

Of Interest to Women



THE MIXING BOWL

SHOWERS FOR WARTIME BRIDES

"Hello Homemakers! The lovely old custom of giving showers for brides may still be carried on in wartime, but remember to keep them practical and inexpensive as well as quaint. We suggest an Initial Chest shower. You might borrow a big cardboard box, give it a light coat of paint to harmonize with your decorations, or trim it with crepe paper. Then turn the box upside down to house the gifts. Cut small holes in the top to form the initial of the bride and in the front to form a heart-shaped lock. In each hole, put a nosegay of flowers with string attached below to a gift. Wild flowers or any garden blooms would be lovely. As the bride picks a nosegay, her assistant clips the string and produces a gift.

What to give the bride? Something she will need, something that will last, something she wants. Useful articles include a recipe book or file, mending kit and first-aid kit.

SUGGESTED LUNCH

- Chicken Salad Bouchees
- Assorted Sandwiches
- Strawberries with Heart-shaped Cookies
- Chilled Punch



Chronicles of a Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE F. CLARKE

As I sat down to my typewriter I wondered what I should write about—not because there is so little but because there is so much. Each week I think—"well, when we get this job over we won't be so busy!" And then of course another job pops up just as sure as anything.

Well, since we have to start somewhere let's go back to last Wednesday. That was the day when our last loaf of salvage, the collection of which was sponsored by our Institute, was trucked to Hamilton. The cash turns from all the salvage was \$188.92. There are, of course, expenses in connection with the collection, but we shall certainly clear at least \$100, so we feel our efforts, in connection with this particular war effort have certainly been justified. We collected altogether 26,141 lbs. of mixed scrap, 1,050 of which was rags. These we sorted, taking out every bit of material that was made of wool, from which we hope to have blankets made for overseas. A lot of credit is due to the young fellows who did the collecting and trucking. It must have been a tiresome and tedious job, but we heard not one word of complaint. Financially it was a nice way for our Institute to make a little money but to my way of thinking the important part was not what we got out of it but rather the fact that 26,141 lbs. of salvage was dug out of woodsheds, cupboards and fence corners and taken to where it would be put to the best advantage. Just imagine, we went out 5,400 lbs. of paper—news-papers, magazines and cardboard boxes—paper, which, I suppose, would ordinarily have gone up in smoke.

Well, with that job done we set to work on other work. Partner had fences to fix and with two weeks washing staring me in the face I knew what I had to do. And then there was the garden. It was still a little on the wet side but on Friday I thought it might be fit to put more garden in next day. And then that night came the first storm, followed by a day that was oppressively hot and sticky. However I was able to finish up my job of collecting for the Red Cross Campaign without worrying about the things, I should have been doing in the garden, since the garden was now reduced to little more than a mud-puddle. And then came Saturday—have we had such a rain in years? By the light of the almost incessant lightning we could see the front field was entirely covered with water. And since I had the field in straight barley see how it was as good as a death warrant to any chance of a crop. Every once in a while a car would go splashing along the road, apparently homeward bound, and over towards town from whence there is generally a glow of light there was nothing but a total blackout. We went to bed about midnight. Sunday morning we knew the worst. The bridge in the back lane, which had taken two weeks to build some years ago, had completely vanished. Great solid oak stringers, together with heavy hickory planks had disappeared, carried away by the swollen waters of the creek. Partner later found first one and then another of the planks and timbers away over in our neighbor's bush, through which the little creek winds its way. Finding them was fairly easy, bringing them home will be another matter. Soon after Partner went out to milk he was back again for clean tags. The cows were plastered with mud right over their udders, there was no way home for them but through the creek. That night we were forty pounds down in our milk supply.

In the house, one of the first things I did was try to get some radio news. I turned the dial but there was never a sound. The aerial was disconnected so I felt sure it couldn't be the tubes had burned out. That night we went out to hear the late news at 12:30. It was a F. planes over Cologne, that made us forget our own little problems for the moment. It's morning we got the radio fixed. I'm sure you had got itself disconnected by the loss of the bridge was 27. News of the destruction of the bridge was the saddest news of the war. So now we are sitting motionless and with a comes the Inspector District Agent. After that we had some news as good as none.

War Prisoners Get Cook Book

LONDON, (CP) A new cookery book for British prisoners of war is to be sent to every prison camp in Europe. Its recipes contain only those ingredients which Britons are known to receive in food parcels sent from home or in their rations and the cooking tips have been especially chosen to suit the restricted cooking facilities available.

Mineral Scouts In Nation-Wide Materials Hunt

Mines and Resources—28 Parties Digging for Precious Ore and Oil Deposits for War Effort

OTTAWA, (CP) — Strategic minerals needed for the war effort receive primary attention this year in Mines and Geology branch of the department of mines and resources. Seventeen of the 28 geological parties being sent into the field will be looking for tungsten, chromite, manganese, fluorapatite, mica, graphite and similar minerals. Most of the other parties will map structures—chiefly in Alberta—in search of oil.

Details of the 1942 program: YUKON: H. S. Bostock will examine placer and lode deposits in the Dublin Gulch-Arizona Creek area in search for scheelite which is being recovered from gold placer mining on Haggart Creek and its tributary Dublin Gulch.

BRITISH COLUMBIA: 7 of the 9 geological parties in British Columbia will examine and search for deposits of chromite, one will be engaged for part of the time on special investigations and the other two will search for favorable oil structures. In the case of chromite, four parties will work north of the Prince Rupert Branch of the Canadian National Railway. Five parties will do topographical mapping in the Peace River district west and south of Hudson Hope in connection with geological work on oil structures.

ALBERTA: The four parties in Alberta will map structures in the southern part of the province in search of oil. A party headed by C. O. Hage will work in the Dyson Creek area west of Turner Valley, and the other parties will map structures in the area between Cardston and Turner Creek.

MANITOBA: J. D. Bateman will work in the Tartan Lake district near Flin Flon, mainly looking for base metals. He will also investigate reported occurrences of tin mineralization and of other strategic minerals.

ONTARIO: J. F. Conley will continue the investigation of oil and gas fields in southwestern Ontario and H. C. Cooke and R. E. Folinshaw will continue investigation of scheelite occurrences in the gold mines of northern Ontario.

QUEBEC: M. E. Wilson and T. L. Tanton will examine and assist in development of deposits of fluorapatite, mica, graphite and other war minerals in eastern Ontario and western Quebec. The former will also complete detailed geological work in Rouyn township, Que.

NEW BRUNSWICK: F. J. Alcock will look for favorable oil structures in the Sussex and Millstream areas and investigate deposits of manganese.

NOVA SCOTIA: W. A. Bell will investigate occurrences of fluorapatite in the Lake Ainslie and North Chatham areas and I. J. Weeks will examine the Londonderry and Bass River areas with special reference to deposits of iron and manganese.

PRINCE EDWARD ISLAND: J. J. O'Rourke will search for favorable oil structures on Antigonish Island.

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Puts Mosquito Into Research

Experts Go Deeply into Carriers for Sleeping Sickness in Both Humans and Horses

BY MARSHALL BATEMAN Canadian Press Staff Writer

WINNIPEG, (CP) — Medical research workers in Western Canada are investigating different types of mosquito flies and other insects in an effort to determine causes of sleeping sickness in humans and horses. Experiments to immunize humans and continuation of vaccination of horses also are under way.

Last July and August human sleeping sickness reached epidemic proportions in the mid-western United States and prairie provinces. There were 600 cases in Minnesota while on Sept. 9 more than 800 cases had been reported in the prairie provinces, mostly in Manitoba and Saskatchewan. There were more than 60 fatalities, mostly elderly persons, in the prairies.

At Regina scientists are collecting specimens of animals and birds for laboratory tests for evidence of the disease encephalitis. Research also is under way in Manitoba and Alberta laboratories.

The Saskatchewan investigations will be continued this summer and Hon. J. M. Ulrich, minister of public health. In Manitoba John McClintock, an entomologist, set up a laboratory in Winnipeg to determine relations, if any, insects have in the spread of the disease.

Blood Test Experiments

Provincial health authorities announced efforts are being made to immunize a portion of the male population over 21 years of age in five Manitoba municipalities embracing municipal doctor areas. The area includes rural centres of Rivers, Camdano, Oak River, Rapid City and Minnedosa, all west of Winnipeg.

First step in the immunization experiments will be blood tests to deter-

mine the amount of resistance which has been built up by the individual against sleeping sickness.

A plan of immunizing horses against Encephalomyelitis will be carried on in 14 municipalities in southwestern Manitoba, in the Interlake region north of Portage La Prairie, and possibly in south-eastern portions of the province.

In Alberta the department of agriculture has undertaken a campaign to encourage vaccination of equines. Hon. D. B. MacMillan, minister of the Department, reports the program is "progressing well."

In July and August of 1938 the disease caused an estimated 26,000

equine deaths in the three provinces. Since then many horses have been inoculated with "chick" vaccine. Deaths in 1939 were only about 50 horses, mostly in Alberta.

Distribution of the vaccine after the 1938 epidemic was made through agricultural departments of the provinces.

TOO MANY CREEPERS

LONDON, (CP)—Said a woman in court: "When a piece of creper crept over our fence from the next door my husband crept out and pushed it back. The man next door crept out and struck my husband."

AVOID WASTAGE when you make tea!

You will get best results both in quality and quantity if you carefully follow these simple directions:

1. Scald out the teapot to warm it.
2. Use a level teaspoonful of tea for each cup of tea to be served.
3. Use the exact amount of FRESH water you require and see that it is BOILING FURIOUSLY before you pour it into the pot.

4. Steep FIVE MINUTES



CARROLL'S

Aylmer TOMATO JUICE 3 20-oz. tins 23c	Campbell's SOUPS Bright's PIE CHERRIES 15-oz. tin 16c Rideau LOAF CHEESE pound 39c Small WHITE BEANS 2 lbs. 9c Shirriff's Mix—Just Add Water and Bake GINGER BREAD 16-oz. pkg. 28c Aylmer TOMATO CATSUP 12-oz. tin 12c Whole Wheat Cereal Quaker Muffets 2 pkgs. 17c Sieve 3 AYLMER PEAS 2 16-oz. tins 25c
Kellogg's CORN FLAKES 2 8-oz. pkgs. 15c	FOR FLAKY PIE CRUST— CRISCO 1-lb. tin 25c 3-lb. tin 65c
MOTHER PARKER'S COFFEE Regular 1-lb. tin 28c 1-lb. tin 51c	Christie's Plain or Salted PREMIUM SODAS 16-oz. pkg. 20c
Carroll's Own ROMAR COFFEE 1-lb. bag 39c	Carroll's Own PORK SPECIALTY SWIFT'S PREM 12-oz. tin 32c
YOU LIKE COFFEE—TRY NESCAFE 1-oz. tin 22c 4-oz. tin 59c	CHRISTIE'S CAKE JAM GEMS 3 for 10c
Antiseptic Toilet Soap ODEX 2 cakes 11c	Dr. Ballard's Dog Biscuits Meaties 2 1-lb. pkgs. 25c Carroll's or Babbitt's Cleanser tin 5c Laverene bit. 9c Glaico's with Pectin JAM 2 1-lb. pkgs. 10c Aylmer Blended Vegetable JUICES 2 1-lb. pkgs. 19c
Pure, Mild PRINCESS FLAKES 2 reg. 29c	Toilet Soap LUX 3 cakes 17c Ask about Garden Book Chippo 9; 23; 52 White Naphtha Soap P. & G. 3 bars 14c No Soot, No Rub, No Bleach— Oxydol 9; 23; 65 For Toilet Bowls Sani-Flush tin 15c, 29c Quaker Puffed Wheat CEREAL pkg. 7c
LARGE SIZE LEMONS, Doz. 32c	VALENCIA ORANGES MEDIUM SIZE 27c LARGE SIZE 35c
FRESH CABBAGE, lb. 6c	CELERY HEARTS, Each 15c

Also Green Beans, Spinach, Radish, Carrots, Strawberries, Special Prices

We reserve the right to limit quantities of all goods to family requirements

FRUIT AND VEGETABLE PRICES GOOD TILL SATURDAY NIGHT ONLY!



BUGLE FOR PRAYERS

CONSETT, England (CP) Invitations of the Durham family have no excuse for forgetting Sunday devotions. Each Sunday a bugler stationed at the top of the parish church sounds a "call to prayer."

You Roll Them Better With
OGDEN'S FINE CUT CIGARETTE TOBACCO

Men, Women Over 40
Feel Weak, Worn, Old?

Want Normal Pop, Viam, Vitality?
These weak, rundown, exhausted conditions may be due to lack of Vitamin B. Ogden's Vitamin B. Cereal is a natural source of this essential nutrient. It is a natural source of Vitamin B. Cereal is a natural source of Vitamin B. Cereal is a natural source of Vitamin B.

"Could You show me how to mend these?"