Of Interest to Women



BY ANNE ALLAN

Hydro Home Sconpmist

SHOWERS FOR WARTIME BRIDES · Hello Homemakers! The lovely old custom of giving showers for brides may still be carried on in wartime, but remember to keep them practical and inexpensive as well as dainty. We suggest an Initial Chest shower. You might borrow a big cardboard box, give it a light coat of paint to harmonize with your decorations, or trim it with crepe paper. Then turn the box upside down to house the gifts. Cut small holes in the top to form the initials of the bride and at the front to form a heartshaped lock. In each hole, put a nosegay of flowers with string attached the bride picks a nosegny, her assistant clips the string and produces a

What to give the bride? Something she will need, something that will last, something she wants. Useful articles include a recipe book or file, mending kit and first-aid kit.

SUGGESTED LUNCH Chicken Salad Bouchees Assorted Sandwiches Strawberries with Heart-shaped

Cookies Chilled Punch

ty cup holling water 4 cup butter 14 cup brend flour

- Bouchess

2 eggs, unbeaten Add butter to the bolling water in a saucepan' that is placed on small electric element turned to Medium. Add flour all at once and stir vigorously until ball forms in the centre of pan. Remove from range, beat in eggs one at a time. Mixture should be very stiff when it is dropped from a spoon on to a greased cookle sheet. Bake in electric oven at 375 degrees for 35-45 minutes or until done (as it depends upon size of puffs). Makes 6 large or 18 tlny ones. When cool,

split and add, chicken salad. Initial Sandwiches

Spread a triangle of bread with a mushroom filling, without seasoning. With a pastry tube filled with plain cream cheese write the first initial of your guests or of the bride,

Blossom Sandwiches Butter a circle of bread and with a table knife shape pink creamed cheese into petals with a circular motion Sprinkle a little yellow grated cheese in the centre.

Diamond Ring Samlwiches

Use circles of bread with a small circle taken out of the centre. Spread with butter that has been creamed with spiced tomato soup. With pastry tube filled with a mixture of mashed cooked egg yolks make thick circle. Top in one place with a triangle of hard-cooked egg white dipped in salad oil dressing

Pink Macaroons to eup shredded coconut

1 egg white Red coloring

cup sugar 1 cup cornflakes

t, tsp. almond extract white , Beat until stiff, not dry Sift home or in their rations and



ETHELWYN HOBBES "Consumer Information Specialist" a pretty heavy title for the very charming lady whose task it is to garden blooms would be lovely. As patriotism to the palate. That the \$188.92. There are, of course, ex- Tumpline Lake. These lakes are Canadian home can be well fed and penses in connection with, the collec- about 50 miles east of Yellowknife.

tious mistress of the budget.

minutes.

TAKE A TIP

canvas sewn in a funnel shape.

bends of moisture.

tard or table sauce.

of cheesecloth before being made into ordinarily have gone up in smoke. THE QUESTION BOX

burb Punch'." Answor: Rhubarb Punch

1 qt. water 11 cups_sugar

1, cup orange juice 4 tbs. lemon juice

Crushed ice Charged water or ginger ale. Add water to rhubarh and cook until soft. Squeeze through thickness of cheesecloth, add sugar, stir until sugar is dissolved, bring to boiling point, add fruit juices salt. Bottle to keep in sterilized containers Add an equal amount

charged water or ginger ale. her (C o The Acton Free Press). Send

War Prisoners Get Cook Book

LONDON, (CP) A new cookery -book for British prisoners of war to be sent to every prison camp Europe. Its recipes contain only those ingredients which Britons are known Add 3 drops of red coloring to egg to receive in food parcels sent from in sugar and fold in coconut, corn- cooking tips have been especially flakes and extract. Drop from tip of chosen to suit the restricted cooking spoon on greased baking sheet. Bake | facilities available

"Could You show me how to mend these.

Chronicles of. . Ginger Farm

Written Specially for The Acton Free Press by

GWENDOLINE P. CLARKE

As I ant down to my typewriter I wondered what I should write aboutnot because there is so little but because there is so much. Each week I think-"well, when we get this job over we won't be so busy!" And then of course another job pops up just as sure as anything.

Well, since we have to start some-

where let's go back to last Wednesday. That was the day when our last loaf of salvage, the collection of which help -Canadian housewives to keep was sponsored by our Institute, was their larders well stacked without trucked to Hamilton. The cash resacrificing quality to quantity and turns from all the salvage was der E. D. Kindle will operate near economically run by a little judicious; tion, but we shall certainly clear at planning and purchasing is Mrs. least \$100, so we feel our efforts, in geological parties in British Columbia Hobbes' firm contention. She is connection with this particular war will examine and search for deposits Winnipeg to determine relations, if CBC'S official guide to wise shop- effort have-certainly been justified. of chromite, one will be engaged for ping. Every Wednesday at 4.03 p.m. We collected altogether 26,141 lbs. of part of the time on special investiga-EDT, 5.03 p.m. ADT, and every week- mixed scrap, 1,050 of which was rags. tions and the other two will search day morning at 10.00, EDT, she is at These we sorted, taking out every bit for favorable oil structures. In the the microphone to help the conscient of material that was made of wool, case of chromite; four parties will in electric oven at 350 degrees for 20 collecting and trucking. It must have graphical mapping in the Peace River 1. A substitute for a pastry tube is Financially it-was a nice way for our work on oil structures. easily made with a small piece of Institute to make a little money but ALBERTA: The four parties in Al-2. Puff Paste or Bouchees are cook- part was not what we got out of it southern part of the province in periments will be blood tests to detered when the product is free from but rather the fact that 26,141 lbs. of search of oil. A party headed by C 3. Egg-yolk filling may be surprist cupboards and fence corners and area west of Turner Valley, and the ingly sensoned with prepared mus- taken to where it would be put to the other parties will man structures in 4. The bitterness of a chopped sent out 5,400 lbs. of paper -- news- Pincher Creek. sweet pepper filling is eliminated by papers, magazines and, cardboard MANITOBA: J. D. Bateman will wringing the diced pepper in a piece boxes-paper, which, I suppose, would work in the Tartan Lake district

> washing staring me; in the face I crais. by a day that was oppressively hot northern Ontario. rain in years? By the light of the ship, Que. which had taken two weeks to build for favorable oil structures on Antisome years ago, had completely van- costi Island. swollen waters of the creek Partner and investigate deposits of mangalater found first one and then an- nese other of the planks and timbers away milk he was back again for clean deposits of iron and manganese tags. The cows were plastered with mud right over their udders there

I did was try to get some radio news I turned the dual but there was never a sound. The aerial was disconnected so l'félt sure it couldn't be the tubes fad burned out \ That night we went cut to bear the late newscast 1206 If A F planes over Cologne made as torget our own Little pronlems for the moment. Pas morn has we got the taste fixed a small wife and got itself disconnected the cost of the teget was the Description

terful news of the war. So now we are into another week and with it comes the Institute District Annual Affel that we good doescount as matter

> BUGLE FOR PRAYERS

CONSETT England (City Inhato) tants of this Durham hamlet have no excuse for forgetting Sunday devotions Fach Sunday a bugler stationed at the top of the parish , church sounds a "call to prayer"

Mineral Scouts In Nation-Wide Materials Hunt

Mines and Resources 28 Parties Digging for Precious Ore and Oil Deposits for War

being sent into the field will be look- also are under way: ing for tungsten, chromite, manganese, fluorapar, mica, graphite and ing sickness reached epidemic prosimilar minerals. Most of the other in Alberta-in search of oil.

Details of the 1942 program: YUKON: H. S. Bostock will examine placer and lode deposits in the Dublin Gulch-Arizona Creek area in schreh for scheelite which is being recovered from gold placer mining on-Haggart Creek and its tributary Dublin Gulch.

NOR THWEST TERRITORIES: Two parties will examine and search for lode deposits of scheelite. One headed by A. W. Joliffe will work near Tibbitt Lake and the other un-

BRITISH COLUMBIA: 7 of the from which we hope to have blankets work north of the Prince Rupert made for overseas. A lot of credit, is Branch of the Canadian National immunize a postion of the male popudue to the young fellows who did the Raflianys. Five parties will do topobeen a tiresome and tedious Job, but district west and south of Hudson we heard not one word of complaint. Hope in connection with geological cludes rural centres of Rivers, Cam-

to my way of thinking the important berta will map structures in the salvage was dug out of woodsheds, O. Hage will work in the Dyson Creek best advantage. Just imagine, we the area between Cardston and

near Flin Flon, mainly looking for Well, with that job done we set to base metals. He will also investigate work on other work. Partner had reported occurrences of tin minerali-Mrs. S. W. asks: "Recipe for 'Rhu- fences to fix and with two weeks zation and of other strategic min-

knew what I had to do. And then ONTARIO: J. F. Conley will conthere was the garden. It was still a tinue the investigation of oil and gas little on the wet side but on Friday fields in southwestern Ontario and I thought it might be fit to put more H. C. Cooke and R. E. Folinsbee will garden in next day. And then that continue investigation of scheelite night came the first storm, followed occurrences in the gold mines of

and sticky. However I was able to ONTARIO and QUEBEC: M. E. finish up my job of collecting for the Wilson and T. L. Tanton will examine Red Cross Campaign without worry- and assist in development of deing about the things, I should have posits of fluorspar, apatite, mica, been doing in the garden, since graphite, and other war minerals in the garden was now reduced to little eastern Ontario and western Quebec. more than a mud-puddle. And then The former will also complete detailcame Safurday - have we had such a ed geological work in Rouyn town-

Anne Allan invites you to write to almost incessant lightning we could QUEBEC: G. W. H. Norman will see the front field was entirely cover- do detailed geological work in Bourin your questions on homemaking ed with water. And since half the lamaque township and in the western problems and watch this column for field is straight barley we knew it portion of Louvicourt fownship as an was as good as & death warrant to aid in the search for and developany chance of a crop. Every once in ment of copper, copper-zinc, and other a while a car would go splashing deposits. Two parties in charge of along the road, apparently homeward, J. W. Ambrose and Y. C.: Fortier will bound, and over towards town from examine and search for deposits of whence there is generally a glow of chromite in the Webster Lake area, light there was nobting but a total Eastern Townships, and another blackout. We went to bed about mid- headed by C. H. Stockwell will do night. Sunday morning we knew the similar work in the Thetford-Black worst. The bridge in the back lane, Lake area V J Okulitch will search

> ished. Great solid oak stringers, to- NEW BRUNSWICK: F. J. Alcock gether with heavy hickory planks had will look for favorable oil structures disappeared, carried away by the in the Sussex and Millstream areas

> NOVA SCOTIA: W. A. Bell will inover in our neighbor's bush, through vestigate occurrences of fluorspar in which the little creek wends its way the Lake Ainslee and North Cheti-Finding them was fairly easy, bring- camp areas and I. J. Weeks will exing them home will be another mat, amine the Londonderry and Bass ter. Soon after Partner went out to River areas, with special reference to

ROOM IN OLD GEMS

through the creek. That night we, LONDON, (CP). The, war has were forty-bounds down in our milk brought a boom in old gold jewelry. Big transactions by syndi-In the house one of the first things cates have torced the price of second and diamonds and other gems are selling at three and long times neevar. prices. Engagements and maras spended up by the war have

> You Roll Them Better With CIGARETTE TOBACCO

Men, Women Over 40 Feel Weak, Worn, Old?

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Puts Mosquito Into Research

Experts Go Deeply into Carriers for Sleeping Sickness in Both Humans and Horses

> BY MARSHALL BATEMAN Canadian Press Staff Writer

WINNIPEG, (CP) - Medical re-OTTAWA, (CP) - Strategic min- search workers in Western Canada erals needed for the war effort re- are investigating different types of ceive primary attention this year in mosquito files and other insects in an field work being undertaken by the effort to determine causes of sleeping Mines and Geology branch of the de- sickness in humans and horses. Expartment of mines and resources. perlments to immunize humans and Seventeen of the 28 geological parties continuation of Vaccination of horses

Last July and August human sleepportions in the mid-western United parties will map structures-chiefly States and prairie provinces. There were 600 cases in Minnesota while on Sept. 9 more than 800 cases had been reported in the prairie provinces, mostly in Manitoba-and Saskatchewan. There were more than 60 fatalities, mostly elderly persons, in the

At Regina scientists are collecting specimens of animals and birds for laboratory tests for evidence of the disease encephalitis. Research also is under way in Manitoba and Alberta

Inhoratories. The Saskatchewan investigations will be continued this summer said Hon, J. M. Uhrich, minister of public

In Manitoba John McClintoch, an entomologist, set up a_laboratory in any, insects have in the spread of the

Blood Test Experiments

Provincial health authorities announced efforts are being made to lation over 21 years of age in five Manitoba municipalities embracing municipal doctor areas. The area indale, Oak River, Rapid City and Minnedosa, all west of Winnings.

First step in the immunization ex-

ngainst sleeping sickness.

against Encephalomyelitis will be carried on in 14 municipalities in southregion north of Portuge La Prairie/ and possibly in south-eastern portions vinces. of the province.

In Alberta the department of agriculture has undertaken a campaign to encourage vaccination of equines. Hon, D. B. MacMillan, minister of the Department, reports the program is

"progressing well." In July and August of 1938 the dis-

mine the amount of resistance which equine deaths in the three provinces. has been built up by the individual Since then many horses have been inoculated with "chick" vaccine. Deaths . A plan of immunizing horses in 1939 were only about 50 horses,

mostly in Alberta. Distribution of the vaccine after western Manitoba, in the Interlake the 1938 epidemic was made through agricultural departments of the pro-

TOO MANY CREEPERS

LONDON, (CP)-Said a woman in court: "When a piece of creeper erept over our fence from the next door my husband crept out and pushed it back. The man next door crept out ease caused an estimated 26,000 struck my husband."

WASTAGE when you make tea!

You will get best results both in quality and quantity if you carefully follow these simple directions:

- I Scald out the teapot to warm it.
- 2. Use a level teaspoonful of tea for each cup of tea to be served.
- 3. Use the exact amount of FRESH water you require and see that it is BOILING FURIOUSLY before you pour it into the pot.

4. Steep FIVE MINUTES



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Aylmer TOMATO JUICE

3 20-oz. 23c Kellogg's

CORN FLAKES 2 8-or. 15c

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YOU LIKE COFFEE-TRY NESCAFE 1: 22c 1: 59c

CHRISTIE'S CAKE --JAM GEMS-3 for 10c Antiseptic Toilet Soap

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ODEX 2 ala 11c Dr. Ballard's Dog Biscuits Meaties 2 25c Laverene bil. 9c

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Chicken and Rice, Needle with Chicken or Mushroom 2 'tim 23C SOUPS Bright's PIE CHERRIES 15-oz. tin 16C LOAF CHEESE pound 39¢ WHITE BEANS Shirriff's Mix-Just Add Water and Bake GINGER BREAD 16-or. pkr. 28c TOMATO CATSUP 12-01. btl. 12C Whole Wheat Cereal-Quaker Muffets 2 pkr. 17c Sieve 3 AYLMER PEAS 2 16-oz tine 25C FEARMAN'S PURE

2 1-lb. pkgs. 25c

Unsweetened ' GRAPEFRUIT JUICE 2 20-os. tins 210 McCormick's Assorted Cream SANDWICH BISCUITS pound 190 STRAINED FOODS For Infante tin 7C Clover Leaf PILCHARDS Packed in 16-oz. tin. 150 Aylmer CHOICE TOMATOES 2 15-os. tins 17C Habitant "Condensed" 2 10-oz. tins 190 **VECETABLE SOUP** For Better Pastry MONARCH FLOUR 24-1b. bag 84C HI-HO PUDDINGS Amorted Helps You Keep Fitlarge ples. 210 KELLOGG'S ALL-BRAN For Better Cakes-MAPLE LEAF CAKE FLOUR pkg. 270 Christie's Lemon MARSHMALLOW BAR CAKE each 20C

Toilet Soap. LUX 3 cakes 17c Ask about Garden Book Chipso 9; 23; 52° White Naphtha Soap P. & G. 3 bars 14c No Sonk, No Rub, No Bleach .-Oxydol 9; 23; 65° For Toilet Bowle Sani-Flush un 15°, 29° Quaker Pulled Wheat CEREAL ple 7c

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JAM ARAB JAT 10C

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