie of Acton, Ontario, and Mrs. John Harvey, Acton.

ANDERSON. On Sunday, December 31, 1922, at her late residence, Toronto, Ontario, Eliza Cameron, beloved wife of John M. Anderson, a former resident of Acton.

More-Than The Old Gray Mare Ain't What Was

(Continued from Page One)

Twenty-five years ago a World War was raging in all its fury. Physically fit young men were in uniform. Just plain khaki uniforms and some of them not particularly well-fitted. The casualty lists were coming in every day. There was no indication when peace would be declared. It was a war to end wars. Less than a year later the Armistice was signed.

In war time in the days of the armistice and again in the fourth year of a second world war that Linotype machine has been forming molten metal into lines of type lines that have recorded quarter century of the history of this community and its people. Incidentally in all this period the machine has never been the cause of a delay in publication time. True there have been times when it was operated under handicaps. To-day it puts these lines into type just as twenty-five years ago. What a record it has preserved. What will it record in the next quarter century? By G.A.D.



THE MIXING BOWL

By ANNE ALLAN

RING IN THE NEW YEAR!

New Year's Greetings, Home-makers! It is our wish that each day of the New Year may be a healthful, happy and-memorable one for you and yours. We have made our own New Year's resolution—to do everything we can to help people learn about nutrition so they will eat the right foods for health, strength and happiness. Our government has planned a Dominion-wide nutrition program and home economists have answered the "alert" and are ready to do their share. We suggest that every home-maker make a "resolution" to plan for her family a daily diet adequate for good health—the gold standard of nutrition. For the part the home-maker will play is most important. The purpose behind this nutrition program is to build a stronger race through good food. It will require the co-operation of agricultural scientists, public health bodies, nutritionists, educationists, the medical profession, industry, home-makers, in short, everyone. While nutrition is first of all an individual and family problem—it is so far-reaching in its results that it is also of community and, finally, of national concern. There have been breathtaking discoveries made in the field of nutrition during the past twenty years. If we put to work what we now know about food requirements, our own lives can be greatly enriched and tomorrow's civilization can be vastly different and far better than today's. So nutrition is extremely important to each and every one of us. Dr. E. W. Mellor has told us that if we replace an average diet with an adequate diet, we get an increase of almost ten per cent. in the active life span. Think of it. Through applying our knowledge of nutrition, we can eliminate the half-health, half-strength and half-happiness which result from a diet not quite good-enough.

So let's all get behind the nutrition program by following Canada's Official Food Rules—for our own sake, our children's sake and our country's sake.

CANADA'S OFFICIAL FOOD RULES

The following types and amounts of food should be eaten daily to protect health, according to Nutrition Services, Department of Pensions and National Health. These are the minimum requirements of essential foods and larger amounts should be used if possible. MILK. Adults, one-half pint. Children, more than one pint. Some cheese should be added when available. Daily. FRUITS. One serving of tomatoes, or a citrus fruit, or one serving of tomato or citrus fruit juices and one serving of other fruits, fresh, canned or dried. Daily. VEGETABLES. In addition to potatoes of which one serving is needed daily, two servings of vegetables, preferably leafy green or yellow, and frequently raw. Daily. CEREALS AND BREAD. One serving of a whole-grain cereal and four to six slices of Canada Approved bread, brown or white. Daily. MEAT, FISH, ETC. One serving of meat, fish or meat substitutes. Daily. Liver, heart or kidney, once a week. EGGS. At least three or four eggs weekly. FISH LIVER OIL. These oils are essential for children and should be given as recommended by a physician. They may also be required by adults.

ANNE ALLAN SAYS:

Friends, your delightful letters and kind wishes have been gratefully appreciated. Thank you sincerely for your suggestions, too. I await your inspiring letters during the new year. Anne Allan invites you to write to her, care of The Acton Free Press. Send in your questions on homemaking problems and watch this column for replies.

10,000 RETAILERS TO PUSH SALE OF WAR SAVINGS STAMPS

More than 10,000 Canadian food retailers are expected to join "The Food Industry's March to Berlin" in February next. That is the name that has been chosen for the War Savings Stamp selling campaign to be held from coast to coast under the auspices of the Canadian food industry. Objective of the drive is the sale of \$1,000,000 worth of War Savings Stamps by the food industry during the month of February. Backing the efforts of the retailers, who will be representatives of every branch of the food industry, National advertisers will support the cause in their newspaper, magazine and radio advertising. It is expected that government advertising will be used to carry the message that food stores are active agents for War Savings Stamps.

Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

A happy New Year to you all!

If last year brought you more than your share of worries and troubles may this year bring you less. Or, if last year was for you a happy year—was notwithstanding—may this year be brighter even yet.

You know I find it so much easier at New Year's than at Christmas to pass along good wishes in a general way because at the beginning of the year one can look forward hopefully knowing the troubles of the past being laid to rest as a tale that is told, and that the new year is a story that is not yet begun. There will be chapters, no doubt, that will make sad reading, but, not knowing in advance what the year will bring, we can look forward trustfully, confident that no matter how dark the shadows there will also be chapters of light and hope. The joys that may go far to lighten our hearts we had previously thought almost too heavy to bear. Just as in winter, in the dark days of January, we can look forward to the certain knowledge that spring will come, so, though the world is still steeped in the mire of war, we can also look forward with equal certainty that some day wars will end and fighting cease. And if that, my friends, should be one of the chapters in the volume we are about to open, it will surely be a book well worth reading. So let us be of good cheer and greet 1943 with confidence and hope.

Christmas has come and gone at Ginger Farm and it was really more than a family re-union. We had with us for the holidays, not only our own son and daughter, but Son's girl friend, also young John who worked here last year as well as various young friends popping in and out from time to time. And this, I had thought, was going to be a quiet Christmas! Sunday snow a general exodus from early morning to late in the evening. On Monday I slept in! You know how it is after Christmas, don't you?

To-day I tried to get back to normal but how could anyone with such a day as it is. I looked outside and it was teeming with rain which froze as soon as it hit the ground. From the window I could see the mail-man stuck in a rut by the mail-box and I wondered if that was going to be a job for Partner and the team. But presently there were two trucks and two more cars on the scene and the mail-man was soon on his way. Then I picked up the scuttle to get more coal for the fires—and found the collar floater. After that Partner came in and announced the arrival of a new calf. More water to carry. Soon afterwards along came a visitor who would neither stay to dinner nor take his departure. So considerate! Partner came in just as I had put the potatoes on to boil. After dinner I thought I had lost \$5. That kept me worried for a long time. Finally I had it accounted for. It was not lost only spent. It is becoming a spending money that you would rather lose than not have. Last anything from a quarter to a dollar, and you immediately begin to think of all you might have bought with it. Queer, isn't it, what a much greater value lost money has than that which you may still happen to possess.

And now let me tell you a little more about our well and I promise you it will be the last time. I shall mention it this year. The water has ever-flowed continuously since the driller quit and while it was impossible to use a pump without stirring up sand we began to think we might run a half-inch pipe from the well causing to a trough in the barnyard. This was done and I was proven quite successful, the small stream providing us with about five or six barrels of water in the twenty-four hours. The only thing that worries us now is the fact that the water is "fley" and we are wondering if it may have an injurious effect upon the cattle. As to that, we shall of course, make inquiries. These days, with every inch of ground around the buildings so dry a supply of water in the barnyard is worth its weight in gold.

Well, Partner is waiting to take this speed down to the mail box for me if the mail-man doesn't get here this won't get away either. And who could blame the mail-man if he didn't come both roads the way they are to-day?

Duffed Sealskins To Dig "Murphies"

BELFAST, (CP) An Ulster farmer who applied to the Ministry of Agriculture for labor to pick potatoes was startled when a bevy of beautiful women in fashionable furs and seal-skin coats showed up. But they soon changed their finery for trousers and Wellington boots and had the potatoes gathered in double quick time.

The Week at OTTAWA

Specially Written for The Acton Free Press by W. H. GORDON

Canadian Press Staff Writer

OTTAWA, (CP) — The possibility that parliament will be asked at its January session to provide Great Britain with further funds to enable her to finance the purchase of war supplies and food-stuffs from Canada, is raised by Finance Minister Halsey's announcement that a \$1,000,000,000 appropriation for this purpose made at the last session will be exhausted by the end of 1942.

In reviewing the Dominion's financial position as at the close of the year, Mr. Halsey did not specify the means which Canada will adopt to assist Britain and other Allied nations to pay for purchases of war materials and other goods from the Dominion. The Finance Minister said merely that "other means will soon have to be arranged" to carry out these purposes and it is considered probable that an outright "gift" to the motherland will be the method adopted to meet the situation. Goods furnished Britain by Canada have been high in value, principally because the Dominion's output of war materials has exceeded anticipations and expenditure upon the Canadian army in Britain has been relatively moderate in the absence of active operations.

Sinews of War

For the fiscal year 1942, Mr. Halsey said, Canada's expenditures will approach \$4,500,000,000 instead of the \$3,900,000,000 which he forecast in the budget, and revenues will amount to "something over" \$2,225,000,000 in all.

To bridge the gap between revenues

Business Directory

MEDICAL

DR. W. G. C. KENNEY, Physician and Surgeon (Successor to Dr. J. K. McIven) Office in Symion Block, Mill Street, Acton. Phone 150

DR. CHAS. D. SHORTT, Physician and Surgeon (Successor to Dr. E. J. Nelson) Frederick Street—PHONE 22 Office Hours—2:00 to 4:00 p.m. 7:00 to 8:30 p.m. Sundays by Appointment Only.

DR. WM. G. CULLEN, L.M.C.C. Physician and Surgeon Office Hours—2-4 and 7-9 p.m. Sundays by Appointment Mill Street, near Frederick Street. Telephone 128

DRS. STEVENSON & WAGNER, CAMPBELLVILLE, ONT. Phone Milton 2553 After 10 p.m. Milton 2W. Office Hours: 8-9 a.m., 1-3 p.m., 7-8 p.m. Sundays by Appointment only

DENTAL

DR. T. H. WYLIE, of Toronto Taking Charge of Dr. Buchanan's Practice for the Duration For the Present, Office Hours: 9 a.m. to 8 p.m. Every Thursday, Friday and Saturday OFFICE TELEPHONE 148

DR. HUGH-S. AUSTIN, Dental Surgeon Mill Street, Corner Frederick, Acton. Office Hours: 9:30 a.m. to 5:30 p.m. Evenings by Appointment Telephone 19

LEGAL

C. F. LEATHERLAND, B.A. Barrister and Solicitor, Notary Public Issuer of Marriage Licenses Registrar of Births, Marriages, Deaths ACTON Office 22 Phone Residence 151

KENNETH M. LANGDON, Barrister, Solicitor, Notary Public Office: Georgetown (Georgetown Theatre Building) ACTON Over T. Seymour's Cafe For Appointments Phone Acton 65 or Georgetown 88 Office Hours: Acton, Tuesday and Thursday, 1:30 p.m. to 4:00 p.m. Evenings, on request.

VETERINARY

B. D. YOUNG, V.S., B.V.Sc. Veterinary Surgeon Office: Brookville, Ontario Phone Milton 1664

F. G. OAKES, V.S., B.V.Sc. Veterinary Surgeon Office and Residence: Kroy Avenue Acton Phone 330

AUCTIONEERS

FRANK PETCH, Auctioneer and Representative Commercial Life Assurance Co. Phone 391 Charles Street Georgetown

RUSSELL JOHNSON, Licensed Auctioneer for This District R. R. 2, ACTON

REAL ESTATE

WILLOUGHBY FARM AGENCY Largest and Oldest Agency in Canada Head Office, Kent Bldg., Toronto Georgetown Representative Tom Hewson—Phone Georgetown 431

TIME TABLES

CANADIAN NATIONAL RAILWAYS

Going East Daily, except Sunday 6:15 a.m. Daily, except Sunday 8:15 a.m. Daily, except Sunday 9:15 a.m. Sunday only 8:15 a.m. Flyer, at Georgetown 9:24 p.m. Flyer, at Guelph 8:30 p.m.

Going West Daily, except Sunday 1:00 a.m. Daily, except Sunday 8:50 a.m. Saturday only 2:20 p.m. Daily, except Sunday 7:24 p.m. Sunday, Only 11:54 p.m.

GRAY COACH LINES

COACHES LEAVE ACTON Westbound 10:18 a.m., 11:43 a.m., 2:28 p.m., 4:53 p.m., 8:58 p.m., 7:41 p.m., 8:38 p.m., 8:38 p.m., 9:10 a.m., 11:53 p.m. Eastbound 4:46 a.m., 9:16 a.m., 11:51 a.m., 2:06 p.m., 4:36 p.m., 6:16 p.m., 9:01 p.m., 11:35 a.m. Daily, except Sunday. Daily and Holidays. Sunday, except Sunday and Holidays. d Sat., Sun. and Holidays. To Kitchener Only. To Stratford Only.



J. Cadesky OPTOMETRIST

WILL BE IN ACTON ON Monday, January 4

Anyone suffering from Eye-strain, Defective Vision or Headache should not miss the opportunity of consulting this eye-sight specialist. Appointments may be made with Mr. A. T. Brown, Druggist.

Office Hours: 10:30 a.m. till 1:15 p.m. (D.S.T.)

ROYAL PALACE GUELPH'S LEADING THEATRES NEW YEAR'S EVE MIDNITE SHOW Continuing Until Tuesday Once Upon a Honeymoon With Cary Grant Ginger Rogers NEW YEAR'S EVE MIDNITE SHOW Continuing Until Tuesday ABBOTT and COSTELLO In Who Done It

Garbage Collection Change of Hours Commencing in January 1943, all garbage will be called for twice a week on Tuesdays and Fridays. Irrespective of your location, all citizens will have their garbage and ashes at the street in proper containers by 8 a.m. every Tuesday and Friday. LIMIT 60 LBS. PER CONTAINER. Citizens are reminded of the rule that no container shall weigh over 60 lbs. Failure to comply with this rule may mean that garbage will not be picked up.

REMEMBER Tuesdays and Fridays ARE GARBAGE COLLECTION DAYS FOR THE WHOLE MUNICIPALITY

This and that

—A Happy, Brighter New Year.

—And to-morrow you can write it 1943.

—Christmas Day was an ideal winter's day with plenty of snow.

—Time to take down the old calendars and replace them with the bright new ones.

—Change in garbage collection days is effective next week. See announcement in another column.

—The past week almost resembles a January thaw and quite a change from the week previous.

—The new motor vehicle markers go on sale next week but the old ones are good until the end of February.

—Mrs. Geo. Woods received a cablegram of Christmas greetings from her son, Pte. Herb Woods, with the Canadian Army Overseas.

—Reeve J. M. McDonald had the misfortune to fall on the ice on Tuesday morning and sustain a fractured rib and an injury to his back. A prompt recovery is the wish of all.

—Used clothing to be included in the shipment of goods being prepared for Aid to Russia should be left at Acton Home Bakery, with Mrs. J. F. Wilda. Good articles will be gladly forwarded to this worthy fund.

The out-door skating rink will be either on Bower Avenue adjacent to the Storey Glove Co. plant or at the park entrance. At the request of Council the Messrs. Arnold have agreed to allow use of this centrally located property if the municipality so desires.

Talk about action! Last Tuesday night Councillor Kirkness was empowered by council to establish an outdoor skating rink. On Tuesday morning a week later the whole town was a skating rink. Some of us rate-payers think the matter has been carried too far.

In the list of those who have passed the examinations for registered nurse, published this morning, appears the names of two Acton young ladies. Miss Hazel Wilson and Miss Betty Watt have both been successful and have been awarded the degree of R.N. We join with other Acton friends in extending congratulations.

RED CROSS HELPS AND IS HELPED IN MANY WAYS

Acton Red Cross Society received a very practical boost this week when Secretary Wm. G. Middleton was presented with a cheque for \$200 from Mr. Leslie Biggin, President of The Canadian Wool Company. This will indeed help in carrying on the work here.

A photograph from Optical Press Agency shows a picture of Pte. R. A. Johnson of Acton making a string bell on his bed in a Canadian Hospital "Somewhere in England" under the direction of Miss Sylvia Skimling the occupational therapist. This is only one of the many hospitals helped by the Red Cross. The photograph is on view in The Free Press window.

Love Everywhere Even in Parachute

MELBOURNE, (CP) — Home mail brought a United States flyer in Australia a letter from his girl in Louisiana but an alert came before he could read it.

In a few minutes his formation was tangled up with 15 Japanese fighters and three of them shot him up. He went smoking into a spin which brought him from 20,000 to 8,000 feet and then bailed out. His parachute caught a tree and he was left dangling 40 feet up.

"Things got kinda monotonous," he said, "so I pulled out my girl's letter and read it as I swung in the breeze. It kept me interested until some Aussie soldiers and natives arrived and got me down."