

CHRISTMAS LINES

To shepherds in the fields the song and glory... To Bethlehem's manger bed...

TWENTY YEARS AGO

From the issue of The Free Press of Thursday, December 25, 1915... A Merry Christmas...

BORN

McCALLUM—At Saskatoon, Sask., on Thursday, December 18, 1913, to Mr. and Mrs. Thos. K. McCallum, a daughter.

MARRIED

SIMPSON-STEWART—In Esquimaux, at the home of the bride's parents, by Rev. C. D. Draper, John Alfred Simpson of Concord, Alta., to Clara Elizabeth, daughter of John Stewart, Esq.

Worms sap the strength and undermine the vitality of the children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

WHO'S AFRAID OF THE BIG BAD EGG

Due to the system of government inspection, residents in Canada and the millions of tourists that visit the Dominion annually need have little fear of being served a bad egg in any form.

Important amendments, whereby further protection is afforded to both producers and consumers, have recently been made in the egg regulations. The new grades consist of "A-1," "A," "B," and "C," in place of "Specials," "Extras," "Firsts" and "Seconds."

Grades A-1 and A are divided respectively into three classes, large, medium, and small, and all eggs possessing the quality of Grade A may be sold in that grade irrespective of size, but the eggs of different sizes must be packed separately, with the size indicated on the container.

When the standard grades for eggs were first legalized in 1915 there were very few eggs in Canada of sufficiently good quality to be graded as Extras, and at that time the grade "Firsts" represented the best quality available in commercial quantities.

Cod liver oil has been shown to prevent rickets and promote growth in poultry, as well as improving egg production, quality of egg shells and hatchability.—Dominion Poultry Division.

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE F. CLARKE

If the truth were known, I feel rather like having a holiday this week, but there is that empty column specially reserved for me and it is waiting to be filled, and so it has to be done because personal feelings must never be allowed to interfere with one's obligations.

Even the birds of the air like to have a Christmas dinner—or so it would appear—and as a proof let me tell you what happened here yesterday. Daughter was up in the barn feeding the guinea-pigs when she heard a lot of squawking going on in the chicken house.

So you see, there is more than one way of disposing of Christmas fowls. Take my advice and if you find the market at all dull, try leaving the door of the poultry house open and see what happens!

Well, dear people, the next time I appear in print, Christmas will be over. The worst—and the best—will be over. Between now and then I hope you will get all that is good for you—no more and no less.

Another thing I hope for you is that you can't see the work piling up ahead of you as I can, for the New Year. It's just terrible. About three times a day I think of something I ought to do and I just say to myself, "Well, I'll have to leave that until after Christmas."

There are sadder hearts than yours; and comfort them, and that will comfort you.

SLAT'S DIARY BY ROSS FARQUHAR

Friday—Florence Twit told me today she believes she could make real good Biskets if she could manage to keep the sargrette ashes out of the Doe while she is mixing them up.

Saturday—Ole Mrs. Branch went to the ole Fokes home today, she had to give them all her propert, with her husband left her when he went and died a few months ago, she turned over to the ole Fokes home 200 shares of stock Mr. Branch bought in 1929 a home bureau outfit and two \$ in munney.

Sunday—Elly Mac Dougal got a Christmas Telegram message from her uncle in Scotland yesterday and he wusht her and all her fokes a Christmas and a New Year.

Tuesday—I gess Mr. Gillem is a getting to be very very absent minded. He just got back from Bermuda last nite and pa sed Mr. Gillem told him that all he cud remember about the trip was getting on the ship at New York and getting off the ship when the trip was all over.

Wednesday—Ant Emmy says she blames the modern fashions for so many wifes shooting their husbands, she says that back in the Good ole days when wimmen had a hat pin in their hair they never chot about having a gun.

Thursday—Ery Foley had her tossels removed out last nite, she garged sun stuff out of the rong bottle witch they found after word was a little stuff her pa had miked up in case they got sum Co. for the evnliv.

CHRISTMAS PUDDINGS

No one knows just how long mankind has considered pudding a necessary part of the Christmas festive board. Certain it is that early leaders of the Christian church were responsible for the widespread use of this delicate holiday time, for they told their people that the pudding was a symbol of an emblem of the offering brought to the Christ-child in the manger by the Wisemen from the East.

English tradition tells us that the famous King Arthur had a pudding made for his Round Table, and his recipe is still on record: A big pudding the king would make, And stuffed it well with plums; And in it put great lumps of fat; As big as my two thumbs.

The custom in early England was to eat the pudding before anything else, and to this day some English families persist in eating their pudding first. The old-time pudding was served with great pomp and ceremony. That and the board's head, with cherry eyes and an apple in its mouth, were brought in on a silver platter, garlanded with holly and a flame with burning candles.

Persian Balm—the perfect aid to beauty; Essential to real feminine distinction. Results always in the highest expression of beauty; Its use keeps the hands always soft and flawlessly white. Indispensable to the whole family. Imparts added charm to the mother. Serves the father as a hair fixative and cooling shaving lotion, and protects the tender skin of the child. Persian Balm is the true toilet requisite.

MISTLETOE MYSTERY

No mystery is so evasive to scientists as that of the holiday mistletoe, associated for centuries with the Christmas season. This plant is a parasite which has defeated all attempts of science to transplant it into the garden or orchard.

The mistletoe plant is of very little use to man, although it has been held in highest esteem at the Christmas season since the ancient Druids first connected it with the festival. To-day this parasite thrives in many parts of America, all the way from British Columbia to Mexico and the West Indies.

THAT CANDLE SALAD

About this time of the year editors all over the country are quite accustomed to receiving letters asking for the recipe of the famous Christmas candle salad. This salad, simple as it is, will apparently live forever.

Place a slice of canned or fresh pineapple on some crisp lettuce leaves. On the pineapple place a thick slice of seeded orange. On the centre of the orange place half a banana upright. On the peak of the banana place a red cherry or some other red fruit or berry.

For Frost Bites and Chills. Chills come from undue exposure to slush and cold and frost-bite from the icy winds of winter. In the treatment of either an excellent preparation is Dr. Thomas' Electric Oil, which relieves the inflammation and relieves the pain. The action of the oil is prompt and its application is extremely simple.

CHRISTMAS

Can anything new be said about Christmas? How many myriad words have been written about it, its cheer, its fragrance, its carols and chimes, its message and lessons! But Christmas is always welcome, always fresh and beautiful, always new.

No other day in all the year has the same charm, the same kind of joy, the same brightness. Even a rainy Christmas is delightful. The day's store of cheer is so measureless that it can conquer the gloomiest weather and fill it with glory.

But one Christmas lesson can never be repeated too often, emphasized too earnestly, applied too universally. We think of the Christ Child coming to the Bethlehem manger, of the shepherds, the angels, the Wise Men; we hear the Christmas hymn:

How silently, how silently, The wondrous gift is given! So God imparts to human hearts The blessings of His heaven.

And every earnest heart must ask itself: "Have I let Him in?" Is it wise or fair to take the charm and cheer and melody of Christmas and keep the Lord of Christmas outside my own soul's door?

Christ came to Bethlehem centuries ago in order that He might come into your heart now. The shame that there was no room for Him in the inn is nothing to the shame that there is no room for Him in your heart. "Peace on earth!" It must spread by being let into human hearts one by one. How inexpressibly and that after these many years there is still strife, and hard-heartedness and wicked bloodshed! The Prince of Peace looks at this world to which he once came and sees, as the anniversary of His birth draws near again, that leagues upon leagues of its ground are drenched in the blood of battle. Millions of souls do not yet even know about Him. Millions who know about Him are not spreading His message of peace. Millions who know about Him do not know Him personally.

TIME TABLES

CANADIAN NATIONAL RAILWAYS AT ACTON

Going East: Daily, except Sunday, 10.07 a.m.; Daily, except Sunday, 6.12 p.m.; Sunday only, 6.34 p.m.

Going West: Daily, except Sunday, 8.55 a.m.; Daily, except Sunday, 2.23 p.m.; Daily, except Sunday, 7.00 p.m.; Sunday only, 10.28 a.m.

TRAVEL BY BUS

Eastbound: Daily, except Sunday, 7.00 a.m.; Daily, 10.05 a.m.; Daily, 1.00 p.m.; Daily, 4.15 p.m.; Daily, 6.40 p.m.; Daily, 9.00 p.m.

Westbound: Daily, 9.45 a.m.; Daily, except Saturday, 12.45 p.m.; Daily, 2.15 p.m.; Daily, 5.15 p.m.; Daily, 7.15 p.m.; Daily, 10.45 p.m.; Special—Saturdays only, 3.15 p.m.; Saturdays, Sundays and Holidays Only, 12.15 a.m.

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