A SHORT SERMON

The moderate drinker seems to think Because he does not often drink That folks of sense of course will not Regard him as a drunken sot.

A drunkard! Why, the very thought Shocks and disgusts him; surely not; A drunkard he will never be As all his friends who live will see.

Indeed nobody needs to think, He cannot let alone the drink; He'll let them know his mind's his own, Rum he can' drink, or let alone.

A moderate drinker only, he Need sign no pledge to keep thim free From that which will intoxicate, He's not a low inebriate.

Of course he drinks, just now and then A social glass with other men; He knows just when to stop, and so He never takes too much, you know.

And thus the moderate drinker drinks, While every day he lower sinks Nor sees the danger all are in Who thus the drunkard's course begin.

Thus gradually the habit grows, And that more quickly than he knows The love for liquor, weak at first, At length becomes a craving thirst.

At first a single glass would do. But later on it changed to two; And as his appetite grows stronger He was a little pig no longer!

To those who saw with open eyes.

Surprised himself, who had not seen The danger he was really in. But now he finds alas, too late, He shares the wretched drunkard's fate;

The change, alas! though no surprise

A moderate drinker he is not-First pig, then how—a drunken sot. But who would dare attempt to say

Just at what hour or on what day

The little pig a hog became,

And moderation turned to shame?

moderate drinker becomes a drunkard as to tell when a pig become's a hog. -Orillia Expositor, July 3rd, 1873.

TWENTY YEARS AGO ...

From the Issue of The Free Press of Thursday, December 3rd, -1914

Farmers are still doing fall plough-

last week, and was much enjoyed. The enrollment of the Austrians and as thereby hangs a tale! Germans has greatly facilitated the collection of Poll Tax by Officer Harvey.

On Saturday, November 21st, George Leslie, youngest son of Mr. John Leslie, Esquesing, was kicked on the head by a horse. He was picked up unconscious and remained so for 24 hours. He is

On Monday evening the Ladies' Mission Ckcle of the Baptist Church were treated to a very interesting lecture by Miss Jones, a missionary from China.

The proposal throughout the County is growing more popular and general to re-elect Municipal Councils and Boards of Education by acclamation, thus saving is no crying need for a change in either

Dinner, to be given by Warden Hynds, on Wednesday, December 16th. annual social event is much enjoyed by officials.

for the Second Contingent are all in modern as the Royal York. good health and spirits.

WILSON-BLACK-At Corwhin, on Wednesday, November 18th, 1914, by Rev. Dr. Blair, Alfred Wilson, to Catherine, daughter of the late George Black. DIED

Persian Balm promotes daintiness. charm and beauty. It is unrivalled in its magical effect on the skin. Swiftly absorbed by the tissues, it leaves never a vestige of stickiness. Delightfully cool to the skin. Stimulating and invigorating. Softens and makes the hands flawlessly white. Subtly fragrant. Imparts youth and loveliness to the complexion. Persian Balm is the inevitable

PERFECT PEACE

ing that should be illustrate the subject variety of quiet restful scenes. Some the banks were tallbushes whose branches Royal York collapse like a house of extended over the stream. In one of cards. With the dawning of day I dropthese branches, and directly over the ped off to steep and awoke to find the most turbulen't part of the river, sat a hotel was still intact.

material disturbances of all sorts; while going to have my sleep out first spiritual man knows with experiences I woke up late-in fact I didn't have only that peace which passeth all human | time to get any breakfast before going understanding. He who believes that into the Convention Hall but thought abundance is money, that employment is perhaps I might have a chance to slip labor, that health is a condition of out later and get a cup of tea. but never matter, is not enjoying that peace which a chance did I get. To make matters comes to one who as a consequence of worse before Miss McDermand, our new his constantly using the qualities of Superintendent, began her address, Mrs. Mind. God, that health is a condition Colloton, President, F. W. I. O., made of wholesome thinking, that supply is few remarks that hit straight from the influx of divine ideas. Acknowledge- shoulder. "I want to remind you ladies," ment and understanding of these truths said Mrs. Colloton, "that you have been bring a sense of security that cannot be sent here as delegates, at the expense overthrown.

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE P. CLARKE

Now I wonder why I ever told you in last week's "Chronicle" that I was going to the Institute Convention, because nows you see I have got to write about it, and to tell you the truth I don't know where to begin, because the real beginning is long before the Convention began when there was so much I felt must be done if my family were to be comfortable and without fear of starvation during my

the Convention-that is a job for each branch delegate-but rather a wander- a book back to Blisterses after dinner ing account of my own experiences incidental to attending the Convention...

First of all I had to get there and since the "Optimist" had been behaving so badly of late. I dare not trust to her for safe transportation. So I went by bus and on the way delegates from other branches came aboard and by the time we reached Toronto we were quite a merry party. Mrs. - and I, whom I met on the bus, decided to try for a room together at the Royal York. This we did and in case you who read are about six yrs. A go and today she told curious as to-our accommodation let pa if it wassent that she was so Cenme tell you our experience.

and ask about .getting sepparashun We had a double room on the fifth floor. The bell-boy came along to show frum her husbend. us the way and said, "May I take your grip, Madam?" Now I could quite finger, but I remembered L was staying at the Royal York, and, as one of her, they hessitated a minit before they repatrons, it would be very infra dig for fused him. me to carry my own grip. So I released my featherweight baggage to the bellboy and he escorted us to our room. Here we found a good-sized, airy room with two single beds, with a bath-room, including shower-bath, adjoining. The room was furnished with dresser, armchair, writing table, radio and telephone. Another spell of Indian summer came There were also four doors in the room all exactly alike-with fact, please note,

We immediately began to make ourselves at home. I took off my coat and looked for some place to hang it. "There must be a clothes-closet here somewhere." I remarked, "perhaps this is And I proceeded to unlock and open one of the doors, when, to my surprise, there was another door inside. Now, like Alice in Wonderland, I began to think anything was possible in this house of magic, so I thought this inner door must be a specially built moth-proof contraption. I turned the handle this way and that to get the door open when all at once I heard, a voice-and it was a man's voice—saying—"Here, get out of the expense of an election. This method that!" And indeed by that time I was will apply very well to Acton, as there ready to get out-from the room, from the hotel, in fact, in my embarrassment I was ready to go anywhere at all, because I suddenly realized it was a connecting bedroom I was trying to get

My blundering experience was very the members of the County Council and good proof that I was "up from the country"-not but what I have stayed The Acton men training at Toronto in hotels before, but nothing quite so

That evening we put in an appearance at the Women's Institute banquet. The tickets were a dollar each, and to my everlasting regret I could only eat about half of everything that came along. A big appetite is sometimes inconvenient but a hearty eater can at least feel he SWACKHAMER-At Palermo, on No- is getting his money's worth! However, vember 12th. 1914, Gordon D., son of even though I could not do justice to the dinner, the rest of the evening was

Perhaps you might like to know the

Olives, sweet mixed pickles. Fruit cocktail (quite delicious). Consomme-(known at home as clear

Breaded yeal cutlets with baked squash and mashed potatoes. Ice cream with chocolate sauce-cake

and coffee-but only one cup and how I There were some good speakers and

and a splendid soloist, so we had quite an enjoyable evening. We retired fairly early but I must

have left Morpheus, the Goddess of "Peace." A number of artistic Sleep, back home at Ginger Farm. Sleep car in the city of Toronto went past waters the hotel that night and in the wee sma' hours there were other noises painting, however, represented the dis- which sounded as if a gang of wreckers turbed waters of a precipitous river were at work on the hotel. There was rushing apparently in every direction, an incessant clang of iron on cement, crowding furiously among huge rocks like wrecking bars being thrown about, and dashing relentlessly over others. On and I expected every minute to see the

bird in her securely fastened nest, as The next night I slept like a top-I tranquilly as though the menacing noise was of course dimly conscious of noises below were music provided especially in the street, but neither wrecking bars for her pleasure. And to this picture nor street cars had any real power to disturb my slumber-they cou'd wreck So-called material man believes in the hotel if they had to, but I was

of your branch, to attend this Conven- never give.

SLAT'S DIARY BY ROSS FARQUHAR

Friday-Joe Hix sed he wood of had to fix the leek in his Roof oney as Luck wood have it the leek cum right over the Kitchen Sink.

Saterday-I herd pa Pracktissing his Speech witch he is a going to Daliver at his club meeting nex Wensday after noon and even if I do say it myself I dont think his speech will am't, to very mutch but he has got sum offle nice lems and stop worrying. Jesters., to go with his speach.

Sunday-The Sunday skool sput. was a trying to tawk Slim Fessner about gambeling and betting muny and ect. and Slim sed he wassent ever going to bet enny more and the Sunday skool supt. sed he was afrade he wod and Slim want to bet munny he woodent. Munday-The 'teecher told us today

That Honest was the best Policy. This is not going to be a report of I diddent tell her about last nite at home. I told pa and ma I was takeing insted of that I and Jake went out to see cud we find sum Hickry nuts. when supper time cum they woodeent let me have no Shrimp Sallad. Then that ing. nite both of them got Indijestian also

> Teusday - Pa was reading where Crime costed the U. S. all most ten the moral, social and religious problems Billian dolars last yr. and Ant Emmy rimarked that she that we got all of the Crime we payed for even at that. Wensday-Ollie Deffs Husbend left her amentle she wood go to the cort house

Thirsday-Mr. Gillem says Condishuns is picking up. He went in the bank today to borry a cupple 100 \$ and in-

THE PSALM OF LIFE

There is but little in life to live for. troubles, trials and bad piano players. We go forth in the morning full of hope, and come home at night, full of

wealth on 'the leading men, and the other fellow getteth elected and we are We run for office and our friends manage for us, and spend our money,

We dabble in politics and bet our

and behold, we come out badly scooped and crushed financially: We marry for wealth and our girl's

old man assigns. We deny ourselves many things in order to lay up some cash in the bank and the cashier fleeth to the States. And in an evil hour we dream not of it, the merchant presenteth a bill for our wife's now bonnet and the farm goeth under mortgage to pay it.

Woe unto man. Oh how little consequence is his joy. In infancy he is full of colic and catnip and in youth he goeth about with

a thorn in his theel. In the evening of life he lieth down full of rheumatism, aches and antibili-The places that once knew him, know

him now only by his promissary notes and accounts he left unpaid. And this is the end of man: In youth he dances into the ring, eager

to knock somebody out, but the first thing he knoweth he is ornamented with He cometh forth in fine raiment, in

goeth about with one suspender, and with the seat of his pants patched with He carrieth a torch in the procession and whoopeth it up for his party, and

behold, the man who stayeth home is appointed to office. Such is the career of men

Lo! in an hour when he dreamth not of it a breechy mule kicketh him athwart the centre, and he dieth.

The freight agent on one of the west ern roads received a shipment on which was a donkey, described on the freight

After checking his goods carefully the agent made his report: "Short one bureau; over one jackass."

the beginning of every session and to stay until the end. You are not here to meet your friends in the city or to go shopping, however attractive the stores may be!"

Well, of course, that fixed me-no one could possibly sneak out after that, so I sat there and sat there, until by 11.30 I felt the price of a cup of ter would be cheap at a hundred dollars! And yet I was glad to be there - I would not have missed hearing Miss McDermand for anything-not even for a cup of tea-and that, if you'll believe me, is saying a lot!

That day we were given complimentary tickets to the Royal Winter Fair, but the Convention did not close until 3.30, and my bus left at 5.20. I couldn't stay another night, as I had a business engagement for 10.30 the next day, so there was nothing for it, but to check out after this, my brief visit, to the realm of freedom and luxury and come back once more to Ginger Farm-to ooking meals and washing disnes; where I must be my own chore boy; where no one, says-"May I take your grip, Madam?" But where also there is love and companionship, which, after all, is, something that the Royal York can

WORRY

Worry is the most useless thing in

No matter how serious your troubles, worry cannot help them.

Too much worry snortens life. And too much of the worrying is done

An intelligent mental survey of your

problems will avoid it. Separate the real from the false prob-

"For every trouble under the sun there's a remedy, or there's none." "If there is one try to find it, if there if none, never mind it."

In thinking of your problems always keep this in-mind: To-day is the tomorrow you worried about yesterday. This is an excellent guide for present troubles in the light of past experiences.

worry only muddles the issue. -An old man looking back over his life said: "I've had a lot of trouble in my life but the most of it never happened." Face the issues when they are issues or about to become so, and stop worry-

Intelligent thoughts solve problems;

You'll live longer, be happier and be better citizen. Better able to take your fair share in

of your town if-You stop worrying.

GO AHEAD

Victim: "Why?"

"I've always said I'd shoot anyone who looked like me." "Do I look like you?"

"Yes." "Then shoot."

BEEHIVE

GOLDEN CORN SYRUP

A GREAT ENERGY FOOD

HEALTH SELDOM COMES BY CHANCE TO PERSONS OVER THIRTY

Good health cannot be taken for granted any more than a good income can. So for persons over thirty it is just as smart and business-like to plan to enjoy good health as it is to plan to enjoy a good it come. And it's just as much a matter of plain common sense to

In health, your shortcomings are, at first, likely to be those unnoying, not-exactly-well feelings. At such times, if your blood were tested, it would most likely be found "low in count". This means a shortage of red corpuscles and the corpuscles themselves short of haemoglobin. Make up this double shortage, and you'll come up to normal health again. Neglect it and serious results

Observing, in his practice, the importance of keeping the vitality of the blood up to normal, a Canadian authority originated a bloodbuilding preparation which has been helping run-down people back to health for nearly half a century. This preparation, now known the world over as Dr. Williams' Pink Pills, definitely increases the to take at least a 30-day treatment of this excellent element of chance has been practically eliminated in such a treatment, because tests recently made by an authority in a clinic of 40 people, proved conclusively by individual blood-"count" that Dr. Williams' Pink Pills certainly improve the health by enriching the blood. Full size box 50c.

Please!

Human beings are markets. Every

man, woman and child is a daily wanter of

many things, most of which have to be

bought from some retailer. But to sell,

the seller must go to the market. It is

sadly wrong if and when the seller waits

for buyers to go to him. This means that.

the retailer who wants to supply many

buyers must take his merchandise, in a

figurative sense, to where buyers are as-

men, women and children --- is their news-

retailers display their wares. Every ad-

vertisement can be likened to a stall.

These retailers' stalls get a close inspec-

tion of buyers. They are scanned to see

if they show things of necessity or desire,

and when the offerings of these stalls are

in accord with buyer's wants and needs,

has no stall --- no advertisement at this

place of assembly. His absence from the

market-place represented by the news-

paper and its advertisements is advantage-

ous to those who have advertisements in

transactions made as easy as possible. It

wants its time and its steps saved. It likes

to find, in the comfort and peace of the

home what sellers have to offer. In the

and others plan their shopping and their

purchases in advance. Their newspaper

is their informer. Retailers who neglect

to provide buyers with information in the

form of advertisements in our newspaper

miss many sales. It is never economy to

be silent about what one has to sell.

home decisions are arrived at.

The buying public wants its buying

The retailer who loses out is he who

And the assembly place of buyers ---

In the form of advertisements

Information,

sembled.

then sales are made.

the newspaper.

TIME TABLES

AT ACTON Going East Daily, except Sunday 10.07 a.m. Daily, except Sunday 6.12 p.m. Sunday only 6.34 p.m. The Chicago filer, that passes through

Georgetown at 9.44 p. m.

here at 9.35 p. m., eastbound, stops at

Going West	
Daily, except Sunday	8.55 a.m.
Daily, except Sunday	2,23 p.m.
Daily, except Sunday	7.00 p.m.
Sunday only	11.13 p.m.
STANDARD TIME	

Daily-except Saturday 11.45 a.m. 11.15 p.m. Saturdays, Sundays and

Holidays only 1.05 a.m

Eastbound

Daily-except Sunday., 7.00 a.m.

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