

# Of Interest to Women

## Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

### EGGS—ECONOMICAL AND SATISFYING

An important place on the market list should be given to eggs. Fresh eggs are an appetizing, healthful food for children and adults. They are easily and quickly prepared, either as the main dish of any meal or in combination with other foods for dessert.

Eggs are graded according to Government standards of quality and size. In order of quality the grades are: Grade A1, Grade A, Grade B, Grade C.

The Consumer Service Section, Marketing Service, recommends the following tested recipes:

- Scalloped Eggs
  - 2 tablespoons chopped onion
  - 6 eggs
  - 3 tablespoons butter
  - 1 cup milk
  - 2 tablespoons flour
  - 1 teaspoon salt
  - 2 tablespoons grated cheese

**Hard Cook Eggs.** Cool. Remove shell. Cut in halves lengthwise. Remove yolks and mash with a fork. Add 1 tablespoon butter. Season with salt and pepper. Fill whites, filling up lightly. Place eggs in a casserole. Prepare a sauce. Melt 2 tablespoons butter. Add onion. Cook until clear. Add flour. Slowly add milk, stirring constantly, until thick and smooth. Add salt. Pour over eggs. Sprinkle top with grated cheese. Bake until heated through and cheese is melted. Serves 4.

- Rice-Egg Casserole
  - 1/2 cup rice
  - 4 eggs
  - 1 tablespoon butter
  - 1 tablespoon minced onion
  - 1 teaspoon minced celery stalk (or leaves)
  - 1 cup grated cheese
  - 1 cup milk
  - Salt and pepper

**Hard Cook Eggs.** Cook rice in boiling salted water until tender (allow 8 cups water). Drain well. Melt butter. Add onion and celery. Cook until clear. Add milk. Bring to boiling. Put 1/2 rice in a greased casserole. Slice eggs and arrange on rice. Add remainder of rice. Pour milk and cheese mixture over. Bake 25 minutes at 350 degrees F. Serves 6.

- Eggs in Baskets
  - 4 slices fresh bread
  - 4 eggs
  - Salt and pepper

Remove crusts from bread. Butter and press into small muffin pans, buttered side up. Bake until crusts are crisp and brown. Break 1 egg into each cup. Season and return to the oven until egg is set.

- Bread Eggs
  - 1 cup stale bread cubes
  - 2 tablespoons butter
  - 3 eggs
  - 2 tablespoons milk
  - 1 teaspoon salt
  - Pepper

Cut bread in 1/2 inch slices, then in cubes. Brown bread in melted butter. Beat eggs until light. Add milk, salt and pepper. Pour over bread and fry until set and browned. Fold. Serve at once. Serves 4.

- Creamed Eggs on Toast
  - 1 cup milk
  - 2 tablespoons butter
  - 1 tablespoon flour
  - 1 teaspoon salt
  - 4 eggs, hard cooked
  - 4 slices buttered toast

Melt butter. Add flour. Cook until frothy. Add milk. Slowly stir until thickened. Add chopped egg whites and salt. Pour over toast. Press egg yolks through a coarse sieve. Sprinkle over sauce. Reheat in oven.

- Caramel Spanish Cream
  - 2 cups milk
  - 1/2 cup sugar
  - 1/2 tablespoons gelatine
  - 1/2 teaspoon salt
  - 1 cup boiling water
  - 1 cup cold water
  - 3 eggs
  - 1/2 tablespoon butter

Soak gelatine in 1/2 cup water. Melt butter. Add 1/2 cup sugar. Stir constantly until golden brown. Add 1/2 cup boiling water. Stir until sugar is dissolved. Add salt, milk and remaining sugar. Bring to boiling. Pour over well beaten egg yolks. Return to stove. Stir until mixture coats the spoon. Add soaked gelatine. Cook 1 minute. Pour over stiffly beaten egg whites. Mix thoroughly. Pour into wet mould when set. Turn out.

### AUNIES' APPLES

CANBERRA, (CP) In the Australian Imperial Forces now "an apple a day" is more than a slogan—it's a fact. The Commonwealth Apple and Pear Board will see that every soldier has one daily—an army issue.



AIR COMMODORE GEORGE OWEN JOHNSON, M.C. Deputy Chief of Air Staff

## Census Means Distinctions Around Women

### Homemaker Must Be That And Nothing Else, It Seems, and Unusual Occupations to Be Checked

OTTAWA, (CP) Specific definitions of employment will assist all those enumerators who are most likely to be women. The census information in June this year as they take the 10-year general census.

A "homemaker" is defined, for census purposes, as a woman doing housework in her own home, without salary or wages, and having no other employment, but being responsible for the domestic management of the home. If a woman, in addition to doing housework in her own home, regularly earns money at some other occupation whether carried on at home or outside, then that occupation must be stated.

Where she keeps lodgers or boarders as a means of supplementing family earnings, she will be returned as a "lodging-house keeper" or "boarding-house keeper" when the number of lodgers or boarders exceeds the number of members of the family of the household.

### Part-Time Workers

A "student" is defined as every person of 14 years and over who regularly attends school or college or is receiving private tuition. Even if earning small sums of money by week-end work or employment after hours, the boy or girl will be enumerated as a student. Only when the person is not attending school and is employed most of the day on some occupation or is wholly assisting parents or others on a farm, in a store or similar occupation, will he or she be enumerated as having a gainful occupation.

If an individual has two occupations which he follows during the year, the one at which he spends most of the time for from which he receives the greater part of his annual earnings must be entered.

### Check On Women

Instructions to enumerators point out women are seldom found in most primary occupations such as miners, fishermen and loggers, or in building trades, as carpenters, plumbers and the like, or as locomotive engineers, motormen and truck drivers. Where a woman is reported as having an occupation not usually followed by women the enumerator must make further inquiry before accepting the statement as given.

Clear distinctions are required, and the enumerator is warned that an agent may be an insurance agent, a purchasing agent, a ticket agent or some other type of agent. There are various types of engineers, clerks and inspectors, and the enumerator, by his instructions, must make a distinction between a machine operator and a machinist, a milk driver delivering milk from door to door and a milk salesman going from house to house seeking new customers.

Enumerators are instructed to distinguish carefully between persons who have no job and those who have employment but are on lay-off due to seasonal slackness, plant break-down or similar causes.

## Dyed Potatoes Used For Feed

SEATTLE, Wash., (CP) Washington livestock growers are this year using dyed potatoes for their cattle feed.

Under supervision of the Federal Surplus Marketing Administration, growers are being paid \$5 a ton for No. 2 grade potatoes to divert them from the human-consumption market. The potato grower, under federal inspection, "brands" the dyed potatoes with brilliant but harmless dye, and is permitted to sell them for livestock food.

## Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE P. CLARKE

### Blushing Bill Blushing In Ranks

British Tommy Gladly Renounces "Cushy" Job in A.T.S. (Women's) Supply Depot

MANCHESTER, (CP) "Blushing Bill," British infantry soldier, returned to the ranks where men are men and there are no women. Bill joined the army to fight, but found himself behind a counter at a supply depot handing out coats, skirts, stockings, shoes and intimate feminine garments to members of the Auxiliary Territorial Service.

For months he toiled bravely at the strange task, never complaining and enduring libes and jokes of fellow-soldiers. Finally the army decided to appoint a woman. It didn't take Bill long to pack his knapsack and hurry to his unit.

### TOO MANY DOGS

LONDON, (CP) An announcement that a dog expert was training dogs for a secret branch of army work led to the War Office being inundated with dogs sent by kindly people. Officials announced they had to kill the dogs they needed.

### JUTLAND CHAPLAIN KILLED

LONDON, (CP) Rev. Percy H. Jones of Wandsworth Common died in Battersea Hospital from injuries received when he was knocked down by a motor car. He was chaplain to H. M. S. Vanguard at the Battle of Jutland.

work and chiding hens I am getting a little reading done. Really I should regard it as "idiotic" now. It is "An American Doctor's Odyssey" that I am reading and find it very interesting. I am beginning to think that when one has less time for reading one gets more benefit from what one does read. Being able to read only a little at a time I have plenty of opportunity to reflect on what I have read.

One last thought. Are you alarmed and depressed over the recent turn of events in the Balkans? Please don't be. Things may look black right now—but somehow, sometime, the British will win out. After all, the Germans have Hitler on their side, but we have God! Don't ever doubt it. To doubt is playing Hitler's game.

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As far as the weather is concerned the past week has been ideal. Here are a few things that I noticed last week together with the dates. April 15, the first frosts in the garden for the first time this year. April 16, Ballinacree Crude returned. April 17, raspberries and rhubarb from our own garden for dinner. April 19, wheat from the distance looks as green as a fresh cut lawn in late spring. April 13-19—hens going broody at the rate of about four a day.

Oh, those hens! As everyone knows, broody hens in the laying pen are no good. They keep the eggs overheated, crack the nests and cause eggs to get broken and the nests soiled. So every night, except when I forget, I pay a visit to the henhouse, remove the broody hens, put them in another pen where there are nice comfortable nest-boxes, and leave them to get as broody as they like. But do they do it? Say, by the time you get hens where you want them they have forgotten what the word broody means! But they can cluck. Oh yes, that's quite a different matter. Every time I go in to feed the broody hens they greet me with a regular chorus and then when I look in again after dark I find just two out of sixteen settled comfortably on their nests! And here I am with a hundred chicks ordered for next Friday and two hobs to take them. Well, I hope these two biddies "like" big families!

The ploughed fields are very, very wet. A few days ago it looked as if we might be spring seeding before very long. And then came the rain, and after it colder weather, and now seeding looks further off than it did before. But growth is going on. Before the land gets worked up a good many fields around here will look as green as if they had already been sown. Grass is growing up through the ploughed sod and all we can do is wait until the ground is dry enough for the tractor and implements to go in and let it up.

In the meantime this has been good housecleaning weather. And that brings us back to the roads again. Last week I could only get part way along the road to get my "help" who, however, walked part of the way to meet me. We arranged for two days work together this week and now the roads are worse than ever, so we have given up. So here I am as anxious as I never was before to get really ahead with the work—but road conditions make it impossible. How ever I am doing the best I can. Also between housecleaning, Red Cross

Carol and Joan were talking to school. Carol asked, "Do you like school, Joan?" Joan: No, not much. Carol: Why don't you, Joan? Well when you talk or laugh you scare me.—Jack Baynten, S. S. No. 3, Grade 6.

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# NASSAGAWEYA SCHOOL NEWS

Vol. 1, No. 2 NASSAGAWEYA THURSDAY, APRIL 24th, 1941

## EDITORIAL

Last month our Government made a war savings drive. They planned to raise millions of dollars to be paid back by the government in seven years. This campaign was received so well that the government is going to continue the drive and they want everybody to join in with them and pledge part of their earnings for War Savings Certificates or stamps. The money you pay to government is used to build planes, tanks and other war equipment—used by our forces fighting for freedom and the more we spend in War Savings the quicker Hitler will be defeated.

Some of the schools have set an objective to be raised during the term. Different methods have been used. Some schools use a banking system. In this system each child brings their money and it is put in a bank. When they have twenty-five cents they receive a War Savings Stamp.

Other methods are used but it does not matter which method is used but try to help the government to win the war and remember "Serve by Saving".

## MY FEBRUARY BOOK

A very interesting and sympathetic story is "Uncle Tom's Cabin". The story is of a dorkie who is called Uncle Tom. He lived in a cabin on his master's lot. One day Uncle Tom had to go away because his wife was sick. He went on a trip with the other slaves—during this time he came upon the most beautiful little girl. Her father bought him and he spent pleasant days with her. One day Uncle Tom died. But before he died he was found by his old master's son, who carried the old news of Uncle Tom's death. Jean Trimble, Grade 7. The author, Mrs. Heatcher Stowe.

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## BOOK REVIEW

**LITTLE GRIZZLY**  
In this story there was a mother and two grizzly cubs. When the cubs were young young their mother was shot. In a few days the little cub was also shot. They left poor little Whub all alone. He had a hard time. One day when he was still small he went fishing and got "his paw in a trap. He pulled so hard that the trap was pulled away from the stake. He got out by taking his hind foot, placing them on the trap and prying the trap open. He was caught quite a few times in the jaws as he called them. He always remembered his, old trick of opening them. When winter came he got in a snow bank and then was covered by the storms. He was finally caught in a trap and died. Bill Watson, Grade 6, S. S. No. 1, Nass.

**HOW HELEN SAVED HER GRANDFATHER**  
Helen was a twelve-year-old girl and lived with her grandparents three miles from the nearest village. It was late one cold stormy night early in the year when her grandfather was taken seriously ill. Her grandmother nearly frantic rushed to the phone but to her dismay the phone lines were broken. Meanwhile Helen hearing her grandmother's hurrying footsteps rushed downstairs demanding who she was excited.

Now Helen was very fond of her grandparents and when she learned that her grandfather was ill she at once said: "Grandmother I'll put my snow-shoes on and go for the doctor." Grandmother tried to stop her but Helen insisted and she went on her journey on snow-shoes.

The snow was blinding and she stumbled many places in the dark. One of her snow-shoes came loose and she had to stop to fasten it. Her hands became cold and she felt weak and dizzy. When she got to the top of the hill she saw the dim lights of the village. She felt she could go no farther but she thought of her sick grandfather and plunged on. At last she reached the doctor's house. Helen delivered the message to the doctor and fainted. The doctor left her in care of his good wife and added his horse, soon reaching her grandparents.

Now Helen was a brave girl and her courageous act saved her grandfather's life.—Phyllis Robertson, Grade 7, S. S. No. 3.

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## POETRY

**The March Wind**  
Oh, Wind of March  
You blow so wildly  
Why, oh why  
Don't you blow more mildly?  
How roughly you toss  
The trees about  
Through whistles and whinnys  
You laugh and shout,  
And though I'm just a little child  
Oh March wind wild and free  
I see there's lots of difference  
Between you, wind, and me.  
—MARGARET ROBERTSON  
Grade 8, S. S. No. 8.

**Me**  
I am a very lazy boy  
I cannot make a poem  
I cannot get my spelling right  
In the fields I like to roam.  
My English is it always wrong  
My sounds, I could never get  
I cannot sing the simplest song  
I love to sit and sit.

**Magic**  
There must be magic  
Otherwise  
How could shoes be made so tight  
And how could scarlet-towns  
Otherwise  
Be dressed in such a sight  
And how could snowflakes  
Otherwise  
Be such a fluffy white.  
—ANNE BERBECH  
Grade 3, S. S. No. 1.

**A Bit of Magic**  
Cross your middle fingers  
Stand upon your toes  
That's a bit of magic  
Not everybody knows  
If you see a fairy  
Try not make a noise  
Fairies are suspicious  
Of little girls and boys  
Look! the magic's working  
Hiding in the grass  
Can't you see her pass?  
—GEORGE SERVICE  
Grade 1, S. S. No. 7.

**My Garden**  
I have a little garden  
With many curious things  
And they bow as if they pardon  
And fly as if with wings  
And when the sun comes out  
They then begin to grow  
And the flowers spring about  
But when the wind comes down  
They go.  
—JACK GILBERTSON  
Grade 7, S. S. No. 4.

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## NEWS

**The airplane crash**  
On 15th of February there was an airplane crash in Campbellville. It was very cold. That night it was snowing and the wind was up. The airplane was looking for lights, but it could not see any, so he took a chance on landing. It landed in the field behind the bank. The man was hurt and is now lying in the hospital. The wheels were ripped off and the wings were damaged and the silk on the tail was ripped. The propeller was bent and the engine was not hurt. The pilot had not been all worn off. Mr. Eley took the girl and Mrs. Popper took the boys. I was very glad that I went. They did not miss it until Sunday. —Nesae Henry, Grade 5, S. S. No. 3.

**Men in History I never know**  
Memory Work is a chore  
Natural Science I don't mind  
But just joking I adore.  
—DONALD MCINTYRE  
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(Continued Next Week)