### TO-BATT

Let me not lose throughout this day A sense of Thes. Be Thou more real than earthly things, That I can see.

Shed Thou Thy fragrance, Jesus, Lord Through me to-day. On all with whom I contact have Along life's way.

Then, Master as a crowning joy. I humbly pray. Help me to win some soul for Thee. · Even to-day!

### Menu Hints

Recipes for New and Nevel Diches, Romehold Ideas and

BUYING REEF BY GRADE

Buying beef by grade takes the hazard contained in the 52-page illustrated on with business as usual " pamphlet "Beef, and How to Choose and And so-back to Ginger Farm secupes are taken from the pamphlet

for about 3 hours. When cooked re- letters to look forward to now grany, or served separately

### PAN BROILED PLANK STEAK

sprinkle with salt and pepper and spread ing soul השפותה אות משופים

STRION STEAK A LA HOLLANDAISE butter and it cup cold water. Set over but had never come across anyone from pure and natural products. The syrup is low heat and size constantly, keeping the whom I might borrow it. water in the lower part of the botter just. In turning the pages over I wondered to a temperature of 2191; degrees telow boiling point, the lower part of why that particular book had been sent Fuhrenheit, and sugar to 340 degrees. It the bother having been half filled with to me but concluded that I might pos- takes about 40 gallons of sap to make a that water at the start. When the mix- sibly find the answer by reading it. And gallon of syrup and there are about 10 ture thickens to the consistency of botled I think I did custerd and gradually in teaspoonful. The story is that of an ambitious. The Maple Sugar Industry Act, alminrait, mixed with it teaspoonful pepper country girl who longed to do so many istered by the Dominion Department of and few grains cayenne, continue beat- things. But she married and there was Agriculture prohibits any adulteration of

HOW TO USE PROZEN

mmrdately.

ing the proper handling of them may never had time

purchasing it is important to see that of this book for encouragement and comthe fruits are hard frozen and that no fort. And not only shall I value the free liquid is present. In the case of book to: itself I shall value it still more truits, packed with sugar or syrup there because I know it was sent to me by HOTEL MEN LEARN HOW but if the fruits are firm frozen and the ed because only such a one would have being in good condition

be allowed to thew out at room tempera. And more upon the topmost froth of sort proprietors and managers of Nova ture or in the ice box or refrigerator. At thought, and so the best that I can Scotta have been going to a sort of toom temperature three or four hours only is "Thank you" will be necessary and in the see box four to eight hours. For dessert purposes sunni day we went down to see Daugh- they were taught some of the fundathey should be served when the last ter said we found her quite happy and mentals of the perfect host how to do existence of frost is disappearing. It is a contented. We also met the people for justice to the preparation and serving of good plan to take the frozen mass from a hom ahe is working, and we' were very Nova Scotta a fumous senfoods how to the container and place it in a glass or 'avorably impressed. The little nine- make attractive salads how to cook china dish to than out. Cherries and 'gar-old boy is a fine mani) little chap 'tegetables properly, how to make a table peaches should be thaved in the original' a horses enthusiast and very handy with now inviting A Canadian National Railcontainers and kept scaled while as doing to present browning. These fruits the home-town news and as we came making of omelettes R S Pitt, manmay be served as descerts with cream away she said Now be sure you write ager of the Nova Scotian Hotel, with the or used in salada shortcakes parfaits - you don't know how I look for those assistance of his chef showed how to cut or ples. When making pies the drained truit may be used or the syrup thickened with starch or taploca. If drained frui: for letters too. And at seventeen years interior decorating and landscaping

by the addition of gelatin Frozen vegetables must be cooked im-, mediately after thawing, or they may be put on to cook while still in the frusen state. As a general rule, the poiling time is about one-half that given to fresh vegetables, as the freezing softens them in the same way as cooking They should be served as soon after cooking as possible. It should be remembered that these fruits and vegetables are prepared for use before they are frozen and there fore they do not require any washing or sorting before cooking. They must not. r. be treated as canned foods, as they have not been sterilized and are mollege when defrosted, per-

# Chronicles\_of Ginger Farm

Written Specially for The Asten Pres Press

GWENDOLINE P. CLARER

days of the last war, the slogan that pects, however, this year are for a crop sained greatest popularity was that of equal to, if not larger, than in 1936.

"Busines as usual" I just mention this in passing so that sugar produced in Canada comes from out of marketing occurred the quarter when I go babbling on about incomes the Province of Quebec, which accounts the two grades of branded beef is guar- when I go babbling on about incomes the Province of Quebec, which accounts anteed by Covernment inspectors. The quential things you will not think I am ed last year for 902 per cent. of the first grade is known as Choice and the entirely ignorant or callous to that which sugar and 67 per cent, of the syrup of cuts are stamped with a thin red ribbon- threatens the peace of Surope. It is just the total production. Ontario produced cuts are standard with a title and that I think the only same thing for any- 6.6 per cent of the augar and 32 per like mark, the second grade is the Good that I think the only same thing for anybrand, marked in blue. Full informs- one to do is not to worry over-much but cent of the syrup. The remaining 3.2 of speech is last, brand, marked in one. July and cooking beef is to keep his wits about him and carry per cent, of sugar and one per cent, of

is a very fine thing indeed. Brown desired quantity of short ribs can bear to wait very long for it—one lies of Lanark. Leeds and Glengarry in be brightened by boiling apple parings on all sides in hot frying pan. Place never knows what may be waiting in Eastern Ontario are the principal areas in them for a short time. on an arrest in the stress of that promic looking box on top of the of production, though the largest sugar. To improve the flavor of old potatoes,

heat, and serve together. If desired, daily and weekly newspapers a maga- from the Ontario Government. In that boiled potatoes pear onlong dieed tur- sine, a letter and a cheque not a very square mile there are over 30,000 maple. Canada's gold mines produced 323,337 nips and carrols may be added to the big one and a small parcel. The parcel trees, of which about 10,000 will be tap- ounces of gold in the month of May, was from the United States, and ad- ped this year. dressed to me. I opened it and found a . The maple trees from which the sap is If the mines could keep this up for a dook but there was no inscription to tell drawn, when it runs as Spring is ap- year it would mean nearly \$144,000,000.

Those on both sides with a sharp knife only correspondents I have are those facturers of maple products is the Maple United States spent around \$159,000,000. Thoroughly, grease a hissing-hot frying who are traders of The Acron Page Sugar Producers of Quebec, which is a pan with some of the fat trimmings. Parss. Therefore I can only surmise farmers' co-operative organization of place steak in pan and turn every ten that the book was sent to me by one of about 3,000 members. This co-operative After this reduce heat and turn occa- the only means I have of expressing my own brand name. samply until nobly browned on both ten deep appreciation of this unexpect. It is estimated that there are fully make scruples about letting it in Cheer-Remove to het serving platter et token of a generous and understand- 70,000,000 maple trees in Eastern/Canada fulness is a direct and immediate gain.

I say understanding because the name tapped so that there is an opportunity of the book was "A Lantern in Her for much greater development. There is Hand, by Bess Streeter Aldrich-a book a ready market for all the maple pro-Prepare a Hollandaire sauce as fol- a hose story is balm to a mother's heart, ducts produced in Canada. Maple syrup younger generation?" For 4 our yolks in the top of a I have heard so much about this book and maple sugar will keep indefinitely if coubie boties best shightly, add a cup and have wanted so much to read it kept in a cool place. They are wholly is ruining the autos."

of the Division of Horticulture Domin- years and I know there will be many cream and maple wax not more than ion Department of Agriculture. When many times that I shall turn the pages 15 per cent. water may be some very heavy syrup evident one who has lived and loved and suffer. mass hard they may be considered as the sympathetic insight which prompted

such a gracious and generous thought Strawberries and raspherries abould Words are very inadequate at times anxious to return hotel and tourist re-

letters. Yes Daughter, we know-his- out that tourists prought Canada about DIONEER tory repeats itself from one generation \$235,000,000 last year

face any eventualities "-Benito Musso-

FOR YOUNG AND OLI "Correctly Fitted" B. D. RACHLIN, Acton-

#### SAPS BUNNING IN MILLIONS MAPLE THREE; BIG YIELD EXPECTED

In Bastern Canada the most positive evidence that Spring to near to the fact that the san is now running in the millions of maple trees and the maple syrup and maple augar which will be made from the estimated '24,000,000 trees that will be tapped is expected to yield this year a total revenue of more than \$4. 000,000. In 1937, due to exceptionally adverse weather conditions, the yield of When the European powers are facing maple products in Canada was much what is probably the most serious crists below normal. Production of maple since 1914, it is perhaps selfish to think Ayrup fell from 2,022,719 gallons in 1936 or write of more personal and less seri- to 1,233,600 gallons in 1937, while the was matters. But, on, the other hand, aligner crop dropped from 9,331,803 pounds what else can one do? You who read in 1936 to 4.413.147 pounds in 1937. The these Chronicles are not expecting a dis- total revenue of South maple ayrup and sertation on foreign affairs, are you? maple sugar last year was \$2,245042 or And if you remember during the dark \$1,488,739 less than in 1936. The pros- deiwn

Most of the maple syrup and maple Ayrup came from the Provinces of New The man who knows God, fears no Brunswick and Nova Scotts. The chief man Cook It," which may be obtained free on Last Friday something lovely happen- source of the supply of maple products; application from the Publicity and Ex- ed-just one of those delightful, heart- in the Province of Quebec is in the application from Department warming things that make one feel that Counties of Beauce, Brome, Mississquoi - When the glue thickens in bottle, moisof Agriculture. Ottawn. The following the friendly sympathy of the human race and Shefford in the Eustern Townships, ten it with vinegar instead of water. I went down for the mati-the very along the North Shore between Montreal way. minute it was there, of course-I never and Quebec City. In Ontario the Coun- Badly discolored aluminum pans may onion salt and pepper and cook slowly post, and there are always Daughter's bush in Canada is 12 miles north of add a little pinch of sugar to the water move rise, thicken liquid with flour, re- On this particular Priday I found our that city has a square mile of bush leased

proaching each year, usually in March. In 1937 tourists entering Canada at succe of cheese cloth wrung from cold. It so happens I have no intimate are owned by farmers in comparatively ocean points spent a little over \$10,000,nater Score disconsily in opposite dir- friends in the United States, and the small bushes. One of the largest manu- 000 in Canada, while tourists from the

made by boiling the sap in evaporators

The add ? tablespoonfuls lemon ulways the work of the farm house to do, i maple products forbids the use of the runce aloudy while beating. Pour half of with absolutely no conveniences, and word maple or any derivative of the word Names on to a hot platter; over this place children to care for and not very much in the description of a syrup or sugar a thick fully brotled sirkein steak cover money for anything. Then came the which is not a pure maple product, resteak with remaining sauce and serve worry of the children leaving home for quires the proper naming of the ingredijust as I have been worrying about maple products and the indication on Daughter going away and wondering menus or bills of fare in public esting whether what we have done has been places restaurants and hotels, that FRUITS. VEGETABLES for the best. Pinally in the story, it is where such is the case an artificial mosfie? the children who are given the oppor- flavor is used to flavor goods. Maple To those who are fortunate enough to tunity to develop their talents and do syrup must not weigh less than 13 be able to purchase the new quick frozer, the things which their mother had so pounds 2 ounces per gailon nor contain fruits and regetables some hints regard- longed to do but for which she had more than 35 per cent water and maple be helpful suggests S W Arengo-Jones It is the best story I have read in per cent water, maple butter maple

Sap's running. Spring's coming'

TO BE PERFECT HOSTS

that semething extra that makes visito-s charm school. In a short course spon-This afternoon, it being a bright sored by the Provincial Government. etters" Ah but Daughter I do know ment to avoid waste. Practical suggestuenty-seven years ago I was hungry tions were also given in such matters as

is used the syrup may be made into jells of age your Daddy crossed the Atlantic C K Howard, Manager of the Tourist left the shores of the Homeland behind and Convention Bureau of the Canadian so much more than your twenty miles National Ratiways, Montreal, who was a he too, knew what it was to look for speaker to one of the sessions, pointed

WASTING TIME

To learn never to waste our time is perhaps one of the most difficult virtues acquire A well-spent day is a source of pleasure. To be constantly employed and never asking, "What shall I do?" is the secret of much goodness and happi-

## "Our" Column

Items of Particular Interest to Women In Which Women Beaders of The Free Proce May Discuss Rack Wook

A MORNING GLORY POR KACII DAY OF THE WEEK

Thursday, March 17th It is often much easier to make money than to take care of IL.

Friday, March 18th The congenial soul finds other congental souls wherever he may chance · Naturday, March 19th

to lift ourselves up by pulling others Nunday, March 26th The Lard shall guide thee continually.

It is unwise and unbrotherly to try

Monday, March 21st Even the most towitching beauty can never take the place of brains.

Tuesday, March 22nd laberty is hard to save when freedom Wednesday, March 2rd

HOME HINTS

DID YOU KNOW?

### WELCOME CHEERFULNESS

seconds for the first three minutes of my page friends and if the sender wishes has a large modern plant in Plessissville. If cheerfulness knocks at our door we conting to sear the surface well over to remain anonymous this column is Quebec. It sells its products under its should throw it wide open for it never

RUINED

"No I think the younger generation



CHILDREN of all ages RRAND" CORN SYRUP They never tire of its delicirous flavor and it really is so good for them-so give the children "CROWN BRAND" every day.

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# "Come on Over"



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Winnipeg to Get Trackless Trolley



C H. Dahl, Vice-President of the Winnipeg Electric Company recently announced that trackless trolley cars would be run in Winnipeg next summer. It is planned to use six cars, similar to the one, Above, which is now being tried out in London, England, to see how the public react to the new method of transportation

## HINTS ON FASHIONS

Lovely Materials But Simple Styles Favored for Party Frocks

For Young Girls

BY LISBETH



Birthday parties. Easter parties and contumed in floor length dresses for the Daily, except Sunday school parties call for "formal" dresses party or formal affair. It is a sweet and Sunday only for the young daughter of the house quaint custom, but not very practical In the United States and Canada we for the healthy, active youngsters on follow the good old English custom of this side of the water. A party is a Daily, except Sunday sponsoring simple clothes for children grand time to romp, in a nice way of Daily, except Sunday Nice materials rather than elaborate course and even mother is a little hamp- Daily, except Sunday

atylines are preferred is shown here—in silk. What small girl flowing dress. doesn't like the feel and the thought of

A allk georgette street length party frock is worn by the girl kneeling on the chair It is box pleated its entire length; from a straight, shallow yoke. shoulders are pleated, and Chantilly type of lace is set in the yoke and puff sleeves.

is tied at the side front. Little French girls are rather apt to be a questionnaire.

e ed in doing anything but very polite Sunday only A charming little dress for little girls duncing and card-playing in a long.

Party dresses in fine bottons and in | rayon fab ica are nice for the little lady, cottons especially, being washable and so less worrisome to the young wearer in case things get spilled, which is always a possibility at a youthful party

White is the choice of the older girls A sash in contrasting or deeper shade -of high school age for party year, a. New York shop discovered by means of

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Geing End 7.00 a.m Daily, except Sunday 9 54 a.m 6 26 p.m T 04 P 10

8 48 a.m 2.38 p.m 7 07 p.m 12.38 a.m

11.33 p.m

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COACHES LEAVE ACTOR EASTBOUND . 6 51 a.m.

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