MARIAN

the can this with cunning wit, And dress the homely dishes. And deal a wound that lingers, She can talk the talk of men, And bottoh with thrilling fingers.

Match her ye across the sea. Matures fond and flery: Ye who seet the turtle's nest with the eagle's eyrie. Soft and loving is her soul, Swift and lofty soaring; Mixing with its dove-like dole Passionate adoring.

Such a she who'll match with me? In figing or oursling. Subtle wiles are in her smiles To set the world a-woolng. She is steadfast as a star. And yet the maddest : maiden: She can wage a gallant war,

And give the peace of Eden. -George Meredith

## Menu Hints

Recipes for New and Nevel Disher; Househald Ideas and

Suggestions

By Betty Harcias

BALADS COLD AND LUSCIOUS

Salads served in individual moulds are the thing to-day. The size of the mould may be varied to take care of the reguirements of wee sister, big brother and dad. When company comes, attractive forms of uniform size but varying shapes. are in order. Here are two salad recipes that will please:

- 1 package salad gelatin (aspic).
- 1 oup boiling water teaspoon 'salt
- 1 cup cold water
- 1 tablespoon scraped onion 16 oup chopped cabbage
- 14 cup chopped celery

4 oup grated warrot

Dissolve salad gelatin in boiling water. "Add salt and cold water; add lemon juice and onion. Chill until mixture bagins to thicken, then add vegetables. Pour into shallow pan or individual moulds and chill until firm. Garnish and serve as salad. Serves 6.

COTTAGE CHEESE AND CARROT SALAD

- 1 package salad gelatin (aspic)
- 1 cup boiling water 1 cup cold water
- 2 teaspoons vinegar 4 tenspoon salt
- 2 teaspoons minced onion 1 oup cottage chaese

14 oup grated carrot

1-tablespoon chopped paraley Dissolve salad gelatin in boiling water: add cold water, vinegar, salt and onion. Chill -until it begins to thicken; £3d remaining ingredients and mix well. Pour into ring mould and chill until firm Unmould and fill centre of ring with cut salad greens, lettuce, chicory, endive, watercress or raw spinsch, mixed lightly with French Dressing. Serves 6

SHRIMP OMELET

(Serves 6)

- 6 eggs 6 tablespoons hot water
- 1 tempoon baking powder I can shrimps
- tablespoons lemon juice teaspoon paprika

Separate oggs, beat whites until stiff and yolks until creamy. Add hot water and baking powder to yolks. Fold in whites. Pour into a heated omelet pan which has been greased with melted butter, and cook slowly. When done grease through the centre and cover half with the shrimps which have been drained. minced and seasoned with the lemon tuice and paprika. Pold top half over lower half and serve immediately.

THE COOK BOOK GUIDE The cook book speaks a language of its own-too often a strange, foreign language we do not understand. How

often have we started a recipe, just to be disturbed in the middle of it by some cryptic phrase we cannot decipher? Clip this cook book code and paste it in the front of your recipe file. It will come in handy very often. A la broche Cooked on a skewer.

Asplo-A stiff meat jelly of piquante flavor.

Au gratin-With browned crumbs. Au jus-With natural gravy.

Bisque-Shell fish soups. Bombe-Round mold used for ices. Bonne Bouche-A good-sized mouthful Braise-Meat or poultry stewed in a covered pan.

Canape-Food served on toast or bucuits.

Chiffonade-Vegetables shredded Compote-A stew of fruit. Croutons-Diced or fancy-shaped pieces

of bread either toasted or fried in butter. Devilled-Very highly mesoned. Entree-A side dish served with the regular course.

Pule Oras-Liver (of greec). Pondue-A dish made of melted choose and cores.

creamy mass. Prappe-Partly frozen.

Olace Chiny glossy on load loves. Hors d'Ocuvres-Appetisers. Jardiniere Mixed vegetables. Julienne-Vegetables cut like matches; a Eliminated if drivers will mix

SIMPLE BLACK FROCK ATTAINS DISTINCTION



-Caurtesy Bonwit Teller, New-York Simple Dress with Cornelet

By Central Press

Elegant simplicity is the keynote of this little frock which was inspired strange to say, by a recent book written by Sara Pennoyer, utled, "Polly Tucker, Merchant." The dress is just such as the chic young heroine of the book would capital.

The book (in case you are curious) is about a girl who makes fashions her career and is successful

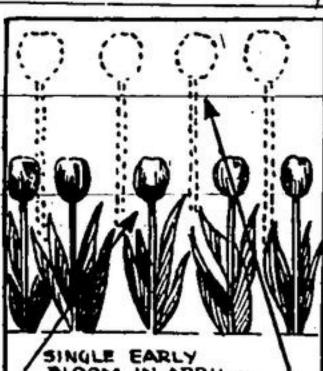
The dress has many possibilities for changes of accessories. It has fine details, such as the sleek set-in waistline and wide corselet suede belt. Its simple high neckline and short sleeves with just the right fullness at the shoulders, are other ing and soft water cisterns. good points.

green or brown with chartreuse.

Weekly Garden-Graph Written By

DEAN HALLIDAY

For Central Press Canadian



BLOOM IN APRIL -TALLER DARWINS BLOOM IN MAY

Two-in-one Tulip Planting

By planting a mixture of both the early blooming tulips and the late blooming types together, one can enjoy two days, collecting and selling scrap iron, these names could shift himself to difmonths of tulip bloom, instead of only They made what seemed like a fortune ferent parts of the room so that no two

plant a row of the early tulips, either The boys missed the money and consingle or double varieties, which will give ceived the idea of playing "hookey" to you bloom in April. Next plant a row carry on their trade. They were soon for the late blooming tulips, either the apprehended. The other boys returned Darwin, Breeder or Cottage tulips, which to school, but Jimmy ran away from will bloom in May. This planting can be home, with all his savings, and had not repeated two or three times, depending been seen or heard of for two days. Big

brilliant colorings. These range from 10 do pretty much as he liked to 14 inches in height. The double early tulips do not grow as tall as the single

IT'S NO RIDDLE

It seems a riddle that most accidental occur when the driver is going straight Fondant-Sugar bolled and beaten to a shead. It isn't a riddle at all. Can you solve it? Here's a chie: That's the only time when the driver can really "step Priorsec Chicken or mest, in a rich on the gas,' Last year, in 628 accidents the looking any further. in- which people were killed, 521 cars, were "going straight," and so were 8,092 of the cars involved in 10,438 non-fatal accidents. Highway Deaths Can Be well as air, with their grapline.

Chronicles of Ginger Farm

> Written Specially for The Action Free Press. GWENDOLDGE P. CLARKE

Are any of you people interested in the stock market, or do you consider it as something that has nothing to do with farming finance?

I believe a good many folk have the idea that unless you hold shares in some of these big companies-mining or otherwise -then whether they go up or down doesn't make any difference to you. Doesn't it-listen to this:

We don't hold a nickel's worth of shares in any company that featured in last week's crash, but we do, or rather we did, have four plus that were being fattened for market. Two weeks ago the trucker came in and said he thought the pigs were a little on the light side and would be better to be kept another week By the time the week was up. weather had set in and it would have been bad business to have a heavy truck came through the mud in the yard. So me how-I am not well versed in high effect. finance, but I do know that what I have just been telling you is right.

How and when to market his produce is the farmer's biggest problem. Partner and I often talk this matter over money the time to market his stuff is when he needs the cash. Any farmer

make money. Lack of funds cripples gets the apple containing the ring will have the ability to forge ahead, given the opportunity.

Oh. well, let's change the subject, shall we and talk about the weather? But no, that's a gloomy subject, too, tune by his own endeavors, while the these days, except that the continued coin foretells wealth for its recipient. wet weather is awfully good for plough-

It may be obtained in wool or acetate rend. You know we women have the water, another meal, another flour, one crepe, in black with red belt, Scotch mist reputation for being inveterate talkers, empty and the others filled with anywith wine, green with rust, rust with We are not, of course; we are just a thing else that seems appropriate. The much maligned sex-but still the fact candidate for matrimony is blindfolded remains we do have the reputation of and gropes her away about the room being regular gossipers. As a compari- until she puts her hand in one of the son, what do you think of this? One pans. If it is the pan of water a girl morning a man came to the door about will know that her husband will be 11.45. I told him Partner was at the handsome, if it is the meal he will be barn. I did not know who he was, but a miller, and if the earth her husband thought Partner would either bring him will be a farmer, and so on. The readin to dinner, or send him about his bust- ing of these signs for the boys is a little ness. I waited half-an-hour, three- different: if he puts his hands in the quarters-of-an-hour and finally an hour water he will marry a maid; if he puts

men coming to the house. Partner look. bachelor. ed quite surprised when I asked him why To Win the Race An apple race al he was so late.

until 3.15. Now, I ask you, how many he who carries the apple to the appointwomen would take time to talk for three ed goal will wed happily; but wee to the and a half hours in the middle of the person whose fruit tumbles from the

Here is another experience. Last Sun- wedded for life. day a young fellow came to the house and asked if we had seen anything of room must be completely darkened, with his kid brother. "Kid Brother" used to some person sitting in a corner hidden go to school with our young son, but from view. Of course no one is to know the family moved to the city some years of his prescence; one by one the guests ago and the boy occasionally hiked his are told to take a mouthful of water way back to this district during the holi- and a pinch of salt and go into this room days to visit us for a few hours.

to them. Then school opened and their As shown in this Garden-Graph, first lucrative business came to a sudden end, the same corner. upon the width of your tulip border or brother said the boy had been spoilt His mother let him have fifty cente a week The single early tulips have the most spending money and he was allowed to.

The boy was fourteen, a smart, wellmannered little chap. We have not types, nor are their colors as clear and heard yet whether they found him or vivid as the singles, but the blooms last not. His brother, said to me-"You are lucky to be raising your family in the country-you always know where they are. In the city there are so many shows and so much mischief that youngstels can get into, so that we never know

where they are " All the time I have been writing, I noticed a most peculiar ameli-an unpleasant smell-and could not track it down My son has just told me he atc three leeks up in the bush. I shall not

Many individuals have. like diamonds, shining qualities tenests a rough exterior.-Juvenal.

ARE YOU ENTERTAINING

FOR HALLOWE'N!

for extra gayety may be artistically ar- be subdivided and still remain sand, bodies. ranged about a centreplece consisting of lighted grinning Jack-o'-lantern. dim light lends mystery so shade the lights with pumpkin blossom shades made of the orange paper. Witches, brooms and owls, out from black paper may be used in various places such as place cards, carrdy baskets and for the invitations. Some such verse as the following may be used on the latter:

Hallowe'en will tell you true What the future holds for you. On that evening just at eight Come prepared to learn your fate.

HALLOWE'EN COSTUMES The hostess, in selecting her costume, might choose a witch's costume in black. vellow and red to add to the spirit of the occasion.

DECORATIONS IN THE ROOMS All the rooms used for the party the pigs stayed with us, eating up more should be decorated with trophies of the feed and not worrying a bit because the harvest. Pumpkins, apples, grain stalks price was dropping twenty-five and fifty and autumn leaves, if still available, ofcents every day. By the time we were fer material for beautiful and effective able to ship them out we got about fifteen trimming with added touches of creps dollars less than if they had been sold paper in yellow and red. Jack-o'-lantwo weeks previously-although they all terms, in various shapes, to be had by graded select. And the live stock drop using queer shaped squashes, turnips in price was the direct result of the cucumbers and even apples, together slump on the stock market. Don't ask with the pumpkins, make a striking

SUGGESTIONS FOR GAMES

Bobbing for apples, is probably as old as this fete-day itself, but a new twist may be put into this pastime, which will transform it into a fortune-telling game

Fortunes-Bring a bright new tub from who has a comfortable bank account can the laundry, fill it with water, and place afford to gamble on what he has. And in it a number of red-checked apples. by gamble, I mean to sell or hold back Before consigning the apples to the as he sees fit-but not the man without water, however, conceal the following articles in them: a ring, a thimble, a Then again one often needs money to button, and a coin. The boy or girl who many an enterprising farmer, who may be married before the year is out. The thimble denotes spinster-hood or bachelor-hood, if not for all time, at least for another twelve months. The button means that one must win fame or for-

Matrimony-Tin or earthen vessels have been placed around the room, And now, please listen, all you who These contain various things, one clear and then I ate my own dinner. At his hand in the meal the maid will be 1.15 I thought it might be as well to fair; if in earth, she will be a brunette; make investigations and met the two H in an empty pan he will be an old

ways makes fun for the participants. "Oh, is it late?" he inquired. "We The race is always with partners, each were talking and did not notice the walking rapidly with a tablespoon outstretched in one hand and balancing a And after dinner they went on talking, good-sized apple in the bowl. She or spoon thee times, the owner will be .un-

Whom Will I Marry-Some convenient and count nine to themselves. They will The story his brother told was this: then hear the name of their future hus-Young Jimmy and his friends had been band or wife. It would be well to have doing a regular business during the holi- it arranged that the person whitpering persons could say the sound came from

Ordinary constipation bests you

down, but Kellogg's ALL-BRAN eaten regularly makes you feel up and at 'om. Try It!



THE MOLECULE

A molecule is the ultimate limit to THE HALLOWEEN SUPPER TABLE ward which matter can be sub-divided.

These smallest lumns of matter are known as molecules. At the time when the existence of molecules was deducted For the Hallowe'en supper table put If we break a grain of sand in two, we from certain theoretical considerations. lots of color into the decorative scheme, have two smaller grains of sand. If we early in the Nilfsteenth Century, it was carrying out as far as possible, the colors break these in two the four fragments assumed that they must be inconceivsymbolic of that mysterious 'occasion, are still sand. But by repeating the ably small. It is doubtful, however; if Orego paper favors in shades of rellow division we eventually could reach a the scientists of a century ago had any and black; with an occasional bit of red stage where the particles no longer could idea of the actual smallness of these

> Extra markets for milk products The Dominion's use of milk in fluid

> > form is increasing steadily, but it falls far short of the approximately 16 billion pounds of milk produced yearly by Canada's 4,000,000 milk oows. .. Research and salesmanship have found and made other markets for-

9 billion pounds of milk that consumers don't drink every year. Since 1857 Borden, through research and selling, has played a "' leading part in developing extra

markets for both milk and manufactured milk products. It is these extra markets that have helped dairying become one of Canada's biggest sources of farm cash.



Fingertips are Included in Perfect Ensemble in con request.

SHADES OF ONE COLOR USED



Spice-brown weellen suit, brown fett hat, gloves and belt in matching shade, suble for scarf; blouse and nail polith in thistle, a rosy faun shade to harmonize

By LISBETH

Scotch thistles are the inspiration for the fashionable flower decorations. The polish on the nails. The suit is of spice-brown wollen, day

the weather grows chilly. of a thistle below each shoulder, the pinned to her black velvet muff. atems carried in a single line from jacket to skirt hem.

thistle, which is a rosy faun shade that

. . with gloves and belt in matching browns The costume ensemble to the wearer's Sables top the suit-or sable martin, if fingertips is the amartest by far this you're flying not so high as sable. The main thing is to keep in the browns. Just to illustrate is this costume, de- Final pollahes are the lates! thing, signed by Dorothy Couteaur, to show and others besides the thistle art tulip,

the sult's design, and tones of brown in clover folish should be worn with an the costume shade all the way to thistle artificial clover in the same silver-rose. in the hair for evening, in the lanel by smartly detailed, and very spiffy to wear Wisturia is worn with the same colored

wistaria and clover, adapted to go with

under your chunky fur coat the minute gloves, trimmed with tiny matching flowers. Tulip was glimpsed on the hands of The jacket is cut in surplice styling, a young fashionable in one of New York's and two pockets are worked in the form - rwanky hutels, who were artificial tulips Poster Bloom

> . It is autumn, but postes bloom everywhere except, maybe, on the feet-and they may be worn there next. that are being shown is a green plaid brown felt, aide, set our velvet, ribbon.

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Hol; o-Sat.; d-except Sat. Sun. and

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