

Of Interest to Women

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

EASY PIE FILLINGS

Whether your menu problem involves husband-pleasing or proving your culinary skill to in-laws, a perfect fruit cream pie is a dramatic triumph that is guaranteed to win applause from the most critical sweet tooth. Yet, it makes no call on your precious sugar supply. You'll be sure of success even as a beginner cook if you use this short-cut pie filling, made with sweetened condensed milk, for it's magically failure-proof. The filling is always creamy and just right, yet you don't have to cook it.

Magic Lemon Cream Pie

1 1/2 cups (15 oz. can) sweetened condensed milk
1/2 cup lemon juice
Grated rind of 1 lemon or 1/2 teaspoon lemon extract
1/2 cup whipping cream
Vanilla Water Pie Crust

Blend sweetened condensed milk, lemon juice and grated lemon rind. Stir until mixture thickens. Pour into an 8-inch pie plate lined with Vanilla Wafer Pie Crust. Garnish with whipped cream. Chill before serving.

Fruit Cream Pie

1 1/2 cups (15 oz. can) sweetened condensed milk
1/2 cup lemon juice
1 cup fruit
1/2 cup whipping cream
Baked pie shell (9-inch)

Blend sweetened condensed milk and lemon juice. Stir until mixture thickens. Fold in prepared fruit. Pour into baked pie shell. Cover with whipped cream. Chill before serving.

*Use any one of the following fruits:
1 cup fresh raspberries
1 cup sliced fresh strawberries
1 cup sliced peaches or apricots
2 medium-sized bananas, cut in small pieces

Sour Cream Dressing

1 pint sour cream
1/2 cup lemon juice
2 teaspoons salt
2 teaspoons sugar
2 teaspoons white pepper
1/2 teaspoon prepared mustard
1 cup tomato catsup
Beat cream until light, add lemon juice, salt, sugar, pepper and mustard. Beat until thick, and add catsup. Beat again until well blended and ready to serve. This dressing is especially good with sea foods and with greens.

Tough Overalls In Three-Piece

Mayfair Stylist Turns Out Hard Wearing Design for Women Workers

LONDON, (CP) It's a bit out of his line but this is wartime and Digby Morton, Mayfair fashion expert, has designed a new industrial overall suit for women factory workers. The model is such a success it has been ordered for American women workers. Morton designed the suit after noting that the middle of the ordinary overall wore out first. The new suit, of hard wearing drill, consists of three pieces—a shirt, slacks and a bib upon which wraps about so that it takes the hardest wear and most of the dirt. Each section is replaceable.

SATURDAYS AT SEVEN-THIRTY



Nicholas Schoester is a native of Holland. Once he thought of settling in Java, but the heat wave drove him back to Holland. He took ship for Canada then—that was in 1917—and the ship took so long to sight land he thought he was on his way to St. Lawrence to Montreal; stayed a while, saw Canada on a harvest excursion, crossed the United States as a visiting artist. In Halifax, where he has made his home for some time, he remembers music dates in six or seven countries, conducts his own programmes of salon music Saturdays at 7.30 p.m. EDT, 8.30 p.m. ADT, for National Network listeners. He is active in curling, golfing and tennis circles, will never pass up a swim in the North-West Arm winter or summer; is a member of the Polar Bear Club—no wonder.

"Cut-Throat" Razors

Are Having A War-Time Boom

A boom in "cut-throat" razors is one interesting side line in the growing contribution which is being made by Sheffield cutlery to the war effort. Apart from the curious fact that this long-handled type of razor normally maintains a considerable vogue among Naval men, safety razor blades are from time to time in short supply in Britain because the cutlery are allowed to produce only 25 per cent. of their usual output for home use. Many civilians are therefore taking to the long-handled razor, and the result is that the handful of firms who make it are now very busy indeed.

In peace time the saying ran that Sheffield shaved the British Army and to-day the call for safety razor blades is of course colossal. As fast as the factories get their allocation of steel strip, the stamping machines, mostly worked by girls, turn it into blades by the thousand.

Wedded Thrice To Same Girl

LONDON, (CP)—Gunner Marks of a Milland searchlight battery has had three separate spells of "privilege leave" to get married, each time to the same girl. During early London raids, being unable to reach necessary Jewish authorities, he was married by a friend. Later he obtained leave to marry according to Jewish Law and then the marriage records were destroyed by enemy action and he had to do it all over again.

Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

Anyone who has helped in sorting salvage knows it to be the most conglomerous collection of things imaginable but I think the salvage we have here beats all records, for in it I found a real live collie pup!

I had just returned from town and on my way from the garage I took another look at the collection of rubber. And there, if you please, snuggled down among old rubber boots, tubes and hot water bottles, was a wet and shivering black and tan collie pup, apparently about two months old. I really thought I was seeing things for at first the puppy did not move. However, as I got nearer he wagged his tail, blinked his eyes and wriggled along on his tummy. So then I knew that this salvage problem hadn't really deranged my mind and that I was actually looking at an honest-to-goodness living puppy.

The poor wee mite of a thing—it looked so cold and pitiful. Of course I had to pick it up, carry it into the house and get it warmed and fed. As I did so I certainly wondered who could have been so callous as to put a puppy out with their salvage. I kept wondering until Partner came in to supper and then he solved the problem for me. It appears that during the afternoon, while Partner was sorting papers and bottles a neighbor's dog came down to visit and brought the little pup with her. After a while the mother dog went home leaving the puppy behind. During the evening young John took the little dog back to its mother and there was a joyful reunion in the canine world.

Our community scrap pile is getting bigger and more complicated all the time, with Partner spending every minute he can spare sorting and straightening the stuff as it comes in. And we are by no means through. Right now we are busy melting down various small cans of fat that have come in and running it into large candy pails. So far we have about fifty pounds of grease. One load of scrap iron was sent to the city on Saturday and the result from the sale of it was very satisfactory. It will boost our Institute funds considerably and we shall have the satisfaction of knowing the iron, where it will do the most good. We also feel that by the time we get through with the paper, rubber, rags, fat and bones, this community's salvage will prove a very worthy contribution to our country's war effort. And if a collection of salvage such as we have here is being picked up in every community and I certainly hope it is, then who can say how far reaching may be the results? Did you hear the story of the woman at a meeting who asked "What more can we do to help win the war?" And someone in the audience answered: "Stop yapping and start scrapping!" Very impolite of course, but how very much to the point. Action, that's what we want.

Last week we had the best spring rain we have had for many years, but it started at a very awkward time for some people. We were having an Institute meeting here and the women, some of them walking, had just nicely got away when the storm started and the rain came down as if it were from a cloudburst. It flooded our garden and low-lying spots in the barley field; it filled the eistern to overflowing; it started the creek running and made the kitchen ceiling leak in several places. It rained most of Thursday night and nearly all day Friday. It made it very wet and disagreeable getting around, but it was a grand and glorious rain for which we cannot be too thankful. Partner has not as yet turned his cows out to pasture and for that we are very thankful too because with the ground so soft what grass they didn't eat would have been trampled underfoot. Partner debated for some time whether he should turn the cattle out or buy hay and finally decided to buy hay so as to give the pasture a better chance. And that is the second time only that we have had to buy hay since we came here. I thought it was the first but Partner says no, we bought one load of hay some years ago. Hay you know, is one of those things that are simply grand when you have it to sell. But when you have it to buy, ah, that's quite another story. Start buying hay and your milk cheque vanishes like chaff before the wind!

DEPENDENT ON IRISH

BELFAST, (CP)—Civilians in Northern Ireland have been ordered to "stand fast" in event of invasion and to carry on normal business as long as possible.

PRISONERS OF WAR FOOD PARCELS ARE BIG PART, RED CROSS WORK

Like a sturdy lifeline stretching between soldiers of the Empire who are prisoners of war and their folks back home, the Canadian Red Cross is now packing prisoners of war food parcels at the rate of 2,000,000 parcels a year with plans under way to increase this to 4,000,000 parcels a year by the end of 1942. Packed by volunteer workers at Red Cross depots in Montreal and Toronto, these parcels are sent to the International Red Cross at Geneva which sends them on to British, Canadian, Australian and New Zealand soldiers interned in prison camps in Germany, Italy and Africa.

More than one hundred thousand cards, signed by prisoners of war and received by the Canadian Red Cross, are conclusive evidence that the parcels are being distributed to the men of our armed forces for whom they were packed. The comment on these cards, while necessarily brief, is obviously sincere. "Very popular among 210 prisoners of war," writes Elight Lieutenant Robert E. Cost of Toronto from Aftag IXA. "Thank you for a Merry Christmas," comments Pte. George Smith, who has had seven parcels. "Parcel received with heartfelt gratitude," writes P. V. Tanner of Woolwich, England, from an Italian camp. "As welcome as ever," says Midshipman Pete Bateman, R.N. interned at Sulmona, while Frank Sharp, A.I.F. says: "The Canadian parcels are quite the best. Many thanks."

Each parcel weighs eleven pounds and contains sufficient food to supplement prison camp rations for one week. Whole milk powder, butter, cheese, corned beef, pork, salmon, sardines or kippers, raisins, prunes, jam, biscuits, chocolate, salt, pepper, tea and soap are included in each parcel, each carefully selected by authorities on nutrition to maintain the health and spirits of prisoners of war as far as possible.

To pack and ship one of these food parcels to the International Red Cross distributing centre at Geneva, Switzerland, it costs approximately \$2.50 and for this service to prisoners of war the Canadian Red Cross is planning to allot \$3,550,000 out of the \$9,000,000 required for the operations of the Society during the next year and which the people of Canada are being asked to contribute between May 11 and May 23. In addition the British, Australian and New Zealand Red Cross Societies are paying the cost of nearly 1,000,000 parcels a year which are being packed for them by the Canadian Red Cross.

Pay Rent Only On Percentage Of Production

Homestead Tenure System in Alberta a Success and Expected to Make Wide Appeal After the War

BY ERIC SANDERSON Canadian Press Staff Writer

EDMONTON, (CP)—More than 300 settlers in Alberta are being assisted in their efforts to make a living on their homesteads through the operation of the provincial government's tenure system and when the war is over it is expected thousands of men will return to take advantage of the scheme.

Under the plan, put into effect by Premier William Abernethy two years ago, the settlers pay rent only on a basis of the percentage of the actual crop production. The rent, therefore, is based only on the production from the land.

Hon. N. E. Tanner, Alberta minister of lands and mines, said the plan has been so successful that many other provinces of Canada and parts of the United States have inquired about the workings of the scheme. The plan is called the "Agriculture Lease Law" and under it land is leased for usually 20 years with arrangements for renewals.

Terms of Agreements

Applicants must be British subjects, 18 years of age or older, who do not own any other land. They sign an agreement whereby they must live on the land for at least six months each year and erect a dwelling costing at least \$200 within five years. The settlers also must agree to meet cultivation requirements by breaking and seeding.

Rent and taxes are paid by the settlers, giving one eighth of the crop, but if the yield is less than five bushels per acre, no rent or tax money is collected. In this way, no amount of taxes ever can accumulate as a result of poor crops.

Under the former plan operated in this province, settlers were given title to any 160 acres of homestead land providing they lived on the land for certain periods each year and made certain cultivation requirements.

When the settlers filed on the homesteads, they were required to pay taxes whether the land was of a productive nature or not. Hence, many of the early settlers, lost their homesteads after working for several years because they were unable to pay back taxes.

Libyan Sand Storm Made In England

To Test Middle East Railway Engines

Sand from the Libyan desert has been specially sent to the Research Laboratory of the Lannon, Midland and Scottish Railway for tests on the air filters of the diesel shunting locomotives to be used in the deserts of the Middle East. The filters were placed in a wind tunnel and the sand blown past them in order to imitate actual desert conditions. A related problem was to give a better supply of cooling air to the engine gearboxes of tanks operating in hot climates. The model of the after part of a tank was erected in the laboratory, and by making various alterations in the circulating fan and the air ducts, an improvement of 90 per cent. was achieved. The results of these experiments may be used in future tank designs.

The research department has recently devised another novelty rather like a pistol, with which pins that have been recovered from old correspondence are "picked up" magnetically, in exact packetfuls by a pull on the trigger. Seven cwt. of pins, clips and fasteners were recovered in the first year.

Most of the work of the Company's scientific staff is directly concerned with the war effort, either on the Railway's own war problems or for Government Departments. Substitutes have to be continuously sought for as regular supplies become unobtainable, and a good example has been the discovery that the wool grease retrieved from the sewers at

Bradford can be used in lubricating oils in the place of fatty oils previously imported for this purpose.

The research department's instrument shop has also been carrying out investigations on barbed-wire entanglements, steel helmets and armor plate.

The introduction of spray painting has been accelerated, enabling a wagon to be painted in 6 minutes as against the 40 minutes required by brushing. The work has been so simplified that it has been quickly mastered by women who have taken the place of painters called up to the forces.

From Pastries To "Mud Pies"

LONDON, (CP) Mrs. Ethel Sims and Mrs. Sarah Agar were making fancy pastries before the war. Now they are making mud pies. At least that's their way of saying they prepare the sand for metal castings for the molders in a war foundry. They are two of 10,500 women who have replaced men in this foundry since the war began.

NOT EVEN GOOD FOR DOGS
LONDON, (CP) — A restaurant owner who sold food which a food inspector said was so bad that it would have killed a dog was fined the equivalent of \$100 and costs.

LOVED SOLDIERS' MAIL

LEEDS, England, (CP) — Two men who rifled a mail bag containing letters for soldiers preparing to sail overseas were sentenced to 12 months' hard labor.

SMARTER IN CARDIFF

LONDON, (CP)—Doris Phillips, 21-year-old worker in a Welsh anti-tank gun factory, paid her first visit to London and, when asked what she thought of London girls, said: "I think they are a bit drowsy. We are smarter in Cardiff."

You Roll Them Better With
OGDEN'S FINE CUT CIGARETTE TOBACCO

Take part of your change in
WAR SAVINGS STAMPS
FROM BANKS POST OFFICES DEPARTMENT STORES DRUGGISTS GROCERIES TOBACCOISTS BOOK STORES and other RETAIL STORES

CARROLL'S

Before the advent of the motor car the family picnic was an established event! Keep it so this year, too—Just choose a picnic spot near home.

QUEENLAND SWEET MIXED PICKLES 27-oz. jar 23c

Hellmann's Blue Ribbon
MAYONNAISE 4-oz. jar 22c, 16-oz. 39c
Swift's Cooked Pork Specialty
PREM For Sandwiches 12-oz. tin 32c
Heinz Sandwich
SPREAD 6 3/4-oz. jar 19c
Libby's Ready-Prepared
MUSTARD 6-oz. jar 10c
Heinz Tomato
KETCHUP 1-gal. bl. 19c
Christie's Wafers
GRAHAMS 13 3/4-oz. pkg. 23c

CATARAC DRY—(Customary Deposit on bottles extra)
GINGER ALE 2 lg. bls. 21c

Carroll's Fine
OLD CHEESE lb. 43c
Kellogg's
CORN FLAKES 2 8-oz. pkgs. 15c

Unsweetened
GRAPEFRUIT JUICE 2 20-oz. tins 21c
ODEX Health SOAP 2 cakes 11c
PRINCESS Mild Soap FLAKES 2 regular pkgs. 29c

Dew-Kat
TOMATOES Choice Quality 2 2 3/4-tins 23c
Wagstaffe's—(with Pectin) Strawberry or
RASPBERRY JAM 32-oz. jar 31c
Carroll's Best Coffee—You'll Like it!
ROMAR Ground Fresh at the Time of Sale "The Soap of Beautiful Women" Toilet Soap 3 cakes 17c
With That "Whipped Cream Lather"
LUX SOAP 3 cakes 17c

PURE LARD Maple Leaf 2 1-lb. pkgs. 27c

Jewel
SALAD DRESSING 8-oz. jar 17c
Kellogg's—with Enamelled Glass Cup and Sauce
ALL-WHEAT 3 pkgs. of All-Wheat Aylmer 1 Cup and Sauce 32c
PORK and BEANS 2 20-oz. tins 17c
Campbell's
VEGETABLE SOUP 10-oz. tin 10c
Aylmer Soup
CHICKEN and RICE 10-oz. tin 10c
Golden
AYLMER KERNEL CORN 2 16-oz. tins 21c
Castell's Quick Cooking—Milk
MACARONI or SPAGHETTI 16-oz. pkg. 10c

McLaren's Crispie
DILL PICKLES 18-oz. jar 21c
Aylmer
JUMBO PEAS or Cleaning For Laundry 16-oz. tin 13c
P & C Naphtha Soap 3 bars 14c
For Laundry
GOLD SOAP 5 bars 22c

For Cakes, Pastry, or Frying
CRISCO 1-lb. tin 25c, 3-lb. tin 65c
For a White Wash Without Bleach
OXYDOL 1-lb. tin 9c, 2-lb. tin 65c
Delicious
Christie's Date Loaf ea. 15c
Christie's
Royal Marble Cake ea. 25c

VALENCIA ORANGES, Doz. 27c
FIRM GREEN CABBAGE 6c lb.
Also Cauliflower, Spinach, Lettuce, Green Beans, Strawberries, Special Prices
We reserve the right to limit quantities of all goods to family requirements
FRUIT AND VEGETABLE PRICES GOOD TILL SATURDAY NIGHT ONLY!

NEW POTATOES 3 lbs. 15c
CHOICE GREEN OR WHITE CELERY HEARTS 2 for 25

