THE THANKSGIVING MESSAGE

There's a message all unspoken, That is carried o'er the land By the breeze upon the mountains, By the waves upon the strand; And each absent one will hear it, Though he's wandered far away, As it whispers soft, "Come home! Come home—Thanksgiving Day!"

In the Southland, in the Northland, Or by frozen lake or sea, By far western plain or mountain, In whatever place he be, The voice from home will reach him, And to his heart will say:

Do not forget the old folks! Come home—Thanksgiving Day!" -Alma Pendexter Hayden

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

By Betty Barclay

THANKSGIVING DISHES

Thanksgiving dainties are good, and, as a rule, good for you. The old standby, pumpkin pie, calls for a generous quantity of sugar, one of our best energy foods. Other dishes furnish minerals, salts and vitamins. Here are two particularly delicious Thanksgiving dishes:

SPICED CRANBERRY JELLY

4 cups cranberries

2 cups sugar 2 cups water

12 whole cloves 2 inch stick cinnamon

4 allspice berries Pick over and wash the berries. in a saucepan with the water and spices. Cook until berries are soft. Put through a strainer. Heat. Add sugar. Finish as cramberry jelly.

PUMPKIN PIE

11/2 cups cooked pumpkin 1 cup milk

1/2 cup sugar 1 teaspoon cinnamon

1/2 teaspoon allspice

1/4 teaspoon mace

1 tablespoon butter Put the pumpkin, milk, sugar, salt and spices in a double boiler. Bring to the scalding point. Beat the eggs well. Add them to the hot mixture. Stir until it starts to thicken. Add the butter. Pour the hot filling into a baked crust. Bake in a moderately hot oven until the filling

THANKSGIVING SALADS

Balance those delicious but heavy Thanksgiving dishes by fruit cups, salads and light desserts. Here are two jellied salads that are an attrative and appetizing addition to the Thanksgiving Day

DATE AND CELERY SALAD 1 package lemon-figvored gelatin

1 cup boiling water

% cup cold water 3 tablespoons vinegar

1/2 teaspoon salt 1 cup celery diced

12 dates, seeded and quartered Dissolve gelatin in boiling water. Add cold water, vinegar, and salt. When slightly thickened, fold in celery and dates. Turn into mold. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise. Serves 8.

JELLIED CARROTS AND PEAS.

package lemon-flavored gelatin 1 cup boiling water % cup vegetable stock or cold water

4 teaspoon salt

1/4 teaspoon paprika 1 cup cooked carrots, diced

1 cup cooked peas

3 tablespoons vinegar Dissolve gelatin in boiling water Add vegetable stock, vinegar, salt, and paprika. Chill. When slightly thickened fold in carrots and peas. Turn into Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise.

CUMBERLAND SAUCE FOR DUCK (Serves 4-6)

1/2 cup orange juice

Serves 8.

14 cup lemon fuice 1 cup powdered sugar

2 tablespoons current jelly

Grated rind 1 orange

Grated rind 1 lemon 1 tablespoon grated horseradish

Mix ingredients; beat thoroughly; heat

Do not allow worms to sap the vitality of your children. If not attended to worms may work irreparable harm to the constitution of the infant. The little sufferers cannot voice their ailment, but there are many signs by which mothers are made aware that a dose of Miller's Worm Powders is necessary. These powders act quickly and will expel worms from the system without any inconvenience to the child.

LOVE ABIDES

All emotions cease with their occasions. But it is not so with the state or fixed passion of love. It abides, stays with the man all day, wakes with him in the morning when he wakes, and he has even slept his sleep as a loving His heart is drawn by the magction of a divine polarity, settled thus pole of eternal aspiration, even needle Heelf. Thus when David they heart is fixed, O God, my fixed," he describes the true

CATS ARE SO STUPID

All the people who delight in telling tall stories about the intelligence of their cats must be feeling rather sore with M. Rex Knight, lecturer on comparative psychology at Aberdeen University. He has been giving intelligence tests

to cats, and told an audience of scientists the other day the story of one of them. The cat was shut up daily in a box which was opened only when she pulled a stirrup attached to a bolt. When she got out she was given milk.

She mastered the art of pulling the stirrup all right, so long as it remained in the same place. When its position was changed, however, she just clawed the air in the place where it had formerly been, and looked puzzled when nothing

happened. Stranger still-to those who believe that cats are clever-is the fact that when she was placed outside that box beside a saucer of milk, she wouldn't touch her favorite drink until she had run into the box and pulled the stirrup.

AND THE BATTLE WAGED-

When did she marry him?

Wife-Of course women are as capable as men. Why, I know a girl of twentytwo who gets the salary of a sales manager in a big business house. Husband-I don't doubt it, my dear. SOWING PASTURES

Recent experiments in England Rothamsted, the oldest agricultural research station in the British Empire, in laying down land to pasture demonstrate that most of the elaborate seed mixtures provided by commercial firms fail to justify themselves, because, after a lapse

Rye-grass and Wild White Clover form the contrary effect. about 80 per cent. of the whole, the rest being mainly Cockafoot. Of the other plants which were sown hardly any survive except timothy and a little Red Clover. The most marked difference between one seed mixture and another is that Italian Rye-grass has persisted as the dominant grass, when sown without Perennial Rye-grass.

formity of herbage from different sow-

ings is occasioned partly owing to the

early death of the species unsuited to local conditions and partly because many, while congenially situated, are crowded out in competition with others. Thus, it is found that among grasses, and allowing for slight seasonal varieties, the growth of Perennial Rye-

that of Cocksfoot by Perennial Rye-grass; that of Timothy by Cocksfoot, and that at of Rough stalked Meadow Grass by

Timothy. The heaviest yield of herbage per unit area appears to result from seeding with Rye-grass and dressing with

But it is found, in favor of mixed sowings, that a plant of Rye-grass suffers of two or three years, the botanical com- less from the competition of a plant of position of differently seeded areas in Cocksfoot or Clover than it does from they will enjoy themselves when they the same locality becames almost iden- the competition of another plant of Rye- have finished school. tical. On one experimental field, six grass. The omission of phosphates from widely different mixtures were tested, the dressing lessens the aggressiveness than anything else. Some people never but after four years the herbage on all of the clover, to the advantage of the enjoy themselves because they formed the plots is now hardly distinguishable. grasses, the omission of potash having the habit of being discontented and

SAFE

A vicar who had a nice orchard at turbed when he learned that soldiers grumble. were coming to camp in the field close by. He put a card against one of the trees with the inscription:

"Please do not touch the apples.

want them for the Harvest Festival." The soldiers arrived, and the next day when he went to the orchard he found that all the fruit had been stripped from the trees. The card had been reversed, and the following substituted for what he had written:

grass is reduced by Italian Rye-grass; winter storms begin."

FORM OF HABIT

Some young people are always looking forward to the good time they will have when they have finished a task: They study their lessons in school, or do their work at the office, thinking what a good time they will have when the work is completed. Often it goes even farther. Some students are thinking how much

gloomy when they were young. They growled about their school work, and when they left school, they growled about their jobs; even though the time has come when they neither have to study nor to work, they still growl and

If you want to have a good time, start now, right where you are. Learn the joy there is in washing dishes, mowing the lawn, wrestling with algebra problems, or hunting for errors that keep your books from balancing. The fact is, there are possibilities of enjoyment almost everything.

Many mothers have reason to bless Mother Graves' Worm Exterminator, be-"All is safely garthered in, ere the cuse it has relieved the little ones of suffering and made them healthy.

FORGIVE AND FORGET

Some people have too good a memory for their own shortcomings. member some youthful folly, some embarrassing blunders for years, and wake up in the night groaning over a mistake everyone else has forgotten. They recail an unkind speech to some one they love with a pain that seems to increase as time passes, rather than to diminish. fact it is hard for them to forgive them-Having a good time is more of a habit selves any of the weaknesses that are common to humanity.

"Forgive and forget" is a good motto. even where your own failures are concerned. You are unwise to start the day weighed down by shame and regret. Morbidly dwelling on little blunders of the past is itself a serious blunder. I you have done wrong, it is your business to right it, as far as possible, to ask forgiveness humbly and from your heart. and then forgive yourself. Life would not be tolerable if there were no ways of escaping the load of mistakes and wrongdoing which every year increases, no matter-how good your intentions.



Give Acton Business Men the First Opportunity

Acton's Prosperity Campaign

Every Citizen of ACTON and District is vitally affected by the amount of money kept circulating at home. Read these editorials with care. The suggestions offered therein, if followed, will banish Depression here. Let this list be your shopping guide.

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RESIDENT BENEFITS WHEN ACTON THRIVES

During the past three months THE ACTON FREE PRESS has published in these columns a series of editorials, the object of which has been to set forth the advantages which would benefit Acton as a whole, and each resident as an individual, if each member of this district would, on a basis of value and price, keep his or her money, when possible, circulating in Acton by patronizing the Acton business concerns.

Much more could be said than has been said in the space alloted, concerning this important matter. We have endeavored to make it a matter of cold dollars and cents and have eliminated all arguments savoring of sentimental.

Charity begins at home-your home, my home-your district, my district—not some other fellow's home or his district. Many of us are only too prone to fill the coffers of those whom we do not know miles away from our own district, and then wonder why our own community is, if not slipping, at least not going ahead.

More people than ever before are thinking to-day on financial and economic matters. We know there is just as much money as ever in our country. We know as well that this money is not circulating and we wonder why. Few of us have pondered the matter sufficiently deeply to attempt even a mild solution, and we continue to drift without an effort to check up on our own course to see if by chance improvement could not be made in our own case.

Prosperity we all desire, but do we know what prosperity actually consists of? Free circulation of money may be stated as a basis of prosperity. How can we as individuals assist in circulating freely the dollars we control? The answer is simple, by giving

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