

PAGE SIX

LET-SOMETHING GOOD BE SAID

When over the fair name of friend or foe The shadow of disgrace shall fall, instead Of words of blame, or proof of this and so, Let something good be said.

Menu Hints

Recipes for New and Novel Dishes, Housewifely Ideas and Suggestions

FRUIT SALAD FOR THE LUNCHEON OR SUPPER MAIN COURSE

By BETTE BARCLAY

Salad bowls should not be confined to summer alone. They are even more valuable in winter when fresh fruits and vegetables are less plentiful.

SUPPER OR LUNCHEON MENU

- Cream of Celery Soup
CHESSE STRANGE
New Style Fruit Salad Bowl
Hot Corn Bread
Butter
Banbury Tarts

MESSY FRUIT SALAD BOWL

The newest fashion in Fruit Salad Bowls keeps fruits separate. Greens below, kraut and background.

LEMON MAYONNAISE

- 1 egg
1/2 cup lemon juice
1 teaspoon mustard
1 teaspoon salt
1 teaspoon sugar
Dash of pepper or paprika

BANBURY TARTS

Cut small squares from pie pastry. Put a spoonful of Lemon Mince-meat in centre. Fold over to make triangle. Crimp edges. Bake in a quick oven.

LEMON MINCEMEAT

- 1 cup lemon juice
1 cup raisins, scalded, drained and chopped
3 cups finely chopped apple
1/2 cup chopped nuts
1/2 cup orange marmalade
2 cups sugar

ANIMAL AND BIRD VOICES

A number of birds and animals have almost human cries. Sometimes at night you may hear what you think is a baby crying outside.

Chronicles of Ginger Farm

Written Specially for The Acton Free Press GWENDOLINE P. CLARKE

We breathe again! I drove to town yesterday to get my car license without getting run into court.

You can be quite sure I didn't stay conspicuous any longer than I could. I had my car put in the shop before I went to town.

So now we are all set and I can come and go as I please—weather and roads permitting. Right now everything is just about flooded around here—and if it should freeze—oh... oh!

I suppose everyone is just about on their toes these days to hear the latest news about the Queenston power house.

It is when such things occur as the Niagara bridge disaster that we realize that man is, and always will be, subservient to a Higher Power.

And while we are on the subject of Hydro power, perhaps I should tell you that Hydro is being hooked up along this line, starting from the cross-roads just above us so it looks as if I am doomed to go on filling lamps and cleaning glasses for a few more years yet.

This week has been a busy one for our Institute. Monday night there was a social evening which we were not able to get to.

Wednesday, Thursday and Friday we were at the quilting. Many of our members were sick and some could not get out, so those of us who were near at hand got together and finished the quilt.

Daughter is very busy these days with her Short Course work—getting ready for Achievement Day, which, I believe, is to be held very shortly.

And, speaking of High School they are having their own fun at Milton these days. Monday afternoon Son came home in jubilent spirits.

But the Trustees decreed otherwise. True, it was absolutely necessary that a new furnace be installed, but while the work was in progress classes were to be held in the Town Hall.

Yesterday, when we assembled for prayers, first one seat was knocked over then another and after that another. Then one of the boys saw the clock and started to fall he took a dive to save it and kicked over a chair in the way.

Sounds like a nice quiet atmosphere for prayer and opening exercises, doesn't it? What a grand time, the teachers will have with several forms all packed into one room.

Son just came in and interrupted me with this remark: "You know, Mum, that bridge must be a whole lot stronger than Dad thinks it is—there are great chunks of ice bearing down on it, and it hasn't budged an inch."

"You mean the Niagara bridge?" I inquired, thinking he had just heard more news over the radio.

"No," he laughed. "I mean our bridge over the creek!" And then I laughed too—the comparison was too ridiculous.

Books that Matter

A Weekly Feature Furnished by the Association of Canadian Bookmen and the Canadian Weekly Newspapers Association

WHAT THE UNITED STATES CAN TEACH CANADA

By Charles Edwin Slocum. Divided We Stand by Walter Prescott Webb. (Toronto: Oxford Press.) Price, \$3.50.

The New America: The Story of the C. C. O.; by A. C. Oliver and Harold M. Dudley. (Toronto: Longmans.) Price, \$1.75.

A few weeks ago, we reviewed in this column three books on "The Espionage and Politics." By some slip, not attributable to any false modesty, we forgot to attach the name of the reviewer to the column.

The two books mentioned this week deal primarily with the situation in the United States, but they have a peculiar value for Canadian readers.

Walter Prescott Webb is the professor of History at the University of Texas. In his book, he points out that though the West and the South furnish the bulk of the raw materials such as cotton and oil (but not coal) in the States, most of the population and a still larger percentage of the wealth is in the Northern States.

Then there is the pleasure of writing, and biggest thrill of all, receiving letters. Perhaps he could get in touch with another invalid and start a correspondence with them.

One of my reasons for coming back to the Column again so soon is to thank "Violet" for the chocolate cake recipe she sent. I especially liked the flavored icing. By the way, I wonder how the custom of bringing cake originated. Does anyone know? Of course, you all know the way the origin of the heaven bread.

Then there is the story of how roasted ment became known. In olden days a man once left a wild pig in his hut, while he went hunting. When he came back, the hut was burnt down and his pig with it, of course. He went to pick up the dead pig, but it burnt his fingers badly and he put them into his mouth. He liked the flavor so much he got others interested also. The tale goes that after finding how delightful the pig was when roasted, they took to burning their huts down whenever they wanted roast meat, until some brainy fellow conceived the idea of making a small fire, and roasting the dead pigs over it. Believe it or not, folks, that is how the story goes, and now I must go, too, believe it or not.

Friday, February 4th. Things worth having come high. If we would prosper, we must be willing to pay the price.

Saturday, February 5th. Never say of another what you would not have him hear.

Sunday, February 6th. The Lord shall preserve thy going out and thy coming in from this time forth and even forever more. Ps 121:8.

Monday, February 7th. The fool does nothing, and then grumbles that it gets him nowhere.

Tuesday, February 8th. The greatest luxury is that of doing good.

Wednesday, February 8th. The future holds more of promise than the past holds of performance.

Remember all vegetables that grow above the ground should be cooked uncovered. Those grown below the ground should be covered.

Never beat egg whites in an aluminum pan it will slightly darken them. Chewing gum can easily be removed from clothing if rubbed with a piece of ice.

Women live longer than men. Insurance company statistics reveal that on the average women live longer than men. At the age of 25, the woman's chances are 675 per 1,000. And the man's 607. At 35 the woman's chances are 701, the men's 632. At 45 the woman's chances are 739 and the man's 675.

Grandpa was having his after-lunch sleep in the armchair and was emitting sounds that might have come from a cross-cut saw. As father entered the room he saw little Joan twisting one of Grandpa's wadlock buttons.

"What are you doing?" he whispered. "I'm not disturbing him, daddy," explained the child. "I'm only trying to get another station with him."

"Our" Column

Items of Particular Interest to Women in Which Women Readers of The Free Press May Discuss Each Week

Dear Pressed: I wonder if some crossword puzzles would interest your saint, bed patient; or he could make them up himself; or a writing pad for drawing on, and include pencil and sharpener; box of checkers and board; a postage stamp album and some packets of stamps and stamp hinges for fastening them in with. I hope some of our readers may have other suggestions for you.

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Who Is He? He is cheerful and courteous. He is wise in travel lore. He welcomes the opportunity to discuss your travel problems. He is your local Gray Coach Lines agent. Do not hesitate to consult him. His address appears below.

The Signature of a German Celebrity. Max Schmeling, former heavyweight champion of the world, is still a big man in Germany, even if he hasn't the title any more. Max is shown near Friedrichshafen as he gave his autograph to a soldier while doing roadwork for his boat with Ben Ford, South African heavyweight whom Schmeling defeated in a twelve-round decision fight.

HINTS ON FASHIONS BY LISBETH. Lacy Accessories Add Charm and Freshness to Varied Frocks. One way to freshen up your wardrobe for the rest of the winter is to use some flattery little accessories—preferably white or cream essentially dainty and washable. Whether you are a business woman, a professional or just a housewife, who has the commendable little habit of dressing up in the afternoon and evening, even if she isn't going out, your dress looks just a wee bit jaded by now. We are illustrating an inexpensive way of giving a dress a more festive and newer look. There are many others. For the dark street dress put on a little lace collar. It will enhance the neck of almost any dress and give a ruff effect that will frame your face so flatteringly. Or try the effect of a frothy lace jabot over your afternoon frock. This adds a charming touch and will be sure to re-

Business Directory

MEDICAL
DR. J. A. McNIVEN
Physician and Surgeon
Office and Residence—Corner Ross Avenue and King Street.

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Over T. Reynick's Cafe, Main Street & Pine. Appointments: Phone Acton 68-8. Georgetown 22. Office Hours: Acton, Tuesday am. Thursday, 11:30 p.m. to 4:30 p.m. evenings on request.

DENTAL
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Dental Surgeon
Office: In Telahman Block
Hours: 9 a.m. until 6 p.m. Evenings by Appointment.
Chas. for Extractions. X-Ray. Open Wednesday Afternoon. Phone 148.

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B. D. YOUNG, V.S., B.V.S.C.
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Office 95 — Phone — Road 1082.

TIME TABLES
CANADIAN NATIONAL RAILWAY
AT ACTON
Going East: Daily except Sunday 7:00 a.m., Daily except Sunday 9:34 a.m., Daily except Sunday 6:26 p.m., Sunday only 7:04 p.m.
Going West: Daily except Sunday 8:48 a.m., Daily except Sunday 2:38 p.m., Daily except Sunday 7:07 p.m., Daily except Sunday 12:39 a.m., Sunday only 11:32 p.m.

GRAY COACH LINES
COACHES LEAVE ACTON
EASTBOUND: 6:51 a.m. 3:57 p.m., 9:11 a.m. 6:42 p.m., 12:11 p.m. 8:57 p.m.
WESTBOUND: 9:53 a.m. 6:23 p.m. 9:06 p.m., 11:38 a.m. 5:23 p.m. 11:53 p.m., 2:13 p.m. 7:18 p.m. 12:53 a.m.
Through to London: 8-Coach Sun. and Hol.; 6-Sun. and Hol.; 6-Sat.; 6-Coach Sat., Sun. and Hol.; 6-Sat., Sun. and Hol.