

WEDNESDAY, MARCH 1, 1934

OUR FOWN

We think we have the best small town... Although no better fells are here...

Of course some fellow now and then... will come across the mat...

But what we mean is simply this... The neighbors here are kind...

Canadian Cooking School

(Continued from Page Six)

double boiler, cook a few moments... (stirring) and when thickened, remove...

These Tarts - Make the superior... flaky pastry which I taught you in Lesson 4...

For the filling, beat 3 tablespoons... whipping cream until fluffy, then combine...

Partly fill cold tart shells with currant... or grape or gooseberry jam or jelly, then spread...

Cheese and Bacon Fia Wheels - Slice... fine-textured fresh bread the length...

Some of my best cheese sandwiches... and delicious canapes, not to mention other...

TWENTY YEARS AGO

From the issue of the Free Press, of Thursday, March 5, 1914

Cheer up! You'll be gardening in another month.

The maple sugar makers are preparing for the season's run of sap.

The members of the Sunshine Bible Class spent a delightful social evening at the home of Mrs. G. H. Brown's, Mill Street.

Mr. D. H. Storey reports that his team driven by John Heatley hauled into his mill yard a load of pine logs measuring 2,688 feet.

Messrs. Churchill Brothers have sold their property on Agnes Street to Mr. Robert Cross.

The big hurricane on Sunday night ushered in the month of March more vehemently than ever before.

Dr. Gray addressed the Young People of Knox Church on Monday night. The doctor gave an interesting resume of his recent trip to California.

Asthma Cannot Last when the greatest of all asthma specifics is used. Dr. J. D. Kellogg's Asthma Remedy assuredly deserves this exalted title.

ICELANDERS DEMAND LONG RUBBER BOOTS

Icelandic fishermen, who for centuries have worn a traditional kind of heavy leather boot, often fitted with a thick wooden sole, are taking to the rubber boot of Canadian origin...

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE F. CLARKE

Possibly next week we may have to use as our address, "Ginger Igloo" - it begins to look rather like it anyway...

Back once more, but what a walk! At first we were walking on the ground level, and then suddenly came up against a steep snow bank...

Half way up the lane we came to the igloo - three of them, with a tunnel behind connecting all three. They were really just splendid and of course nothing would do but I must go inside...

In the West there were no trees, so we had to burn coal, and so naturally there was no wood to cut or draw home...

Comparing the two Provinces, we have come to the conclusion that cold weather is easy enough to stand if you don't have to work too hard.

Another thing just lately has reminded me of the West, and that is the smell of fresh-baked bread. Out West, of course, I had to make my own bread all the time...

FOR THOSE FORTY DAYS OF EASTER FASTING

Those forty days of pre-Easter fasting are with us again. And this is one time when the fates seem also to be with us.

No need for monotony, either. For the housewife who thrills at a chance to try a lot of new ideas...

Eggs assume new importance during the Lenten season, perhaps in anticipation of their featured role on Easter morning.

CHEESE EGGS

- 12 eggs
2 ounces Old English cheese (creamed)
1/4 cup green pepper (finely chopped)
1/4 cup celery (finely chopped)
1/4 teaspoon salt
1/4 teaspoon pepper
1 egg (raw)
2 teaspoons water
2 cups corn flake crumbs (fine)

Hard cook eggs about 25 minutes in water just below the boiling temperature. Cover with cold water and remove shells.

Yield: 6 servings.
Cheese affords a pleasant variation of many vegetable dishes and the enhancing of their food value so that they can assume the place of the "piece of resistance" in one-dish meals.

CAULIFLOWER EN CASSEROLE

- 2 cups white sauce (medium)
1 head cauliflower (boiled)
3 cooked carrots (sliced)
1 cup peas (cooked)
1/2 lb. American cheese
2 cups corn flakes

Arrange carrots and peas around head of cauliflower in casserole dish. Cover with well seasoned white sauce.

PEANUT BUTTER LOAF

- 1 cup peanut butter
1 heaping cup corn flakes
1 1/2 cups cold water
1 egg
1 1/2 tablespoons corn starch

Sage to taste, if desired. Mix thoroughly. Put into a well greased coffee can. Cover and bake 1 1/2 hours in a moderate oven (350 degrees F.).

Douglas' Egyptian Lintment is remarkable in its quick, effective action. Relieves instantly burns, sprains, toothache and neuralgia.

CARE

She - "Billy's face is getting quite wrinkled."
He - "Sign of care."
She - "And his clothes are wrinkled, too."
He - "Sign of don't care."

home-made!" It was and I suppose that is how it should be, but I'm afraid it isn't always so.

CATARHAL DEAFNESS MAY BE OVERCOME

If you have Catarrhal Deafness or head and ear noises or are growing hard of hearing go to your druggist and get 1 ounce of Parmit (double strength) and add to it 1/4 pint of hot water and a little granulated sugar.

BEE HIVE GOLDEN CORN SYRUP A GREAT ENERGY FOOD

Free Press Ads Will Sell Your Goods Let Us Convince You

Did You Ever Stop to Think?

By Edson R. Waite, Shawnee, Oklahoma

Yandell C. Cline, Publisher of the Huntington (Ind.) Herald-Press, says:

"With advertising, as with everything else, the man who puts the most into it usually gets the most out of it. By this I do not mean most in spending, but most in Work and Thought."

"Too often the merchant regards advertising as a necessary evil. If he feels that way about it, his results will be anything but satisfactory. The newspaper cannot 'guarantee' results from advertising more than the doctor can guarantee results for his patients."

"However, the advertiser can be most certain that his results will be in about the same proportion as the thought and effort devoted to any particular advertisement or advertising campaign."

"The merchant should consider advertising as a definite and integral part of his sales organization. As he is continually striving to improve selling methods within his store, so likewise he should continually strive to improve his advertising messages."

"The man who 'dashes off' an advertisement on a piece of wrapping paper in about the same time that it takes to write a receipt for a customer can be surprised if he gets good results. He should realize that his advertisement is coming in competition with other advertising which has been carefully thought out and carefully worded."

Advertising Will do the Job Thoroughly and Completely if it is Given a Chance

FIRST NEWSPAPER IN CANADA PUBLISHED 1758

The first newspaper in Canada was the Halifax Gazette, first published in 1758, which preceded the first printing press by one year...

The spiteful tongue is often getting self-bitten.

TIME TABLES

CANADIAN NATIONAL RAILWAYS

Table with columns for 'Going East' and 'Going West' listing train routes and times between Acton and other locations.

TRAVEL BY BUS

Table with columns for 'Eastbound' and 'Westbound' listing bus routes and times between Acton and other locations.

ARROW

Savage & Co.

- WATCHES
DIAMONDS
CHINA
GLASSWARE
WEDDING AND ENGAGEMENT RINGS

GUELPH, ONTARIO 21 Wyndham St.

NEW BUSINESS

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