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THE WORTH-WHILE TWINS

Oh, you with the fresh young faces! A bettered old bulk commands To your nearest and dearest faces The friends that are his real friends. Full many a year he's known them—

They may be a showy couple— Their manners have much to learn; Their knees are not always supple; Their foreheads, now bent, now stern. But safety dwells in their hand grip, Their glance a dawn of cheer; They are friends for a pinch; they will not flinch— N. Dever and Percy Vere.

Though nobody calls them clever, They pass the bright ones by; Their motto is "Now or Never"; Their song is "Who Says Die"; "Save up a burst for the finish." Says each in the other's ear: "Here's full of his ruse, but holdfast for us— N. Dever and Percy Vere.

As true as the clock in the steeple, In sunshine, rain or rime, These very methodical people "Are up in the nick of time; But, "Steady," they say at starting, "It's tattle that spoils the gear, And will begin we count half done— N. Dever and Percy Vere.

Are your faces turned to the fogland? Do you walk you know not how? Are you feet entrapped in the bogland— The murderous quaking slough? Does the summit arise before you, Froreighous, white and sheer? Then steady and tough, you'll prove their stuff— N. Dever and Percy Vere.

There are rifts for love's uniting, There is grainland ready to reap; There are wrongs for a hero's righting, And holds that the giants keep; There are Satan's guns for the uplying, And Sin's black swamps to clear; And the dream is the deed if they but lead— N. Dever and Percy Vere.

There is never a cloud too lowering, There is never a road too long; There is never a height too towering, There is never a foe too strong; There is never a dream too splendid, There is never a hope too dear; If you dare and do and walk twist two— N. Dever and Percy Vere.

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

By Betty Barclay

WITCHES' WHIPS

Here are two whips that will add that "different" touch to the Halloween luncheon. Decorate with witches, holding a whip in place of a broom—or, use the familiar black cat and call your dish a "Black Cat Whip" if you prefer.

FRUIT WHIP

1 package raspberry-flavored gelatin 1 cup boiling water 1 cup fruit juices 1 cup canned grated pineapple, drained 2 oranges, free from membrane, cut in small pieces, and drained 2 bananas, thinly sliced 1/2 cup nut meats, coarsely cut

Dissolve gelatin in boiling water. Add fruit juices. Chill until cold and syrupy. Place in bowl of cracked ice or ice water and whip with rotary egg beater until fluffy and thick like whipped cream. Fold in fruits and nuts. Turn into individual molds. Chill until firm. Unmold. Serves 8.

PINEAPPLE STRAWBERRY WHIP 1 package strawberry-flavored gelatin 1 cup boiling water 1 cup pineapple juice and cold water 1 cup canned shredded pineapple, drained

Dissolve gelatin in boiling water. Add pineapple juice and cold water. Chill until cold and syrupy. Place in bowl of cracked ice or ice water and whip with rotary egg beater until fluffy and thick like whipped cream. Fold in pineapple. Turn into individual molds. Chill until firm. Unmold. Serves 8.

HOLIDAY COCKTAIL

1/4 cup grapefruit juice 1/4 cup lemon juice 1/4 cup orange juice 1/4 cup sugar 1 cup mineral or food water

Combine and pour over cracked ice in cocktail glasses. Garnish with mint sprigs.

ALL FOR NOTHING

"I understand that you called on the complainant. Is that so?" demanded a brow-beating barrister of a man he was cross-examining. "Yes," replied the witness. "What did he say?"

Counsel for the other side objected that evidence as to a conversation was not admissible, and half an hour's argument ensued. Then the magistrate retired to consider the points, announcing on their return some time later that they deemed the question a proper one. "What did the complainant say?" asked the cross-examining barrister. "The man at home, sir!" was the answer.

THE OLD MAN OF THE BIG CLOCK TOWER



concerts is suggested to secure funds for this project. "A fire occurred at Crews' Corners on Monday afternoon, by which the dwelling, house, and contents belonging to Mrs. Soper was totally destroyed. "It is reported that, during the recent cold snap there was put up in this village 387 stoves, involving the use of over a mile of stove pipe and a third of a mile of wire. In erecting said stoves 17 church members in good standing violated the eighth commandment 176 times; four men kicked the stoves out and went down town disgusted; 7 men used unparliamentary language to their wives who were kindly making suggestions; 3 men jumped down off the step ladder and cuffed the ears of the whole family; 3 men telegraphed for their mothers-in-law to come and spend the winter with them; 13 suits of clothes were ruined; 10 black eyes received and \$395.84 was the amount of damage done to other household furniture.

"Messrs. Movat and McLean, of Guelph, have opened up a law practise in Acton. "Back in 1883 on Thanksgiving Day services were held in all the churches of the community. In the Presbyterian Church at 11.00 a. m.; Methodist Church at 7.30 p. m.; English Church at 7.30 p. m.; and the Baptist Church at 7.00 p. m. And so it was back a half century ago in the little and big events as they were recorded in those days. My, how time does fly.

The Old Man

No More Asthma. Dr. J. D. Kellogg's Asthma Remedy sounds the death knell of this trying trouble. It stops the awful choking and painful breathing. It guards against night attacks and gives renewed ability to sleep and rest the whole night long. Much is claimed for this remedy, but nothing but what can be demonstrated by a trial. If you suffer from asthma try it and convince yourself of its great value.

PROTECTION OF ROSES AND OTHER PLANTS FOR WINTER

In the parts of Canada where the snowfall is heavy, comes early, and stays all winter, ordinary perennials need no other protection, but in districts where the ground becomes bare in winter a covering of straw, cornstalks or pine boughs is advisable. Bulbs such as tulips and daffodils should be covered with old manure. At the Central Experimental Farm, Ottawa, it has been found that daffodils sometimes kill out in the winter, but a mulch of old manure seems to give the needed protection.

Except in the mildest sections of the country climbing roses, Hybrid Teas and Hybrid Perpetuals should be covered for winter. As climbing roses bloom on last year's wood the canes must be kept in good health or there will be very few if any flowers. When the weather turns cool the canes should be taken down from their support and tied together. The bundles of canes should be laid on the ground and earth mounded up around the roots to the height of twelve or eighteen inches. In some varieties the canes are stiff and should be bent over as far as possible and tied to a stake that has been driven in to the ground. After the ground is frozen the canes should be covered with dry leaves or straw and these covered with boards, placed together to form an inverted V so that water will drain off. It is important that the canes should be kept dry as moisture may freeze on the bark and damage it. Building paper is sometimes used. In spring the covering should be removed gradually. In places where mice are troublesome some wheat soaked in poison should be placed under the covering as they frequently damage the bark of the rose.

Bush roses such as Hybrid Perpetuals and Hybrid Teas bloom on the new wood so that it is not necessary to keep the whole of the stems alive as the plant will grow and flower if cut back to three or four eyes. The earth should be mounded up around the stems as recommended for climbers and after it is frozen, straw or manure, straw or leaves placed over the beds and covered with pine boughs, cornstalks or chicken wire to keep it in place.

As the amount of protection required for plants varies according to the climate it is advisable to find out what method has proved successful with other gardeners in the district.

SHOE RESTORES

Every girl who dances knows to her bitter sorrow that pretty evening shoes have a short life, writes a correspondent in Answers. A clumsy partner or two, or even the continual friction of the dancing, and long before soles wear out, the colored uppers are shabby. However, if taken in time, these shoes can be renovated at home. If the shoes are of colored brocade, get a stick or two of sealing-wax to tone in as far as possible with the main coloring, or if the foundation color is gold or silver, get gold or silver sealing-wax. Have a darning needle ready to hand, but stick this in a cork, so that you can hold it without burning the fingers. Heat a smoothing iron, too, but do not have this too hot. Melt sufficient of the wax to cover the worn places, run it over, smooth over gently with the iron, then heat the darning needle and pick out the pattern of the brocade. When kid evening shoes get worn, a still better plan is to dissolve a little sealing-wax in methylated spirit, and with a small brush apply this to the worn portions.

Barley, naked barley (rye) and wheat constitute the staple crops raised on the upland farms in Japan.

WEAPON AGAINST DISEASE

It was discovered some time ago that the terrible disease, pernicious anaemia could be treated successfully by means of liver extract. But so costly was the extract made from animal liver that the treatment became very expensive. A new discovery just announced is likely to bring the treatment within the means of all sufferers.

After years of intensive research it has been found that an extract made from fish livers can be used with equal success. These have hitherto been regarded as almost worthless, since no particular use could be found for any but those of the cod and certain larger fish.

During the process of making the extract every trace of oil is first removed from the liver. This forms a valuable by-product for which a ready sale can be found. About two pounds of fish liver are required to make the tiny daily dose of the extract. Until recently it seemed that fish livers could not be used, for no way could be found of removing the unpleasant taste from the extract. The new method, though rather complicated, is successful in this direction, and it has been found that the taste is so well disguised that patients have no difficulty in taking the much cheaper extract now made possible.

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Did You Ever Stop to Think?

By Edson R. Waite, Shawnee, Oklahoma

Frank E. Gannett, President and Founder of The Gannett Newspapers, says:

"Newspapers are read more intensively to-day than at any time since the World War. Probably never before have newspapers played such an important part in the lives of people in all classes.

"There is so much going on, so many startling things happening in our political, economic and social life that the desire for news is increasing steadily.

"It is noteworthy that such economies as have been necessary in the average family in the past four years have affected newspapers probably least of all industries--people must have their newspaper.

"Therefore the newspaper is, and should be, recognized as the most powerful advertising sales medium. Being friend, counsellor, guide and entertainer to every member of the family makes it not only the logical, but the most effective advertising medium for manufacturers and retail stores everywhere.

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"This is best shown by the fact that newspaper advertising by manufacturers and retailers all over the country has shown a marked and healthy increase during recent months."

A message in the Acton Free Press Reaches the Reading Public of Acton and District

Business Directory

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DR. E. J. NELSON Physician and Surgeon Electro Therapy Phone 88

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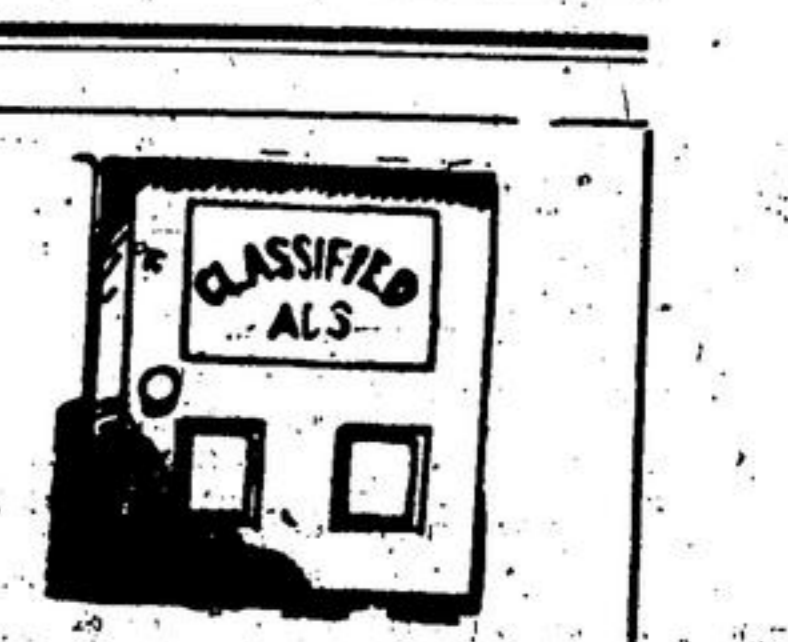
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TO THOSE WHO REALLY CARE Memories are Sacred Whether life has been rich with experience or confined within narrow limits, there are always memories held sacred beyond the reach of commonplace things. To those memories and to the finer things which they have inspired, one owes full reverence and respect. The beautiful custom of erecting a monument—dignified, lasting, beautiful—springs from this natural urge. Choosing such a memorial is often somewhat involved with doubt, and we respectfully offer our services in the capacity of counsel. Acton Monument Works J. NICOLL & SON PHONE 132 - ACTON ONT. "MARK EVERY GRAVE"



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