

THURSDAY, MARCH 15th, 1924

DADDY! I would rather be the daddy of a young, laughing crew...

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, March 15th, 1914

BOEN DAVIS—At Mitchell, on Tuesday, March 17th, to Mr. and Mrs. Harold Davis, a daughter.

DEED WILDS—At the home of her son-in-law, David Williamson, Acton, on March 16th, Mary Ann VanVlack, widow of the late Thomas Wilds, aged 88 years.

RECIPES FOR ST. PATRICK'S DAY

St. Patrick's Day is in the offing. Spring is just around the corner. Many hostesses are searching for suggestions for the annual St. Patrick's Day party where a touch of Shamrock is in order and green is by all means the most popular color.

SHAMROCK SALAD On individual salad plates, covered with shredded lettuce, arrange 3 orange slices in shamrock pattern. Centre each orange slice with 3 slices of stuffed olives, also arranged to form a shamrock. Top with a spoonful of mayonnaise.

GREEN-FROSTED CAKES 2 egg yolks, beaten 1/4 cup orange juice 1 tablespoon lemon juice 1/2 cup sugar 1/2 teaspoon grated orange rind 2 egg whites, stiffly beaten 1 cup flour, sifted with 1/2 teaspoon soda

Beat well: egg yolks, fruit juices, sugar and rind. Add egg whites; fold in flour and soda. Bake in shallow pan, in moderate oven (325 degrees F.) for 20 minutes.

For Icing—Cream together thoroughly: 3 tablespoons butter, 2 cups powdered sugar, 2 tablespoons orange juice, 2 tablespoons lemon juice, 1 teaspoon grated orange rind. Use more juice or sugar as needed for proper consistency and add green vegetable coloring to make a light green shade.

EXPERIENCED

Merchant—"Are you married?" Applicant—"No." Merchant—"Then I'm afraid the salary would look small to you."

Canadian Cooking School

(Continued from Page Three)

Ingredients for True Sponge 4 eggs, 1/2 cup sugar, 1/2 teaspoon lemon rind, 1/2 teaspoon lemon juice, 2-3 cup pastry flour or 9 1/2 tablespoons hard wheat flour, 1-5 teaspoon salt. Follow directions for putting batter together.

Variations: Chocolate—Melt 1 square chocolate, stir carefully into the yolk-and-sugar mixture before folding in the egg whites. Omit lemon juice and rind.

Spiced Sponge Cake—Sift 1/2 teaspoon cinnamon, 1/2 teaspoon nutmeg, 1-8 teaspoon each clove and allspice, with the flour. Omit the lemon juice and rind.

To Mix White Sponge Cake (Angel Food) Since no yolks are used, all of the sifted sugar is gradually beaten into the stiffly beaten egg whites, salt and cream of tartar; the other dry ingredients, sifted 3 times, are folded in gradually; the flavoring is folded in with last measure of flour.

Ingredients for White Sponge or Angel Cake 1/2 cup egg whites (6 to 7 eggs); 1/2 teaspoon cream of tartar, 1-8 teaspoon salt, 1/2 cup fruit or fine granulated sugar, 1/2 cup pastry flour or 1 1/2 tablespoons hard wheat flour, 2 1/4 tablespoons cornstarch, 1/2 teaspoon vanilla.

Variations: Spiced Angel Cake—With the flour sift 1/2 teaspoon cinnamon, 1/2 teaspoon nutmeg, 1-8 teaspoon each clove and allspice; complete as Angel Food. Frost with white confectioners' icing, and dust over the top a little cinnamon.

Angel Nut Cake—Fold in 1/2 cup very finely chopped walnuts, blanched almonds, Brazil or filberts with last measure of flour. Complete as Angel Food.

Fruited Angel Cake—Fold in 1/2 cup washed, dried currants with the last measure of flour. Complete as Angel Food.

Baking a Sponge Cake

The rules are exactly the same as for baking butter cakes, but oven temperature is lower and must be very carefully watched, as too much heat will ruin a sponge mixture. A true yellow or white sponge is baked in a slow oven, 300 degrees F., 60 minutes or longer, according to depth.

The tests for complete baking are the same.

Care of Sponge After Baking Do not remove cake from pan, but turn it upside down over cooling rack and let cake hang suspended in the pan until cold; protect from draughts. When cold, loosen cake with spatula or knife and shake out gently.

MOCK SPONGES AND ROLLS

A more economical sponge cake than the one wet entirely with eggs, replaces part of the eggs with other liquid, 2 tablespoons for each egg; and 1/2 teaspoon baking powder or its equivalent is used to replace the leavening power of each egg.

These cakes are put together a little differently from the two true sponge cakes.

To Make Mock Sponges

- 1. Line pans with greased paper, if for jelly roll; grease and flour, otherwise, as for butter cakes. 2. Separate whites from yolks of eggs. 3. Beat yolks till thick and lemon-colored. 4. Put aside two tablespoons sugar for each egg white, then gradually beat remainder of measured sugar into yolks. 5. Slowly stir liquid into yolks and sugar, combining well. 6. Beat whites till stiff, but not dry, and gradually beat in sugar reserved for them. 7. Fold whites into yolks with as few strokes as possible—just enough so that no white shows separately. 8. Sift flour, measure it and resift with salt. 9. Sift and fold flour gradually into egg mixture. 10. Sift in baking powder with last measure of flour. 11. Turn into prepared pans, and bake as directed—in the special directions for a recipe, or in those for true sponge cakes. Temperature is higher, however—325 to 350 degrees F.

JELLY ROLL

True or mock sponge mixtures may be used for jelly roll. Bake in a shallow layer. Immediately after taking from oven, remove roll from pan on paper, or damp towel; trim off all crusty edges, spread with filling and roll up at once, while still warm (if allowed to cool, cake would "break" when rolled). Wrap in a damp towel. If baked in lined tins, invert on a damp towel, pull off paper, trim, spread and roll.

Fillings include any of cake fillings or frostings, jelly or jam, thickened fruit juices, thick fruit purees—with additions of nuts, etc., when desirable.

Ingredients for Mock Sponge or Jelly Roll

3 eggs, 1 cup sugar, 6 tablespoons hot water, 1 cup pastry flour or 1/2 cup hard wheat flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 1/2 teaspoon vanilla. Put together according to instructions for Mock Sponge or Jelly Roll.

And that just makes a good start on the fascinating subject of cake-making. But in the Easy-Way Cake Book, you will find big cakes, little cakes, rich cakes, cheap cakes—but all such good cakes! Have you secured your copy?

HELPING TO FILL IN

She—"Does he belong to the 400?" He—"Yes, he's one of the others."

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE F. CLARKE

Ever since I have been in Canada I have had a meek fancy that it would be nice to have a taste of pioneer life. I have thought how nice it would be if Partner and I could settle somewhere at the "back of beyond"—in the primitive life, hunt and fish and shoot for our living—that is supposing we hadn't any children—but since we have, I am afraid pioneer spirit would not be quite strong enough—primitive life for man and woman may be one long adventure, but primitive life with growing children would be a different matter and doesn't quite appeal to me. One gets so used to the conveniences of modern every-day life that to be without them would spell disaster.

One really does become a slave to circumstances, as I have just recently found out. For instance, when the weather was cold—sorry, I didn't mean to remind you about that any more, but I'm afraid I must. Well then, when the weather was cold, both our indoor pumps got frozen solid. We have two of them at the sink—one soft water, the other drinking water. First of all, the soft water pump froze, and then, on that day when we had a February thaw, the hard water pump took a contrary fit and, when everything else was thawing, it froze instead, and it's been frozen ever since. Of course we have a pump outside so we are able to get water all right, but oh dear, the number of times I go to the sink is too ridiculous for anything. We have a pail of water on a stool in the pantry, and every time I want water I walk straight past the pail and over to the useless gump at the sink. And then, perhaps I need to wash my hands, and take a yank at the soft water pump, and all the response I get is a rasping sound, like the keel of a boat when she runs aground. I must have gone many extra miles these last ten days, just walking from the pail to the pump and from the pump back to the pail again, and with each vain trip my sense of exasperation grows stronger and stronger.

And it's surprising how often that water pail gets empty and at what inopportune times. Just when somebody wants a drink, there's no water in the house, and the same thing happens if I want about a cupful to mix up my pastry. And, of course, every time I make tea there is never any water left to re-fill the tea kettle. And yet somebody is always filling the water pail. One day I tried to keep count, but it was hopeless. Between what Partner and the children brought in, and what I got myself, I just about lost count after the first ten or twelve pails.

It seems to me there is always somebody carrying something around in this house. If it isn't a pail of water, it's a pail of coke, and if it isn't coke, then it's an armful of wood, and after that a pail of ashes goes out, and—since we are frugal—a half pail of cinders comes in. And at night time the children carry hot irons to bed with them; Patch the Pup sneaks the children's over-socks off the boot rack and carries them off to his box to sleep on; last night I had to put out some poison because the mice were carrying off anything I happened to leave in the pantry, and yet, with it all, Partner says the carrying we do in the house is nothing to the carrying he has to do down at the barn.

It's a great life this, and since the pumps' freezing up have caused us so much inconvenience, I am wondering if, after all, the pioneer life would have quite such a lure as I have hitherto expected it might. Pioneers certainly did their share of carrying—logs for their houses, fish, fowl and fowl for their table, syrup for their sweetness, water from the spring and grain to be ground to flour for their bread.

Yes, they carried all material things but more wonderful still, were those abstract qualities which they carried from start to finish. For, did they not carry an indomitable spirit, a tenacity of purpose, that led them always upwards and onwards and by which they were enabled to "blaze the trail for Canada's future greatness."

Isn't it now the way the days are lengthening—now if only the weather would warm up a bit, we might get something done. I suppose everyone is speculating as to whether we shall have an early or a late spring. I am looking for an early one myself. Not that I am any weather prophet, even though there have been a few robins hereabout and Partner heard a crow on the 22nd of February. No, it is not a case of prophesying. I am simply looking for an early spring because I want it to be—or, in other words—the wish is father to the deed.

Partner and I have been thinking about the pulling force of newspaper advertising is not and cannot be in controversy, but the newspaper can only carry the advertiser's message to the public. The force of the advertisement depends solely upon the advertiser. And force in advertising cannot be attained by a hasty effort to fill specified space. Care and thought are essential.

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the thought. Won't it be lovely to see green grass again, and young things growing and song birds singing? I am just longing for the first flash of the oriole's wing. There are two nests hanging from the elm tree, near the hen-house, and when I go by them on these cold, bleak mornings, I often look at them and tell myself in a few weeks' time they will be hidden by green leaves and our bright colored songsters will be with us once again.

ON THE HIGH SEAS

Flapper—"I'd like to see the captain of the ship." Rookie—"He's forward, miss." Flapper—"I don't care, this is a pleasure trip."

Wise mothers who know the virtues of "Mother Graves' Worm Exterminator" always have it at hand, because it proves its value.

BEE HIVE GOLDEN CORN SYRUP A GREAT ENERGY FOOD

If you Want to Sell---Advertise

Did You Ever Stop to Think?

By Editor R. Waite, Shawnee, Oklahoma

P. L. Smith, Publisher of the Puntutawney (Pa.) Spirit, says:

"Injudicious, hastily compiled advertisements, intended to fill contract space rather than to carry a merchandising message of real import to the public, are a little better than no advertisement at all, but only in that measure that they keep the merchandiser's name before the reading public."

"Many advertisers enter into contract with the newspapers of their community to use a specified space each week. The end of the week nears and the advertiser has used little or none of his contract space. Hastily he grabs a cut or matrix, dashes off a few platitudes and submits the result as an advertisement. The alleged advertisement doesn't pull because the advertiser put no pull into his message and both the advertiser and the newspaper suffer."

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Newspaper Advertising has Proved Its Case beyond Question. When it Fails you can Wager your last Nickel that it has not been Intelligent Advertising

TIME TABLES

CANADIAN NATIONAL RAILWAYS AT ACTON

Going East Daily, except Sunday 10.07 a.m. Daily, except Sunday 6.13 p.m. Sunday only 6.34 p.m.

Going West Daily, except Sunday 8.55 a.m. Daily, except Sunday 2.23 p.m. Daily, except Sunday 7.00 p.m. Sunday only 10.28 p.m.

TRAVEL BY BUS

Eastbound Daily, except Sunday 7.00 a.m. Daily 10.05 a.m. Daily 1.00 p.m. Daily 4.15 p.m. Daily 6.40 p.m. Daily 9.00 p.m.

Westbound Daily 9.45 a.m. Daily, except Saturday 12.45 p.m. Daily 2.15 p.m. Daily 5.15 p.m. Daily 7.15 p.m. Daily 9.45 p.m. Special Saturdays only Saturdays, Sundays and Holidays Only 12.15 a.m.



Savage & Co.

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