

Of Interest to Women

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

TEMPTING MENUS FOR TORRID DAYS

By Betty Barclay

There'll be many days this summer when "something cold" will be the only encouragement offered if you ask, "What shall we eat?"

It is not too early to plan a bit for the lazy times ahead. Planning is perhaps the most difficult part of the job of feeding the family, and so much easier to do in advance of the emergency.

Here's a summer luncheon plate of sole steak, potato salad and sardines. Nothing unusual, it's true, but when carefully prepared and attractively served, the combination is a great favorite. The lemon does triple duty, adding zest to all three of the foods served.

There's another point to being generous with lemon garnish for cold foods—the lemon is cooling. Nothing is more refreshing when the thermometer soars. To add to your file of menus for warm days, here are two cold plate lunches which will look good and taste good and which will take not too much time to prepare early that morning. Recipes are given after menus.

- I**
- Celebration Salad in Crisp Lettuce Cup
- Fresh Asparagus
- Hollandaise Sauce
- Radishes
- Celery
- Hot Orange Bran Muffins
- iced Tea with Lemon

- II**
- Fresh Fruit Salad
- Cream Cheese and Watercress Sandwiches
- Olives
- Carrot Sticks
- Individual Lemon Chiffon Pudding Beverage

- Celebration Salad**
- 2 1/2 cups cold diced chicken, marinated 1/2 hour in
- 5 tablespoons Lemon French Dressing
- 1/4 cups diced celery
- 1 cup seedless grape halves
- 1/2 cup mayonnaise

- Hollandaise Sauce**
- 4 tablespoons salad oil
- 2 tablespoons flour
- 1 cup milk
- 1 teaspoon salt
- 1/2 teaspoon paprika
- 3 tablespoons lemon juice
- 2 eggs yolks

- Heat 1 tablespoon of oil in top of double boiler. Add flour and milk, stirring continuously until thick (about 10 minutes). Add the remaining oil slowly, stirring constantly. Remove from fire. Stir in salt, paprika and lemon juice. Beat in egg yolks thoroughly, one at a time. Reheat slowly, stirring all the time. Do not overcook. If sauce separates add 1 teaspoon cold water and stir well. Serve hot.**

- Combine all ingredients and serve in crisp lettuce cups. Garnish with lemon quarters. Veal may be substituted for chicken.**

Tax Consideration to be Shown Those Taking Child Guests

Deductions for Charitable Donations Clarified by Minister

Hon. J. L. Isley, Minister of Finance, announced during the week that it is proposed to amend the Income Tax Law to provide exemptions, in the amount of \$400, for children from the war zones throughout Canada under arrangement through the Government as guests in Canadian homes for the duration of the war.

Exemptions granted for charitable donations were also clarified by Mr. Isley in the course of discussions in the House of Commons. Five well-known national organizations, the Canadian Red Cross Society Fund, the Canadian Legion War Services Fund, the Canadian Y.M.C.A. War Services Fund, the Salvation Army Red Shield War Services Fund and the Knights of Columbus Canadian Army Hut Fund, are given special consideration under the Act. Gifts to any of these organizations are allowed tax exemptions up to fifty per cent of the donor's income.

On donations to other charitable enterprises deductions are allowed up to ten per cent of income.

ALLOWANCES GROW WITH FORCES

As the strength of Canada's armed forces increases from day to day, applications for allowances pour into the Dependents' Allowance Board in Ottawa in flying numbers. At present about 1,000 applications a day are being received. About \$2,000,000 are paid out monthly in allowance cheques, about \$1,000 in number. Four hundred and fifty thousand cheques are kept busy dealing with them.

Hints on Fashions

For Early Autumn



If you are thinking in terms of a coat now, look around for one that will see you through the balance of the summer and safely into early autumn. This knock-about model is good for plenty of inter-season wear. It is of dull blue and wine red striped tweed, both cited as important autumn shades. The wide leather belt and buttons are of red leather. Rolled collar and patch pockets, which are worked into the pockets by seaming. The back is bloused. The stripes are used vertically as well with horizontal lines. Stripes are slated for increased popularity, judging from advance models.

This Strange World

A Cornish laundry proprietor was recently buried in a coffin which had been made at his orders 11 years before his death. He used it as a safe in his office, saying that no thief would dare to lift a coffin lid.

Motorists of Silver City, N.C., complain that the city traffic lights wait too long to change color. A colored man, Johnny Peoples, proved it. A patrolman said that Peoples drove up to a red light and fell sound asleep before the light turned green.

A Minneapolis nursery furniture firm is reported to be manufacturing 25 metal-proof prisms with quarter-inch metal plates. They have been ordered by people in Arab, Dutch West Indies.

Not a single lynching was reported throughout the United States in the first six months of 1940. Only in one year previously has the first six months passed without a lynching.

A Brazilian schoolboy was locked in the school cellar as punishment for some minor misdemeanor. After a few minutes he cried out that he was being attacked by a snake, but the teacher ignored his appeal. When finally the door was opened, the boy was found dead with a serpent coiled around his neck. The teacher committed suicide.

Every little while in Strand, South Africa, the electric lights go out, and investigation resulted in the culprits being discovered—but not caught. Rats got into the electric transformers. The townspeople are now getting tired of the rodents' antics and are setting out on a campaign of extermination.

In Cardiff, Wales, Mrs. Desmond Pauline Davies, 21, received a calling-up notice from the Army. Despite her willingness to join the armed forces, the authorities sent her home again. They had apparently been confused by the lady's first name.

HOW BRITISH KEEP THEIR CALM

The following appeared in a London paper: "What Do I Do? When I hear a gun, explosion, air-raid warnings? I keep a cool head. I take cover. I gather my family with gas masks and go quietly to my shelter or refuge room. I do NOT try to have a look. I do not rush about alarming people. I remember that a lot of the noise is GOOD noise—our guns bring at the enemy. And I remember the odds are thousands to one against my being hurt."

TENDERS TREASURY BILLS

Tenders have been accepted for \$40,000,000 Dominion of Canada Treasury Bills, due October 15th, 1940. Average discount price: \$99.8125. Average yield: 7.18 per cent.

Chronicles of... Ginger Farm

Written Specially for The Acton Free Press GWENDOLINE P. CLARKE

Ordinary everyday happenings of the week are completely overshadowed by what took place this morning.

On my way to give the chickens their early morning feed I found two dead chickens alongside the potato patch. Then I went on to the pen and, to my horror, there were dead chickens everywhere—half-grown, fully feathered chickens—as nice a flock as you could want to see—when they were alive. There they were strewn all over the pen, and the wanton waste just about turned me sick. I called Partner and we started gathering up the lifeless bodies that represented plenty of time and work, to say nothing of good, hard cash. There were twenty-seven of them, and nothing to do but bury them.

We think a skunk must have raided the pen. You remember the same thing happened about a month ago. At that time I put out poison and a dead skunk was lying outside the pen in the morning. And, believe me, this latest prowling, murderous thief will certainly get his dose of poison to-night if he is as hungry for it as the last one. Son shot a skunk last week, so there must be a regular family of them around here.

They say revenge is sweet, and I believe it. At any rate I know it will give me untold satisfaction if I can go outside to-morrow morning and find a skunk lying stiff and cold beside the pen of chickens that he intended to kill.

Coming back to the house, I set about my morning work, and as I washed the dishes I thought about the chickens, and I thought about the war. And suddenly it struck me what a similarity there was between this animal skunk raiding our chicken pen and the human skunk, Hitler, mercilessly mowing down women and children trying in vain to seek places of safety. Chickens and children are equally helpless against a merciless enemy.

And now I have a problem to bring before other farm people. What do you think about these travelling agents who solicit subscriptions for farm magazines? Do you think it is good business and how do you deal with such agents? The reason I ask is because the country seems to be overrun with these gentlemen just lately and there is a limit as to the number of periodicals one can afford to take and the extent to which one can pay in advance.

About a month ago a man came along wearing a returned soldier's button, and had the agency for almost every Canadian magazine that is published. He told a hard-tack story of his wife being in hospital and if he could get so many subscriptions, etcetera, he would get a job in one of the publishing offices that he was representing. He was willing to take eggs in lieu of money, if that were more convenient. The man was very insistent and very convincing and so we parted with eight dozen eggs—the value of two dollars—and for that we were to receive the magazine we selected for two years. We received an official receipt and we were also shown what appeared to be authentic credentials.

The magazine is coming all right, but judging by the label the subscription handed into the office was, far-ore year only.

The other day another agent came along—a man wearing a service button and having only one leg. He was also hard of hearing. He handed me his letter of introduction, which purported to come from a well-known, magazine-publishing house. This man had the usual story—he got four hundred points he would get a job with the company. But this time I didn't bite; instead I took time to think. This man was a war veteran having only one leg. That should entitle him to an 80% pension.

Seeing that I hesitated, he began his story all over again, telling me that he must get work of some kind.

"But why?" I asked. "You must surely be drawing a good pension. No man would be discharged from the army with your disability without being given enough to live on."

The man got extremely huffy at my question. He admitted that he was in receipt of a pension, but that if I could keep his wife and four children on what he got, he would send them out to me.

Well, since we are paid up several years in advance on all the farm papers we take I did not give this man a subscription. There is a limit to what we can do along these lines. I hope I did not turn away a deserving case, but I rather suspected a nigger in the woodpile somewhere.

It seems to me these magazine publishers who have so many agents covering the same territory are not doing themselves any good. We have only had one man in during the last five years who tried to obtain a subscription on the merits of the paper he represented. All the others tried to make it a sale on a sympathetic appeal.

Every person who reads this must have had many such experiences. What do you think about it?

Interesting Sidelights on the War

Clothes in Germany cost three times the pre-war price. Mourning, of course, is as strictly forbidden as the publication of casualty lists. German housewives can still buy coffee, if they go to a "black" (forbidden) market—but they pay \$3 a pound for it, and risk drastic punishment into the bargain. Cucumbers cost 75 cents each.

Airdromes at Sytt, Stavanger, Bergen and Rotterdam were so severely bombed by British planes in a recent expedition that 10,000 laborers have had to be sent by Coering to repair them. Neutral journalists reveal that constant, punishing raids on many parts of Germany are inflicting heavy damage and interfering with production to an alarming (to the Germans) extent.

Men in England not yet called to the Colors are training with bromatists, just as in the first Great War. Drilling and marching will get them into condition for the day they are called up.

The Kaiser is reported to have arrived in Potsdam, the old home of the German Emperor. This is the first time the Kaiser has been in Germany since he fled into Holland, two days before the Armistice on November 11th, 1918.

In the memorandum of 3,000 soldiers held the Citadel of Calais against a far larger German force and prevented this force from burning on the flank of the British Expeditionary Force, fighting its rearguard action to the coast. A German account says that when the British commander was called on to surrender, he replied: "The British Army's duty is to fight"—and they did. It is believed that only about 30 men of this gallant band survived.

"The Britannia" was first sung 200 years ago (August 1st, 1840) in the garden of Lady Astor's present Cliveden House in Buckinghamshire, England. Throughout the long years since, Britons have been singing that Britannia rules the waves and never, never would be slaves—and acting on it, too.

British Army officers in charge of the military guard aboard the torpedoed Ariandora Star (carrying Italian and German internees to Canada) gave up their lifeboats to others, lined up on the bridge with the Captain and ship's officers—"as if they were waiting for a bus," one survivor said—and went down with the ship.

Some Russian sidelights—Russian leaders don't like their own names; they prefer "ersatz" names that imply certain traits they hope they possess. Stalin means "steel." His mother knew him as Yostif Vlasionovitch Dzhughashvili. (Perhaps there is some excuse for his changing his name.) Molotov (the Premier) means "hammer." His given name was Scriabin.

67 MILLIONS IN AUTOMOTIVE ORDERS

The total automotive orders placed by the Department of Munitions and Supply and its predecessor bodies now comprise 36,000 units, costing, together with special bodies, wheels and tires, about \$67,000,000. Of these 10,000 have already been delivered and the productive capacities of plants should reach 5,000 units a month within the year. Further orders for 7,000 units will shortly be placed.

WEEKLY EDITORS VISIT CANADIAN ROCKIES



Weekly editors from all parts of Canada took a few days holiday following their recent annual convention at Calgary and paid a visit to the Canadian Rockies, where they motored over the newly opened Columbia Icefield Highway. This picture was taken at Jasper Park Lodge where the new executive of the C.W.N.A. "viewed the situation". From left to right: Clarence Charters, Brampton, Ont., managing secretary; H. T. Halliwell, past president C.W.N.A., Coleman, Alta.; H. Rice, president C.W.N.A., Huntsville, Ont.; Walter Ashfield, 1st vice-president, Granby, Sask.; Walter Leggett, 2nd vice-president, Quebec, Que. At the right is the delegate farthest away from home—A. L. Barrett, of Curling, Newfoundland, who had his notebook out and is interviewing the Jasper Totem Pole on its experiences in the Canadian Rockies.

Canada to Supply Army with Universal Carriers



UNIVERSAL machine gun carriers will soon be added to the list of army vehicles made in Canada for the fighting forces at home and overseas. These are equipped with caterpillar treads and are very manoeuvrable and speedy. They are armoured against small arms fire and will carry three Bren guns, or can be used to carry ammunition, wireless sets and other necessary equipment. They will be produced in the Windsor plant of Ford Motor Company of Canada, Limited, which has been selected as the most suitable for the production of this vehicle. In the lower photograph, Mr. Wallace R. Campbell, president of the Canadian Ford organization, is shown with Lieut.-Col. D. C. Warnica, officer commanding the Essex Tank Battalion, Windsor, inspecting one of the Universal carriers. Other army vehicles now made in the Ford plant in

Windsor include the powerful 25,000 units for military purposes four-wheel drive gun tractor to other Empire governments, pictured above. These and other The plant is now being expanded types of military vehicles are by a \$700,000 addition to provide rolling off the assembly line of facilities for building Universal the Canadian Ford plant which carriers and to increase production is supplying nearly 10,000 units of other types of military to the Canadian army and another vehicles.

Giant Flying Boats of R.C.A.F. Keep Constant Vigil Off Canadian Coasts



Day after day, in fair weather and foul, giant Stranraer flying boats of the R.C.A.F. such as the one, Upper Right, patrol the vast stretches of ocean on Canada's eastern coast. Flying hundreds of miles out to sea, they are the eyes of not only the coastal defenses, but also of the vital convoys they help to shepherd through Canadian waters. Just like any other ocean-going craft, the Stranraer has its wireless cabin and "Spark" is shown at his key post searches the ocean for hostile craft. The navigator's job is a highly important one as the R.C.A.F. boats fly over the trackless ocean where dense fogs roll in and out with treacherous swiftness. Charting the course of his flying boat is this navigating officer, Lower Right. In the course of a long patrol, a spot of tea is always welcome and an airman is shown, Lower Right, making a pot of tea on the compact stove of a Stranraer while flying high above the Atlantic. Upper Left, as he keeps in touch with the home base while the giant flying boat searches the ocean for hostile craft.