

TO FATHERS AND MOTHERS

Just a lightning word or a doubling sneeze, And our footstep lag, though the goal Just a scornful smile on some-tipsy head...

Menu Hints

Recipes for New and Novel Dishes; Seasonal Menu and Suggestions

SALADS AND DESSERTS FOR HOT WEATHER

Salads and desserts which may be moulded or frozen in the refrigerator and which give a somewhat festive air to a simple meal are particularly welcome to the housewife during the hot summer months.

The Milk Utilization Service Dominion Department of Agriculture recommends the following:

CHEESE SALAD

- 1 1/2 cups cream cheese or creamed cottage cheese 1 green pepper, chopped 1 cup crushed pineapple, well drained 1/2 cup nuts, chopped 1/2 cup mayonnaise 1/2 cup cream, whipped Salt, paprika, celery salt to taste

Soak gelatine in cold water about 5 minutes. Heat soup over boiling water, add salt, cheese, onion juice (extracted by grating onion). Heat until cheese is softened.

JELLED TOMATO CHEESE SALAD

- 1 tablespoon granulated gelatine 1/2 cup cold water 1/2 cup condensed tomato soup 1 cup cream cheese or cottage cheese 1/2 cup mayonnaise 1/2 cup onion juice 1/2 cup stuffed olives, sliced or 1/2 cup chopped celery 1/2 teaspoon salt 1/2 cup cream, whipped

FRUIT RICE

- 1 tablespoon granulated gelatine 1/2 cup cold water 1 cup hot, cooked rice 1/2 teaspoon salt 2 tablespoons fruit sugar 1 teaspoon vanilla 1 cup whipping cream 1/2 cup dried or crushed fruit 1/2 cup blanched almonds

MOCHA MARLOW

- 20 marshmallows 1 cup hot coffee 1/2 cup toasted almonds (may be omitted) 1 cup whipping cream Pinch of salt Flavoring

HORNS VS. COURTESY

Impatience never got anybody anywhere except into trouble. Too many motorists expect an automobile horn to work miracles. They forget it was made for one purpose: A horn should warn.

THE OLD MAN OF THE BIG CHURCH TOWER



THINGS THAT COUNT

Not what we have, but what we use; Not what we see, but what we choose; These are the things that make or bless The sum of human happiness.

I conclude this week the story of the old Zenas Adams' house, and I'm very much obliged to Jack Mackenzie for supplying me with this authentic history of one of the village landmarks.

From the further end of the hall was a built-in stairway, which lead to the upper rooms, with a landing place and narrow hall connecting the rooms. The room containing the front window was a large sitting room, with spare bedroom off it.

family, as well as the children of the neighborhood, was a very vital one with our parents, and which could be done about it. Our mother had been a teacher before her marriage. She was a woman of strong constitution and full of courage.

The Old Man

—Written by Miss Agnes M. Adams, 403 N. Ninth Street, St. Clair, Michigan.

When father was on his dying bed, word was sent to his brother, Ezra, who was preaching on the Markham circuit, to come. He said to the messenger, who was about starting, "Tell Ezra I want him to preach my funeral sermon."

Mr. Wm. D. Leahy, of Townsend, Ontario, and little son, Joseph Oliver, is visiting his father, Oliver Leahy, Esq., and other friends here.

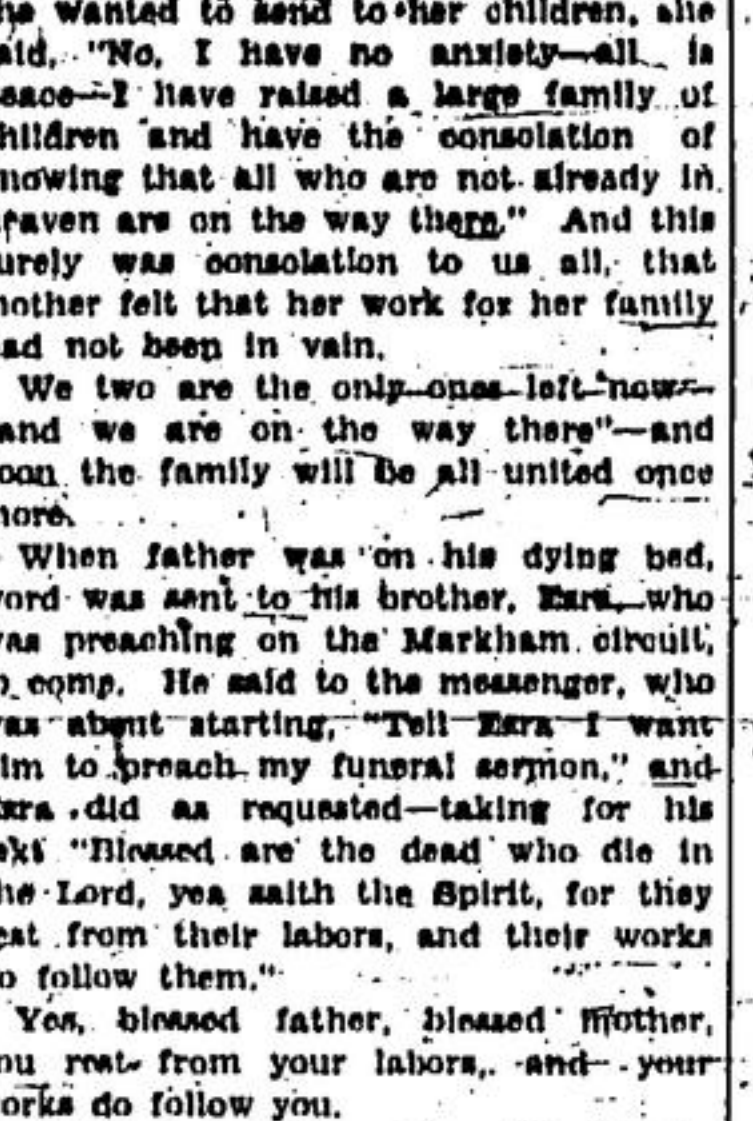
BOB

ALLAN—In Erin Township, on Friday, July 27th, 1917, to Mr. and Mrs. R. N. Allan, a son.

MARRIED

BRUSH-CAMPBELL—In Toronto, on Saturday, July 28th 1917, by Rev. O. M. Dunn, Samuel Brush, eldest son of Matthew Brush, Acton, to Edith, second daughter of the late Bandman John Campbell, of the 58th Battalion.

Test Balloon Flight Almost Ends in Disaster



Lifted by 80 balloons, four feet in diameter, the Pleiades, latest of all aerial craft, is shown at the right as it rose from Soldier Field at Rochester, Minn., carrying Dr. Jean Picard, famed stratospherist, on a six hour flight, during which he drifted 100 miles and rose to a maximum height of 11,000 feet.

As a result of the appointment of Richard Blair, M.P., of Peel County, to the Senate, an election will now be necessary in the riding, and it is rumored that Sam Charters, County Registrar, will be asked to become the Conservative candidate.

Mr. Alex. Maude, who has a good position at the steel works at Sault Ste. Marie, was home to arrange for the removal of his family to the Spa.

Mr. D. Smith was presented with a gold watch at a civic reception on Monday evening.

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Business Directory

Medical

DR. J. A. McNIEN Physician and Surgeon Office and Residence—Corner Bloor Avenue and King Street.

DR. B. J. NELSON Physician and Surgeon Electro Therapy Phone 68

DR. WM. G. CULLEN, L. M. C. C. Physician and Surgeon Office Hours—1-4 and 7-9 p. m. Sundays by Appointment. Winbar Street—Just North of Mill Street Telephone 124

Legal

H. N. FARMER, M. A. Solicitor, Notary Public, Conveyancer, etc. ACTON, ONTARIO. Hours—9.30 a. m. to 12.00 noon. 1.00 p. m. to 8.00 p. m. Wednesday and Saturday—9.30 a. m. to 12 noon

Only a limited amount and class of work undertaken. Clients cannot be seen or work done after hours except by previous arrangement.

KENNETH M. LANCON Barrister, Solicitor, Notary Public. Offices: Acton Georgetown Over T. Haynuck's Cafe Main Street E. For Appointments Phone Acton—63— Georgetown 68

Office Hours—Acton, Tuesday and Thursday, 1.15 p. m. to 4.50 p. m. Evenings on request.

Dental

A. J. BUCHANAN, D. D. S. Dental Surgeon Office: In Lelsham Block Hours: 9 a. m. until 8 p. m. Evenings by Appointment. Gas for Extractions X-Ray Closed Wednesday Afternoon Phone 148

P. W. PEAREN, D. D. S., L. D. S. Dental Surgeon Moved to our New Quarters in the Symon Block Phone 29 Mill Street, Acton

Veterinary

B. D. YOUNG, V. S., B. V. Sc. Veterinary Surgeon Office: Brookville, Ontario Phone—Milton 1484

GENERAL INSURANCE

WE SPECIALIZE IN Life—Fire—Health and Accident—Automobile—Windstorm—Plate Glass—Boiler—Fidelity Bonds—Farm Insurance—Annuities and All General Lines of Insurance

Frederic L. Wright Office: Cooper Block Office 94—Phone—East. 1043

TIME TABLES

CANADIAN NATIONAL RAILWAYS

Table with columns for 'Going East' and 'Going West', listing train names and departure times for various routes.

Dream-time For Quints Entertaining Their Public



Entertaining their ever-growing public, which just now, with the tourist season at its height means a considerable army of visitors each day, is a wearing business at times for the famous Five of Callander, the Dionne Quintuplets. Like all other good actresses they must have lots of sleep and a mid-day nap is part of their routine.

HE FOUND ALL-BRAN BROUGHT REGULAR DAILY ELIMINATION

Get rid of half-sick days—with the headaches, the listlessness, the "fatigue" that frequently comes from common constipation... due to meals low in "bulk."

MUGGS AND SKEETER



By WALLY BISHOP