Unique Yield in Thousands

New 1942 Crop

The Strangest

---It's Salvage

Of Interest to Women



BY ANNE ALLAN "

Hydro Home Economist

MAKING THE MOST OF YOUR TEA AND COFFEE QUOTA

Hello Homemakers! The rule of thumb has been abandoned with the rationing of ten and coffee. Every tea leaf and every ground of coffee must now be made to count. The new regulations of the Wartime Prices and Trade Board allow one ounce of tea OR four ounces of coffee (not both) per person, per week, for those over 12 years of age. The tea quota allows enough for 12 cups and the coffee quota for 30 cups during the week. In the case of coffee concentrates or substitutes, your ration coupon will allow the purchase of a quantity sufficient to make 12 cups.

There are several factors that may make a great difference in stretching out your allowance—the blend, the grind or grade, the pot, the measurements, the temperature of water, the steeping and storage method.

GENERAL DIRECTIONS

1.-Buy freshly ground coffee. Ask your grocer to grind it medium coarse for boiled coffee, fine for the percolator and extra fine for the drip or vacuum. (Glass vacuum coffeemakers require a very finely ground coffee so that all the flavor is Link War Effort drawn out).

2.-Store-in an absolutely clean container with a tight-fitting lid, pre- King's Acres Plowed and Sown ferably a glass jar. Exposure to air. causes loss of flavor.

3.-Keep coffee in the lower part of the electric refrigerator; ground coffee will keep its flavor longer in a cold atmosphere. Keep tea in a dry place

4.-- Measure water and tea (or coffee) accurately - with a measuring spoon and an eight-ounce measuring cup. Bring the water to a boil, as actively boiling water releases the best coffee flavor.

5.- Make only as much ten or coffee as you wish to serve. \ If at any time you do have some tearor coffee left over, store it in a covered jar and place in the electric refrigerator to serve as an iced drink or flavoring for a milk shake, punch or dessert.

6.-Steep tea or coffee at least minutes instead of the usual 2 minutes. Using a glass coffee maker. steeping is done by allowing the coffee and water to remain in the upper bowl for 5 minutes by leaving on the warm element. This extra steeping will give you good results from less

7.-Never fall to wash the inside of the coffee maker or teapot scrupulously clean with baking sods and water-using a brush for the spouts. Any used filter bag must be thoroughly washed; a coffee bag with the remains of former coffee makings of maintenance, has not been sufficwill ruin the fresh coffee flavor.

Boiled Coffee

Measure coffee into a fine cheesecloth bag (double thickness). Use one level tablespoon for each standard cup of water. Place bag in kettle or coffee pot containing the required amount of boiling water. Cover and simmer 8 or 10 minutes. Serve at

Coffee-Milk

While coffee is being prepared, scald an equal amount of milk. Pour the coffee and hot milk together into the cups in equal amounts, one pot in each hand.

Percelated Coffee

Measure water into a clean scalded percolator. Place basket in pot and measure coffee into it. Cover and attach electric cord. Allow water to percolate over coffee for 10 minutes. (Timing should begin when a slight color appears in water seen in glass

Drip Coffee Scald the coffee pot. Measure coffee into the upper part. Pour fresh, briskly boiling water, over coffee. Cover and let stand on the small electric element turned Low or Simmer so coffee does not boll but the steam makes the cuttee steep longer.

TAKE A TIP

1. If you use both tea and coffee and have 2 ration cards in your home, use one card for tea and one for cof- chairman of the Engineers' Industries

2. Black tea is made from fer- teeism among women industrial menting the tender ten leaves; green workers. She said they had to take ten is unfermented ten. "orange too much time off to find the kind of peker" prefers to the size of the leaf. hair dressing job they wanted done not a particular flavor or grade

THE QUESTION BOX be used in tomato sandwich filling indd mustard. Then add the flour and in what proportion"

Tomato Nandwich Filling corn syrup; 4 red sweet peppers; 1 green sweet peppers; 6 tsps. mustard; 142 cups flour; 1 cup granulated sugar; 1 cup vinegar.

sugar, syrup and vinegar and chop- for replies.



SAMUEL HERSENHOREN When the Toronto Philharmonic this one for years and years. To add Orchestra resumes its series of CBC National network programs, in the Prom Concert preferences from Varvity Arena ... Toronto, Thursday. August 27. Samuel Hersenhoren Dickenson will be the soloist and besides works by Mendelssoln, Elgar and Rimsky-Korsakoff, Mr. Hersenhoren will conduct the orchestra in "Enchanted Hill." by the Canadian composer, John Weinzweig. The broadcast portion of the program will be heard at 10.15 p.m. EDT, 11.15

Royal Farmlands Pedigreed Stock

to Nation's Needs - Famous Windsor Deer Herd Decimated

BY FOSTER BARCLAY Canadian Press Staff Writer

WINDSOR, England, (CP)-A new page has been turned in the history of Royal Windsor. The rolling meadows of the King's fertile farm and adjoining Great Park have been harnessed to Britain's war effort. stock the nation's larder.

ley and potatoes, are ranked among round. Did I say throw them?

the best-in the country. and the war-time need of more win- old grey mare that ain't what she ter milk is being met by the late used to be! autumn calving of many of the cows. Shortage of feeding stuffs, however, has necessitated reduction of the beef herd to a nucleus of breeding stock.

Essential Stock The pedigree herd of large white pigs also has been culled because kitchen waste from the Castle, source ient due to rigid food-saving measures. Sheep, now on land due to be planted with wheat, may be reduced next year and the poultry stock is a mere shadow of its peace-time strength. The King, like other British farmers, is adhering to the national food policy and concentrating

only on essential stock. Besides the large area of corn in Great Park the quantity of food being raised includes 330 acres of wheat, 147 acres of oats and blocks of barley. potatoes and close seed. It is hoped that by next year the park's unrivalled beauty will provide the setting for which will be under arable crops.

Essential to the new development has been drastic curtailment of the liberties of Windsor deer. The herd. possibly the most famous in world, has been reduced by His Majesty from 1,000 head-to 100, including fallow and red deer.

Hair- Dos Take Too Much Time

British -Leader Says That counts for Absentees in War Work

LONDON, (CP) - Closing up of many hair-dressing establishments was blamed by Mrs Gordon England Association, for much of the absen-

Mrs A F asks: "If corn syrup can ped peppers. Heat this nusture and make a paste. Cook on electric eles fance that h many people are look-12 ripe tomatoes; 3 onions; 's cup' ment turned Low. Stir frequently, ing grey and old these days? Can it paraffin. Yields 3 pints.

Chronicles ot. .

Written Specially for The Acton Free Press by WENDOLINE P. CLARKE.

THE PERSON OF TH

shed-our twisted, tangled and flat-

Ginger Farm

tened spring crop is cut at last. And am I singing a Te Deum-to say nothing of what Partner is doing. I hope we shall not have another crop like to the excitement there has been a regular epidemic of threshing in the

were; at two separate threshings last |quantities from the prairies. Tuesday and then came an SOS from the farm where John was threshing. was working and brought Partner table Partner went out to catch the horses and found that one of them had cut his leg on some barbed wire. -at least not when we are on it and tinually." the threshers are not. The next day

and do what I could to help. It is years since I helped assemble a binder ready for cutting and I had completely forgotten where this went gary. symbolic of the vast farm effort to and where that went, but by the time we were through it was beginning to Nearly three-fifths of the 541 acres come back to me. Then there was of the farm have been plowed and the job of following the binder on its sown while the large tract of the park first round and throwing the sheaves has been adapted to corn growing, out of the road so that they would The crops, including wheat, oats, bar- not be in the way on the second should have said drag them-that was The King's two famous dairy herds, as much as I could do. After that pedigree_Jerseys and Shorthorns, one round I was glad to get back

> both men would be safely away I crowd of spectators when it was fin- build him a house, he said she deservthought it would be a grand oppor- ally towed into town. told you part of what happened that ian government to stage a prairie a widow who lives in a shack by the day-in addition I had three separate drive. Tons of skeletons of animals swale. callers and endless telephone. calls that used to roam the plains have alboth dinner and supper. My washing to be converted into glue. never got done at all-and it isn't done yet. But hail, rain or shine I'll be at it on Monday: If I don't the sanitary authorities will be on my trail for sure.

Thursday, just to liven things up a bit, the well-drilling machine came back. The driller has a six-wheeled truck, loaded with gravel, to pull the machine wherever he wants it to go. On this farm it has to go through a a farm of 1,500 acres, two-thirds of gap in the fence to the pasture field and in wet weather this gap gets to be a regular mud-hole. The truckdriver looked the situation over and decided he could get through. So he tried it-and oh boy, did he ever get stuck! As Partner was out in the field I thought it was up to be to be around-you never know when stranger is going to leave a gate or a gap open and give the cows a become tough and unpalatable. no place for a lady so I retired and stove. kept watch from the house! The

other day when the operator said ed potato en casserole ong distance was caffing I waited in breathless suspense. Was I relieved when I found it was Daughter calling from Toronto' . Yes. I was relieved that time, but still that call is still

that has been mixed with vinegar to. Have you noticed it or his it my Pour in sterilized jake and cover with he that complacency has given way Anne Allan invites you to write to we don't want complacency but her, Care of The Acron Farz Parss. neither do we want nervous wrecks- mal kingdom. A stray dogs' home Cook tomatoes and onions until. Send in your questions on homemak. Either way endangers our war effort also houses a monkey, a goat, parrots, soft. Put through a sleve, Add salt, ing problems and watch this column, so let's be on our gusard and try to budgerigars, chickens, rabbits and a choose the middle course.

British Letters With Polish Stamps

in a Unique Issue

Tons, Means Untold Aid to Canada's War Effort and Sources are Far from Depleted BY H. DENT HODGSON

Canadian Press Staff Writer mers, preparing to reap what may be territory, letters posted on the largest grain crop in prairie history, have already this year gone a stamps. long way toward harvesting also the

The binder is away in the driving product of a salvage drive reaching issue to be printed in Britain. into the remote farmlands' of plains, where untold thousands mers_as "worthless," were found.

lete and worn-out tractors, engines, Ministry of Finance. The columns outfits, steel, copper, brass, aluminum a heap of rubble. or iron—are all part of the haul beneighborhood. Not just one machine ing made by Western elevator com- demolition by the Germans of the but several-in fact there were three panies as agents of the Dominion sal- monument of the famous poet Micthreshing outfits in six lots all at the vage campiagn. Rubber and old kiewicz in Cracow. There is a beausame time. Partner and young John bones are also being gleaned in large tiful 55 groszy stamp showing Castle

Could we send a team-somebody or small centres scattered across the toria Cross, which was awarded ger took John up to where Partner lected by patriotic salvage corps and resistance to the enemy. other local organizations. It is ship- The four higher denominations back to get his team and rack. While ped to larger centres where it is piled show the present war effort of the I was getting a hurry-up meal on the up to await shipment to rolling mills Polish Forces. On the 75 groszy Winnipeg, and in Ontario.

Not badly, but bad enough that it handled a total of 967 freight cars of ium-sized tank on the move. Polish had to be doctored. Then there was scrap metal-nearly 40,000 tons-dur- Aviation is depicted on the 1 zloty-a the wagon to unload-just a few fence ing the past year. It reported the re- Wellington and Hurricane, with Britrails and other summer wood-and sponse from rural districts had been ish and Polish markings. Perhaps after that we had the rack to put on. | uniformly good and intimated that the most interesting subject is shown Partner finally got away. It was junk resources in the West are far on the highest denomination 1 zlots eight o'clock before either of them from depleted. "We are just getting 50 groszy. There the Polish Navy is arrived home. That is once when into the swing of it," said one official. represented by a picture of the fam-Daylight Saving time isn't so good "Large shipments are coming in con- ous submarine "Orzel," which es-

John was away threshing again. That was the day when partner started in to cut the oats and so, as he was the point of delivery. For example, common enemy. alone, it was up to me to go/along the maximum permissable price on low points, chilled cast iron and white iron, is \$10 a ton at Edmonton, Kindersley, Moose Jaw, Regina and saskatoon, \$13 at Winnipeg and \$11 at Cal-

In many cases, the elevator con panies take charge of the shipping themselves. After locating odd tracout crews armed with acetylene torches and "Breakee" derricks to now; he passed in his bed. smash and sort the material for ship-

Bones Big Item

At times the drive turns up quee have been maintained at full strength to the house. There is more than the specimens. Take for example the 2213-ton, two-cylinder steam engine, brought into a southern Saskatche- man ever live to create; all she did It is funny the way things go some- wan town relently. Valued at \$13,000 was to talk, and soon 'twas too late. times. On Tuesday when I thought when new, the antique drew a large

tunity to get a good big washing done. Newest salvage item on the prairies There wasn't much to eat in the house is bones. A California glue firm bebut that didn't-matter when -I-had-gan the drive a-month ago after it only myself to feed. I have already received permission from the Canad-And of course Partner was home to ready been shipped across the border

Eggs Are Important On Summer Diets

Highly Nutritive and Easy to Digest

Because eggs are highly nutritive and easy to digest, they should play an important role in the summer diet. Eggs contain valuable food elefat, iron, phosphorus, calcium and vitamin A and D. according to Consumer Section, Department of Agri-

When boiling or baking eggs, use slow heat so that the whites will not chance to get where they shouldn't boil have water at boiling point whe be. But after awhile—that is, after eggs are put in, then lower heat or the truck got stuck. I decided it was remove from the hotter part of the

For a main course summer dis truck finally got through . Work on serve omelet. It's good plain, or with the well will not begin until next tart jelly. Spanish sauce, mushrooms, grated cheese, creamed chicken or Long distance calls have a way of ham. Try a cheese souffle, or instead giving one the jitters these days We of cheese, add finely chopped cooked ged" at 15 cents. are expecting Son may get moved vegetables, flaked fish or, minced any time now Exactly when or chicken. Another welcome dish conwhere is anybody's guess. So the sists of eggs baked in nests of cream-

> Egg yolks, if unbroken, may preserved by covering with cold water and keeping in a cool place. If broken, they may be beaten together and covtered tightly without the addition of water Egg whites, if covered chilled, will keep for some time

----MIXED WAR-GUESTS

HULL, England, (CP) War makes strange bed-fellows, even in the anigoldfish made homeless by raids.

Given Check-Up

Warsaw Devastation Is Recorded How do These Questions Hit English Youth Was Like a Man of

Letters are being received in the Empire from Britain bearing Polish nostage stamps. They are the correspondence of Polish soldiers, sailors and alrmen stationed in Britain, who, by a special arrangement with the British Government, are sending their mail by Pollsh ships. As these ships WINNIPEG, '(CP)-Western Far- themselves are regarded as Polish may also be franked with Pollsh cups, making a lot of extra work for

To mark this novel departure in strangest crop the West ever product postal convention the Polish Ministry mirror without becoming so absorbed of Finance have ordered more than in your own reflection that you ig- like a person of 60."... This unique yield in the motley a million stamps of the first Polish nore your friends' conversation for

Of the eight denominations, the 5 of groszy stamp shows; the battered tons of scrap, long discarded by far- ruins of the United States Embassy in Warsaw, and the 10 groszy the Old stoves and plowshares, obso- facade of the building of the Warsaw harvesting machines and threshing remain, but the building itself is pow

The 25 groszy stamp portrays the Square in Warsaw framed by the Most of the scrap comes from the Cross, equivalent to the British Vicother couldn't come. So the messen- western provinces, where it is col- the the City of Warsaw for its heroic

and foundry furnaces at Calgary, Polish Infantry is represented by a picture of a gun post. The 80 groszy One Winnipeg firm said it has portrays mechanized forces a medcaped from the Baltic Sea without Government-imposed "price cell- navigating instruments or maps, and ings" have been placed on all classes later with other units of the Polish of scrap, and these vary depending on Navy fought gallantly against the

Uncle Hy Says

A friend that I knew had tackle galore, and he added each day to his valuable store, and he talked much of fishing, for he knew it all right, tors and threshing outfits too large but he never got fishing, try as he for shipment in one piece, they send might-he was always too busy, at least so he said, but he'll never go

> I knew a bright woman who lived a full life, she had been to far places, as spinster and wife; she talked of a book that some day she would write. it was all in her mind and the plot wasn't trite, but no book did that wo-And there was the man who would ed it, she was such a good spouse, but no house did he build not even a hut, he never got at it-the poor foolish mutt; they buried him Wednesday, and he left lots of kale and

> could go on and on and add to this verse, of the true procrastinators, could there ever be worse. They're golfig to do this and they're going to do that, but all that they do is to sit . 'round and chat; they never build houses, they never write books, they never catch fish from the fish-teeming brooks; they just sit 'round and dream as the moments go by and after a while they lay down

His Will Depends On Bread Prices

ments necessary to health-protein, Flying Officer Looked Ahead to 50 Cents for Four-Pound Losf

> BELFAST, Northern Ireland, (CP) -The price of bread governed conditions of the will of Flying Officer Peter Holmes, who died on war service. He bequeathed certain property to his wife and the residue was to be placed on trust for her. But ifthe price of a four-pound loaf of bread reached more than 50 cents. she was to receive the entire estate Since the start of the war, the price of a four-pound loaf has been "peg-

> > BATTLESHIP FOR BABY

LONDON, (CP) Mary's mother told her a baby would cost too much in wartime, so the little London girl who saved 69 farthings (35 cents) "to buy a baby sister" sent the money to a warship week fund instead, "to buy battleship "

Men. Women Over 40 Feel Weak, Worn, Old? Want Hormal Pop, Vim, Vitality? prov Seel Sugged out, sld? Try Cutres. Command of the standard of the standard

Make-Up Manners

You? There's a Reason

makeup manners, asks a writer on Common Courtesy. Everybody knows that the shouldn't be guilded in public If can be avoided but there is more to

the matter than that.

NEW YORK, (CP)-How are your

Do you leave lipstick imprints on your friends' napkins, glasses and them when you have gone!

Is it impossible for you to pass the next five minutes?

If you use a powder compact in public, do you drip powder over your mother's rug or your benu's sleeve? Have you the habit of removing your makeup with a towel, leaving your suntan and a lot of trouble for the housekeeper--on the linen?

If you do, your makeup manners leave a lot to be desired.

Old Age at 20 Caused Death

Three Score Years, Doctors

OLDHAM, England, (CP)-Old age caused the death of a 20-year-old boy was disclosed at an inquest here. The lad's skin was withered and dry, his nails brittle and coarse and his chest sunk in and medical authorities testified there was nothing medical science could do to help. "His fentures were those of an old man," said a doctor who had been identified with the case. "He walked with the gait of an aged person and when he was 10 years old the boy was physically

BOY-THEY'RE FRANK!

TONDON, (C. P.) . - . Dr. Stelle Churchill and Mrs. G. M. Hamblin platoon commander in the Auxiliary Territorial Services say modern British girls have a "slovenly slouch." They said of 68 girls appearing before them as recruits only one stood cor-

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