

Of Interest to Women

Menu Hints

Recipes for New and Novel Dishes, Household Hints and Suggestions

- Chicken Club Sandwiches**
(For each sandwich)
3 slices toast
Mayonnaise
1/4 to 1/2 breast of chicken
Lettuce
Crisped Bacon
Tomato slices or onion-slices
Pickle or olives

For each sandwich remove the crust from three slices of toasted bread, buttered while hot. Spread the under slice with a thin layer of mayonnaise dressing. On this lay two small white lettuce leaves, allowing them to project beyond the edge of the toast. On the lettuce lay thin slices of breast of chicken spread with mayonnaise. Cover with a slice of toast, spread with mayonnaise and cover with slices of crisp bacon. A slice of tomato or onion may be placed over the bacon. Place the third slice of toast on this and garnish with pickles or olives. Serve while the toast and bacon are hot.

Raisin Rocks

- 1 cup shortening
- 1 cup brown sugar
- 1 teaspoon salt
- Flour
- 1 teaspoon ginger
- 1 teaspoon soda
- 2 cups molasses
- 1 cup seeded raisins

Put the shortening, sugar, molasses, ginger and salt into a saucepan together. Stir the mixture until it boils; then boil it five minutes. Pour into a bowl and stir in flour and soda sifted together until it is just stiff enough to drop from a spoon. Add the raisins and drop by spoonfuls on to a greased shallow pan. Bake the rocks in a moderate oven (375-400 degrees F.).

Roast Woodcock

- 1 tablespoon anchovy paste
- 2 tablespoons fat
- 1 cup milk
- 5 hard-cooked eggs
- 1 tablespoon flour
- 1/2 teaspoon salt
- 6 slices of bread

Prepare a white sauce with fat, flour and milk, add eggs chopped fine, anchovy paste and salt. Have the bread toasted and lay it on a hot dish. Pour the hot mixture over it and serve immediately.

Banana and Nut Salad

- 3 well ripened bananas
- 1/2 cup chopped nuts
- 6 leaves lettuce
- 1/2 cup mayonnaise or boiled dressing

Peel bananas and cut in two-lengthwise. Roll each half in nut-meats. Place on lettuce leaf and garnish with dressing. Equal parts of dressing and whipped cream may be used.

Neapolitan Ice Cream

- 1 pint strawberry ice cream
- 1 pint pistachio ice cream
- 1 pint orange ice

(Any preferred combination of flavors may be used instead of these.) Pack a mold in salt and ice and spread the strawberries, ice cream smoothly over the bottom. If it is not very firm, cover and let it stand for a few minutes. Spread a good layer of orange ice upon it, and as soon as this hardens, spread over it the pistachio ice cream. Cover and freeze.

It's Mainly Men Who Object With Women in Pants

But Uncle Sam's Firms Experts Take Lead in Promoting Beauty and Utility of the Idea

(By Helen Forrist Hall)
Country folk are out to demonstrate that women can wear trousers and still be feminine.
From U. S. Department of Agriculture's bureau of home economics emerges a troupe of pants-for-women styles. Yes, and skirts too—such as jumpers, belted or in the princess line, to be worn with blouses.

But when a branch of the government went to town to create styles—not for the women of leisure or the "white collar" girl who receives so much attention, but for the laboring woman—its textile experts recognized the indispensability of the trousers. Truly comfortable, well-planned clothes are the result. Appropriateness being the valor of smartness, the girls should do all right.

Male Opposition
Miss Clarice Scott and her co-workers in the bureau have done a good job. Our only concern is that among the menfolk who surround the very women who need these clothes are the ones who are most "agin" women in pants.
Should the bureau choose to use such terms as "pinfore" instead of "overall apron" in setting up its fashion phrases, acceptance might be more enthusiastic. Actually, the themes fall in line with what fashionable women wear for gardening, bicycling and the milk-maid pose.

Cottons Under
The designs have been released to pattern makers as well as to cutters, with standard fabric-width in mind. Thus the woman who sews her own may save on fabric—and on time, what with easy-to-follow instructions. As the originators stress that few undergarments are needed, we judge they have cottons of fair weight in mind.
Among the fashion-plus-utility points are straight-hanging trousers with buttons or zippers to snug them at the ankle as well, and extension sleeves to be buttoned onto the short sleeves incorporated in the garment. Both tricks make for femininity.
Husbands really should rally. Think of not having to say, "Dear, your petticoat shows!"

Chronicles of... Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

Why is it that things just take a notion to fall to pieces at the very time when the government is telling us not to buy any more than we have to? Very unpatriotic, I call it. First it was my washing machine. It didn't exactly fall to pieces but it just wouldn't wash. Of course Partner came to the rescue and spent a good part of one day on it and then announced it might work or it might not—he wasn't sure. However, the next morning I heated water and got things ready for my good helper who comes, more or less, one day a week—and hoped for the best. And then the telephone rang—my good friend was sick and couldn't come. Well, there was the water, good and hot—and there was the washing, and the washing machine, so it looked like a good idea to get busy myself. I did. The washing machine seemed to be running perfectly—hand-power we understand—that is the most we can manage around here.

But in less than five minutes, bang went something and the washer just died a natural death. "So that's that," said I to myself, "and here's where I take to the board." Sounds easy doesn't it and it might be with some washes, but not ours—not with a son working around a threshing machine. So I scrubbed away, gently and wearily, but I also kept my wits working and every little while I would stop working and go to the telephone. I phoned three or four stores and asked each one—"Have you got a second-hand washer you want to sell?" The answer was always "no."

Then I tried the local auctioneers. "Were they expecting a sale in the near future?" Still no luck, and I began to feel discouraged. I should have been discouraged—but you know I always have a feeling that if you know what you want and go right after it you win out in the end. So I started thinking of everyone I knew who had the hydro put in fairly recently and might have discarded a hand-power washer for an electric model—and who wouldn't?

Five places I phoned... no luck! But the sixth... ah! Yes, we have a hand washing machine, now we were wishing we knew of someone who wanted one. There is a wringer out too. "Fine," I answered, "will you be at home this afternoon?" Yes... then I'll be right up. And I was right up and before long I was right back with the machine, and the wringer, both of them in better condition than my own before they came to grief.

Our next worry was a cooking stove. For two years I had been looking for a stove I really liked, now we had come to the place where we couldn't wait any longer because our old stove wasn't safe to use. Partner told me I had better hurry up or the time would come when I couldn't be able to get a stove of any kind. And then, would you believe it, I found exactly the kind of stove I wanted except for color. I got Partner to look it over and he liked it too. But the stove, unlike washing machine, was new. The price was like it too, but after all, one doesn't buy a new stove every year and a good stove generally means less fuel. And then, the day after the stove was delivered the radio announcement that the manufacture of many domestic articles would be curtailed including stoves. I was glad the announcement came after, and not before, the arrival of the stove. It is quite a problem sometimes to know just where to draw the line.

There was the Exhibition for instance—was it right to go, and to drive? Partner and I finally decided, we would go, and since we had used only two gallons of gas a week for the last four weeks we also thought we would take the car, since either the train or the bus meant taking too long a day—the boys had been down earlier in the week. After all, who knows, this might be the last time we would have the opportunity of attending the Exhibition until after the war. We made a round of the buildings where we knew the aeroplanes, tanks and other wartime machines was being exhibited; we saw all the "movies" and dramatic sketches that were being put on; we saw the changing of the guard and the parade of the R.C.A.F. round the flagstaff at night—we inspected very closely the quilts that were being quilted outside the women's building; we bought a splendid portrait of Winston Churchill; we listened to Jim Hunter and Red Foster; we listened to the band with great enjoyment as we rested our weary limbs, but we quite forgot to visit Elsie, the cow! We were very much impressed by the smartness of the men in uniform. One of the guards at the Motor

The Week at OTTAWA

Specialty Written for The Acton Free Press by BY ALAN HARVEY Canadian Press Staff Writer

OTTAWA, (CP)—New evidence of the important part the Canadian bacon-hog is destined to play in winning the war comes from the Department of Agriculture in the details now available of the new bacon agreement with the British Ministry of food and prohibitions on the export of feed grain from Canada.

Canada has undertaken to supply Britain with 600,000,000 pounds of whitishire sides in the year starting Oct. 1. This represents a considerable stepping up from the 425,000,000-pound contract which runs out at the end of September.

It means more hogs must be fattened on Canadian farms and, with small crops this year and increased demands for food from dairy farmers who are producing cheese for Britain, the government has acted to protect Canada's feed supplies. The export of barley, oats, low grades wheat and mill feeds has been prohibited.

These developments on the agricultural front took place as Prime Minister Mackenzie King toured the camps and stations of Canada's fighting forces in Great Britain and held long conferences with Prime Minister Churchill and other members of the British cabinet.

Complete Control
Centralization of control over pricing and the supply of goods and services essential to the prosecution of the war is the latest government move in the economic field.

Less than a month ago the Wartime Prices and Trade Board was transferred from the Labor Department to Jurisdiction of Finance Minister Isley. Now it has been clothed with supreme authority in the price-control field.

For the first time since its formation shortly after outbreak of hostilities it has been given explicit authority to pass judgment on prices fixed by all other governmental agencies—not only Federal but Provincial as well.

At the same time its functions have interlocked with those of the War-time Industries Control Board which now is headed by R. C. Berklinshaw, the director-general of priorities. Mr. Berklinshaw is a member of the War-time Industries Control Board. This each board will be kept closely advised of actions contemplated by the other.

Until now each of the various controllers appointed by Munitions Minister Howe has had full authority over his own particular field, subject, of course, to ministerial approval. In the new set-up Mr. Berklinshaw will have power to veto their decisions. Each controller must go to him for approval of orders he intends to issue.

A joint statement by Finance Minister Isley and Munitions Minister Howe said the Industries Control Board has been given complete control of the supply and allocation of commodities and materials essential to the war effort. The statement contained a strong intimation that action may soon be taken to curb installment buying, a move which has been rumored for some weeks. If said restriction of purchases on the installment plan "would appear to be in the national interest under war-time conditions."

Finance Minister Isley is touring Western Canada this week on the interest of the war savings campaign. Besides making a number of speeches Mr. Isley is conferring with local committees pushing the sale of War Savings Stamps and Certificates.

Bonus and Labor
During last week Mr. Isley brought good news to many thousands of civil servants when he announced payment of a cost of living bonus to government employees. The bonus, which at the start will have a maximum of \$19.1 a month, goes to all manual workers and to all clerical and supervising employees who earn less than \$2,100 a year.

In paying the bonus the government follows the advice it has been showing building was so motionless I took him to be a dummy and then saw his eyelids flicker. After watching the men of the R.C.A.F. on the march Partner exclaimed "Well, those fellows have got us men of the last war absolutely licked for smartness."

Bathing Suits Of Face Cloths

Fall Coats From Steamer Rugs and Other Things to Eke Out Coupons

LONDON, (CP)—London women—some of them, anyway—are buying steamer rugs for fall coats to make their clothes coupons go further.

The rugs are coupon-free and as many firms are ready to make up customers' own material, a coat from a rug or rugs is an easy, and smart, solution of the fall coat problem. "Many of these rugs satisfy all the requirements of fashion," one expert said, "and plain rugs with a plaid reverse are especially suitable."

The plaid surface is used for collar, revers, pockets and shallow cuffs. Featherweight cashmere rugs are frequently reversible and these can be used for short or long coats.

Bath towels have been used for holiday wraps. Face cloths (six or seven of them) have been made into natty bathing costumes and holiday frocks have been made from embroidered colored linen sheets.

EXHIBITION SPECIALS

Daily Except Sunday
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Kellogg's CORNFLAKES 2 12-oz. pks. 23c	Aylmer Tasty Cut ASPARAGUS 2 12-oz. tins 19c	
Aylmer Choice TOMATOES 2 15-oz. tins 15c	Libby's Cooked SPAGHETTI 3 15-oz. tins 25c	
Jewel Salad DRESSING 32-oz. jar 39c		
LIGHT BULBS each 20c		
Australian Seedless RAISINS 2 lbs. 19¢	Aylmer Tomato CATSUP 12-oz. btl. 12¢	
Aylmer Tomato SOUP 2 10-oz. tins 15¢	R.C.A.F. Cream Sandwich BISCUITS lb. 18¢	
FLOOR WAX Hawes' tin 25c, 45c	MAYONNAISE Hallmann's 4-oz. jar 23c	
SURPRISE SOAP 2 bars 9c	INFANTS DELIGHT SOAP cake 5c	
KLEENEX 100 sheets 10c, 25c, 29c	WOODBURY'S SOAP 1c Sale 4 cakes 24c	
OXYDOL pkg. 9c, 23c, 63c	CAMAY SOAP 2 cakes 11c	
VI-TONE tin 24c, 43c	PARL 2 lbs. 19c	Cherry's Raisin CUP CAKES 6 for 10c
JUICY VALENCIA ORANGES, Dozen 35c	CHOICE MALAGA GRAPES, 2 Pounds 25c	DO-NUTS doz. 20c
SWEET POTATOES 4 Pounds 25c	CRISP, WHITE CELERY HEARTS 2 for 19c	

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