

# Of Interest to Women

## Menu Hints

Magie Cocoanut Roll  
Mell Chocolate in top of double boiler. Add sweetened condensed milk and stir over boiling water. 5 minutes until mixture thickens. Coat for 5 minutes. Drop large spoonfuls of chocolate mixture into shredded cocoanut and work cocoanut into surface. Form into roll. Chill in refrigerator 3 hours or longer. Cut in slices.

## MAGIC CANDIES ARE BEST SELLERS AT CHARITY BAZAARS

When you're asked to do your bit for a charity bazaar, home-made candies are sure to be appreciated. They must have eye appeal as well as delicious taste to be most sellers. Here are magically easy recipes for home-made candies that fill both requirements.

**Magie Cocoanut Roll**  
2 squares unsweetened chocolate  
1 cup sweetened condensed milk  
1/2 cup shredded cocoanut  
Melt chocolate in top of double boiler. Add sweetened condensed milk and stir over boiling water. 5 minutes until mixture thickens. Coat for 5 minutes. Drop large spoonfuls of chocolate mixture into shredded cocoanut and work cocoanut into surface. Form into roll. Chill in refrigerator 3 hours or longer. Cut in slices.

**Quick Fondant Fruit Balls**  
1/2 cup figs  
1/2 cup nut meats  
1/2 cup Maraschino cherries, drained  
1/2 cup sweetened condensed milk  
2 1/2 cups sifted confectioners' (4X) sugar

Force figs, nut meats and Maraschino cherries through food chopper, using coarse knife. Blend sweetened condensed milk with confectioners' sugar to make a stiff fondant. Work fruit into fondant. Form into small balls. Chill until firm. May be dipped in melted sweet dipping chocolate, if desired. Makes about 35.

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## Sheep's Milk Cheese

Being Made by British Farmers With Help of Czechs.

Czechoslovak refugees are helping Britain to get cheese from sheep's milk. They have had experience of ewe-milking in Czechoslovakia which used to export 2,000 tons of ewe's milk cheese a year.

The making of this novel cheese has become practicable by the invention of a new milking machine just designed in Britain, and after experiments at the Northamptonshire Farm Institute, 400 ewes a day are now being milked by it. The ewes are put in pens in units of six and milking is done at a pulsation of speed of 100 per minute.

During the milking the milk is automatically transferred to one of two churns, either of which can be emptied without affecting the main vacuum pump.

British farmers are now to be encouraged to milk their ewes, if only for a short period after weaning the lambs. In both butter fat and curd ewe's milk is nearly three times as rich as cow's milk and each ewe could provide between 1 lb. and 2 lbs. of curd a week for at least four months of the year. There are so many ewes in Britain that the people could, it is estimated, get as much cheese from them as they ate before the war and still leave some over for export.

## Lollypops Leer Pies Go Creamy For Halloween

There's Doughnuts, Too, With Swell Trimmings, but Don't Forget the Choc Filled Cake for Kiddies

BY LOUIS BENNETT WEAVER

Halloween plays hob (goblin) with many favorite autumn foods. Pumpkin pies show up with grinning whipped-cream faces. Meat and chicken dishes have grotesque expressions on their crusty covers - and spicy, crunchy doughnuts are festive in nut-brown coatings.

If you are planning a party for little tykes put a cake together with chocolate icing and spread the icing generously so that the top and sides of the cake are well covered. Top the cake with candles fashioned in Jack o'lanterns, witches' hats or black cats. Light the candles when the refreshments are served.

Lollypops, too, are usually found at this season and some have faces painted on them. For another suggestion, frost a chocolate cake with orange icing and stick funny-faced lollypops around the top. All ages will like this fancy cake.

**Blitz Doughnuts**  
Since Doughnuts are a very important part of Halloween festivities, try giving them a different coat. Make-up your best doughnuts - always prefer mine flavored with cinnamon and vanilla but I find some folks must have nutmeg and cloves in theirs. When the doughnuts are cool, dip them in a thin, white frosting. Of course you can merely spread them with the frosting but you will find the dipping easier and it really does a better job. Roll the frosted doughnuts in sliced or shredded - not finely chopped - nuts. Lay on waxed paper to dry.

Pop corn festoons, too, make timely decorations. Make the balls your usual way, but add some raisins and salted nuts to the pop corn mixture for individual flavor. Wrap the balls in waxed paper and then in red, green and orange papers, attach strings and fasten them to stout cords. The festoons can be placed over the serving table.

## SOLDIER FINDS DIFFICULTY WITH ENGLISH MONEY

The difficulty which Canadian troops newly-arrived in England invariably encounter when attempting to translate dollars and cents into English pounds, shillings and pence, has been solved by a Canadian Y.M.C.A. Supervisor Overseas.

The problem of coinage had been rendered particularly acute by the arrival of a contingent composed largely of French-Canadians, none of whom knew more than a dozen English words. One evening of attempted explanations to those men drove the "Supervisor to take drastic steps.

He found a young lady, a former governess in Central Europe, and installed her at a table in the large entrance hall under a notice which read: " Ici on Parle Français."

Neat piles of English and Canadian coins were on the table before her. Within a few minutes she was completely submerged in a flood of information-seekers. The scheme was a success.

This table has become one of the most popular features of that particular Y.M.C.A. Centre, and is in constant use by new troops.

## Chronicles of a Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

Talk about a Chinese puzzle—that's just about what I have had on my hands. I spent the whole of one afternoon trying to pack two boxes for friends in England. The trouble lay, not in the packing, but in keeping the boxes within the weight limit of five pounds. Of course I was not going to be caught napping—no sir! I collected all the stuff together, including boxes, wrapping paper and string, and weighed them first. Four and a half pounds for each parcel—fine, that gave me a margin of half a pound. Now I can go right ahead. So I went right ahead, but somehow the various small packages would not fit together to make a neat, square parcel—the kind that carries far better than one which is all bumps and hollows. However, after taking a bit out here and putting a bit in there, and filling up the small spaces with wads of toilet paper—which, by the way, is particularly acceptable "over there"—I finally had the parcel more or less ship shape. And then, before trying the final wrapping, I put the whole thing on the scales again. Five and a half pounds! I could hardly believe my eyes—where that extra pound came from I don't know. But it was there, and most of it had to be got rid of somehow. So I started all over again... a little less padding... lighter weight boxes... half a pound... and hey, presto—the trick was done! The second box took me only half an hour to pack. The contents were a little different and fitted into the packing box like parts of a jig-saw puzzle. One box is four ounces less than five pounds—the other two. But supposing—just supposing—my scales are not true. The parcels may still be over-weight. What an awful thought!

Was the packing of those parcels a lot of trouble? Don't ever think it! The most that we on this side can do for friends in the Old Country is small compared with what they are doing for us. If I could, I would like to send a parcel every week to someone. But I know so many in England who can only do so much—more the pity.

In wondering, then, looking for a letter that doesn't come? Last week my son was transferred again. He knew he was to be moved but wasn't sure where but promised to send his address as soon as he was settled. Well, I looked for a letter day after day—and day after day went by and no letter came. For ten days we did not know where our boy was nor how to get in touch with him. Last Saturday he was home again.

"Why on earth didn't you write?" I asked indignantly.

"Write—why I did write—I have been wondering why I didn't hear from you."

So that was that—and I haven't got that letter yet. Of course now we know where the boy is stationed, the letter doesn't much matter, except that it does give one rather an uncomfortable feeling to have one's mail go astray and have no means of checking up on it. One can't expect either the postmaster or the mail courier to remember individual letters.

In thinking about mail delivery in general I wonder what I think was quite a brain wave. He thinks it would be a good idea if every rural box-holder should have, not only a rural route number, but a box number as well—the number of course to be plainly printed on the mail-box. Thus an address might read—Mr. John Farmer, R. R. No. 5, Box No. 16, Byfield, Ontario. Don't you think a plan would simplify rural mail deliveries, especially in districts where names are often duplicated? It would also make things easier in the case of hired help. "Mr. Jack Smith, R. R. 5, Byfield," might keep the mail man guessing if he did not happen to know that Jack Smith worked for John Farmer. But if the address also read "Box No. 16" then the mail man would have nothing to worry about, would he? Surely such a plan would help mail couriers and rural box holders alike. I pass along the suggestion for your serious consideration.

The farm work these days is going along very nicely. Rain has made the stubble ideal for ploughing. The rain has also improved pastures to such an extent that the cows are giving far more milk than they worked for a long time—for which we are very thankful—Dandelions are blooming on the lawn; blue jays are chattering all day long; leaves are scattering everywhere in the wind; pullets are laying, roosters are fattening; hens are moulting and neigh-

## Curb Surplus Cut Shortage War's Problem

Ottawa Board Makes Sure of Seeds for 1942 and Looks Out for 1943—Other Plans for Future Crops

OTTAWA, (C. P.)— Avoidance of shortages on the one hand and surpluses on the other is the aim of the Agricultural Supplies Board, the War-time planning committee set up within the Federal Department of Agriculture to help keep Canadian agriculture on an even keel and making its maximum contribution to victory.

Many of Canada's root and vegetable seeds were imported from Europe prior to the war. The board made a survey of available supplies and found there were enough for 1941. Arrangements were made for growing larger quantities in Canada of beet, cabbage, cauliflower, parsnip, radish, spinach, turnip, mangel seeds on contracts with seed firms.

Looking ahead the board sees no danger of a shortage of garden seeds for 1942 and is already making plans to avoid a prospective shortage in 1943. Apples and wheat produced the major agricultural surpluses in the first two years of the war. Overseas markets for wheat were curtailed and the British market, Canada's only export market for apples was practically cut off.

Machinery already existed in the wheat board act for dealing with wheat but the board helped in drafting the acreage reduction program put into effect this year.

To meet the apple crisis the board recommended and the government accepted a plan to buy the surplus surplus of British Columbia apples, process some of it and sell or give it away for what it would bring. At the same time an advertising campaign was carried on to induce people to eat more apples, better merchandising methods were fostered, the manufacture of apple juice and apple sauce was encouraged.

**Surplus for Ireland**  
Flax and flax seed presented a different type of problem. Great Britain wanted all the flax fibre Canada could produce and Northern Ireland wanted all the fibre flax seed. The board took control of all seed to see that Canadian growers got enough to increase their fibre production and the surplus went to Ireland. It also studied means of getting suitable machinery for the processing of fibre flax and financed the manufacture of certain machinery in Canada.

The cutting off of European sources of potash seemed likely to complicate the fertilizer situation for a time but arrangements were made to get sufficient in the United States. The board encouraged production in Canada of larger quantities of some kinds of fertilizer.

This summer due to dry weather in Eastern Canada an acute livestock feed situation developed. On the board's recommendation exports of mill feeds and coarse grains were prohibited in order to conserve supplies. The board arranged with millers for a temporary reduction of 33 per cent in the price of mill feeds in order to enable dairy farmers to get enough feed for their cows during the summer when pastures dried up.

## Not Ersatz

England Making Real Eau de Cologne

Genuine eau de Cologne is now being made in England from vintage crops of the true floral essential oils and shipped to countries once supplied direct from Germany.

The City of Cologne can no longer, of course, supply the most famous product, and the English makers declare that they too will only continue to do so while they can get the carefully chosen constituents of real eau de Cologne.

Thus far they have been able to send it to many Empire countries including Canada, India and South Africa and also to Egypt, Hongkong, and Palestine.

## Lindbergh Is Finished

Charles A. Lindbergh, former colonel in air corps, former public idol, former "Lone Eagle" of the airways, reached the utter end of his usefulness in public debate with his un-American remarks in the Des Moines speech.

His fall, in our estimation, was as steep and sure as that of one of the birds he emulated.

His name, heretofore will be associated with those who believe in the creed of hate, of bigotry and of intolerance. Few men in one lifetime have ever soared so high, only to fall so low.

He has injured irreparably the fine aspects of the cause he espoused, and he has dealt America an undeserved blow.

The subject injustice of his remarks must rankle among all kinds and creeds in America. His usefulness as a public figure is ended.—Boston Post

boring pigs of all kinds come visiting us from every direction. Such is farming as we find it today.

## License Now Being Issued By Hundreds

Applications for license under the nation-wide plan to license all manufacturers and dealers in food, feeds, livestock, poultry, yarn, cloth, clothing and footwear have already started to pour into the Licensing Records Division of the Dominion Bureau of Statistics at Ottawa, according to a statement issued today by the War-time Prices and Trade Board.

More than 300,000 licence application forms are being distributed to persons and firms affected by the licensing order through the co-operation of the thirteen thousand Canadian post offices and their mail carriers, municipal and rural. There is no licence fee.

Although these application forms only went into the mail on the week-end, several hundred were back into the Board's licensing division Monday afternoon.

"It would appear that businessmen are complying with the Board's request to get licences promptly," commented Director of Licensing C. H. Morphy. "While the deadline for securing a licence is December 1, it would be wise for licensees to apply as quickly as an unlicensed person who is new in the order, can buy for resale, handle or sell any of the listed goods after that date.

"Anyone who doesn't receive a licence application form through the mail, and who is subject to the order, should ask for an application at his nearest post office," Mr. Morphy concluded.

## No Answer To This One

Like Mayor Fader of Leamington who wonder why people keep putting their money on the gambling games at the country fairs or the travelling shows. When person after person loses sums that run into as much as a couple of weeks' pay, it would be natural to assume that others would be wise enough to steer clear.

But, people continue to think they can beat the games. It is like the slot machines. In the long run they will eat up your money, but people continue to play them, always hoping they will hit the jackpot.

The trouble is that so many people lose substantial sums and then they go weeping to the law to get it back for them. They never run to the law with any winnings and ask the police to return the cash to the operators. Windsor Star.

## FREIGHTS ARE NUMEROUS ON NATIONAL RAILWAYS

For the first part of this year each day has found an average of 92,600 freight cars in service on the Canadian National Railways, the total representing a daily increase of approximately 2,800 laden cars when compared with the corresponding period of 1940. Revenue freight loadings on the National System are now at their heaviest since 1940.

LONDON, (C.P.)—Many civil servants will remain at their jobs—five years beyond the retirement age of 60 because of the need for experienced employees in government offices depleted by wartime recruiting.

## LOOK OUT FOR YOUR LIVER

Shut it up (right now) and feed it (like a million). Your liver is the largest organ in your body and most important to your health. It stores up fat to digest food, gets rid of waste, supplies you energy, allows proper assimilation to reach your blood. When your liver gets out of order, liver diseases in your lifetime. You have some controlling stomach and kidneys can't work properly. You feel "rotten"—headache, backache, dizziness, dropped out all the time. For over 25 years thousands have been cured from these ailments—with Fruit-A-Tives. So eat your liver. Try Fruit-A-Tives—you'll be simply delighted how quickly you'll feel like a new person, happy and energetic. 25¢. 50¢. 75¢. 1.00. (Coca-Cola Bottling Co., Ltd., Toronto)

# Repledge for War Savings "SALADA" TEA



Take home a six-bottle carton 30¢ PLUS DEPOSIT 2¢ PER BOTTLE

## CHAMPION PLOWMEN WIN TRIP



The Salada Tea Championship Class at the International Plowing Match recently held near Peterborough brought together leading plowmen from all over Ontario. Competition was keen. Winners of trips were Elmer Armstrong of St. Pauls and Marshall Deans of Paris. If restrictions do not forbid, Salada will give these a Transcontinental Tour to points of agricultural interest in the United States and Canada. The next twelve winners in the event received prizes from \$25.00 to \$5.00.



## Our Town is at War

Men are drilling in our town... we can? That's one thing we can all do... one thing we must all do. We must all buy more War Savings Certificates.

The help of every Canadian is needed for Victory. In these days of war the thoughtless selfish spender is a traitor to our war effort. A reduction in personal spending is now a vital necessity to relieve the pressure for goods, to enable more and more labour and materials to be diverted to winning the war. The all-out effort, which Canada must make, demands this self-denial of each of us.

SUPPORT THE WAR WEAPONS DRIVE IN YOUR COMMUNITY

SPEND LESS—TO BUY MORE WAR SAVINGS CERTIFICATES