

NEW YEAR'S RESOLUTIONS

Here's a New Year's resolution... I will try to keep from fretting... I will try to keep from grating...

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

HAPPY NEW YEAR

Here are some recipes that will help start the New Year off properly...

EGG NOODLES AND POT ROAST

- 1/2 lb. egg noodles
2 tablespoons butter or olive oil
2 cans tomato soup
2 cups water
1 teaspoon cinnamon
4 lbs. beef, cut into 1 large onion, cut fine
1 cup grated cheese
2 tablespoons sugar
1 teaspoon allspice
pepper and salt

Brown roast well on all sides in olive oil or butter in a large sauce pan...

Cook egg noodles in boiling salted water till tender. Drain. When meat is tender, place on platter ready to serve...

BAKED LIMAS

- 2 cups dried limas
1/2 cup dried salt pork
1/2 cup minced onion
1 cup diced carrots
2 cups boiling water
2 tablespoons butter

Soak limas overnight or from 6 to 8 hours in water to cover, then drain...

SPRITZ COOKIES WITH BRAZIL NUTS

- 1 cup shortening
1/2 cup sugar
1 egg
1 teaspoon vanilla
1/4 cups flour
1/4 teaspoon salt
1 1/2 cups ground Brazil nuts

Cream shortening, add sugar gradually and cream together until light and fluffy...

MAPLE RENNET-CUSTARD WITH SLICED APRICOTS

- 1 package maple rennet powder
1 pint milk
slices of apricot

Make rennet-custard according to directions on package. Chill. Before serving garnish each dessert with slices of apricot arranged in wheel formation...

TWELFTH NIGHT CAKE

- 2 1/2 cups sifted cake flour
2 1/2 teaspoons baking powder
1/4 teaspoon salt
1/2 cup butter or other shortening
1 1/2 cups sugar
1 cup milk
1 teaspoon vanilla
3 egg whites, stiffly beaten

Sift flour once, measure, add baking powder and salt, and sift together three times...

Chronicles of Ginger Farm

Written Specially for The Acton Free Press GWENDOLINE F. CLARKE

Christmas is over — nothing remains save the decorations and the bones of the turkey.

"Nothing" did I say—that is a mistake—because isn't there always a happy memory to carry with us from one Christmas to another—the memory of unexpected kindnesses; the unlooked-for letter or card from a friend with whom we had lost touch...

It was a happy Christmas at Ginger Farm, even though I did think I never should have everything ready when the big day arrived...

Friday night my sister and her little boy arrived—a little boy to whom Santa Claus is still a real person...

Christmas morning I got the family off to a good start by giving them all a generous dose of milk of magnesia before breakfast...

Breakfast... and after that the tree! One surprise after another... parcels from England... presents from one to another in the family...

Partner's stack of parcels caused the most amusement. Among his presents was a work shirt, a dress shirt, underwear, overalls, a tie and some socks...

But shall I tell you what were the most welcome things in our house this Christmas—nothing more or less than two pairs of ice creepers...

Partner also finds creepers invaluable, especially when carrying water from the trough to the barn...

The cows hate walking on ice almost as much as we do. After watching them step gingerly along yesterday...

However, I can tell you, with all seriousness, creepers are a grand invention. Now I am wondering if creepers, especially designed, could not be made for automobiles...

And so to the Editor and his staff I wish a Happy New Year. To the Old Man in the Big Clock Tower, a quiet, peaceful year, and may you have many happy, undisturbed hours to continue your delightful reminiscences...

And shall we all wish long life and success to that very promising baby of

SPRUCE STUMP MAKES NORTHWEST PASSAGE

Timpest-loosed, ice-worn and greyed from exposure in Arctic waters, a lone piece of driftwood was picked up in Bellot Strait...

From some forest on the banks of the great Mackenzie River, or one of its tributaries, this little spruce tree found its way to the Arctic Ocean...

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"Our" Column

Items of Particular Interest to Women in Which Women Readers of The Free Press May Discuss Each Week

Greeting to All Readers! I'm delighted to see that "Our" Column is receiving a warm welcome...

I was sorry to note that "A Bit of English" could not get an answer to her requests for Christmas. Of course letters needing replies must be in earlier than the week they are wanted...

I trust Santa Claus remembered you all as generously as he did me. I had a beautiful Christmas, surrounded by family and friends, and in my heart was "Peace and Love" and enough happiness to carry me through 1938.

My best wishes to every one for a year filled with health and happiness, and a column full of letters. Sincerely, NURSE ELKRAM.

A MORNING GLORY FOR EACH DAY OF THE WEEK Thursday, December 30th The first step towards correcting a mistake is to realize we have made one.

Friday, December 31st If the old year has taught us nothing, the New Year will have a hard time doing so. Saturday, January 1st, 1938 To begin a New Year with humility is better than to begin it with honor.

Sunday, January 2nd Let your light so shine before men that they may see your good works, and glorify your Father, which is in heaven. Monday, January 3rd A collection of little failures makes a year of failures; a year of small advances makes a year of progress.

Tuesday, January 4th Happiness and misery are not part of our surroundings, but of ourselves. Wednesday, January 5th It is hard to shake the confidence of a man who has seen God. NURSE ELKRAM.

HOME HINTS When cooking pancakes, dip your spoon in milk or water, then batter will drop off easily. The life of linoleum may be prolonged and preserved if rubbed occasionally with a cloth dipped in olive oil.

MOST CERTAINLY NOT A woman, born and bred in Australia, had reached her eightieth birthday. Unexpectedly, she received a large sum of money, and there was much excitement among her friends.

"Well, Mrs. Kelly," said one of them, "I suppose you'll be taking a trip to England now?" "What?" replied the woman, in great indignation. "The country where the convicts came from!"

TO POLISH SPECTACLES

The best way to clean the lenses in spectacles is to polish them with a piece of fine tissue paper.

Take a piece about the size of a man's handkerchief and keep it for this purpose. The more it is used, and the softer the paper becomes, the better polish it will give.

"I find California such a real Paradise that I could have been quite happy had I never sung again."—Amelita Galli-Curci.

HELPFUL

Salesman: "Something in golf apparel, madam?" Lady: "I would like to see some hand-caps. Large size, please. My husband said that if he'd had a big enough hand-cap yesterday, he'd have won the match."

"The photographer is useful, but the artist who paints a picture, is creating something new."—Mrs. Franklin D. Roosevelt.

HINTS ON FASHIONS

BY LISBETH Contour Coiffure Is Latest Style — Hair Fashions Are Very Individual, and Many Ornaments Are Worn



Women have done all sorts of things with their hair. They have worn it long and flowing, or in long heavy plaits, as they did in Queen Cleopatra's day...

French Twist Revived The "French twist" was a favorite of the nineties. It is revived to-day, but has a decidedly modern look. Above is an example. It also follows the new brushed-up effect or "contour coiffure"...

And they have built it up into huge structures, powdered it, and decorated it with all manner of queer devices. They have also covered it with caps of lace and net, and otherwise played around with it.

Now, says Sydney, New York hair stylist, coiffures are extremely individual. Many ornaments, such as flowers, combs, and real jewels, are worn in the hair.

In fact, tresses have gone pre-war, and oh, so feminine! On his return from Paris recently, he announced that all chic French women are brushing their hair up.

The shape of the head must show. Hair must be brushed close and curls must be sculptured.

Business Directory

MEDICAL DR. J. A. McNIVEN Physician and Surgeon Office and Residence—Carnar Row Avenue and High Street. DR. E. J. NELSON Physician and Surgeon Electro Therapy Phone 68

DR. WM. G. CULLEN, L. M. C. C. Physician and Surgeon Office Hours—1-4 and 7-9 p. m. Sundays by Appointment Wilbur Street—Just North of Mill Street Telephone 128

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A. J. BUCHANAN, D. D. S. Dental Surgeon Office: In Leishman Block Hours: 9 a. m. until 6 p. m. Evenings by Appointment Gas for Extractions X-Ray Closed Wednesday Afternoon Phone 148

P. W. PEAREN, D. D. S., L. D. S. Dental Surgeon Moved to our New Quarters in the Symon Block Phone 29 Mill Street, Acton

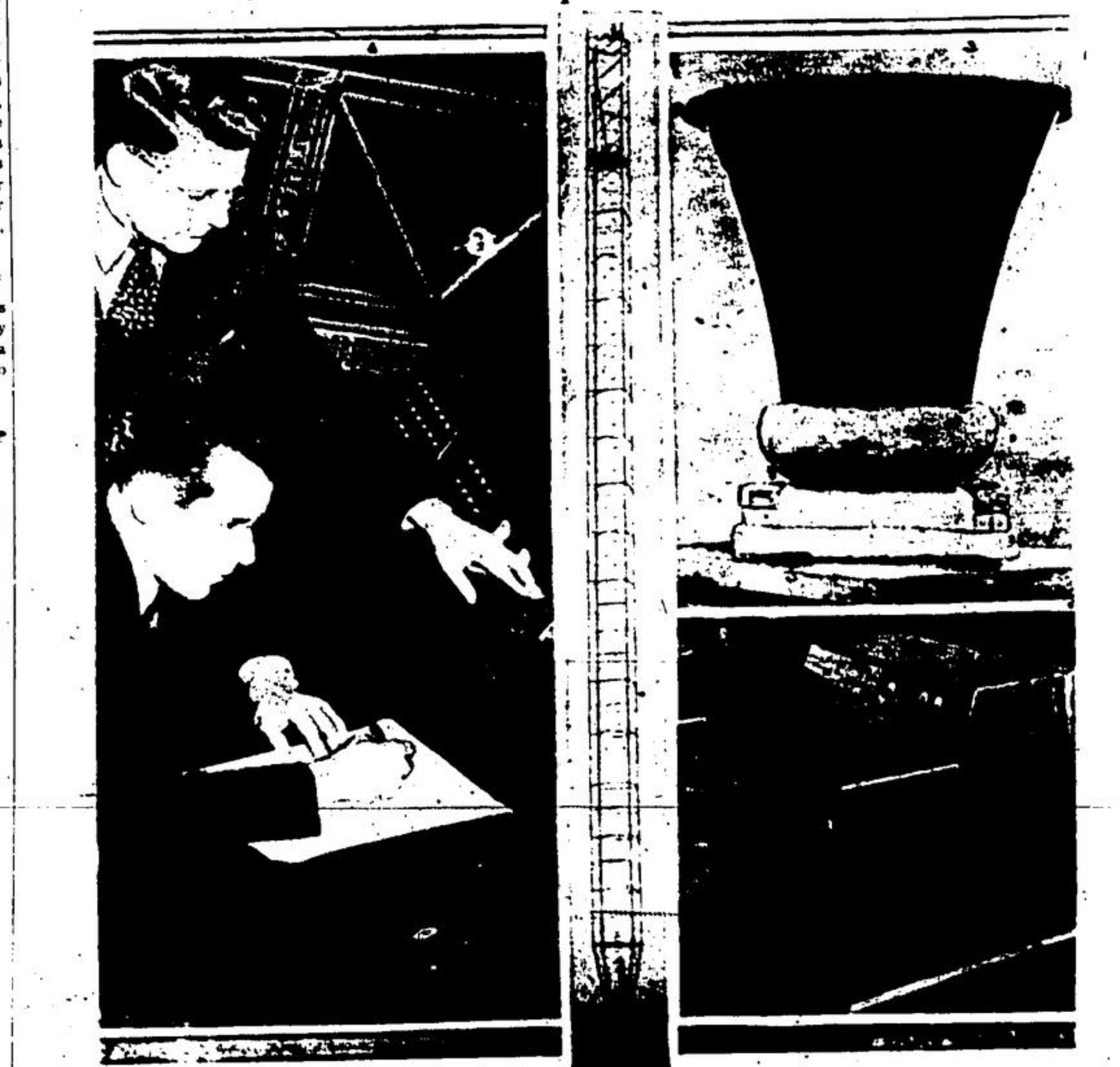
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TIME TABLES CANADIAN NATIONAL RAILWAYS AT ACTON Going East Daily, except Sunday 7:00 a.m. Daily, except Sunday 9:54 a.m. Daily, except Sunday 6:26 p.m. Sunday only 7:04 p.m. Going West Daily, except Sunday 8:48 a.m. Daily, except Sunday 3:28 p.m. Daily, except Sunday 7:07 p.m. Sunday only 12:38 a.m. Sunday only 11:32 p.m. STANDARD TIME

GRAY COACH LINES COACHES LEAVE ACTON EASTBOUND a 6:51 a.m. 3:57 p.m. 9:11 a.m. 6:42 p.m. 12:71 p.m. 8:57 p.m. WESTBOUND (To Kitchener) x 9:53 a.m. o 3:13 p.m. x 9:06 p.m. 11:38 a.m. a 5:05 p.m. d 11:59 p.m. x 2:15 p.m. x 7:18 p.m. o 12:59 a.m. Through to London a—Except Sun. and Hol.; b—Sun. and Hol.; c—Sat.; d—except Sat., Sun. and Hol.; e—Sat., Sun. and Hol.

New CBC Station Opened Christmas Day



On Christmas Day the powerful new radio transmitting unit of the Canadian Broadcasting Corporation, Station CBL, at Hornby, Ontario, was officially opened. Station CBL, at Hornby, Ontario, was officially opened, with Hon. C. D. Howe as chief speaker and a Christmas program featuring King George's good-will message from Sandringham. Pictures from the 50,000-watt transmitting station are shown here, with Chief Engineer Nicholas (at left) facing the control equipment with an assistant. The huge tower carrying the aerial, stretching 647 feet

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