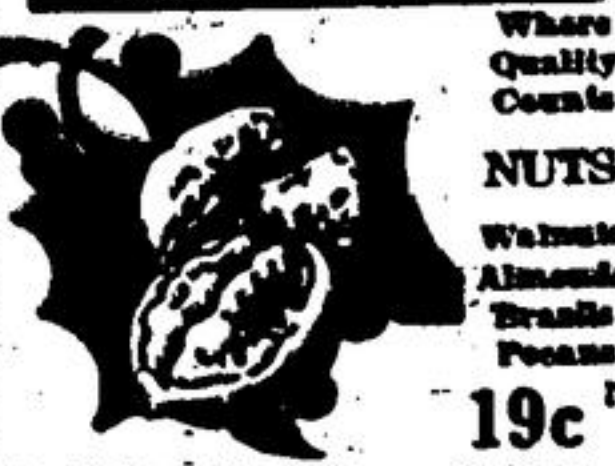


Xmas Dreams Ring True

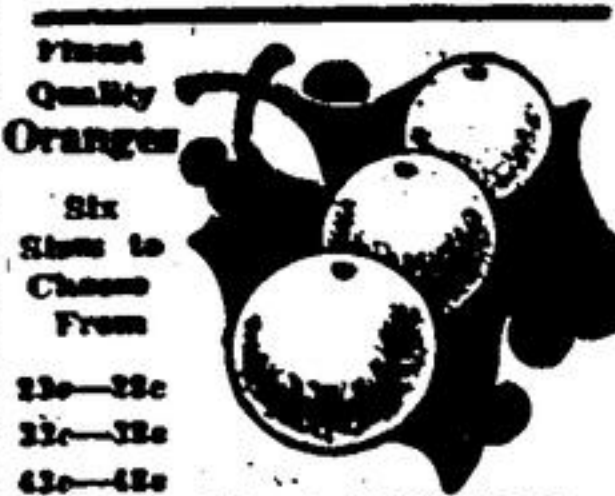
FOODS

The Key Note to Health
We are Ready to Serve You



19c
Fresh Roasted PEANUTS, lb 12c 3/55c

Table FIGS Very Fine Quality lb. 20c 1/2
Table RAISINS Fine Assort. Quality lb. 35c



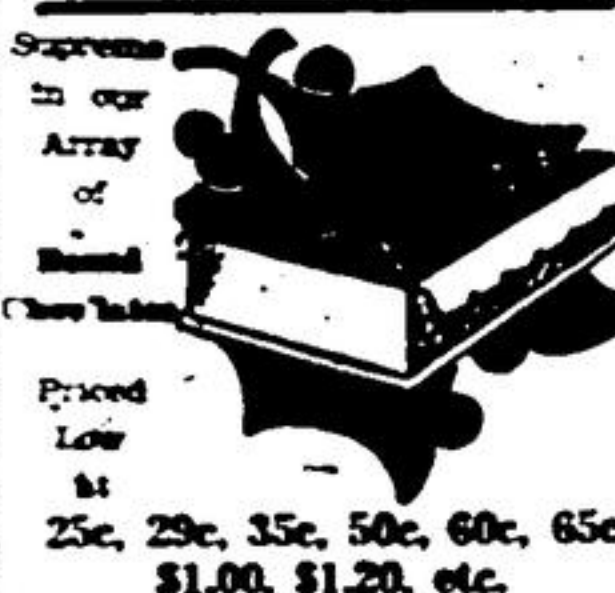
ALL NO. 1 QUALITY
Ripe Grown & Sun-dried Brands

Large Bright BANANAS
Fresh in Office
6 for 25c
4 for 25c 25c Dozen



Dependable Qualities You Are Not Asked to Offer to Anyone

Assorted FRUITS
Grapes Apples
Tangerines
Celery
Lettuce
Tomatoes



CHOCOLATES box 98c

BARR'S

CAKES — PUDDING — MINCEMEAT

Quality Requirements (To Be Famed Here)

- Fancy Blech Sultanas 10 15c
- Large Australian Sultanas 2 21c
- Choice Australian Lemons 2 21c
- Big Good Raisins 1 1/2 lb 15c
- Richmond Currants 2 21c
- Choice Filled Dates 2 21c
- Bright Cooking Figs 2 21c
- Choice Baking Figs 2 21c
- Large Sweet Peas 2 21c
- Messmore Star Prunes 10 20c
- Peachy Cut Peas 10 21c
- Choice L. or O. Peas 10 21c
- Choice Citron Peas 10 21c
- Whole Once Cheerful 10 21c
- Fancy Sticky Almonds 10 21c
- Bright Shelled Walnuts 10 21c
- Large Shelled Brazils 10 21c
- Choice Shelled Cashews 10 21c
- Pineapple Slices each 10 21c
- Supreme Melons 10 21c
- Van. or Almond Ext. 6 1/2 10c
- EXCELLENCE Flour 1 1/2 10c
- MCNAMARA Flour 1 1/2 10c
- Any kind Shortening 1 1/2 10c
- Pure Port Land 1 1/2 10c
- Butter — Eggs — Sugar, etc.

Balder Gave Us The Kiss

Legend Tells the Story of Son of Odin Who Instituted Mistletoe Kiss

A parasitic plant growing on trees, mistletoe never takes root in the ground. It is a "tucker root" which draws its nourishment from the branch on which it lives. It will sometimes kill the tree if its trailing branches spread to any great extent. It belongs to a genus of which there are about twenty species.

It is generally believed that the oak is its favorite host, but it is rarely found on this tree; in Britain it is found mostly on the apple. Birds eat the berries, and the seeds inside are surrounded by a sticky substance from which bird-lime is made. Once established in an orchard, it is difficult to clear. It is easy to get the seeds to grow; they should be rubbed into a crevice on the underside of a branch.

The Celts held this plant in veneration.



especially if it was found on the oak, and it has played a prominent part in mythology. Among the gods of Norse mythology the most loved was Balder, son of Odin. Legend tells us how he spread sunshine and happiness wherever he went, grief fled before the brightness of his presence, he never knew what it was to be unhappy, and all showered presents upon him.

But at last the charm seemed broken, for he dreamed that a great disaster was to fall upon him, and the gods were grief-stricken at the expected calamity. His mother Frigg travelled the world asking all living things not to harm her son, and all willingly gave their promise. Happiness reigned again.

Legend of the Evil God
Balder led such a charmed life that no harm could befall him; on days of festival, a favorite pastime was to hurl missiles at this invulnerable hero, and all fell harmless at his feet.

But among the gods there lived a selfish being named Loki. He was fiercely jealous of the popularity of Balder and decided to put an end to his reign. He disguised himself, went to Balder's mother, and discovered that in her travels when she made supplication to all to spare her son, there was one tiny plant, growing on oak trees on the distant mountains, that she had failed to visit.

Loki collected the oldest and toughest sprigs of mistletoe. With these he made a powerful spear-shaft, and on his return searched out Haider, a blind god. By strategy, Loki induced Haider to throw the shaft. It pierced Balder's heart and his spirit travelled to the underworld.

There were great lamentations, and all the gods pleaded with the ruler of the underworld to release Balder. At last he consented on condition that every creature could weep for his return. The whole population of the world started to weep with the exception of Loki.

Some Norse legends tell us that Balder lives to this day in the underworld, but in others there is a happier ending, for Balder was restored to life and he gave the mistletoe to the goddess of love to keep. Every one passing under it received a kiss.

CAROL SINGERS

Carol singers were originally the watchmen employed long ago by the city companies. The watchmen were in those days called "waits"—and that is why we sometimes call carol singers waits to-day.



Christmas in England Was Once Forbidden, But It Has Survived Along With Customs

Quaint Old-time Celebrations And Ideas Still Hold Good In Rural Britain

PARLIAMENT once banned Christmas for sixteen years! Three centuries ago the Puritans decided it was "superstitious," and resolved to have nothing to do with it. In 1644 the Lords and Commons accordingly ordered "so-called Christmas Day" to be kept as a fast instead of a feast. But it survived and many of its quaint, traditional customs have lasted into our own day.

Mari Llywd, or Holy Mary, for instance, is still practised in some Welsh villages. A party of villagers, chosen for their quick wit and aptitude at rhyming, dress up as mummers, the leader covering



himself in a long white sheet and horse's head adorned with colored ribbons. Round the village they go from door to door—these have been shut and barred to them—begging for permission to sing, telling of cold, hard winter days, and asking for food and drink. Those inside lament in turn that they are poor and have little to spare, and this leads to a merry contest in singing and rhyming, each party capping the other.

This may continue for half an hour until those inside fail to find a rhyming return; then the door is opened and the revellers are welcomed inside.

In the old days in Wales, when the festive Christmas company gathered round the flaming Yule log, you looked furtively at the shadows of your friends flung on the wall. If the shadow appeared headless its owner would die within a year on his way, candles are placed in the fire to keep off the evil spirits.

THE FIRST CHRISTMAS!

The Star still shines, as on that night divine.	Through mist, light and wreaths of evergreen.
And happy children sing their carols sweet.	Trees trimmed with tinsel, silver, gold and red.
The tall Cathedral candles with gleam.	All I can see as Mary's flower white face.
And we still worship at the Christ Child's feet.	And on her breast a tiny baby head.

— Dorothy Sproule

Ghostly Pealing Bells

From Submerged Steeples and Buried Chapels Arise Legends Of Christmas Chimes

NEAR the English town of Raleigh, in Nottinghamshire, is a valley in which, according to tradition, an entire village lies buried.

Centuries ago it was swallowed up by an earthquake, and with it a magnificent old Saxon church, whose wonderful peal of bells had long been famous all over the countryside.

Every Christmas morning people would gather from far and wide to hear these celebrated chimes, writes M. L. Stollard, and after their disappearance, so tradition tells us, the bells still continued their ancient custom, and could be heard from beneath the ground, ringing their Christmas greeting. Less than a century ago, we hear of parents telling their children to go to the valley on Christmas morning, and place their ears to the ground, so that they could hear the merry chimes of these long lost bells.

In the old Yorkshire fishing town of Whitby a similar legend is told. It is said that some Danish pirates stole the bells from the old abbey of St. Hilda, intending to carry them away to Denmark, but their evil designs were frustrated, for the ship broke to pieces almost immediately on the Yorkshire rocks, and the entire crew were drowned.

The bells disappeared under the waves, but every Christmas morning they pay their tribute to the Great Hirthday, and can be heard ringing their old triumphant peals far down under the water.

In several coast towns we hear of this ancient tradition that lost church bells ring again. All down the East Coast, especially, where the encroaching waves have wiped out so many old villages and hamlets, the inhabitants declare that on Christmas morning they can hear distinctly the chimes from countless sunken steeples.

Below the Waves

During the 16th Century, when the monasteries were dissolved by order of Henry the Eighth, a shipload of bells were sent abroad to be sold and melted down. Here again the vessel was dogged by disaster. It foundered mysteriously just outside Yarmouth, with all hands on board, and the bells were lost in the sea, but to this day the Yarmouth fishermen pause on their oars on Christmas morning, and listen to the muffled peals from under the water mingling with the lugger chimes of the parish church.

The submerged land of Lynesse, off the coast of Cornwall, was once a flourishing district, thickly populated with people. The Saxon chronicles tell us that in 1099 the sea overflowed the land, and swallowed it up completely, including its one hundred and forty churches. All through the centuries these church bells were said to ring again at Christmas time, and the Cornish peasantry used to go out in boats on Christmas morning to listen for these ghostly chimes booming beneath the murmuring sea.

Another legend of phantom Christmas



bells comes from the Lancashire coast, where a little Saxon chapel, said to have been built by King Arthur, disappeared wholesale into the sea during a tremendous storm, but every Christmas morning the chapel bells can be heard ringing out their old Saxon tunes to herald the Great Birthday.

In Cumberland there is also a weird legend of a strange, slow curfew bell which rings out mysteriously far out at sea every Christmas Eve.

GIFTS

TOILETRIES
For Men and Women in Yardley's — Three Razors — Formal and Thudnut — From 35c to \$10.00
Bath Gels and Powders — 25c to \$1.50

PARKER'S and WATERMAN'S FOUNTAIN PENS and SETS
The Gift That Lasts — From \$1.00 to \$12.50

BEAUTIFULLY BOXED CHRISTMAS STATIONERY
Self-Seal Envelopes — 25c to \$2.00

CHRISTMAS CARDS (Nicer Than Ever Before)
See Our 25c and 50c Boxes for Extra Value

LADIES' and GENTLEMEN'S DRESSING CASES
In Chromium, Enamel and French Ivory — From \$4.50 up

RAZORS — All Kinds
Safety Razors, Gillette, Rolls, etc. — Electric Razors, Clip Shave, \$11.50
Sonic \$13.00, Packard, \$12.00, Gillette, \$20.00 — Call in for demonstration

ANNIE LAURIE CHOCOLATES
Military Sets — Bibles — Hymn Books — Dolls — Children's Books — Tree Ornaments, Ribbon and Cord, Etc.

LET US HELP YOU MAKE A SELECTION

A. T. BROWN

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And Sensational Values are now being offered with allowances on your old set up to \$85. They represent the year's greatest radio values.

ROGERS-MAJESTIC SETS
Priced from \$64.95 to \$239.95

Other Gift Suggestions

C.C.M. Skate and Boot Sets in All Sizes
Complete Range of HOCKEY EQUIPMENT

Electric Irons Complete \$1.85 to 8.95
Electric Clocks Priced from \$3.95 to \$6.50
Electric Coffee Maker \$4.50

SKIS Priced from \$1.75 up
Toboggans and Sleighs Various Prices, according to Size

Christmas Tree Sets
8 Colored Bulbs complete 49c

A Complete Range of Pyrex Ware and Stainless Granite-ware in the New Colors and Shapes

Fancy Dishes — Kitchen Utensils — Flashlights and a Variety of Christmas Gifts Ready for Your Choosing

W. D. Talbot

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BARR'S GROCERY

District Agent for
Peek-Frean (ENGLISH BISCUITS)
New Stock Just Received
Sweet Lines 15c to 75c box
Savoury Lines 25c to 35c
Make It Xmas with Peek-Frean

District Agent for
House of Picardy Chocolates
In the Finest Quality Class
New and Attractively Banded
60c, 65c, \$1.00, \$1.20, \$1.25
Quality — Always Fresh

REMINDERS For the Christmas Party

Fresh Cranberries, lb	25c
Cranberry Jelly, jar	25c
Shriffin's Mint Jelly, jar	25c
Strawberry Jelly, jar	25c
Seville O. Marmalade, jar	25c
Combination Marmalade, jar	25c
Stuffed Olives	15c to 25c
Pickles and Oherims	10c to 15c
Quality Catsup	10c to 15c
Package Cheese	15c to 20c
Fresh Soda	10c to 20c

FAVORITES During the Xmas Season

Boned Cigarettes	at 50c
Boned Cigars	at 50c
Boned Fancy Cookies	25c
Fancy Bulk Cookies	at 25c
Good Quality Cookies	at 15c
Fresh Layer Cakes	10c to 15c
Xmas Cakes	15c to 25c
Canned Fruit	10c to 20c
Sardines — Sardines — Shrimp	50c
Tomato Paste — Ketchup — Mustard	50c
Corn — Peas — Tomatoes	50c
Asparagus — Beans — Soup, etc.	50c

CHURCHES — SCHOOLS — SOCIETIES — TEACHERS
We Have Special Prices for You on Quantities



A MERRY CHRISTMAS