

MY FATHER

I like to play close by my father's den. When he is at work, and every now and then...

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE F. CLARKE

I am writing this week's article to the accompaniment of a threshing machine. Yes, the threshers are here and the machine is pounding away like a great heart...

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, October 22nd, 1914

The brickwork of Mr. T. F. Martin's new residence, on Church Street, is completed. Burlington finds it desirable now to expend another \$15,000 to extend the waterworks system.

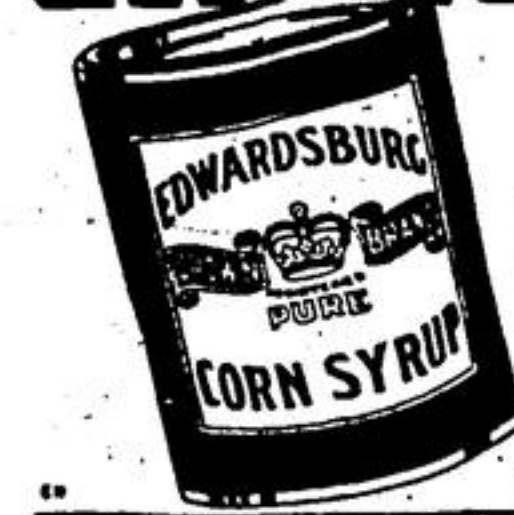
SLAT'S DIARY BY ROSS PARQUEAR

Friday—Pa was out of yumor tonight when he came home to supper on acct. of the progress people is making he sed Ma ast him what was the matter and he sed That it use to be the oney thing that old rags was good for was to make Paper but now days they are using them to make Segars with.

GOOD ROADS TO NATIONAL PARKS

Three of Canada's greatest national parks, with an area exceeding 7,000 square miles, lie along the eastern slopes of the Rocky Mountains in the province of Alberta. Every effort is being made to maintain these parks in the beauty with which nature endowed them.

EDWARDSBURG CROWN BRAND CORN SYRUP



The famous energy-producing sweet—an easily digested food invaluable for infants, growing children, and enjoyed by the whole family.

A product of The Canada Starch Co., Limited

J. W. JONES RED & WHITE GROCERY

QUALITY GROCERIES — FRUIT — VEGETABLES

At this Home-Owned Independent Market you will find Quality, Variety and Freshness. It has and Always will be Our Aim to Serve Only the Best Quality Foods at All Times—and Our Prices are in Keeping with the Times

ACTON, ONT. Prompt Deliveries PHONE 26

RICH RED BLOOD is what You need

Take C. C. & B. Tonic Tablets For Health--Strength--Vigor

HAVE YOU STOMACH TROUBLE? Have you Stomach Pain, Belching, Headache, Heartburn, Bloating, Gas, Spitting of Mucus, Craving, Empty Feeling, Lump in Stomach, Food Stagnation, or After Eating, Costed Tongue, Sour Mouth and Indigestion? When caused by a run-down condition you need C. C. & B. Tonic Tablets, and at once. They will build up the system and thus relieve you quickly and permanently, improve appetite, digestion and general health.

THE BLOOD Pimples, Blackheads, Sores, Blisters, Pale, Eczema, Malaria, Chills, Feverish, Run Down, Debilitated, Weak, Emaciated, or Feet Numb, Lack Energy, Strength, Ambition? You need C. C. & B. Tonic Tablets. They, by reason of their tonic effects, help to restore strength and fibre to the blood, so it will furnish nourishment to the whole body. C. C. & B. Tonic Tablets contain Yeast, Iron and Extract of God Liver—three great tonics in one.

THE NERVES Nervous Debility, Weakness, Jerking, Jumping, Excitable, Tired, Worn Out, Feet Like Paving When Eyes Closed and Feet Together, Restless at Night, Poor Memory, Melancholy, Despondent, Wake Up Unrefreshed, Weak Trembling, Dizzy, Fainting Spells, Hands or Feet Numb, Lack Energy, Strength, Ambition? You need C. C. & B. Tonic Tablets. They, by reason of their tonic effects, help to restore nerve tissue to normal condition steady the nerves, banish the blues, make you feel full of life, vigor, ambition, and many years younger.

THINNESS Under Weight, Hollow Cheeks, Flat Chest, Scrawny Neck, Dyspepsia, This Blood, C. C. & B. Tonic Tablets help to build you up in every way. They will thereby improve your appearance.

REGAIN LOST PEP AND VITALITY C. C. & B. Tonic Tablets act directly through the stomach, enriching the blood, building up the nervous system, generate vitality, create nerve force, restore full strength, pep and vigor—so you can enjoy life's pleasures to the full.

C. C. & B. TONIC TABLETS are for sale at all Drug Stores. Go to your druggist today and order a supply. It means the beginning of a new life for you—opening the door to a brighter world and happier existence. The tablets are inexpensive. The prices are 50c and \$1. Three \$1.00 Boxes for \$2.50. GET C. C. & B. TONIC TABLETS AT BROWN'S DRUG STORE

Advertising is Good for Us!

That dusty picture of an optimist and a pessimist—the optimist seeing the doughnut and the pessimist the hole—is just a way of describing most of us: some of us habitually look on the bright side of things; others of us on the dark side.

Advertising is news and information, and who shall say that it is wrong to communicate news and information? It would be a pretty dull world, full of dull people, if there ceased to be a dissemination of news and information.

In all ages and in all countries, those giving out news and information have attracted to themselves attentive audiences; and this is as true to-day as it was 1,000, 2,000, 3,000 years ago.

What stores are busiest? Is it not those stores which give out most information about what they have to sell? The public is daily spending money—probably \$2 a day for every man, woman and child in the trading area covered by the circulation of our newspaper—or, say, \$2,000 for every 1,000 persons. So you can calculate for yourself—you, a retailer, what is spent daily in our own community for food and shelter and clothing, and for all the other things.

TIME TABLES

Table with columns for 'CANADIAN NATIONAL RAILWAYS', 'AT ACTON', 'Going East', 'Going West', and 'STANDARD TIME'. It lists train schedules for various routes.

TRAVEL BY BUS

Table showing bus routes and times. Columns include 'Westbound' and 'Eastbound' with corresponding times for various days.

ARROW

W. T. PATTERSON R. O. (TRAIT OPTICAL CO.) Leading Optometrists of Guelph 110 Wyndham St. - Phone 2108 Quality - Accuracy - Service

Savage & Co.

- WATCHES
DIAMONDS
CHINA
GLASSWARE
WEDDING
AND
ENGAGEMENT
RINGS
GUELPH, ONTARIO
21 Wyndham St.

NEW BUSINESS

PRINTED salesmanship will attract new business to take the place of the old that you are losing. Get our prices on printing.

THE ACTON FREE PRESS



It's after supper now—the wreckage has been cleared away, dishes washed, table restored to its proper size, all of course with the help of my big girl and boy. Partner, with eyes redened and bloodshot, has gone out to milk his cows, and I am just trying to keep awake long enough to finish this article.

Well, it's Monday now, and last week's chronicle has spread itself over into this week, because, with the best intentions in the world, I found I simply couldn't write another word. Of course it is nearly as bad to-day, because we had the threshers here until three o'clock. Daughter wanted to stay home to help me, a neighbor also phoned to offer assistance, but I thought I could manage alone.

I believe it is nervousness that makes farm women think threshing is such a terrible ordeal. Nervousness and too much fussing! Personally I am rather fond of experimenting and I believe the whole trouble lies in that last minute rush. Avoid that and the battle is half won. My way may not be everybody's way, but perhaps some women working alone might be interested in my method and perhaps find one or two helpful hints.

Slicing meat, making and pouring tea, making gravy, dishing up vegetables—these are the things that apparently need doing all at once—which is quite impossible for one pair of hands.

About 11.15 or 5.15, as the case may be, I start dishing up. Meat—cut in slices, place on two platters, cover with wax paper or canapar to keep meat from drying out and put in warm place. Gravy—thicken in roasting pan, then pour into small kettle until needed, when it can be poured into tureens much more quickly. Tea—make one pot of very strong tea, and, after about ten minutes, pour through wire strainer into an aluminum pail or kettle. Add water until the right strength. This way the tea never gets rank and can be poured quickly into large tea-pot or pitcher for serving. Instead of having cups and saucers on side table waiting to be filled I put them at each place at the dining table and then, just before the machine stops, go round with my big pot and fill up the cups, as I find men prefer tea that has cooled off a little.

Potatoes and other vegetables—Drain, wash and leave to cool in standing on asbestos mat at the side of the stove.

So that's that—now I must go down to the barn and help Partner with the separating. And then to bed. And I shall not be counting sheep to-night—of that I am certain!

Many mothers have reason to bless Mother Graves' Worm Exterminator, because it has relieved the little ones of suffering and made them healthy.

TOURIST TRAFFIC GAINS

Automobile tourists entering Canada during the period from April 1st to August 10th showed an increase of 17,910 cars over the same period of last year. One of the features of this year's tourist travel is the increased number of automobiles from the United States entered under the long touring permit obtained 60-day permits at the leading ports of entry as compared with 259,827 last year. More than 71 per cent of this traffic entered through the ports of Fort Erie, Niagara Falls, and Windsor, Ontario. At Fort Erie 62,220 60-day permits were issued, an increase of 5,520 over the corresponding period of 1933. United States cars entered for shorter stays numbered 332,330 as compared with 318,135, an increase of 14,195. Permits issued for Canadian cars leaving Canada totalled 25,925 as against 24,793 an increase of 1,132. At Niagara Falls, 60-day tourist permits issued numbered 56,306, an increase of 5,361 over last year. Automobiles inwards and outwards numbered 684,653 as compared with 678,298, an increase of 6,355. This increase was due entirely to Canadian cars whose total jumped by 14,501 while the total number of United States cars dropped by 8,346. At Windsor 72,983 of the 60-day permits were issued, an increase of 1,213 over the corresponding period 1933. Vehicles of all kinds inwards totalled 389,565, and those outwards numbered 382,344.

Many tourists come to Niagara Falls by train, the total in July reaching 12,576. This compares with 6,389 persons arriving by train in July last year. On Sunday, August 12th, a single excursion comprising twelve trains, from points in Delaware and West Virginia, brought 10,660 visitors, while over a thousand others arrived on various tours in the afternoon.

AHEAD OF TIME

Being on time is a very important matter; being ahead of time is questionable. It is true that in order to be on time always, you must make a generous allowance; but it is easy to let the ambition to be ahead of time go to absurd lengths. Some people are so afraid of missing a train that they sit for three-quarters of an hour in the station before the gates are open. Every hostess dreads the guests who arrive before she has the table set.

If you have an appointment for a certain hour, take time enough to be sure you will arrive punctually. If the time of other people is too precious for you to waste by coming late, however, your own time is too precious to waste by coming unreasonably early. On time does not mean ahead of time.

We never perceive our sins till we begin to cure them.—Fenelon.

BABY'S UPSET STOMACH Relieved!

Often in hot weather and occasionally at other times, little stomachs turn sour and acid. "When I notice any sign of sick stomach," says Mrs. J. Alphonse Brown, Bayville, P.E.I., "I always give a Baby's Own Tablets." They quickly set things right, are very easy to take and quite safe. All common ailments of childhood including teething are promptly relieved with Baby's Own Tablets. 25c a package at drug stores.

BABY'S OWN TABLETS

Persian Balm the creator and preserver of beautiful complexions. Tonic in effect and wonderfully stimulating. Safeguards and beautifies the most delicate-textured skins. Cools and relieves all skin flushed or irritated by weather conditions. Magical in results. A little gentle rubbing and a youth freshness and daintiness is instantly created. Invaluable for softening the hands and making them flawlessly white. Truly the perfect toilet requisite for the woman who cares.

BUTTER FROM CANADA'S PRAIRIES

An analysis of the operations of approximately 100 creameries in Canada's Prairie Provinces—Manitoba, Saskatchewan, and Alberta—is being undertaken by the Dominion Department of Agriculture in co-operation with the agriculture departments of the provinces concerned. Creameries have been selected in the three provinces in proportion to the total number of creameries operating and the total volume of butter made. The primary purpose of the study is to provide information that will assist creamery operators to increase the efficiency of their plants. Factors affecting costs, management policies, methods of financing, sales policies, and other matters will be given consideration.

While the Prairie Provinces of Canada are famous throughout the world for the quantity and quality of the wheat grown on their fertile plains, they are also important for their production of dairy products, and in 1933 contributed 105,851,200 pounds, or over 32 per cent, of Canada's total butter make. Prairie creameries accounted for 62,626,200 of this production, the balance being dairy butter.

In common with wheat, butter produced in the Prairie Provinces is second to none in quality. Western Canada creameries scored heavily at the Canadian National Exhibition in Toronto this year when a Manitoba creamery won the silver cup for the highest scoring creamery/butter exhibited. Ten Manitoba creameries and one from Saskatchewan were included in the first prize group for salted butter in a 1-pound box, and in the class for salted butter in a 56-pound box, Manitoba had 28 entries of which 27 obtained prizes.

HIS WORRY

Target: "Hang it, man! If your car has been stolen, why don't you communicate with the police?" Target: "I'm not worrying about the car. I'm wondering how they got the thing to go!"

"The big reasons for hard times are bad characters and bad debts."—Roger W. Babson.