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NEW YEAR'S RESOLUTION Here's a New Year's resolution

Chronicles of

Ginger Farm

Written Specially for

The Acton Free Press

OWENDOLINE P. CLARKE

season would lose its meaning.

Friday night my sister and her little

Claus is still a real person. His mother

breakfasts Prevention is better than

only filled one, but both of them.

cure, and a lot less disagreeable.

-if he is an enterprising man.

as much as we do. After watching them

step gingerly along yesterday. I sug-

on for him. It was just about that time

I thought it wise to change the subject

and talk about the weather. After all

the weather has to be discussed some-

However, I can tell you, with all seri-

ousness, creepers are a grand invention.

Now I am wondering if creepers, spec-

ally designed, could not be made for

automobiles-they should be far more

effectual than chains-I am sure the

"Optimist" would love them. However.

I must confess the "Optimist" has be-

haved very well on the ky roads up to

the present. The only time she shows

any sign of inebriation is in our own

lane, where she takes a delight in slith-

ering across the soadway, making a bee

line for the nearest post and misses it.

just as I am preparing for a non-stop

And now 1937 draws to a close. What-

ever it held of joy or sorrow is behind

- rue Westurn another page in this book

if he doesn't.

in our own lane.

memory to carry with us from one age or size of this satin-grey piece

the turkey.

Any one can make and keep; it will halp one's constitution, And coable one to alcep,

"I will try to keep from fretting When I cannot see the sun; Into quarrels I may shun.

"I will try to keep from grieving Over troubles that are past; will try to keep believing Things will all come right at last.

"I will try to keep from sighing When I ought to smile, instead; I will try to keep on trying To deserve to get ahead."

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

> HAPPY NEW YEAR By Betty Barchay -

Here are some recipes that will start the New Year off properly. Try one and you will try them all:

EGG NOODHES AND POT ROAST 12 lb. egg noddles

2 tablespoons butter or olive oil

2 cans tomato soup 2 cups water

1 teaspoon cinnamon 4 lbs. beef rump roast

I large onion, cut fine

I cup grated cheese 2 tablespoons sugar

1 teespoon allapice

pepper and salt

Brown roast well on all sides in olive oil or butter in a large sauce pan. Remove meat and brown onlons, medium. Replace meat in sauce pan with browned onions, add tomato soup, water, sugar and spices to flavor. Cook slowly for 2

Cook egg noodles in boiling salted from England . . . presents from one to water till tender. Drain. When meat another in the family . . "not-to-be- making excellent headway, with prosis tender, place on platter ready to opened 'til Christmas" seals broken at pects brightened by the large potential serve. Melt cheese in the gravy, add the last . . . exclamations of 'ohs" and "ahs" egg noodles and toss lightly to mix gravy through the egg noodles. Garaish the ly what I wanted!" roast with the ogg noodles and serve. Makes 6 to 8 generous servings. Spaghetsi, macaroni, sea shells or any other form of macaroni products may be are stituted for egg noodles.

BARED LIMAS

2 cups dried Limas 14 cup diced salt pork

14 cup minoed onion 1 cup diced carrots

2 cups boiling water 2 tablespoons butter

Put salt pork-up a heavy frying pan and he has any use for them himself-dear exceedingly fine, flexible, glassy fibres. cook five thinutes: add:onlons and car- me no-he would sooner slide his way As it is bulky, transportation costs are rots and cook until brown. Add to the over the ice-but he realized that Part- relatively high and centralization of the Limes and mix well and turn into a ner and I are not quite so happy on industry is not commercial feasible. The camerole, add water, then break butter slippy ground—hence the creepers. They wook is made by melting a suitable rock into bits and place on top of Limas. are really fine—just a little spiked gadge: or mixture of rocks and then converting Cover and bake in a moderate oven (360 fastened on a piece of half-inch elastic, the melten rock-into fibres, either by a degrees P.) until tender, about 3 hours. which slips over the instep much as a blast of steam or air, or by a mechanical

NUTB 1 cup shortening

34 cup sugar 1 egg

1 teaspoon vanilla

1% cups flour W teaspoon salt

1% cups ground Brazil nuts

Cream shortening, add sugar gradually and cream together until light and fluffy. Boat in egg. Stir in the vanilla. dift flour with salt and mix with ground nuts. Work flour and nut mixture into first mixture. Pack dough in the barrel of a cookie press and force onto a cookie sheet in various shapes, or drop dough by tempoonfuls onto a cooklie sheet. Decorate with cut Brazil nuts, if desired Bake in a hot oven, 400 degrees P., about ten minutes. Remove from cookie sheet at once and cool.

Yield-About six dozen cookies.

MAPLE RENNET-CUSTARD WITH SLICED APRICOTS

I package maple rennet powder

1 pint milk elices of apricot

Make rennet-custard, according directions on package. Chill. Before serving, garnish each dessert with slices of apricot arranged in wheel formation

TWELFTH NIGHT CAKE

(3 ces whites) 14 cups sifted cake flour

212 traspoons baking powder teaspoon salt

w cup butter or other shortening

11 cups sugar 4 cup milk

the supplementation of the supplementation of

i teaspoon 'vanilla 3 rgg whites, stiffly beaten

Bift flour once, measure, add baking we are living and look forward to 1938. powder and salt, and sift together three unknowing, unseeing, what it may hold times. Cream butter thoroughly; add in store for us, but trusting it will be sugar gradually, creaming until light good and fluffy. Add flour, alternately with. And so to the Editor and his staff I milk, a small amount at a time. Beat wish a Happy New Year. To the Old after each addition until smooth. Add: Man in the Big Clock Tower, a quiet,

vanilla; fold in egg whites. Bake in two peaceful year, and may you have many greased 9-inch layer pans in moderate happy, undisturbed hours to continue, oven (375 degrees P.) 25 to 30 minutes. your delightful reminiscences. To The Insert dried bean in one layer and cover PREE PRESS correspondents good health layers with fluffy frosting, piling frosting and pro-perity and to every reader a very generously on top of cake. Decor- year so happy and full of good things ate with a Christmas Creohe, toy vile that you will remember it as one of the lare, or conventional holly or mistletoe very best years of your life. design. For a larger cake, double the And shall we all wish long life and recipe to make three 10-inch layers. success to that very promising beby of

flight of the "unknown."

SPRUCE STUMP MAKES NORTHWEST PASSAGE

Tempest-tossed, ice-worn and greyed from exposure in Arctic waters, a lone piece of driftwood was picked up in Bellot Strait, on Labor Day, September eth: 1937 by the Officer-in-Charge of the Eastern Arctic Patrol, and in due course was brought to Ottawa. Messuring about six inches in diameter and three and a half feet in length, this Column is receiving a warm welcome, interesting butt of a small tree was sent to the Forest Laboratories of the Department of Mines and Resources, where English" could not get an answer to her Christmas is over - nothing remains save the decorations and the bones of it was identified as black spruce.

letter or card from a friend with whom | what stirs the imagination, we had lost touch, and perhaps the From some forest on the banks of knowledge that we have tried to make great | Mackenzie River, or one of Christmas happier for some one less for- tributaries, this little spruce tree found tunate. All these are levely, warming its way to the Arctic Ocean, and travelthings without which the Christmas led around the north side of Banks Island and Victoria Island via McClure and a column full of letters. It was a happy Christmas at Ginger Strait, McClintock Channel and Frank-Farm, even though I did think I never lin Strait to Bellot Strait, which divides should have everything ready when the Somerset Island from Boothia Peninbig day arrived. Of course the young- sula, the most northly point of the mainsters wanted a Christmas tree-they tell land on the North American continent. me they will never be too old for a tree. The definite locality from which it came That meant a trip to the mountain, and will never be known, nor the time octhe roads were none too good. How- cupied in its long tortuous journey, but ever we made the grade, got the tree, from Bellot Strait to where trees of this and the only place where we skidded was size grow is far away indeed. Bellot Strait by this route is 1,500 miles from the Mackenzle delta and this tree must have started its travels from the Mac- so. boy arrived-a little boy to whom Santa kenzie River or one of its tributaries, bought him a new pair of golf stockings possibly another 2,000 miles from the

Mackenzie's mouth. Derived from any to come visiting, which he absolutely reother source, it could not have been fused to wear, because he wanted to save found in Bellot Strait, as adverse curthem to hang up for Santa Claus. So rents render any other route improbable. the stockings were saved and Santa not The success of this weather-beaten forest fragment in making an Arctic glorify your Pather, which is in heaven. Christmas morning I got the family odrssey has won it an honored place in off to a good start by giving them all a the museumstof the Porest Products generous dose of milk of magnesia before Laboratories at Ottawa,

ROCK WOOL INDUSTRY GROWING

Breakfast . . . and after that the tree. One surprise after another . . . parcels Canada's rock wool industry has been market for the material and the satis-. . . pleased voices saying "That's exact- faction it has given in its many fields of use. The industry was established in Partner's stack of parcels caused the Canada during 1934 following the dismost amusement. Among his presents covery by the Federal Department of was a work shirt, a dress shirt, under- Mines of large deposits of limestone in wear, overalls, a tie and some socks the Ningara peninsula, Ontario, suitable off easily. "Now." said Partner, "all I need is shoes for the manufacture of rock wool, one and pylamas, and then I shall be proper- of the most effectual insulating products ly set up!" The next parcel was actually on the market. Pive plants, with a total a pair of pyjamas, and the next a box capacity of fifty tonk delly are now in with a cloth dipped in olive oil. of cigars, but Santa Claus forgot the operation, and the ercition of several culters is proposed. The output is mar-But shall I tell you what were the keted almost entirely within the Domin-

most welcome things in our house this lon. Christmas-nothing more or less than Rock wool is set, light, and fibrous, Book Limes overnight or from 6 to two pairs of ice creepers, for which we with a density of three to ten pounds

watch alips over the wrist and thus device. SPRITZ COOKIES WITH BRAZIL equipped one can almost go dancing on The use of rock wool has expanded ice. I thoroughly recommend them to rapidly in recent years, owing to its anyone who has a rooted dislike to excellent qualities as a sound and heat broken arms and sprained ankles-the insulator-it is both fire-proof and verprice is almost negligible, and they can min-proof-and to its relatively low cost be purchased from your hardware dealer | Most of the output its used for dwellinghouse insulation, for which rock wool is Partner also finds creepers invaluable, available in bulk or loose form, in batts, especially when carrying water from the and in the form of pellets that can be trough to the barn. With- a pail in poured or blown into spaces in the walls either hand, he finds his chances for of houses already erected. Rock wool is making the trip without taking an kcy also used for industrial insulation, for bath are better if he wears creepers than the sound-proofing of buildings, and for the accoustical treatment of offices, The cows hate walking on ice almost theatres, auditoria, and radio stations.

> gested to Partner that he let the cows THE PRES PRESS -"Our" Column. Let's out one at a time, and slip the creepers, all work together and raise it in the way over their hooves. He agreed 't might it should grow-make it a baby-a be a good idea, but suggested that I go column- which we may all be proud to down to the barn and put the creepers own



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CAHADIAH HATIOHAL

and the second of the second o

"Our" Column

In Which Wessen Readers of The Free Press May Discuss Each Week

Greeting to All Readers! I'm delighted to see that and hope it will keep on growing. A requests for Christmas. Of course letters count of the annual rings indicates that needing replies must be in earlier than "Nothing" did I say-that is a mis- the tree was over one hundred years old the week they are wanted, but it will

about and plan on for another year. I trust Santa Claus remembered you Christmas to another—the memory of driftwood that is of interest. The fact unexpected kindnesses; the unlooked-for that it made the Northwest Passage is all as generously as he did me. I had a beautiful Christmas, surrounded by family and friends, and in my heart was "Peace, and Love," and enough happi-

> year filled with Health and Happiness, Sincerely.

Thursday, December 30th The first step towards correcting a mistake is to realize we have made one.

If the old year has taught us nothing, the New Year will have a hard time doing

To begin a New Year with humility is better than to begin it with honor. Sunday, January 2nd

that they may see your good works, and Monday, January 3rd

vances makes a year of progress. Tuesday, January 4th

our surroundings, but of ourselves. Wednesday, January 5th It is hard to shake the confidence of

HOME HINTS When cooking pancakes, dip your spoon

in milk or water, then batter will drop

A woman, born and bred in Australia, nets. had reached her eightieth birthday. Unexpectedly, she received a large sum s hours in water to cover, then drain. have our young son to thank. Not that a cubic foot, and consists of interlaced of money, and there was much excite- with all manner of queer devices. They in back, and is caught with a comb. On ment among her friends.

England now?"

indignation. convicts came from!"

I was sorry to note that "A Bit of take—because isn't there always a happy before it was uprooted, but it is not the give some of us some thing to thin't

ness to carry me through 1938. My best wishes to every one for a

NURSE ELKRAM

OF THE WEEK

Friday, December 31st

Saturday, January 1st, 1938

Let your light so shine before men

A collection of little failures makes a year of failures; a year of small ad-

Happiness and misery are not part of

man who has seen God. NURSE ELKRAM

MOST CERTAINLY NOT

"I suppose you will be taking a trip to with it.

TO POLISH SPECTACLES

The best way to clean the lenses spectacles is to polish them-with a piece of fine tissue paper.

Take a piece about the size of a man's handkerchief and keep it for this purpose. The more it is used, and the softer the paper becomes, the better polish it match." will give.

HELPFUL .

"Something in solf apparel

Salesman: madam?" Lady: "I would like to see some handlcaps. Large size, please. My husband said that if he'd had a big enough handicap yesterday, he'd have won the

"The photographer is useful, but the "I find California such a real Paradise artist who paints a picture is creating that I could have been quite happy had I something new." - Mrs. Franklin D. never sung again."-Amelita Calli-Curci. Roosevelt.

HINTS ON FASHIONS BY LISBETH

Contour Coiffure Is Latest Style - Hair Fashions Are Very Individual, and Many Ornaments Are Worn



Women have done all sorts of things hair. In fact, tresses have gone prewith their hair. They have worn it long war, and oh, so feminine! On his return and flowing, or in long heavy plaits, as from Paris recently, he announced that they did in Queen Quinevere's day; they all chic French women are brushing their Phone 29 have made it white with powder and hair up. worn it in ringlets; they have worn it in bunches of curls on their necks and twisted into chignons, as they did ir of the nineties. It is revived to-day, but

"Well, Mrs. Kelly," said one of them, and net, and otherwise played around smoothly, with the curls turned under in

Now, says Sydney, New York Hair combs, and real jewels, are worn in the be sculptured

French Twist Revived The "Prench twist" was a favorite Dickens' day; also tucked it into heavy has a decidedly modern look. Above is an example. It also follows the new And they have built it up into huge brushed-up effect or "contour conflure" structures, powdered it, and decorated it Here the hair is done in a Prench twist have also covered it with caps of lace the sides and front it is brushed up

smooth rolls. "Contour is the thing" says Sydney. "What!" replied the woman, in great stlyist, colffures are extremely individ- The shape of the head neust show. Hair

"The country where the ual. Many ornaments, such as flowers, must be brushed close and curls must

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TIME TABLES

CANADIAN NATIONAL RAILWAY AT ACTON Geing That

Daily, except Sunday 7.00 A.M Dally, except Sunday 9.54 8.30. Daily, except Sunday 6 26 p.m. 704 p.m. Sunday only Daily, except Sunday 8 48 a.m 2.38 p.m. Dally, except Sunday Daily, except Sunday 7 07 p.m. Daily, except Sunday 12.38 a.m.

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GRAY COACH LINES

STANDARD TIME

11 32 pm.

COACHES LEAVE ACTON

EASTBOUND 3.57 p.m. 642 p.m. 8 57 p.m. WESTBOUND

(To Kitchener) x 9.53 a.m. o 3.13 p.m.

x 2.13 p.m, x 7.18 p.m, e 12.53 a.m. "-Through to London a-Except Sun. and Hol.; b-Sun. and

Hol; o-Bat; d-escopt dat, Sun, and

Hol; e-Bat, Sun and Hol.

The state of the s

New CBC Station Opened Christmas Day



On Christmas Day the powerful new radio transmitting unit of the Canadian Broadcasting Corporation. Station CBL, at Hornby, Ontario, was officially opened, with Hon. C. D. Howe as chief speaker and a Christmas. program featuring King George's good-will message from Sandringham. Pictures from the 50,000-watt transmitting station are shown here, with Chief Engineer Nicholis (at Left) testing the control equipment with an assistant, The huge tower carrying the aerial, stretching 647 feet

4 illes sie sky is shown in (Centre), and (top Right) pictures the almost unbelievably small base on which the 70 tons of steel comprising the tower rest. The insulated beer carrying the massive needle is only about 10 inches across. At (lower Right) the operating console through which the engineer in charge can fully control operation of the station is shown; the control units are duplicated in the sister station now under construction af-

Vercheres, Que.