COURTEST

Since trifles make the sum of human And half our misery from our folbles springs; Since life's best And few can save O! let th' ungentle spirit learn from A small unkindness is a great offense. Large; bountles to restore we wish in

But all may shun the guilt of giving pain.

Menu Hints

Recipes for New and Novel Diebes, Household Ideas and Suggestions

> SPRING DISHES By Betty Barclay

Watch out for the bogie man! Hi name is "Spring Pever." Each year h visits thousands of people who continu to eat heavy winter meals while trailing arbutus is budding and birds are getting ready for house-keeping.

that denotes spring fever. Serve light places: desserts instead of heavy-such, as the By this time I was pulling on my long following rennet-custards which require no eggs, no baking and no boiling:

COFFEE RENNET-CUSTARD

- 1 rennet tablet 1 tablespoons cold water
- 1 cup light cream 1 cup milk
- 3 tablespoons sugar 4 tablespoons strong coffee

Dissolve rennet tablet in I tablespoon Warm milk cream, sugar and coffee to lukewarm-not hot, (120 degrees P. A few drops on the inside Remove from stove. Add dis-

terving. GINGER WAY

- I rennet tablet
- I tablespoon cold water 1 pint milk
- i tablespoon vanilla 3 tablespoons sugar
- Ginger cookies (or ginger snaps) Preserved ginger

Break a small ginger cookie or ginger snap into each dessert dish. Dissolve rennet tablet in 1 tablespoon cold water. Warm milk sugar and vanilla to lukewarm-not hot. (120 degrees F. A few drops on the inside of the wrist should feel comfortably warm. Remove from stove. Add dissolved tablet. Stir a few seconds and pour at once over ginger Chill in refrigerator. Serve with whipped cream and a bit of grated preserved gunger.

ORANGE ROLLS (Yeast)

Makes 24 dozen medium sized rolls;

1 yeast cake

3 cups flour

- & cup lukewarm water h ogg, well beaten
- 6 tablespoons melted shortening
- 15 CUP SUEER
- & cup navel orange juice 1 teaspoon grated orange rind

Combine ingredients in order given and best until smooth, adding more flour if necessary. Knead until smooth and elastic. Let rise until doubled in bulk again and shape like Parker orange pulp in centre Let rise again until doubled in bulk, bake in a hot even (450 degrees F.) 15 to 20 minutes Serve warm, liberally covered with

orange butter icing: ORANGE BUTTER ICING

- 3 tablespoons butter 2 cups powdered sugar
- 2 tablespoons lemon juice
- 2 Lablespoons orange juice

I teaspoon grated orange rind Cream butter and sugar together Add fruit julces and rind

HAPPY'S WALDORF SALAD

(For a crowd) 5 pounds cabbage

5 pounds applee 112 quarts finely cut fresh green spinsch 6 heads lettuce

Preshen the cabbage in cold water I hour chop finely wipe apples but do not pare. Cut applies mto & inch cubes and mix at once with spinach and serve on crisp lettuce braves

SCALLOPED SWEET POTATOES AND Arrived APPLES

2 cups cold boiled sweet potatoes cut in & inch slices

" CUD FUENT 14 cups thinly aliced sour apples

4 tablespoons butter

Put one-half the potators in buttered baking dish, cover with one-half the sugar, dot over with one-half the butter and aprinkle with one-half the salt. Re-Bake in a moderate oven one

POOR PUSSY!

"Well, he took the prize cat."

Chronicles of Ginger-Farm

distributed P. 1886 les

WOMEN BETTER TRAVELLERS

THAN MEN, SAYS KAIL MAN

Women are better travellers than men

A. A. Gardinet, Assistant General Pas-

senger Traffic Manager of the Canadian

National Railways, told a women's club

in Montreal. They know their own

minds. While men wonder where to go

women know and start marketing. They

like bargain excursions. When it comes

to family vacations, they make the deci-

sion in 75 to 80 per cent. of the cases

"They are not so hard to please," Mr.

Gardiner said gratefully. "They are

more interested in what goes on around

With a greater appreciation of beauty

and the fact that they are happlest only

when surrounded by beauty and place

a high value on cleanliness, women much

more than men he said help the rail-

"Generally, the ladies show their bet-

ter travel sense in nothing more strik-

complete wardrobe is light, compact, and

easily carried. Small overnight bags, as

pediments men carry evidence the good

As a class, women school teachers are

the railways' best patrons, Mr. Gardiner

pointed out with nurses a good second.

Women leave things on trains, just as

men do, he said, but not so many, al-

though women travellers are in the

majority. They seldom forget their com-

Hog producers throughout Canada are

demonstrating their interest in the bacon

tion for export trading with its accruing

LINGO OF THEIR OWN

Ratiroading has a language all its own

- a language that is used every day in

the yards, around the shops, on the road

-wherever railroad men meet. Hum-

prous for the most part, this picturesque

jargon is as colorful and homely a man-

ner of speech as can be found anywhere

in the lexicon of North American slang

says the Canadian National Magazine,

which gives a list of some of the terms,

The names are not always complimen-

ary For instance, the engineer is

known as a "hogger" as well as an "eagle

ye", a car repairman is a "car toad"

master mechanic is "master maniac";

The fireman has to put up with "diamond-pusher " "Tallowpot" and "bake

read." The conductor is usually referred

is "brass buttons", officials are called

brass collars and "brass hats " A "car

catcher" is a brakeman and "scissor

man Telegraph operators are "Hams"

The despatcher is the "master mind"

The yardmaster is a "dinger", a checker

L a "number grabber", "gandy dancer"

The hogger's locomotive has many

hog, a goat, a Jack, a mill and a stack

buggy an ark and a clown wagon. A

To "best 'er on the back" is to make

last time; to "bend the rail" is to turn

the awitch: to "jerk soup" means to take

water on the fly; and to "wipe the clock"

box car is a "sidedoor pullman." A rail-

road motor car is a "doodle-bug".

is to stop auddenly.

rust The caboose is known as a hearse.

names. It is a battleship, (so is the

landlady, sometimes), a calliope, a pig

means a section hand, a machinist is

is what they call a student brake-

to as "the brains", on some trains.

and the train despatcher is a "detainer."

bottermaker is an "iron skull", the

under the title "Railroad Slanguage."

turns from the market hog

RAILROAD MEN SPEAK

judgment of the ladies."

pacts, though.

ways make their service attractive.

done for them."

Written Specially for The Acton Proc Proce GWENDOLINE P. CLARE

We have been adventuring. Bott winds were blowing and a robin singing. The house was warm and stuffy; the great outdoors was calling and we each in our own way responded to the call.

Partner went off to look at the wheat and alfalfa, which he found had wintered surprisingly well but being a farmer, he would not allow himself to be unduly optimistic.

"If we should get a cold wave after this spell of warm weather, I don't know what will happen to the wheat," said Partner.

"No." I remarked, "but you will know-I we get a cold spell. And if it comes we can't stop it!"

"That's true," agreed Partner, things-of how well the water was drain-Cut down on heavy foods this time of ing off the fields and how important it the year and avoid that languid feeling was to have ditches run in just the right

> rubber boots. "Where are you going?" asked Partner.

"Outside-I want to see things, too. I'm going down to the barn, for one thing."

So then we both went out as I wanted to look at our live stock. When I have no reason for going, I hardly visit the IMPROVED QUALITY barn at all in the winter and so I have to make a special trip once in a while. as I don't like to lose touch with the animals altogether.

I found all the cows looking well fed business by the improved quality of hogs and contented—the milking cows in the being marketed. A comparison of Januwrist should feel comfortably new stable, and Jane and Maggie in the ary grading figures for 1937 and 1938 old stable. Maggie, a young helfer, in a shows every important area sharing in stall by herself, because it is almost time this improvement, but some provinces once into individual dessert for her to freshen. Jane was in an- are having remarkable results. Mani-Let set until firm-about 10 other stable, because Partner is intend- toba heads the list with an increase of Chill in refrigerator before ing to sell her on Monday-she being in over 18 per cent, in the combined Bacon good shape for the market and having and Select Bacon grades. Alberta and outlived her usefulness as a milch cow. Quebec follow each with increases of ap-Poor Jane-there she stood, lazily chew- proximately 10 per cent. The proportion ing her cud, blissfully unconscious of the of light and feeder hogs being marketed fate awaiting her in such a little while.

was in each case reduced by around 50 Next to be visited were this winter's per rent. This means that the average culves—one veal calf, and three heifers— weight of hogs slaughtered must be high- professor, "I'm trying to think up nice looking little things-three Jerseys er than a year ago, thus compensating and one Ayrahire. in part for reduced numbers.

And then the pigs-four in number. The value of the increase in quality Two are being shipped out on Monday, on the basis of actual settlements would along with Jane. They were far too con- amount to over \$20,000 for this single. tented and well fed to bother about get- low delivery month. Estimating roughly done with all your money? Your money ting up when we went into the pen. on the basis of last year's receipts, the Come to think of it. I guess the pigs improvement would have distributed won't go on Monday because it will be nearly \$300,000 extra revenue to Canaditoo muddy for the truck to come in-, an hog producers. To it also should be the cow, of course, can be taken to the added the improvement in Canada's posiwaiting truck at the road.

How easy it is to ship stock these days dividends. to what it used to be. Even in our time It appears likely that better feeding I can remember when Partner had to pretices and a general effort to cater to take his cattle and pigs down to the bacon trade demands has accounted for local stock yards to be shipped by train. these encouraging results. They point A stock-rack, at that time, was consid- the way to great possibilities for the ered part of the farmer's necessary equip- Canadian industry if this upward trend ment-now there are very few in the can be continued until the poor class of country. Shipping in the old way only hog is eliminated. Scientific feeding and had one advantage as far as I can see attention to desired market weights is a farmer didn't have to wait for the mud the essence of the current problem and to dry up or for frost to harden the hold the key to still more profitable

Having looked over the barn-yard 'amily, I next took a walk round the garden and I felt my winter resolutions beginning to weaken. You see, back in the months when the days were short and dull, the ground covered with snow and frost and everything apparently lifeless, i made up my mind that this year I would not devote so much time so my flower garden -- not that it ever amounted to much but even so I spent a lot of

!faking such resolutions was east enough at the time I made them -- but when one gets outside and sees a perennial bed just a mass of little coedlings. and shrubs with branches just waiting for warm weather to open up their tender shoots, sweet scented violet roots spreading half way over the lawn and my small rock garden already to come to life then indeed it is not so easy to cay one will spend less time in

To satisfy that longing to be with the growing things. I picked a few branches of forsythin- placed in water in a sunny window they will soon come out in

On the way I met son who had jus come down from the bush and had

The scene changes - before I could a this Chronicle Anished Partner was in and telling me to phone for the vetermary surgeon as Maggie, the helfer due to freshen, was having trouble. The vet and then a calf as big as the helfer herself bran mashes . . trips and forth to the barn with flashlight and lantern . By the time we were

for bed and I was too sleepy to settle to writing again. All these things happen from time to time on a farm-veterinary bills-extra work-perhaps the loss of a cou or calf -while well-dressed women parade the

GOOD SHOES

FOR YOUNG AND OLD

B. D. RACHLIN, Actor

"Correctly Fitted"

through for the night, Partner was ready

streets of the city, endeavoring to boycott butter until the price is reduced. If they were to work in an ordinary farm" home for a while they might change their point of view.

But still when a soft wind blows and a robin sings, the farm is a good place to live.

Column

Home of Particular Interest to Women In Which Women Roaders of The Free Press May Discuss Each Week

MORNING GLORY FOR EACH DAY OF THE WEEK

Thursday, March 24th A book may be full of words with utter emptiness of thought, Friday, March 25th

Nature's most important truth's ar

them, therefore, they get more out of written in the hearts of men. travel. They know exactly what they Saturday, March 28th want and, knowing the diffificulty of ser-A kind word often does more good vice they more fully appreciate what is than a large gift.

Sunday, March 17th The Lord is merciful and gracious long suffering, and full of love.

The fear of bhindering kills many noble ambition. Tuesday, March 29th The greatest luxury is that of doing

Monday, March 28th

ingly than in their beggage. Even a good. Wednesday, March 38th Nothing impure or wrong, can be of use in the service of God.

HOME HINTS

A varnished floor should never be washed with hot water. A cloth, wrung out of luke warm water is best, and each place must be dried as it is washed. Pish fries much nicer if clarified dripping or salad oil is used. Lard smells

and butter fries a bad color. Warnished wallpaper which has been splashed with grease can be washed with a pail of warm soapy water to which a tablespoonful of ammonia has been ad-IN MARKETED HOGS ded.

DID YOU KNOW?

The total output of automobiles in Canada and the United States during the twelve months which ended with September, 1937, reached a total of 5,-110,000 passenger cars and trucks, worth at wholesale, \$2,876,00,000. This is the greatest production in the history of automobile manufacture with the exception of 1929, when production reached 5.621.715 units.

MORE IMPORTANT

"Horace, what shall be call the baby?" "Oh, don't bother me now," said the name for a new microbe."

A RAINY DAY

Mother: "Why, Johnny, what have you

Johnny: "Well, mother, yesterday was rainy day, so I spent it."

BOOK ON HOCKEY

"How to Become a Hockey Star" by that dreat authority T. P. "Tommy" Gorman, a Great Book profusely illustrated and containing many valuable tips on how to play the vame. ALSO AUTOGRAPHED PICTURES

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HINTS ON FASHIONS

BY LISBETH

Costume Jewelry Goes Wild in Both Color and Design-"Period Pieces Are in Favor



Black Crepe Frock worn with Silver Fox Fbr. Two-layer Straw Hat and Alberta's New Moonstone Jewelry

If you feel the need of cheering up jewelry Gold and bright red gold and better hasten to the costume levelry de- "other with every other color of the rainpartment of your favorite store low Some sets are in the pastel shades Designers of jewelry of this type have pulest yellows, blues and pinks the Daily, except Sunday

simply gone wild You can be an old- latter very popular and worn with every fashioned girl in coral-the round beads color. or the branch type, or in replicas of ; mother's and grandmother's chains and In the picture some of the new moonlockets. You can have "birds, beasts and stone jewelry is worn with a black crepe fishes"or insects - on the lapel of the cress and has a silver for fur. The coat, at your throat or clipped to dress brooch has six centre moonstones enor hat You can wear the leveliest flow- circled by a few of the same stones. A ers in enamels and metals, in exquisite matching brandet is alim dainty and colors. And you can wear pearls -- many, flexible. The milky translutence of the

of them, a large clip, for instance, like a stones, which come in pink or blue, are

tunch of grapes, and necklaces galore. | reminiscent of the Otbson girl era, this

Necklaces were never more original. note being carried out in the two-tlered Some of them accompanied by matching straw hat finished with a face veil which bracelets are reminiscent of the festive ties in a perky bow at the back. Hottentot, and the wearer would feel . The amartest women this apring are perfectly at home beating a tom-tom. not necessarily the ones who put the most money into their clothes. They are hope Hottentots do beat tom-toms, by the ones who avail themselves of

little accessory touches which give their Brilliant colors are combined in this costumes distinction.

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Geing Engl Daily, except Sunday 7.00 a.m Daily, except Sunday 9.54 a.m Daily, except Sunday 6.26 p.m 7.04 p.m

Daily, except Sunday 7.07 p.m Daily, except Sunday 12.38 a.m. Bunday only . 11.37 p.m.

8.48 a.m

2.38 p.m.

STANDARD TIME GRAY COACH LINES

COACHES LEAVE ACTON EASTBOUND a-651 a.m. 9.11 a.m. 6.42 p.m.

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Hol; o-dat,; d-except Cat., Sun., and Hol; .- Bat, Sun, and Hol.

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