

A WARNING NOTE

If in class you've aught to say, Make it short—without delay; Put it, to, in your own way; B natural.

Menu Hints

Recipes for New and Novel Dishes, Household Ideas and Suggestions

THESE NEW MINCE MEAT RECIPES ARE QUICK AND EASY DELICACIES. Mince-meat and cheese are traditionally good companions.

MINCE-MEAT-CHEESE TARTS 9 ounce package dry condensed mince meat 1/2 cup cold water 6 slices Canadian cheese

MINCE-MEAT-CHEESE SANDWICHES 9 ounce package dry condensed mince meat 1/2 cup cold water Cream cheese Whole wheat bread

SHRIMP OMELET

6 eggs 6 tablespoons hot water 1 teaspoon baking powder 1 can shrimps 4 tablespoons lemon juice 1/2 teaspoon paprika

Long Standing Asthma. Many have suffered so long from asthma and have tried so many so-called remedies they think that there is no real help for them.

HOW BEST TO TEACH MANNERS

Once more a leading educator deplors the lack of politeness among young people. Dr. Nicholas Murray Butler, President of Columbia University, speaking at the opening services of his own institution, wonders "why it is that youth can come to full adolescent years with no apparent appreciation of the difference between good manners and their stinctive act."

Certain educators favor college courses in manners and decry the "school of courtesy" taught by "heavy" characters in films. They may be on the right track but a woman whose children are models of thoughtful consideration has perhaps found a better way.

THE OLD MAN OF THE BIG CLOCK TOWER



SIMPLE THINGS

Happy is he, who in this life, Bring what it will of care and strife, Can keep throughout his three-score springs.

This plan of holding the municipal election at this date is, of course, only a modern idea. In fact, it's only been in fashion for the last few years.

Speaking for myself, I enjoy the election much more at the first of December than the last of the month.

But I must get on. You'll find my text for the week back in the musty old files of THE FREE PRESS of 1884, in November and early December, and here is the gist of the findings:

"Mr. Donald Mann drove the first sleigh-load of grain into market this season, on Tuesday morning (November 22)."

The Bell Telephone had at that time 63 subscribers in the city of Guelph.

"The Chairman of the Streets and Sidewalks Committee has ordered a new lamp for the corner of Mill and Frederick Streets" (A month before election time.)

"The last meeting of the County Council for the year was held on Tuesday. The usual bun-feed, and superfluity of gush wound up the proceedings."

"Guelph will offer the G. T. R. Co's \$100,000 bonus and 20 acres of land as an inducement for the company to locate their workshop in that city."

"A number of Mr. A. E. Matthews' oil paintings are on exhibition at Fernley's Easter party. The work in many of them is of a high order and very creditable."

"The Canada Glove Works have closed down for December, to allow removal to the new shop on Bower Avenue."

"The Board of Trustees of Acton Public School are negotiating for the basement of the Congregational Church for a school room."

"During the year \$31,250 was spent in building operations in Acton."

"Mr. A. W. Green has disposed of his

knitting business and machinery to Messrs. C. S. Smith and G. C. Clark."

Well, I must close and get this epistle to the office, as is the favorite ending of some correspondents I know.

The Old Man ORIGINALITY

The world is peopled with imitators. For every one who has an original idea, there are a thousand who will barefacedly purloin his idea once it is let loose claim it for their own, and use it or sell it as the humor suits them.

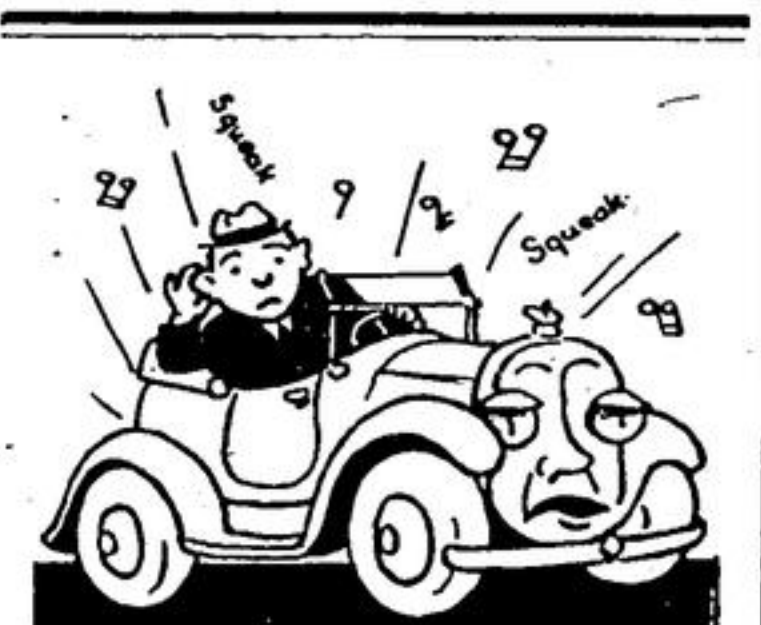
Stories, plays, songs, inventions, medicines, and many other things tell the same story. One person creates an idea and dozens imitate his work, sometimes almost before it gets on the market.

SHAME! SHAME!

"What! You are going to marry Mr. Soandso? But don't you know that he has done five years in prison?"

"Oh, the scoundrel! He told me three."

Miller's Worm Powders will not only expel worms from the system but will induce healthful conditions of the system under which worms can no longer thrive.



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Do you wait for squeaks to develop? Do YOU kid yourself you "Haven't got time today" or "It isn't long since I had it done"?

Systematic lubrication, done thoroughly as we do it, avoids repair bills, keeps your trade-in-value high and helps you get the most satisfaction from your car.



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CARBON MONOXIDE

The following recommendations were made by the Travellers' Insurance Company in their Bulletin:

- 1. Avoid running the engine... 2. Keep the carburetor and all motor parts... 3. A cut-out that discharges gas... 4. Inspect cars regularly for leaky exhaust connections...

Note: The smoke or odor usually is from burning oil, or is the result of poor carburetion, indicating that the fuel is inefficiently burned...

8. Avoid sealing the car interior by closing all windows and vents tightly. Ventilate, as far as possible, by opening the front windows of the windshield.

9. Further progress in streamline car design is desirable.

10. Flexible hose exhaust connections should be constructed to withstand the effects of long-continued vibration and heat.

11. Mufflers should be strong and preferably, seamless. Those having longitudinal seams should be installed so that the seams will be on the lower side.

A ROUND ROBIN

Protect the birds That eat the insects That destroy the forests That conserve the waters That feed the streams That moisten the lands That produce the crops That supply the markets That nourish the people That make the nation.

A GOOD TIME

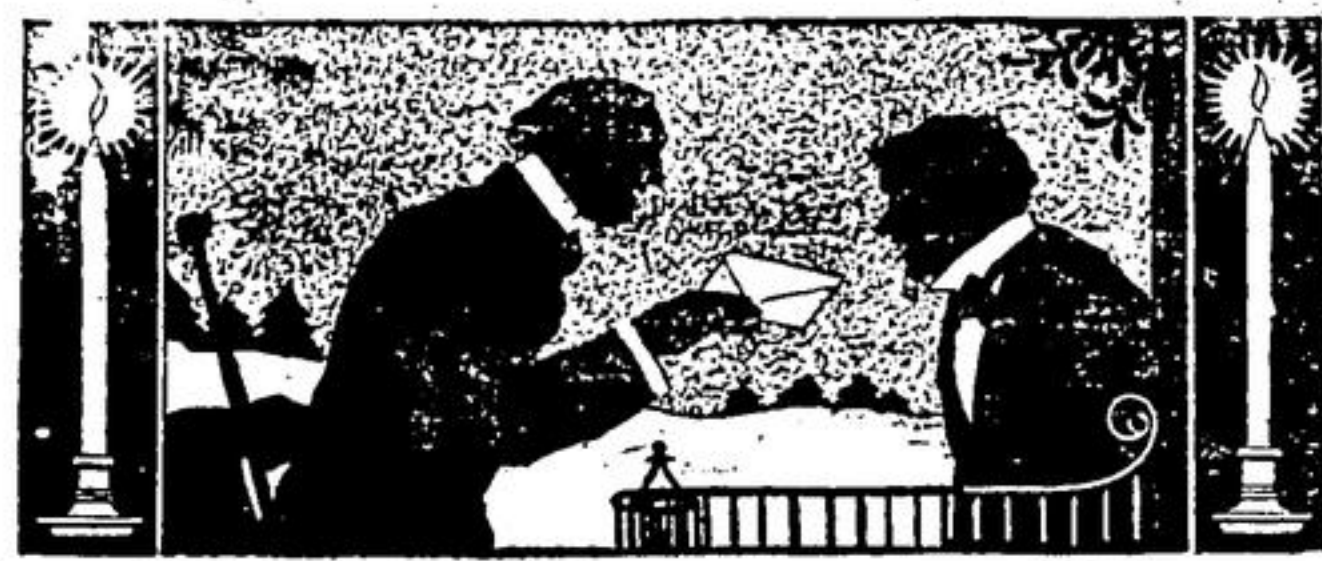
Friend: "How did you enjoy your first ball?" Debutante: "Oh, topping! I had nine proposals of marriage and accepted four!"

It is madness to make Fortune the mistress of events, because in herself she is nothing, but is ruled by Prudence.—Dryden.

LOOKING TO FUTURE

"Mother: "So you got those beautiful moccasins for daddy? They are splendid, but, dear, I think he would have preferred carpet slippers." Young Hopeful: "I know—but then you've never been spanked by carpet slippers."

Behavior is a mirror in which every one shows his image.—Goethe.



Popularity . .

Has been splendid for THE FREE PRESS Christmas Greeting Cards this year. In fact, so popular have been some of the lines that the supply is completely sold out.

Plenty of Choice . .

Available for those who have not get made their selection. But we would advise you not to delay any longer. Delivery need not be made until the date you specify and they will be ready for you earlier if you find you want to be sure of friends at a distance receiving them.

The Pleasure . .

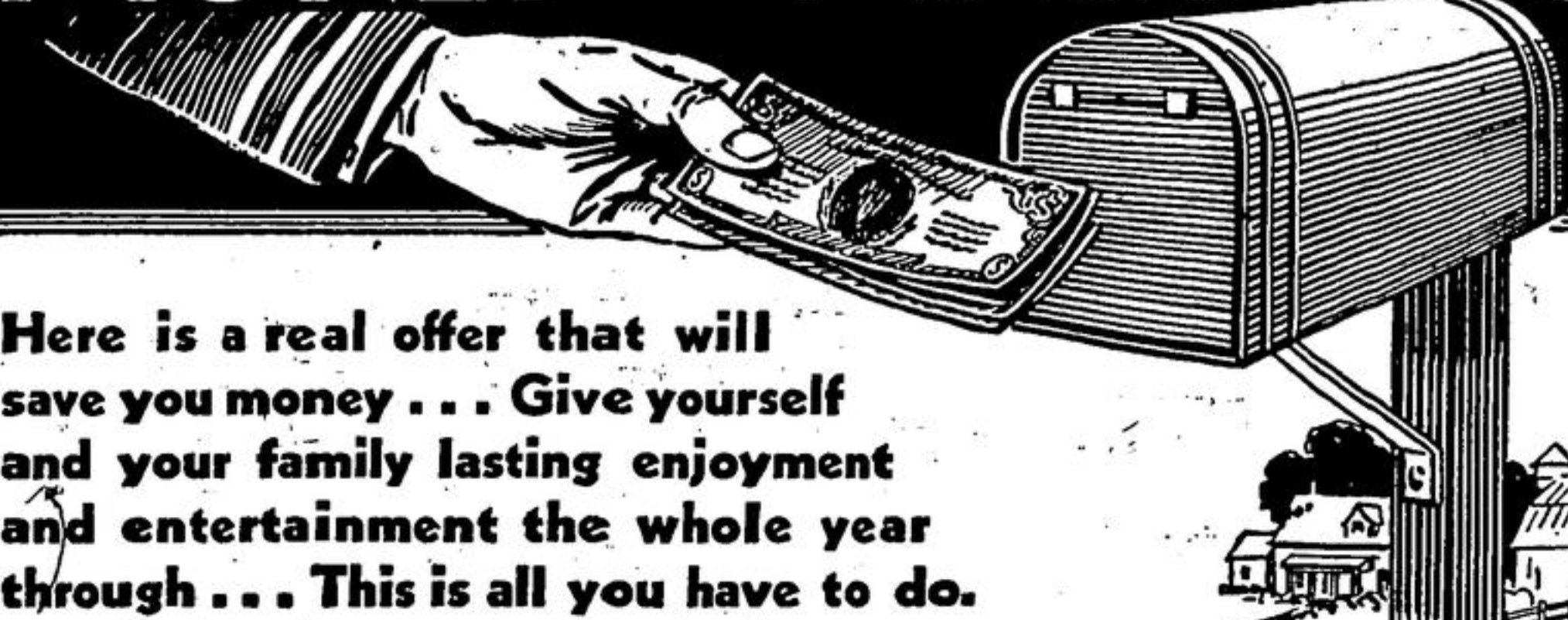
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THE ACTON FREE PRESS

ACTON, ONTARIO

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Office Hours — Acton, Tuesday and Thursday, 1.15 p. m. to 4.30 p. m. Evenings on request.

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