

### BETTY BOTTER'S BUTTER

Betty Botter bought some butter,  
"But," she said, "this butter's bitter;  
If I put it in my batter,  
It will make my batter bitter;  
But a bit of better butter,  
Will surely make my batter better."  
So she bought a bit of better,  
Better than the bitter butter,  
And made her batter better,  
So "was better Betty Botter"  
Bought a bit of better butter.

### Menu Hints

Recipes for New and Novel Dishes; Household Hints and Suggestions

#### MILK SHAKES

2 to 3 tablespoons syrup  
1 cup milk

Combine syrup with the milk. Beat thoroughly. Sieve well chilled. The addition of about a tablespoon of ice cream to the milk shake makes a richer drink.

Commercially prepared syrups are now on the market in quantities suited for home use. If preferred, syrups such as the following may be made, at home.

#### CHOCOLATE SYRUP

1/2 cup sugar  
1/2 cup cocoa  
2 cups water

Mix sugar and cocoa with sufficient water to form a paste. Add remaining water and cook 5 minutes. Cool and keep in a covered jar.

#### ORANGE SYRUP

1/2 cup orange juice  
1/2 cup sugar  
1 tablespoon lemon juice

Boil juice and sugar together 5 minutes. Cool.

#### FRUIT SYRUP

Combine juice from canned cherries, pineapples, strawberries or raspberries with sufficient sugar or honey to make mixture of a medium thick consistency. Cook 15 minutes in water to cover. Strain and add sugar. Cook to a syrup.

#### VANILLA SYRUP

1 cup sugar  
1/2 cup water  
3 to 4 tablespoons vanilla

Cook sugar and water together to make medium thick syrup. Remove from heat and add vanilla.

#### MILK JULIPE

Combine 1 cup milk with 2 to 3 tablespoons of any of the syrups suggested for milk shakes. Break a whole egg into milk and beat thoroughly. If available, charged water may be added to the julipe just before serving.

### CANADA'S "TRAVEL WEALTH"

Of all the developments which have taken place in the present century, none has had a more marked effect on the standard of living than the evolution in transportation methods. The improvement in the older forms, such as railway and steamship, and newer modes, as furnished by the motor vehicle and the aeroplane, have revolutionized the speed and ease of travel. The automobile, in particular, has brought the "wealth of travel" practically within reach of all, and the increased extent to which people now enjoy the educational and recreational values of travel reflects the new and higher standards of living which prevail to-day.

Canada is a "travel wealthy" country having over 1,200,000 motor vehicles—one for every nine inhabitants. If the motor vehicles of Canada were mustered out in one monster parade with a hundred feet of highway allowed each vehicle, they would form a procession almost 25,000 miles in length, and with a little crowding utilizing trucks and buses, the whole population might be carried. Canada has over 400,000 miles of highway, which provide a spending place of "travel wealth" and in addition to her own heavy motor traffic an even greater motorade of more than four million automobiles from other countries travelled over the Dominion's highway systems during 1936.

Besides having the means of "travel wealth" Canada has been blessed by an indulgent nature with a wealth of travel attractions. There is the scenic beauty of the Maritimes, the old-world charm of Quebec, the world-famed Niagara and the grandeur of the mighty Rockies, to mention only some of the more outstanding, while in all the provinces countless lakes, rivers and forests provide unrivalled facilities for fishing, hunting, and summer and winter sports.

Among Canada's greatest attractions are her National Parks, comprising twenty separate park units with a total area of more than 12,500 square miles, in which not only is the beauty of mountain, stream and lake preserved in its primal state, but the flora and fauna are being conserved for the benefit of this and future generations. Wild animal life finds sanctuary and haven within the limits of the National Parks, and to mean they provide an "Eden" where the sanctity of nature has been unspoiled by the march of time.

From roadside camp to palatial hotel, from large modern cities to regions of almost primal wilderness the splendor of "travel wealth" in Canada may take his choice.



### THE OLD MAN OF THE BIG GAIN TOWER

Guided me my Father, with Thy hand,  
While travelling to the promised land.  
Guided me, I pray, along the way,  
That Thy will would have me go to-day.  
I cannot tell if that or this  
Of paths that meet the right one is,  
But when I have Thy keeping care  
I journey safely anywhere.

If dark the day or wet may be  
Or rough, Ah, what is that to me!  
God leads and will control the storm,  
And keep His faithful ones from harm.  
Who trusts in Thee the victory wins,  
Before temptation's fray begins.  
This is my rock and my defence,  
I trust and wield Omnipotence.

I thought I had completed my story regarding the old Adams homestead on Main Street. But along came the editor the other day and told me had had been talking to Jack Mackenzie, and had secured a copy of a letter from Miss Agnes M. Adams, written in 1926, that gave some of the dates and details that I had omitted.

I was mighty glad to read it and set right on some points and for the benefit of local history, I am giving it in this week's column. I understand these recollections are being put in book form and I would like this included. So here is this interesting sketch of the old house, from one who was born in it. It was written eleven years ago.

St. Clair, Mich., Dec. 9th, 1926  
Mr. J. B. Mackenzie,  
Georgetown, Ontario

Dear Sir:

I am in receipt of your letter of March 25th, and the photograph of the old Adams homestead, corner Main and Church Streets, Acton, which accompanied it.

It affords me great pleasure to see the picture and to find that the old house has been so well preserved. When I say "us," I mean my brother, Joseph Fellows Adams and myself, Agnes M. Adams, the only remaining ones of the large family of four boys and seven girls who once found good cheer under its roof. My brother, who will be 91 next May, and myself, who will soon be 88, were both born in that house as well as three, perhaps four, of the older ones who were born in Adamsville. Joseph was born in 1836 and the birth dates of the other three or four will carry it back to 1821, or perhaps 1820. This makes the house not less than 80 years old. People think that we two old people, brother and sister, who live together and make a home for each other here in our city, are exceedingly well preserved and if it so we are glad the house we were born in is also well preserved.

My father, Rev. Zevas Adams, for whom and under whose direction the house was built, was a retired preacher of the New England Conference of the Methodist Episcopal Church. Owing to the rigors of the climate and the hardships of the itinerancy of those early days, he became broken in health, and was obliged to give up the active work of the ministry, though he continued as a local preacher throughout his lifetime.

He had two brothers, Rufus and Ezra, who were living in Equeusing, Upper Canada, where they had built a grist mill and sawmill, and the settlement became known as "Adamsville." My parents decided to pay them a visit and taking their two children, the younger six months, they did so. They yielded to persuasion and stayed, and made their home there. He bought a piece of ground further up the road and planted an orchard, intending to build there, but he had not long to live, and he and his wife hand sold located, his home where the house now stands. This was probably in the year 1820. Just how long after this the house was built, I do not know, but it could not have been long. I have heard my mother tell the names of the carpenters who worked for my father in building, but I have forgotten them. I do not think there is any one now living who can give the infor-

matron. My father was skilful in the use of tools and did more or less of the work himself.

The front door was in the centre, exactly under the upstairs window and had a narrow "side light," we called it, on either side, one light of glass in width, to correspond with the window above, and of course it was furnished with the old time lead sounding "knocker," that could be heard all over the house. Wide flags of stone constituted the steps.

On entering, there was a wide hall, with a door at the right, leading into a large square room, and another door at the left, leading into another square room, with a bedroom off it. At the end of the hall was a door opening into the kitchen. My, but that was a wonderful room—a kitchen, living-room and dining-room, all in one—ample in size for all who were gathered under the roof. Here was the great fireplace with its broad stone hearth, and the large androns, that held up the huge backing and the smaller one in front, and beneath a bed of glowing coals.

Above the "fire" hanging the "crane" by which were hung the large iron pots when a meal was to be cooked. Notably the large pot of corn meal "pudding," (We did not call it "mush" in those days, but just pudding). Many a supper of corn meal pudding and milk was enjoyed by the whole family.

Then the "bake kettle" had large use. This was a large, shallow kettle, with flat bottom and raised on legs. In this were baked the loaves of corn bread or rye. The dough was placed in the kettle and covered tightly and a bed of coals was drawn to the hearth with the long handled shovel and the kettle placed on top to bake.

When meat was to be fried, it was placed in the long handled frying pan, set on a bed of coals on the hearth, and soon the work was done, but when a roast was wanted, a little pig for instance, it was hung before the fire and frequently turned until done, while the gravy dripped into a pan below. And did ever meat taste so good! Thus most of the cooking was done but for the bread and pies and cakes and puddings, there had to be something different. For this purpose there was a large oven built close beside the fireplace, and when baking was to be done a fire was built in the oven, with light wood. When it was hot enough, the fire was drawn, the oven carefully swept out and the bread, etc., placed in and the door was shut until it was done.

Off the kitchen to the right, was another large room, we called the "wash room." This, too, had a large fireplace, with its stone hearth and crane, on which could be hung iron kettles of different sizes and brass kettles as well. Here the washing and rough kitchen work were done and in it stood the large loom, on which mother did the family weaving.

Opening off the wash room to the right was a long woodshed, with a verandah reaching its whole length on the front and leading out from a porch unto which a door from the kitchen opened to the right. There was also a "stoop" at the back of the wash room. A bed room opened off the kitchen to the left, and a built-in stairway led up to the boys' room, between the doors to the porch and wash room. Off the wash-room, and under the stairway, were the stairs leading to the large cool cellar. There was a never failing well of the coolest and clearest spring water under the roof of the "stoop" at the back with a curb around it, and the "old oaken buckets" stood on a shelf inside the curb. The bucket was lowered and raised by means of a weight and pulley.

(We will conclude this letter of Miss Agnes Adams in next week's issue of THE FREE PRESS.)

### Weekly Garden-Graph

Written By DEAN HALLEDAY For Central Press Canadian

#### Proper planting of holly evergreens

Order all your broadleaved evergreens and all your coniferous evergreens to be delivered well balled and burlaped. This Garden-Graph shows how to plant the shrub or tree correctly, leaving the burlap under it. First place the plant in its proper position without removing the burlap. Then, before filling in the soil, cut the rope and the top of the burlap away. Roll down the sides of the burlap, leaving it at the bottom unbroken, which is very essential to the evergreen.

The burlap will rot away quickly, and not interfere with the root growth of the plant. It also helps to hold moisture about the roots.

Pew flowers of small size have the intense brilliancy of the Cherry Sun-bright. This native of the southwest got its popular name from its similarity to the Montmorency cherry, with the sun shining upon it.

#### ANTI-SUICIDE SOCIETY FORMED

Because of the increasing number of suicides in Japan, the Japan Suicide Prevention Society has been organized in Tokyo with Hyunosuke Kobayashi, known as "the suicide specialist," at the head. His office will be a clinic for the woes of persons who see death as the only way out. Kobayashi will give them advice on the basis of 30 years study of such problems. He plans to call a meeting of educators and social workers to lecture on the prevention of suicide. The new society will also seek the establishment of proper institutions for the prevention of self-destruction, sponsor investigations and show motion pictures. A memorial service for young men and women who have committed shijun, or have suicide together, is planned.

### PICOBAC

PIPE TOBACCO  
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#### DIFFERENT

Hostess—"What a noise those neighbors make. Listen to the children howling."

Visitor—"But that noise comes from your own nursery."

Hostess—"Really. The little darlings must be enjoying themselves."

#### COULD RUN!

The list of prize winners at a recent picnic reads:

"Mrs. Smith won the ladies' rolling pin throwing contest by hurling a pin seventy-five feet."

"My Smith won the hundred yard dash."

### CAN'T THINK?

Constipation causes all kinds of misery. Clear it up by eating Kellogg's ALL-BRAN regularly. It supplies natural "bulk." You need it. Try it!



### Business Directory

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### Paving the Way For Start of Regular Trans-Canada Flights



Making a leisurely survey flight from Vancouver to Montreal, examining airports along the route and gathering data for the forthcoming trans-Canada airway, officials paving the way for start to regular commercial flights are pictured as they stopped at Lethbridge, Alta. (Top) and at Edmonton as part of their flight. Standing in front of the Lockheed-Electra transport aeroplane, owned by the Department of Transport and it stands on the Lethbridge field, are: A. D. MacLean, Federal Superintendent of Airways; Philip C. Johnson, of Seattle, newly-appointed Vice-President Wing Com. D. R. MacLaren, of Trans-Canada Airlines in charge of operations of Trans-Canada Airlines Ltd.; D. B. Cyster, of Chicago, Vice-President of United Air Lines Ltd.; Mayor D. H. Elton, of Lethbridge, and Squadron Leader J. H. Tudhope, M.C., chief pilot of the aeroplane. Squadron Leader Tudhope is shown again at lower left, broadcasting a message from the aeroplane to a radio beam station 150 miles away. The trans-Canada machines will fly by radio beam a greater part of their route. At right, is a view of the Lockheed control cabin, with pilot and co-pilot in their seats, as it looks from the passenger's seat. There are 37 dials on the instrument panel to aid in landing the machine.

### The Old Man



#### BIG GAIN IN ASBESTOS PRODUCTION

Asbestos production in Canada during the first four months of 1937 totalled 124,768 tons compared with 69,984 tons in the corresponding period a year ago. Exports during the first three months of the current year amounted to 11,343 tons of 52.3 per cent above the tonnage exported in the first quarter of 1936.

Canada is the world's chief producer of asbestos, and the output of Canadian asbestos mines now find a world-wide market. Though asbestos is known to occur in a number of places in Canada, the productive areas are practically confined to the Eastern Townships in the Province of Quebec. A five mining operations began in this district about 1880 and exploitations and developments on the properties of operating companies have disclosed reserves of ore sufficient for many years to come.

Cottidian asbestos is of the chrysotile or serpentine variety of the finest quality, and, on account of its softness, silkiness, and tensile strength, is in great demand for all kinds of asbestos products, particularly for asbestos textiles.

#### MISERY LIKES COMPANY

Doctor (who has been sent for at 2 a. m.): "Madam, pray send at once for the clergyman, and, if you want to make your will, for the lawyer."

Madam (horror-stricken): "Good gracious! Is it so dangerous, doctor?"

Doctor: "Not a bit of it; but I don't want to be the only one who has been disturbed in his sleep for nothing."

#### TAKEN OUT

"I took the recipe for that cake out of my best cookery book darling."

"You did quite right, dear. It should never have been in."

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### Voters' List, 1937

MUNICIPALITY OF THE VILLAGE OF ACTON IN THE COUNTY OF HALTON

Notice is hereby given that I have complied with Section 9 of the Voters' List Act, and that I have posted up at my office at Acton, Ontario, on the 12th day of July, 1937, the list of all persons entitled to vote in the said Municipality for members of Parliament, for members of the Legislative Assembly of the Province, and for Municipal Elections; and that such list remains there for inspection.

And I hereby call upon all voters to take immediate proceedings to have any errors or omissions corrected according to law, the last day for appeal being the 2nd day of August, 1937.

H. N. FARMER,  
3-3 Clerk of the Village of Acton.