WHAT HAVE WE DONE TO-DAY?

We shall do much in the years to come, But what have we done to-day? We shall give our gold in a princely sum, But what did we give to-day?

We shall lift the heart and dry the tear. We shall plant a hope in the place of We shall speak with words of love and But what have we done to-day?

## Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

By Betty Barclay

DELICIOUS BREAKFAST DISHES

Here are two recipes for breakfast that fit nicely into winter mornings with their pencakes, waffles and muffins. Best well as good: . .

#### STEWED APRICOTS

Wash dried apricots. Measure before putting on to cook, as the amount of sikar to be added later depends on the sugar, using one-fourth cup for each one, especially roustabouts. oup of apricots. Serve cold.

PRUNE JUICE

Boll prunes one hour in water to cover, replenishing the water if necesmry: drain. To prune liquid add 3 tablespoons sugar for each cup of prunes odoked heat to dissolve, and return Mould to prunes until ready to use. Serve cold in fruit juice glasses with a slice ef lemon, if desired.

#### CHILDREN'S DELIGHT

- 1 tablet for junket 1 pint milk
- 1 teaspoon vanilla flavoring
- 1 tablespoon cocos . 3 tablespoons honey
- 14 cup heavy cream

Crisp rice, corn or wheat flakes Mix honey and cocoa to a smooth maste. Heat slowly to boiling, stirring constantly. Let boil one minute, conthuting to stir. Dissolve tablet for junket in 1 tablespoon cold water. Warm milk to lukewarm (110 degrees F.). Add vanilla flavoring, honey and cocoa mixthre to lukewarm milk. Mix well. Add dissolved tablet for junket. Stir quickly for a few seconds. Pour at once into dessert glasses. Let stand until firm. then chill in refrigerator. Serve in same glasses topped with honeyed whipped cream and cereal flakes. Allow 1% tableappoons strained honey to each cup of whipped cream. Add 1 cup crisp flakes and mix well. Garnish top with fiakes also. The cereal should not be added until serving time.

#### FRUIT SHERRERA (Makes 2 quarts)

- 14 cup orange juice
- 14 cup lemon fuice
- 21/2 cups sugar 1 quart milk

1 cup any one of following fruits: Crushed strawberries, crushed raspberries, apricot pulp, mashed peaches, mashed bananas, apple sauce

Mix and freeze. If mixture curdles will freeze smooth again.

> ORANGE NUT WHIP (Berves · 6-8)

cup whipping cream

1 cup peanut brittle rolled fine (3 oz. 1 cup orange pieces

peanut brittle and orange pieces. Serve flew open. very cold.

This dessert may be made in the iceless refrigerator. Freeze orange pieces with 1/2 cup sugar to a mush. Fold in cream and peanut brittle. Let stand till Frozen again but no longer. Serve.

## ORANGE WALDORF SALAD

- (Serves 12) 1 quart diced apples
- 2 tablespoons lemon juice 1 cup diced celery
- 2 cups diced oranges 1/2 cup raisins
- 1 cup mayonnaise
- 11/2 heads lettuce

Marinate diced apples with lemon fuice. Combine apples, celery, orange, raisins and mayonnaise. Arrange on lettuce.

#### WINTER GARDEN SALAD (Serves 10)

- 1 cup broken nut meats '
- 3 cups diced oranges 114 cups diced grapefruit
- 2 cups diced apples

1 1/2 cups sliced bananas Lettuce

French dressing or mayonnaise Cut the fruit in pieces of about the same size. Mix well, adding nuts .just before serving. Arrange in lettuce cups and serve with either French dressing or mayonnaise as preferred.

Certain morbid conditions must exist in the stomach and intestines to encourage worms, and they will exist as long as these morbid conditions permit them to. To be rid of them and spare the child suffering, use Miller's Worm Powders. They will correct the digesworms, conditions favorable to worms will disappear, and the child will have

# **Another Short Story**

The "Roustabout"

the break of the break and be about the break of the

HERBERT F. COOLIDGE

OU can't tell how far a will jump by the size of speckles," remarked Thompson, the cattle-buyer. "And what is more, you never can tell what a man will do till you see him in action.

"My first winter away from home worked in a slaughter-house near Los Angeles. Foreman Prout, an old friend of my father, was strictly business an flerce worker; Schmidt, the journey man butcher, was a friend of no man of all, these dishes are good for you as himself least of all. There were no feather-bed berths in the establishmen We roustabouts, Antone and I had to step more than lively.

"Arttone had the hardest time of chiefly because he was a Mexican. Prout had an idea that only white people water, bring to the boiling point and particularly Americans, had the right to boil gently for 40 minutes. During the live, anyway. Schmidt naturally didn't last five minutes of cooking add the like Antone because he disliked every

an old enemy of my family, tied me with legs drawn just out of reach, kicked crease the grain. hand and foot. I was as helpless as an the steer's horn tips, dabbed at his upinfant, and to pass the time away I got turned muszle, all the while calling inmy landlord and his brother to wheel me sultingly: over to the slaughter-house, and put me the boys work.

There were extra orders for Christmas trade. The crew was shorthanded by one roustabout, and not particularly cheerful.

"Aptone drove a whale of a steer into the chute. He was a tremendous fellow and a tirer for flerceness. Schmidt noosed him swiftly, and he and Antone hurried across the room to their places at the windless.

"The windlass rope passed through ring in the floor to the steer's horns. The system at that establishment was to draw the animal's head down to this ring, thus facilitating a painless death-

"Prout turned to unlasten the gate that opened from the chute. "'Is that ring solid?' asked Schmidt, with his usual ugly scowl. Because if it

"'It's ten chances to one the ring pulls out!' snapped Prout, who was sarcastic when very busy. 'It always does.'

"With a flourish of horns and a roar like a lion the steer left the chute. The windlass men swiftly wound up slack, bracing themselves in time catch him as he reached the end of the

"The steer came up with a jerk, gave a tremendous flounder, and-the ring pulled out. The punky wood from the rotten joist flew to the ceiling.

"Down went the steer on the slippery floor: but he was up like a flash, and charged for Schmidt, giving him a very close call as he pulled himself up on a cross-brace above the windlass.

"The steer was king of the place now and a more angry brute never trod the floor of a slaughter-house. The treed butchers were in somewhat of a rage themselves, as a half-hour delay in the rush before Christmas, when they were

his horns and rolling his eyes at Schmidt and Antone, and making the slivers fly with his pawing. Then there came a scamper of feet from outside, and the Whip cream and fold in powdered door at the other end of the building

"Shut the door!' All four of us howl-

and dazed braced himself against it.

"The steer, attracted by the flash of awkwardiy about ten feet from him. up; but above the clatter of hoofs and tickets. To his surprise they were for a

the whir of the unwinding windlass his performance that same evening at an voice rose cheerfully reassuringly, 'Shut uptown theatre. the door from the outside, son! That's right! Good-by!'

Schmidt, who feared nothing, sprang for the windless, but was caught by the spinning iron crank and hurled against the wall. He dropped to the floor, a limp heap. By this time the steer was half-way down the long building, and Prout had crowled a few feet toward the

foot of the ladder. I shut my eyes\_\_ "Antone must have moved like double-geared and double-jointed acrobat, for only a moment later the loose rattling of the windlass bearings steadled to a jarring; grinding purr, and there was the low snapping of straining hemr "Then I saw Antone surging on a rope which was tied to a cross-brace and passed twice round the barrel of the windlass. The steer, his horns low to the floor, and stretching the rope as taut as a diddle-string, staggered heavily round.

On ahead of him, rolling over and over, Prout sought to postpone death. feeble retreat of his victim, the steer fought to reach him. But every ouward lunge made the coils of Antone's brake-ropes wedge more tightly;

slowly, then stopped. evaded a savege sweep of the steer's be, a chance kindness.

horns and rolled to a place of comparative safety.

"Then the animal got a fore leg afoul the rope and threw himself. For a moment it seemed certain that he would tangle and stay down; but no such luck. Up he came with a mort and a bellow, nd catching sight of Antone at the windlass, charged him.

barrel of the windlass and faced about, fearless determination.

faster and faster.

animal defiantly. the steer would get him sure. Then at |.

jarred the whole building. "'S-s-s-s-tah-h-h-h-h! a kick at the upraised muzzle.

"I saw the method of his madness

then. He was baiting the beast to draw

his attention from Schmidt. have been all over with the roustabout, of the flock. If the hirds are mutth

to offend cattle. at the favorable cracks.

"Somebody get a gun! shoot him!' they clamored

they would be about it. "Antone was getting chalky round the corners of his mouth, and he handled his legs so groggily that I again began fully to avoid mechanical injuries. to think the steer would surely get him. earth floor basement under a dwelling Spanish, and shifting my gaze, saw Alvitro, our vaquero. He was dancing in tant and a temperature of 34 degrees

"Antone hooked his legs over the crosspiece and hung at rest while the steer | moist storage space, while onions do best charged the new tormentor. Alvitro darted back into the chute, and while he Store Farm Machinery for Winter Repair. balted the steer from the top of the barrier, Antone leaped down, sped across the floor, and slammed and fastened the

red bandana, scornfully.

mitted to go by default that year; but all frame bolts; clean and wash the the soreness of our defeat was forgotten bearings with coal oil or gasoline; overbefore Prout could use his thrown-out haul and straighten all bent member knee and Schmidt recovered from a doubly broken arm and bruises almost cutting edges and apply a coat of paint innumerable. When the crowd finally got into harness again, nothing in that sures against breakdowns, loss and anslaughter-house or in that end of town novance in rush seasons. was too good for the roustabout Antone."

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## THE LAW OF KINDNESS

women's wear shops, left his office late ed the words in tones of unrighteous in- one afternoon and was about to enter his car, when he looked down and saw a "Tommy, Prout's six-year-old boy, shut | wallet lying on the sidewalk. In it were the door-from the inside and scared a dollar bill, two theatre tickets, and a driver's license, identifying the purse.

The man noticed that the address on light, wheeled, and all quivering for the license was in the poorer part of charge, searched the room for something the town and a considerable distance moving. Prout had climbed the left lad- from where he was at the time. He der, and without stopping to descend, made a mental note to send the wallet made a flying leap for the boy, landing by a messenger to its owner in the morning, and was about to put the thing in "Instantly the steer charged at him his pocket when something caused him Prout did not, evidently could not, get to look more closely than before at the

Imagining the dismay of the loser and visioning a couple who would lose a rare treat at losing the tickets, the man obeyed a sudden impulse and drove directly to the address.

He knocked on the door of a smail house, and was admitted by a slender, gentlemanly appearing man of middle age. who was so overloyed to get the tickets that he could hardly speak.

"Mister," he finally was able to say, if you only knew how much this means to me. Those tickets are for me and my sister. She's been with me here with her four children, waiting for a break that it seems won't come, that's all. She loves music, and I thought if I took her to this show, it might make her feel better. She's a topnotch designer. Used to be with one of the women's Weakness and Urethral Irritation, caus-

At this point a door opened and a gentle, brown-eyed woman entered the "As though doubly enraged by the room. She stopped, at seeing a stranger. "Oh, that's my sister."

An introduction followed. The business man noted from her the pain and misery of burning Urethral conversation that she was an expert windless barrel revolved more and more designer. He needed just such a worker; Pleasant, Inexpensive—and supplied by and it is pleasant to add that a mutual all good druggists on a gus

DOMINION EXPERIMENTAL FARMS

Weekly News Letter

Wintering the Brood Sow The brood sow deserves her fair share "Schmidt still lay piled up against of winter accommodation. A pen that the wall. But this time I did not shut is well bedded, dry, and free from my eyes. I felt sure that Antone would draughts is essential. Place the feed do something. He looked equal to any trough some distance away so that she occasion as he lesped lightly upon the is forced to exercise outdoors daily. Eradicate lice and round worms; there his heavy Indian features aglow with is no market for them. Feed a mixture of grains to maintain the sow in fair "On came the steer at a mad gallop, flesh, but use barley sparingly unless the sow is very thin. Provide clover or "'8-s-s-tah-h-h-h!' taunted Antone; alfalfa hay to be eaten at will. Be kind and he shook a rubber-booted foot at the to the sow, but not "too kind," or weak,

unthrifty pigs will result. "I thought the boy was mad. I thought | Keeping Up the Winter Egg Production There should be a laying mash in the last possible second he leaped, hoppers before the flock at all times, caught the overhead cross-brace, and also hoppers to grit, oyster shell and swung his legs out of reach. The steer charcoal. Water must be continuously struck the windless with a crash that supplied, and when possible, milk. For green feed, well cured second cut alfalfa Vaca! hay chopped and steeped is excellent. Vacal' Antone followed the insult with In addition, advises the Dominion Poultry Husbandman, give a light feed of scratch grain in the morning and a fu feed at night, in the proportion of about 2 of scratch to 1 of mash, the amount "Cattle don't climb trees, or it would being varied according to the condition I never saw such crazy horning to reach too much weight, reduce the scratch "Just before Christmas, rheumatism, high places as when Antone, hanging feed. If they are losing body weight, in-

Cod Liver Olls for Stock and Poultry

Feeding The use of fish oils, especially cod liver "S-s-s-s-s-tah-ah-h! Vaca! Va- oil, for stock and poultry feeding, to add on a raised platform, where I could watch | ca!' No one but a Mexican knows how to the supply of vitamins, has become common practice. From the Chemistry "But this was pretty violent exercise, Division of the Dominion Experimental and Antone was getting winded. Out- Farms comes the warning that unfortunside, a number of boys and men crowded ately there are on the market not only oils which are low in vitamins but also Somebody many which are highly rancid and dangerous. Oils of doubtful quality should "We had no way of knowing how long be chemically tested before use.

Storing Vegetables for Winter Select well grown, disease free un blemished material and handle it care-"Then I heard some swift words in house or a regular root cellar may be used. Proper ventilation is very importhe open door of the chute, waving a Pahrenheit should be maintained. The beet, cabbage, carrot, celery, parsnip potato and turnip require dark, slightly under dry, cold, dark conditions.

Place all farm equipment under cover at this time of year, but store it with a view to convenience in removing to repair during the winter. In repairing "The Christmas rush had to be per- inspect all the field machinery; tighten replace unserviceable parts; sharpen all where required. Winter repairing in-

Douglas' Egyptian Liniment should be in every household. Stops bleeding at once, cauterizes wounds and prevents blood poisoning. Keeps away inflamma-

## HE WAITED IN VAIN

sauntered up and remarked very kindly: "I've been waiting a long time to see you, lady. What's your name?"

She smiled her sweetest, and as she put her foot on the starter, replied: "It wouldn't do you any good if I told you. You look like a nice boy, but my husband is about twice your size and

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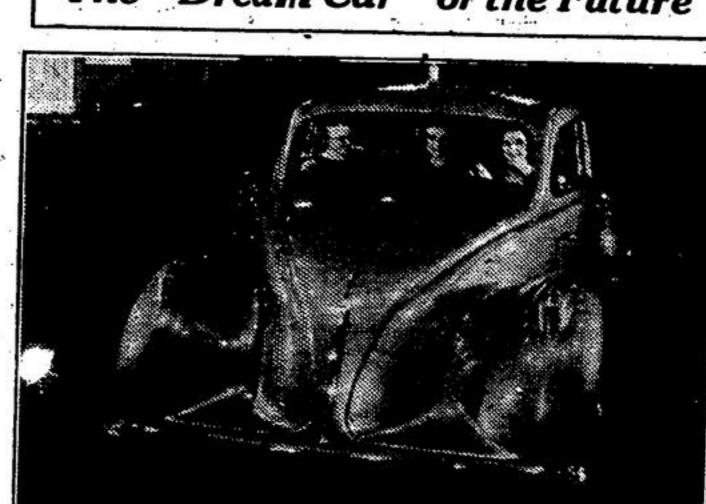
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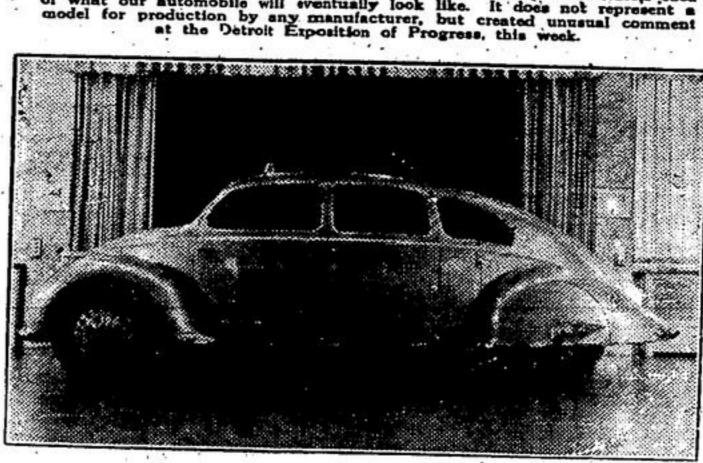
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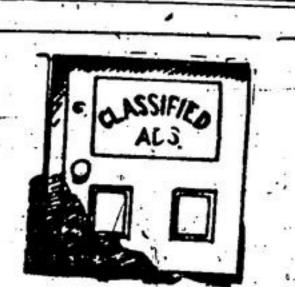
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