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THE OLD VIOLIN

[Editor's Note—The following poem was written by Mrs. Elizabeth W. Mowat as a tribute to the late David Tarver, who lived in Acton for many years and was well-known with his violin throughout this district. Mr. Tarver died about a year ago, at Arkell.]

A grand old man of nature, Of music and of God; A man who saw God's beauty In the turning of the sod.

He loved to see his cattle, With long and crooked horns, Depicting all God's beauty When he wore a crown of thorns.

He loved to tell a story, With a pleasant little smile; His humble life didn't offer much, He walked the many miles.

I see that dear old snow head, He stood erect and tall, His eyes were gleaming full of love For that violin on the wall.

He would take it from its hanger With love and gentle care, His kindly chin would hold it In position for him there.

And then, with all God's music You could see his old head sway, With slender wrist he'd move that bow And then you'd hear him play.

A Scottish air, an Irish jig, Perhaps a favorite hymn, The children they would love it And often speak of him.

He was taken early in the year, But now his old head's aching In a high and heavenly place.

He is singing with God's Angels In that choir of peary white; And we see him playing his violin When the stars shine forth at night. —Elizabeth Wylie Mowat.

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

EGGS

Eggs can be served so tastily in the ordinary ways in which they are used, such as boiled, poached or fried, that many people may not realize the great adaptability of this food and that it can be used as the basis of a wide variety of dishes. However, with the true food value of eggs becoming better understood as a result of nutritional research, new ways of preparing eggs are of interest. Here are a few dishes in which they may be served.

FRENCH OMELET

Beat the eggs with a fork, adding one tablespoonful of cream and one of water for each egg used. Into a heavy frying pan, put plenty of butter and let it get sizzling hot. Then pour in the eggs and lessen the heat. Immediately start shaking the pan back and forth, and roll the omelet as soon as the edge is firm and while it is still wet. The inside of the omelet cooks while it is being removed from the pan. To roll the omelet, lift one edge and roll it over. Till the skillful in the direction the omelet is to be rolled, and assist in the rolling with a spatula or knife. Slip the omelet from the skillet to a hot platter and garnish.

POACHED EGGS VIENNA

Take two fresh eggs and poach them in milk, with a pinch of salt. Toast two thin slices of bread, and fry two strips of bacon crisp. Place the poached eggs on the toast with a strip of bacon on either side. Heat three-quarters of a cup of cream, but not boiling, and pour it over the eggs, bacon and toast and pepper to taste.

EGGS AU BEURRE NOIR

Toast one slice of bread nice and brown, butter and place on platter. Fry two eggs in butter covering during process of cooking in frying an until the desired medium soft, "medium," or "hard" is attained then remove and place on buttered toast. Place in the pan in which the eggs have been fried 1 tablespoonful of thoroughly melted butter and when hot add 1 tablespoonful of Worcester sauce, toss in pan until thoroughly mixed, pour over eggs and serve.

TEST OLD SEED BEFORE SOWING

When seed fails to germinate after sowing, real loss results, for reseeded rows mean money and early crop prospects vanish. Recently a gardener sent samples of lettuce, onion, beet and carrot seed to the Dominion Seed Branch Laboratory, Ottawa, for germination test. The seed was three years old, and intended for use next spring. The lettuce germinated 72 per cent, the best 71 per cent, the carrot 66 per cent, and the onion 3 per cent. Three years ago, when fresh, all of these seeds germinated over 90 per cent. These tests proved once again that some kinds of seed lose their viability quicker than others. The onion seeds were practically dead when three years old, while the beet and lettuce seeds retained reasonably high germination. The carrot seeds had declined almost 90 per cent in the three years, but was still serviceable at a heavier sowing rate. These results are typical of many tests made. The point is that old seed should not be used before tested for germination. This may be done at home between two damp blotchers or a sample may be sent to the nearest Dominion Seed Branch laboratory.

"Democracy has to learn to use reason in redressing the wrongs of society." —Sir Robert Falconer.

Chronicles of Ginger Farm

Written Especially for The Acton Free Press GWENDOLINE F. CLARKE

sure and 'tis myself that feels like a proud old motherly hen. For why? Well now, maybe you'll not be thinking it's such a wonderful reason at all. It's just that Daughter was home for the weekend!

On Saturday night brother and sister went down town together, and when they were dressed and ready to go—and stood at the door saying a few laughing words to me in parting—something seemed to turn over inside me and I suddenly found it a little difficult to bid them good-bye.

I wished Partner could have been with me to watch them go—our son and our daughter—but he was not up from the barn yet.

Of course I have seen them together lots of times before but there was something a little more significant in this occasion after Daughter's absence from home and the noticeable way in which Son has developed in that time.

Every parent must have just those same feelings if he or she stops to think—many times we watch them, as we alternately hope and fear, love and counsel, sympathize and admonish, in the various problems of youth that arise from time to time. Mercifully for our peace of mind, many such problems have a way of straightening themselves if there is a sympathetic understanding between parents and children.

As I look at things, lack of confidence is the worst thing that any parents can be called upon to face. If parents—and particularly mothers—can win, and hold, the confidence of their children up to and past the adolescent age, I believe the battle is half won.

I found such a change in Daughter. Six weeks away, and she had developed as much as she would have done in twelve months at home. Truly, there comes a time when to keep young people under parental control, induces spiritual, mental and even physical stagnation.

Perhaps the time is young yet, but up to the present I feel that the worry about her when she leaves home for the first time has been well worth while—and may I never be given cause to change my opinion.

Many, many times I think gratefully of the book that was sent to me—"A Lantern in Her Hand"—it has been such a help and comfort to me at this time.

And now, having started at the end of the week, let's go back to the beginning. It was then that Partner had his own little troubles to contend with as he was served with a notice to attend the Petit Jury at the Spring Assizes—and for a man working single-handed, serving on the jury isn't any picnic. However, Partner did not have to show up until one o'clock on Monday, and even then his name was not called.

Tuesday he had to be in attendance by 10 a.m., and was hoping against hope that he would not get called for the manslaughter case that was slated for that day.

As luck would have it, he was one of those on the jury panel but when Partner took his place he was "challenged," so were five or six others after him. Maybe some kind-hearted lawyer recognized them as honest-to-goodness farmers with cows to milk and chores to do, and threw out a putting challenge by way of a life-line.

Anyway Partner was home by 4 p.m. that day and with an extra eight dollars and twenty-two cents in his pocket which after all, was only part of his own tax money back again. Before leaving town Partner treated himself to a new pair of work boots, which he immediately named and which will henceforth be known as "jury boots." Partner has an awful time with his feet for which he has to be in the Army to thank and we are hoping that with jury boots, his pedal extremities will recognize the necessity for law and order and will behave themselves as respectable feet are meant to behave.

While Partner was away I was preparing our bedroom for papering. After getting it as bare as a barracks, I got out the paper—sidewall, ceiling and border—and I cut and measured and measured and trimmed until most of the paper was in the required strips. Wednesday morning my friendly work-er—or my working friend—and I, whichever way you like to have it, started papering about 9:30 a.m. and by 6 p.m. the room was papered, the woodwork and the floor washed and some of the essential furniture back in again. As my friend was leaving, she took one last look at her handiwork and said, "Well, it does look kind of nice, doesn't it? I guess you will be so busy looking at your pretty blue paper you won't be able to get up in the morning!"

My friend was a true prophet—I didn't get up in the morning! I did step out of bed and found that one of my limbs refused to support me. "The best I could

The Cancer Crusade

Fighting the Great Scourge with Campaigns to Wise Out Ignorance, Fear and Neglect —By J. W. B. McCullough, M.D., D.P.H.

CARCINOGENIC AGENTS

In 1916, two Japanese workers, Yamagata and Ichikawa, succeeded in producing cancer in the skin of mice by painting the skin with tar. In 1930 British investigators announced that they had produced experimental cancer by means of pure hydrocarbons. Hydrocarbons are compounds of carbon and hydrogen and the particular one depends on the relative proportions of contained carbon and hydrogen. Benzene is a hydrocarbon containing equal parts of carbon and hydrogen. An example of a fatty hydrocarbon is paraffin.

The investigations carried on in the effort to produce carcinogenic agents reads like a romance. Much of this work was done at the Cancer Hospital in Pulkham Road, London, by Kenaway, Cook, Heger, Howett and others.

The first cancer-producing agent was called 1:2:3:6:8—dibenzanthracene an aromatic hydrocarbon, which when injected into the body, will cause cancer. Re-arrangement of the molecules in this formidably named substance, gave other carcinogenic agents.

More recently these investigators have produced from coal-tar, several hydrocarbons active in producing cancer in the skin of mice. It has been found that certain lubricating oils, notably those found in the north of England and on the Continent of Europe will cause cancer of the skin. Moreover it has been found feasible to remove the cancer-producing agent from these oils and thus to make them safe.

The discoveries just referred to have changed the entire attitude to the matter of chronic irritation in regard to cancer. It is now believed that the irritant simply prepares the way for the action of the contained special cancer-exciting substance. Bit by bit, research workers are uncovering the secrets of malignant disease. The best part of this work is, that the scientific research worker does not try to exploit his discovery for his own benefit. He gives it freely for the benefit of his fellow-men.

do was trail it along behind like something that didn't belong to me. About 10 a.m. I gave up the struggle, went back to bed and admired the wallpaper—and I had a nice little natural furnace to keep me warm.

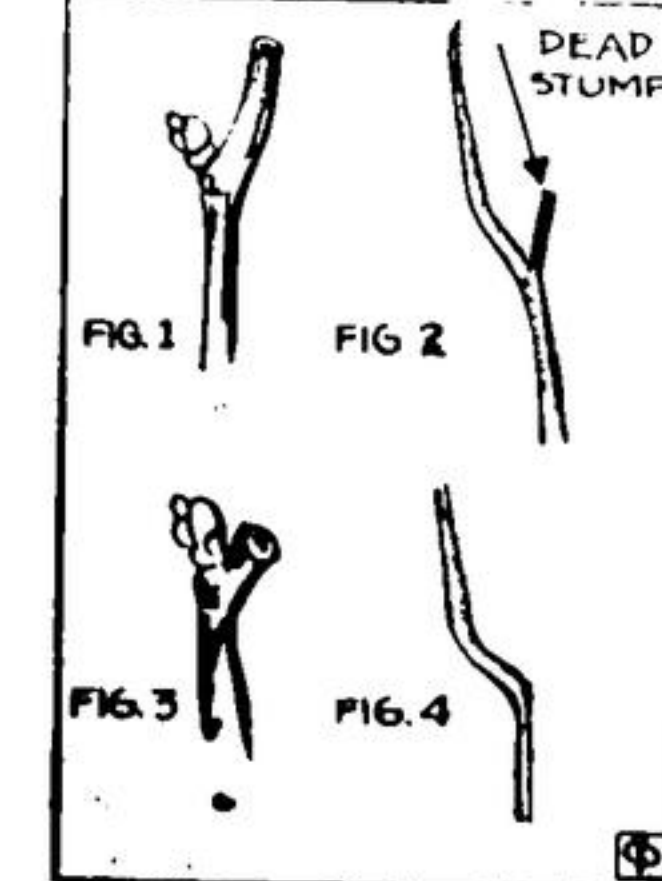
Between Partner and the Doctor what I didn't hear about women and house-cleaning wasn't worth hearing. And it wasn't housecleaning that brought on my attack of rheumatism, either—it was the awful damp weather in the offing affecting my aged joints.

But was I mad?—especially as Son and I had planned a trip to the city to get him a suit. However, when I got word from Daughter that she was coming home, nothing else mattered. In fact, I was quite reconciled to staying in bed as being the quickest way of getting better.

All things considered, last week was quite a week!

Weekly Garden-Graph

Written by DEAN HALLIDAY for Central Press Canadian



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"Our" Column

Items of Particular Interest to Women In Which Women Readers of The Free Press May Discover Each Week

A MORNING GLORY FOR EACH DAY OF THE WEEK

Thursday, April 14th Never argue with a rattle-snake.

Friday, April 15th The man who believes only what he can understand will have a very short creed.

Saturday, April 16th Character is made by many acts, it may be lost by one.

Sunday, April 17th The righteous shall be in everlasting remembrance.—Ps. 112: 6.

Monday, April 18th Desire not to live long, but to live well.

Tuesday, April 19th Be wisely worldly, be not worldly wise.

Wednesday, April 20th Truth never dies, though it may be buried for a thousand years.

HOME HINTS Grease the lip of the cream or milk pitcher with butter to prevent the drip.

To make faded materials white, boil in two gallons of water to which has been added half a cup of cream of tartar.

Before scraping new potatoes, soak them for half an hour in cold salted water. The skins will peel off easily and not stain the hands.

DID YOU KNOW The League of Nations statistical year book places the population of the world at 2,100,000,000.

It estimates that the world population is still on the increase, although the birth rate is falling in some countries quite rapidly.

TO THE POINT "Children," said the schoolmistress to her class of young hopefuls, "I want you all to write an essay on 'The funniest thing I ever saw'."

The class commenced, but one small boy managed to finish before the others. "Let me see your effort first," said the teacher.

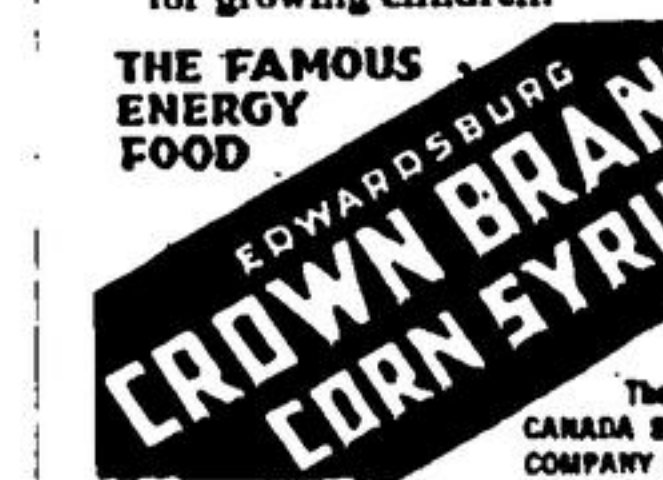
The boy produced a paper, on which was written: "The funniest thing I ever saw was too funny for words."

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Sells Eighteen-Month-Old Baby



Mrs. Dorothy Ghent, Right, admitted in a Baltimore court that she had signed an agreement to relinquish her 18-month-old baby, Left, in consideration of \$5 and other goods. Rose Ghent, father of the baby and separated from his wife, brought habeas corpus proceedings to obtain the custody of the child from Mr. and Mrs. James Wheeler. The court refused to allow the Wheelers to keep the child or return her to either of her parents. It ordered she be kept in the custody of her grandmother.

HINTS ON FASHIONS

BY LISBETH Child's Shoes Important Part of Easter Outfit



New children's shoes. Top, white jumper calf T-strap "saffee" center. Left, perforated shoe in Nord grain cubana color; Right, cut-out marine blue perforated oxford; below, Left, black patent leather sandal; Right, white patent sandal.

Not the least important part of the new spring ensemble is the shoes.

This is true, even of children's outfits. Indeed, it is doubly important to be sure youngsters' shoes fit well, as well as being good looking and "like those of the other kids."

Little feet are tender, and if they are given shoes that are roomy without being slipshod, long enough, and with low, comfortable heels, they will be much less likely to develop foot troubles later on in life.

We are showing you some new spring shoes for the little folk. They are day long shoes, to be worn from outdoor play hours until dinner time.

At the top is a T-strap white jumper calf—a summer favorite style. It is perforated at the top, with graduated perforations on the vamp.

Shoes Air-Conditioned In the middle is a tongue shoe of Nord

Business Directory

MEDICAL

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DR. WM. G. CULLEN, L. M. C. C. Physician and Surgeon Office Hours—1-4 and 7-9 p.m. Sundays by Appointment Wilbur Street—Just North of Mill Street Telephone 128

DR. A. J. McINTOSH, B.A., M.D. Physician and Surgeon CAMPBELLVILLE ONTARIO Office and Residence in the late Thos. Moore's home, Phone 225-61, Milton, Ontario

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TIME TABLES

CANADIAN NATIONAL RAILWAY

AT ACTON Going East Daily, except Sunday 7:00 a.m. Daily, except Sunday 9:34 a.m. Daily, except Sunday 6:26 p.m. Sunday only 7:04 p.m.

On April 17th only the Sunday evening train will leave Acton at 8:19 p.m. instead of the usual time as immediately above.

Going West Daily, except Sunday 6:48 a.m. Daily, except Sunday 2:58 p.m. Daily, except Sunday 7:07 p.m. Sunday only 12:38 a.m. Sunday only 11:32 p.m.

STANDARD TIME

GRAY COACH LINES

COACHES LEAVE ACTON EASTBOUND

6:51 a.m. 8:57 p.m. 9:11 a.m. 6:43 p.m. 12:11 p.m. 8:57 p.m.

WESTBOUND (To Elmhurst) 8:53 a.m. 6:21 p.m. 11:36 a.m. 8:59 p.m. 4:11:33 p.m. 2:18 p.m. 9:18 p.m. 9:12:59 a.m.

Through to London 8:53 a.m. and 10:53 a.m. and 11:36 a.m. and 12:11 p.m. and 1:33 p.m. and 2:18 p.m. and 3:03 p.m. and 3:48 p.m. and 4:33 p.m. and 5:18 p.m. and 6:03 p.m. and 6:48 p.m. and 7:33 p.m. and 8:18 p.m. and 9:03 p.m. and 9:48 p.m. and 10:33 p.m. and 11:18 p.m. and 12:03 p.m. and 12:48 p.m.