Of Interest to Women

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

HOT SOUP FOR CHILLY DAYS

Soup, hot piping hot, makes an excellent main dish for luncheon or supper on a chilly day.

The following tested recipes are recommended by the Consumer Section, Marketing Service, Dominion Department of Agriculture.

ONION SOUP

2 cups soup stock
2 cups chopped onions
1 cup water
teaspoon salt
teaspoon chopped parsley
cup grated cheese
4 slices bread

Cook onions in water until tender. Add soup stock. Mix grated cheese to a paste with 2 tablespoons cream. Spread on bread. Sprinkle with parsley. In each soup bowl place one slice of bread. Pour soup over bread.

CARROT SOUP

1 cup cooked carrots
1 tablespoon flour
teaspoon salt
2 cups milk

Press carrots through a sieve. Mix with flour and salt. Gradually add heated milk. Re-heat.

CREAM OF POTATO SOUP

1 cup hot riced mashed potatoes
1 tablespoon finely chopped onion
1 tablespoon finely chopped parsley
2 cups milk
2 tablespoons butter
teaspoon salt

Melt butter. Add onions. Cook until clear. Add milk, potatoes and salt. Heat. Add parsley just before serving.

CREAM-OF-PEA-SOUP

1 16-oz. can Standard Quality peas
2 cups milk
teaspoon salt
2 tablespoons flour
2 tablespoons butter

Mash peas. Cook 3 minutes. Press through a coarse sieve. Add salt. Melt butter. Add flour. Stir until it froths. Add milk. Stir until smooth. Add pea pulp. Re-heat. Serve hot with a dash of paprika.

CELERY CHOWDER

2 cups chopped celery
1 cup diced carrots
1 small onion chopped
2 tablespoons butter
3 cups milk
3 tablespoons flour
Salt and pepper

Cook vegetables in 2 cups water until tender. Drain and reserve water. Add butter to vegetables. When melted, sprinkle with flour. Stir until well blended. Add vegetable water and milk. Cook 5 minutes. Season.

CORN SOUP

1 cup canned corn
1 small onion chopped
1 cup boiling water
2 cups hot milk
2 tablespoons fat
cup cracker crumbs
Salt and pepper
Celery salt

Melt fat. Add vegetables and seasonings. When hot add milk and cracker crumbs. Serve very hot.

Roosevelt Voice In Canada Films

President's Democracy Speech Links Ideals of Young Nations

OTTAWA, March 13 (CP)—President Roosevelt's voice, often carried by radio went through Canadian skies on airplane wings.

National Film Board officials stated that words used by the president in his January 6 speech to Congress were being incorporated in a film to be issued in the series "Canada Carries On." Called "Everywhere in the World," the film depicts the love of democracy and freedom linking the young nations Canada, the United States, Australia, New Zealand and others.

Plans for the film had been made but President Roosevelt's words telling of democracy's goals of freedom from want, from fear and from oppression caught the imagination of the film-makers. The pictorial idea demonstrating the strength of democracy was carried through, but in the background, at a certain point, will be heard the voice of the president recounting what democracy desires.

A Canadian Broadcasting Corporation record of the president's words, made as he spoke in Washington, was carried to Montreal by regular airline service and there transmitted to the film soundtrack.

Swimming Star Goes Farmwife --And Loves It

Too Busy With Big Dairy Farm and Agrarian Meetings Nowadays to Defend Aquatic Title

Detroit, (C.P.)—Because city-bred Halina Tomski Tullis has shifted her interests from mermaid to milkmaid, there will be a new U. S. aquatic queen in the free style swimming sprints this year.

The pretty Detroit girl who holds the U. S. championship at 100 yards is too occupied with agricultural affairs these days to give consideration to defence of her title at Buffalo March 19 to 22.

A year ago, the lithe mermaid was married to Fred Tullis, owner of a 350-acre dairy farm near Monroe, Mich., and instead of shuffling off to Buffalo the newlyweds enrolled in a scientific farming course at Michigan State college. It was there that Halina's city-to-farm movement had its origin.

No More City Life

Mrs. Tullis, who spent her first 21 years in industrial Detroit, admits that once she "scarcely knew that potatoes grew underground" but now she says the farm is such a "gorgeous place that I wouldn't go back to the city to live for anything."

"I attend all the farm meetings," she ventures quite proudly. "Social life can wait if there is a Holstein meeting anywhere in the community."

Mrs. Tullis, who also has held variously the national A. A. U. championships at 220 and 440 yards, has participated in competitive swimming for five years. Her brother, Waldemar, holds several national collegiate and western conference records established while at the University of Michigan.

Swim Climax

On her 21st birthday last March, Halina won the 100-yard title at Miami Beach, Fla. She now has decreed that, so long as there's farming to be done, the achievement will mark the climax of her aquatic career.

Halina met Tullis in 1938 during a meet in which she unofficially clocked the 100-yard world record at Toledo, O. Among the first to congratulate her was Tullis.

"It was love at first sight," she said.

Britain Defeats Germany

With Colossal £28,000,000 Export Of Chemicals

Germany's defeat in one field of the war effort is already decisive. The chemical industry of Great Britain shipped more of its exports overseas last year than in any period since the hectic years following the last war.

They have gone up by nearly £5,000,000 to about £28,000,000, the largest increase in any group of United Kingdom manufacturers.

Everywhere throughout the Empire and among the friendly neutrals the Germans have been routed. Britain has stepped in, sometimes with a two-edged effect, where supplies of heavy chemicals from Germany, Belgium and Holland have been cut off. In Argentina, for example, she is selling more of a certain chemical than she and Germany together did before the war, for the reason that other finished products in which the chemical is used are also no longer getting from Germany across the Atlantic.

There is, moreover, a good prospect that Britain will continue after the war to supply the dyestuffs which used to come from Germany, by her production of highly complex, the world's biggest peace time supplier.

Britain's progress here is equalled in medical chemicals. In pharmaceuticals Britain, by twenty years' intensive research, can meet all demands from home and overseas; certain products are even cheaper today than they were during the last war.

Excellent progress has been made in South America, India, Australia, New Zealand, South Africa and the Colonies. In the United States there has been an improvement, and trade with Turkey is satisfactory.

CONTROL APPLE CROPS

CANBERRA, (CP)—Australian Apple and Pear Board has taken control of all apples and pears harvested in the Commonwealth up till July, 1941, and no independent dealing will be permitted.

Chronicles of Ginger Farm

Written Specially for The Acton Free Press by GWENDOLYNE F. CLARKE

I have been dreading the thought of sitting down to type out this column because there didn't seem to be a warm spot in the house. However I have really found one at last so now I can go ahead. Sometimes people come in and say what a nice warm house this is. And they are right at times. When the day is calm and bright and the sun streaming in through two large windows in the living-room it is a treat to sit there. But when a strong northwest wind is blowing as it is right now ah, that's another story! And a strong wind at zero temperature ugh!

This morning very early I had occasion to take the car out as I had promised to take some friends over to a home where there had been a bereavement in the family, and, because it was so cold Partner insisted on taking the coal-oil heater out to warm up the car. I scoffed at the idea "Whatever good will that do on a day like this?" I said. However Partner insisted on doing it and when I went out to the car about ten minutes later it was beautifully warm! Of course I have a heater in the car but it is one of the manifold type and instead of warming the car it makes it colder for the first five minutes. So thanks to Partner I started out good and warm, with two layers of clothing, every place I could get them. The lane and the roads were good until I came to the pavement and then when I came to the first stop sign the car did a right-about-face and started coming home again! And then I found the brake seized up, which didn't help matters at all. Later on I had to travel along a back concession. There had been a flood across the road the day before so that meant shell ice to drive over and in the middle of it the car stalled. "Now I am stuck," I said to myself, and not a soul in sight anywhere. However I started up again and after a few grunts and groans I got going again. The next trouble to contend with was frozen ruts. The only thing I could do was get in the ruts and stay there. "And here's hoping nobody skidded yesterday when the roads were soft, in which case I'll be headed straight for the ditch and no-way of getting out of it," I said to myself. You see there was no good road anywhere. All one could do was choose which set of ruts to follow. However I finally reached home and all might be well except that late this afternoon I have the same piece of road to travel all over again.

Well, I guess I must stop and change my position for a while. You see this warm spot where I have parked myself is between the stove and the wall and the only objection to it is that one side of me gets roasted while the other freezes. I am beginning to feel it is time to get myself switched around again.

I forgot to tell you last week that I had had my big son at home with the German measles. There seems to be plenty of it around these days and most cases that I have heard of are those of the adolescent age or young adults. There also seems to be a regular epidemic of accidents, injuries and sudden deaths in this district. Broken leg, broken foot, cracked ribs, sprained ankle, torn ligaments, fractured pelvis, concussion, injuries requiring multiple stitches and two sudden deaths they have all occurred in this district just recently. With every fresh accident we all ask ourselves "What next" or "Who next" as the case may be.

My conscience is reproaching me. This is Monday afternoon and my day for taking our Institute work down to the Red Cross. I really should be going but every time I look out of the window I will. And after all I don't suppose it really matters because I know the Red Cross packed a shipment last week so that means they will not be packing this week. The sorry thing is that when the work comes in I do like to keep it moving. I haven't said much about our work lately so maybe you might like to know that we have here ready for shipment.

Here is the list—3 quilts, 12 scarves, 14 pairs of socks, 3 sweaters, 2 pairs mitts, 2 helmets, 16 handkerchiefs, 12 turtle-neck tuck-ins and two pairs of hospital slippers. It doesn't take long to write that list but it takes plenty of time to make the things. We have started having a quilting here every week again and we want to get as much done as we can before housecleaning and spring seeding gets underway. One lady gave us a nice big box of flannelette patches and by dint of much patching and puzzling over pieces, we managed to get enough for six quilt tops. Our committee cuts the patches and the members make up the blocks which are later put together with a harmonising strapping. Then we get together for the quilting and do we have fun! Last week two of the women were here before we had finished breakfast but I should add that as Partner does the milking himself yet breakfast is generally rather late. We nearly always get the quilt finished before the last of the workers go and then we take it out of the frames and think we have done a pretty good day's work. And then we look at it and wonder where it will go and what comfort it bring.

Even In Wars London Makes Good Clothes

Women Dress in Modest Fashion But Big Designers Get Leave from Service to Keep Up Their Work

Written for The Canadian Press BY ALISON SETTLE

LONDON, (CP)—War or no war, London has never ceased to make elegant clothes of British tweeds, woollens and the like, but there is a definite limit to the amount of luxury which is fitting to wear in wartime.

In all areas outside the usual bombing zone women dress for dinner each night just as carefully as if there were no war. But instead of the low-cut toilettes of former days they wear the long-skirted, long-sleeved and high-necked dinner gowns. They dance and they go to concerts, but again in modest fashion.

Embroidery is habitually used by all the designing houses (in London you see advertisements from the couture houses week by week asking for skilled women for this detail) but for English wear this has to be discreet at the neck, pockets, no more, rather than the all-over embroideries.

Many London dress designers are in the army, but the government has given them special leave to come to London in order to work on collections being sent to South American cities.

Designer's Leave

Take the case of Victor Stiebel, who dresses the Duchess of Gloucester, sister-in-law of the king. Stiebel is a young man who came as a boy from South Africa and, as a dress designer, built up a reputation for himself in Mayfair. He is now a lieutenant in the Royal Engineers, but the government gave him special leave to make his usual journeys to Scotland and to Yorkshire to supervise the designing and the coloring of his special tweeds and woollens. Then they gave him leave again to meet other fabric manufacturers in London. He is excused route marches in order that he may, with swathes of his fabrics and colors around him, make his sketches.

And when in a war before have you seen an army officer sitting in barracks sketching away at the most elegant gowns for women and that not only with the approbation of the government of his country but also at their suggestion?

Once a fortnight he comes to his dress house in Mayfair. He arrives in Khaki, flings off his military cap and greatcoat.

Models Too

The mannequins, on whom the gowns and suits are to be shown in the South American countries are there, for the clothes are naturally made on them. One is a society girl, niece of Lady Bowden; it is on her clothes that Stiebel starts, altering, adjusting, making those infinitesimal alterations which make the difference between what is ordinary and what is truly chic.

Both Worth and Paquin are fortunate in always having had woman designers and not having to make these difficult adjustments between civil life and army life. True, Worth's designer had always one flat in Paris, as she has one in London but she was fortunate enough to be designing in London at the time of the capitulation of France, and so was able to continue her collection here without a break.

Mary's Lamb Gone?--She Builds Silo

English Girl Takes Prize For Best Work in Three Counties

LONDON, (CP)—Here's another field for women folks. Miss Mary Lee won first prize in a contest among a group of 300 farm boys and girls of Yorkshire, Northumberland and Durham in designing, constructing and packing silos in the latest approved manner.

"It was a phase of the campaign in which all Britain is bending its energies to the conservation of food for man and beast and increasing the home-grown supply. When the silos were opened it was Mary's impressed the judges as containing the best silage. "High quality and almost without wastage," was the verdict.

The Week at OTTAWA

Specially Written for The Acton Free Press by RY LLOYD MACDONALD Canadian Press Staff Writer

OTTAWA, (CP)—Financial aspects of Canada's war efforts are again holding the spotlight in Parliament this week as discussion of the $1,300,000,000 appropriations measure continues.

After the week-end adjournment the House turned again to the appropriations resolution as government efforts were intensified to wind up the discussion and permit Finance Minister Ilsley to introduce the annual appropriations bill.

The bill is expected to pass quickly once the resolution has been adopted by the House. Then the 1941-42 budget will be brought down.

Observers are uncertain when the resolution will be cleared, but Conservative sources said early this week they believed the resolution would be adopted Thursday night, unless developments occurred.

During the past fortnight the measure has been subjected to consideration in committee with no progress made, although there has been much discussion, involving criticism of the government's war effort. This criticism still continues, particularly with regard to Canada's aircraft industry.

Questions and Speeches

Opposition members have used the debate as an opportunity to criticize and ask for specific information on how the money is to be spent but at one stage of the slow-moving proceedings Mr. Ilsley said the government was ready day after day to answer questions but had only been "listening to speeches."

Besides aircraft production, the compulsory military training plan has been under opposition fire. Conservative House Leader Hanson urged introduction of the selective principle, so men engaged in essential war work or needed on farms should not be called. He contended there was incompetency and waste in building military camps.

During a discussion on the training plan he asked why the government had not "the courage to go the whole way and retain the absolute right to utilize the services of these men" trained under the compulsory system for the "defence of Canada" overseas. He said there should be a wider attitude for training postponements, since the system was unfair to men of the 21-year-old class who were engaged in certain occupations such as farming.

Wheat Policy

Western farmers are considering the prospect of reduced wheat acreage this year, and the governments of Manitoba, Saskatchewan and Alberta are preparing to co-operate with the Federal government in putting into effect the new wheat policy.

Provincial agriculture ministers, after a conference here to discuss the best measures for putting the policy into action, gave assurances the provinces would assist.

After long consideration of the problems caused by choked elevators and heavier crops, the Dominion government decided to limit wheat deliveries to 230,000,000 bushels during the coming year.

In an effort to curtail production, bonuses will be paid to Prairie farmers on wheat growing land seeded to coarse grains, or summer fallowed.

Labor's Place

Prime Minister Mackenzie King has promised that labor will have adequate representation when labor questions on government policy in connection with the war effort are discussed. He said last week he agreed that until now some government policies adopted after consultation with labor have not been fully observed, but mentioned that the government had "difficulties" with which to contend.

The statement followed presentation to the cabinet of a memorandum from the Trades and Labor Congress of Canada. It contended that the government had not been fully observing some of its announced labor policies.

There is still no official announcement whether the 1941 census will be held. Ever since the census first was discussed, there has been opposition on grounds of economy in wartime since the count of Canada's 11 million would cost an estimated $2,500,000.

When the names of census administrators were not issued, as had been expected a month ago, census opponents felt the government had given consideration to the economy plan. But this week it is reported the list has been completed and that other arrangements for the census have been completed and that other arrangements for the census have been concluded.

THERE'S DIFFERENCE

LONDON, (CP) Britain's publicity technique is based on facts and will be effective in the long run, while Germany depended on lies and appeals to greed, brutality, malice and vanity, declared F. W. Ogilvie of the B.B.C.

CBC Completes New Studios At Ottawa

Modern design and new equipment establish Ottawa studios as most up-to-date in the Dominion.

Your rousing response to this united appeal will be the cheeriest word you can send him

● Private John Smith is through with drill and duties for the day.

He is tired, maybe a bit "fed up." He is far from home and lonely.

He longs for a dash of gaiety, a bit of cheer . . . yearns, perhaps, for a homey nook where he can read, play games, listen to the radio, write to the folks back home.

It is the job of these six organizations to see that discomfort, boredom, loneliness have no place in the precious leisure moments of our men in uniform. Wherever they go these services go too, come bomb or battle.

In camp, on the march, on the range, these services bring them hot drinks and snacks, smokes and other comforts. Recreation centres are set up . . . sports and entertainment organized . . . reading and writing materials supplied. Comfortable canteens provide extra food. There are educational facilities. Hostess houses enable the men to enjoy healthy social contacts.

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