### SOCIAL ITEMS OF THE WEEK

The Visitors to Acton Homes and the Visits of Actonians-Little Items of Personal Interest

Mr. Jas. Gamble is visiting his daughter at Hornby.

Mr. Stanley Coy, Galt, is holidaying with friends in town.

Miss Florence Holmes, of Toronto, was home for the holiday.

Mr. Ray Gordon, Toronto, spent the holiday with friends here.

Miss Kathleen Molozzie, of New York home with them.

City, is holidaying at her home here. Mrs. R. J. McPherson visited relatives

in Toronto for a few days last week. .Mr. S. Begley, of Whitefish Falls, Manitoulin Island, visited here this week

Mr. Bruce McCausland, of Russell, Ontario, visited Acton friends last week Mr. J. P. Scarrow spent the week-end

in Toronto with Mr. and Mrs. T. Morris. Montreal.

Mr. and Mrs. Howard Allison spent the week-end with the latter's parents at Markdale.

Mrs. S. Begley and Miss B. VanWyck spent the week-end with their parents in

are visiting Mr. and Mrs. E. Phillips this wook. Mrs. Robt. Johnson and Mrs. Wilder-

spin attended the L. T. B. Convention at Oshawa.

the home of his sister in Oshawa over the holiday. Mr. and Mrs. E. G. Black and family, of Toronto, called on Acton friends on

the holiday. Mr. and Mrs. F. Williams, of Toronto, visited at the home of her mother, Mrs.

Jos. Holmes. Miss Isabel Lantz, nurse-in-training at

seriously all this week and her condition the end of the line ... is still very critical.

at her home here.

Messrs. Ted and Bill Harrop and Jack Reid are enjoying a motor trip to New York City this week.

Mrs. H. Donald and Miss Mildred succeeding. Everything depends upon it. own churches next Sunday.—Champion. visited with the former's brother, Mr. John Frank, this week.

Mr. Jack MacDonald, Toronto, who have been visiting his friend, Stuart Lantz, returned home on Tuesday.

Mr. and Mrs. C. S. Gamble, of Buffalo, N. Y., visited his father and with Mr. and Mrs. G. H. Lantz over the holiday.

Mr. and Mrs. Roy McIntosh. Oshawa, visited over the holiday at the parental home, with Mr. and Mrs. Jas. McIntosh.

Mr. and Mrs. H. D. Davis and Miss Ruth, of Mitchell, visited over the weekend at the home of her mother, Mr Jos. Holmes.

and Mr. and Mrs. T. Delaney and daughter, of Guelph, visited Mrs. Robt. Bennett this week.

Mrs. W. H. Gurney, Wingham, an her son, Wallace W. Gurney, spent couple of days this week with Mr. and

Mrs. Geo. Murray. Mr. I. Coon, who has been in London for the past few months, visited with friends in Acton this week, and left yesterday for Kitchener.

Mr. and Mrs. George Osborne, of Rensslear, N. Y., visited the past week with Mr. and Mrs. Wm. Williams and other Acton relatives and friends.

Mr. and Mrs. Laird McDonald, Detroit, Mich., were home for several days last week, owing to the illness of

his father, Mr. R. M. McDonald. Mrs. F. J. Welwood, Winnipeg, Man., ticularly rickets and nutritional anemia. who has been visiting with Mr. and Mrs. And finally, the kinds of food normally Geo. Murray the last couple of weeks.

returned to her home on Tuesday. Mr. and Mrs. Fred Wilkinson, Cheltenham, Mrs. Geo. Townsend and Miss Muriel Fletcher, of Malton, spent Wed-

Mr. J. P. Scarrow, Mr. and Mrs. W Kelly, Miss Gladys and Norman Scarrow and Wilbert McMullen spent the weekend with friends in Toronto and at the

nesday at Mr. and Mrs. C. McKeown's.

C. N. E. Mesers. Sandy, Joe and Kenneth Mc- of our own diets. The high protein Donald, Billie Lane and Adrian Dobbie. of the fourth line, motored to Toronto fishmeal and dairy by-products, are the and spent a most enjoyable day at the meat, eggs and milk on our tables. The C. N. E.

Mrs. Robt. Bennett and Miss M. Z. Bennett spent the holidays with Mr. and presented in human diets by spinach, Mrs. J. P. E. Terry and family at Brant- lettuce, bran, and even molasses. Thus, ford, and with Mr. and Mrs. Burtland where a little meat, a larger quantity of Conover, Erindale.

Mr. Bert Hinton, Miss Laura and Mr. for the growing boy, so a little tankage Jack Manullen motored to Port Sydney (or other protein feed) plus an allowand spent a very enjoyable holiday, the guists of Mr. and Mrs. O. Teeple and some minerals and roots, become a Mr. Ivan Kirkness.

Miss Jewell Harlow, Mr. Louis Klein, Miss Jeanette Gilbert and Mr. Arthur Hersthurger, of Buffalo, N. Y., visited over the holiday and week-end with Mr. and Mrs. J. Morton, Frederick Street.

Mr. and Mrs. J. Thompson, Mrs. G. Lockyer and Roy, of Toronto, spent Sunday at the home of Mr. John Frank Master Alex: and Miss Jean Frank, who spent the past week in the city, returned

Mr. and Mrs. R. J. Collard and sons, Bob, and Ted. Mr. and Mrs. Everett McDowell, Miss Edna and Master Stewart, Miss Merle Stewart, of Toronto; and Mr. and Mrs. John Stewart. Dublin, visited with Mr. and Mrs. J. J. Stewart on Sunday.

underwent a rather critical operation at the village, he ran into a cattle beast the General Hospital in Guelph, Friends the property of Mr. H. Barbour, which are pleased to learn that his condition had broken out of the pasture. since has been satisfactory and that animal will likely have to be destroyed. Melvin Locker are on a motor trip to some improvement on the road to re- The front of the car was damaged to covery has been noted the past day or some extent.-Advocate.

Mr. Jas. McDonald, of Vancouver, B. C., is visiting for a few weeks with his mother. Mrs. Peter McDonald, Park Avenue, and other Acton relatives and friends. It is nine years since Mr. Mc-Donald last visited hie home town and Mr. and Mrs. F. J. Kaley, of Hamilton, he notes many changes, both in the residents remaining and the buildings and appearance of Acton.

#### THE HABIT OF SUCCEEDING

The most important affairs in Mr. and Mrs. Wm. J. Kelly visited at depend on habits that are formed in can form is that of failure. Even if the task you attempt is comparatively un- at Vittoria. important, it is not a trifle to fail in it. for that is forming a habit that will

start out enthusiastically on an under- expected. "peter out," as the saying is. Because Robinson, skip, won the first prize and Guelph General Hospital, spent Sunday cance, they accept their failure with in- nament last Saturday. Mrs. Margaret Cook was taken rather lives will move, crashing to disaster, at Mrs. A. L. Baker, have returned to their home in Palatka, Fla., where Mr. Baker

Form the habit of success. Whatever is associate editor of the Palatka Daily you attempt, put your best effort into it. News. You may feel that it is not worth your

WHEN FAILURE DOES NOT MATTER

A man now ranked among the foremarked him the eleventh, and if there place September 9. had been twenty contestants, he would probably have been the twentieth. Mr. and Mrs. J. P. E. Terry and family made as thorough a failure as anyone were the guests of Mrs. Robt. Bennett could, which goes to show how little and Miss M. Z. Bennett over the week- failure matters. Everything depends on how you take it. This particular man his eighty-seventh birthday that day. went ahead without the least idea of Star. being discouraged, and the thousands of audiences who have applauded him and carried away from his lectures inspiration to help them in their daily lives, would find it hard to believe that the beginning of his career was so far from

"I might have known," said a young fellow who had failed in his college en-Mrs. W. Delaney and daughter, Lillian, trance examinations, "that I couldn't do it." Instead of trying again, he surrendered his ambition to attend college and found a job in a men's furnishing store. It is hardly likely that he will make a success there, for when something hard comes up, he will probably say, "Just as I expected," and look for something else to do. There is no escape from failures, but they do not matter if you regard them as incidental.

DIGESTIVE SYSTEMS OF PIGS AND

Strange as it may seem to some, the nutritional requirements of hogs and those of humans are remarkably similar. The digestive systems of these two species are closely alike. With the exception of scurvy, a disease unknown in the pig, both species are subject to the same nutritional deficiency diseases, parincluded in their diets are almost identical, as will be shown presently. With these facts in mind, says Professor E. W. Crampton, in a bulletin on swine feeding issued by the Quebec Department of Agriculture, the principles of swine feeding can be explained, partly at least, in terms of our human diets, which appear to be much less mysterious than "balanced rations" for farm animals.

The cereal grains of the animal ration as oats, barley, wheat, corn or rye, correspond to the bread, potatoes, and pastry feeds, represented by olimeal, tankage, special feeds such as bran, alfalfa, molasses, mineral mixtures, etc., are rebread and potatoes, a few "greens" and a piece of cake make a satisfactory meal since of some basic feed, and perhaps balanced ration for a growing pig....

### Neighborhood News

ERIN

Mrs. E. R. Garner and two children, of Welland, are visiting with Mr. and Mrs. G. L. Garner.

Mr. and Mrs. Austin Cann. of Moose-

jaw, were guests recently of Mrs. David Mr. J. R. Smith, Miss Martha Smith, and Mrs. Peter Sinclair are visiting with

Mr. and Mrs. Sanderson at Springfield,

Misses Betty Jordon and Coreta Gibson have returned to their duties in Toronto after spending a week with the latter's parents, Mr. and Mrs. J. H. Gibson.

> Jean MacBeth, Mrs. H. Sherman and two children, of Toronto, were recent visitors with Mr. and Mrs. K. McDougall. Miss Jean Herman, R. N.; of Brantford, leaves for Whitby, on September 5, where she will take a year's special training

and study in Psychiatric Nursing. Mr. Lloyd Lyons got into trouble on Monday evening, when driving his Last Friday Mr. R. M. McDonald father's car, on the ninth line, north of

#### MILTON

Storey, of Cleveland, O., is visitng his mother. Mrs. Elizabeth Storey. Mr. and Mrs. George Peacock. of Chicago, are visiting his brother, Jos. J.

Dr. and Mrs. Walter Pellington, of Wichita, Kansas, are visiting their parents, Mayor and Mrs. Syer.

at Trout Creek, near North Bay, formerly the absence of the old familiar guiding of Milton, is moving his family to that

and Mrs. Syer have returned home after spending a time at their summer home Mrs. Thomas McJannett, who underwent a serious operation in Hamilton

General Hospital recently, returned home There are many young people who on Sunday and is doing as well as can be taking, and then lose interest. They J. W. Blain, M. Telfer and J. F.

the matter itself had no special signifi- the Gold Cup at Islington Trebles Tourdifference. They do not realize that they | A. Bev. Baker, wife and son, who have are building a track on which their future | been spending their holiday with Mr. and

After ten weeks of very pleasant united best effort, but however that may be, services, the congregations of St. Paul's it is worth while to form the habit of and Knox will resume services in their

#### OAKVILLE

Mr. and Mrs. Alvin Ridley, of Palermo, most orators in America, during his announce the engagement of their youth entered a public speaking contest daughter, Thelma Bernice, to Jack Barnin which eleven took part. The judges staple, of Oakville, the marriage to take

Mr. and Mrs. J. Anderson, of Aurora, and Mrs. Frank Anderson, of Cobalt, were guests of Mr. and Mrs. Wm. Whittaker, on Sunday. Mr. Anderson, who is Mrs. Whitaker's uncle, was celebrating

Misses Beatrice and Helen Mead, of Toronto, were visitors last week with their sister, Mrs. J. Sullivan. Mrs. William Young and her daughter,

Donalle, are leaving this week for their home in Louisville, Kentucky. At a meeting held in the Canadian Legion Hall, on Tuesday night, the Oak-

Workers' Education Association came into being. Mr. and Mrs. W. Bruce Smith, Ottawa, are holidaying at the home of the latter's mother, Mrs. H. W. Litch-

field, Sumner Avenue. Miss Grace Fixter. Miss Winnie Simmons and Miss Gladys Hunt were visitors with friends in Woodstock over the

Mr. W. E. Fielding, of the Record Mrs. Pitman gave a lad a dollar bill to staff, sails Friday from Montreal on the Duchess of Bedford. Mr. Fielding will spend a two months' vacation touring parts of Europe.-Record.

# GREGORY **THEATRE**

FRIDAY, SEPTEMBER 8 "ZOO IN BUDAPEST"

Starring Loretta Young. As a background it has a Continental zoological park, where animals are kept in as nearly a natural state as possible. Novelty, "Allez Oop." Technicolor Cartoon, "Noah's Ark."

SATURDAY, SEPTEMBER 9 "THE OUTSIDER"

Drama, from an outstanding stage success.' Charlie Chase comedy, "Fallen Arches." Fox

"I LOVED YOU WEDNES-DAY" Romance of a ballet dancer. starring Warner Baxter and Elissa

Landi. Comedy, "Ship A Hooey."

Novelty, "Toy Parade." Dinner-

ware Night.

MONDAY, SEPTEMBER 11

COMING THE GOOD COMPANIONS

#### Letters to the Editor

The Free Press welcomes letters to this column on matters of general interest to its readers, but does not necessarily endorse the opinion expressed. All letters must be signed, but may be published over a pen name if so desired and specified in the letter. Communications should not be over 500 words in length and must be received not later than Tuesday at more to later than Tuesday at noon to ensure publication in that week's

Dear FREE PRESS:

A recent hurried visit in Acton few hours was to me an occasion of much

Of course, many old familiar friends were gone forever, but in many cases I was able to see those of theirs still re-

The cemetery and its present system

of management is worthy of much praise

-and I was delighted with its appear-

The school, with which I had been

changes in the old cemetery's arrangement, and the marvellous changes in the 48.037.904 of which 94 per cent, is creditborder of the Stephenson property, on ed to British Columbia. The lobster

The complete change of management, and editorial control of THE PRESS, Frank Heydon, C. N. R. night operator while an occasion of great regret over hand, which I shook in warm friendship primary operations of catching and landwhen I was last there in 1920, is a Mr. and Mrs. E. Wilkinson and Mayor matter of great pleasure in the continuance of guiding principles which were so long in Acton's paper.

> The introduction of new machinery. and facilities for rapid output are in accord with the spirit of these hurrying in the world, the North Atlantic, the

I would have liked to have had longer Canada adjoins the first two. time among the familiar streets and faces, but I tried to make the best of

Cordially. J. B. COLEMAN

FAMOUS OLD FORTRESS IS BEING RESTORED

Restoration of the old fortress of Louis-

bourgh in Cape Breton. Nova Scotia. which was captured by an expeditionary force from New England in 1745, is being undertaken by government engineers, according to the Tourist Department of the Canadian National Railways. The fort, built by the French in 1700, was at one time the strongest fortress in North America and its capture by the expeditionary force from New England was one of the major military exploits of the 18th century. Engineers in charge of the work of restoration are keeping in touch with those who are undertaking some Colonial restoration work in Virginia and the interchange of data concerning discoveries that are being made is proving helpful to both

### POISON LIQUOR

Mr. and Mrs. Majurka, of Hamilton, have just recently been sentenced to four months in jail for selling liquor. This is apparently the finale in a very serious

On the morning of June 4 last, Mrs.

Agnes Pitman, of London, a visitor in

Hamilton at the home of Mr. Fred Jones,

was found dead in bed. The story as

reported in the press is as follows: Mrs. Pitman, with her husband and son, arrived at the Jones home on June 2. A dozen quarts of beer were purchased and consumed by the party. June 3, the King's birthday, found the stores closed. get some whiskey from a bootlegger. A quantity was secured. Mrs. Pitman alone drank of it, was put to bed at 8.30 and at 9.00 next morning was discovered to have died. The press announced with flare headlines that the woman had died of poisoned liquor. Dr. Deadman's analysis showed the cause to be acute alcoholic poisoning but not from poisoned alcohol. Examination of the stomach showed the presence of grain alcohol only. Liquor remaining in the bottle from which Mrs. Pitman had drunk, which the courts hold was secured from alcohol. Grain alcohol, the element that the Majurkas, proved to 65% grain gives the kick to our strongest liquors, did

the deed. Grain alcohol, a narcotic drug, is a polson. Any degree of intoxication is a stage in the process of poisoning and the purest liquor sold can produce fatal

results is sufficient is taken. Majurka and his wife were first charged with manslaughter. The charge was later changed to illegal sale. Why was this done? The woman was still dead. Alcohol was the cause. It was sold so the court holds, by the Majurkas.

It would, of course, be somewhat inconvenient if a person were convicted of manslaughter for selling liquor resulting in a sudden death when the Government has done the same thing with like results. Grain alcohol in itself is not necessarily more poisonous when sold by a

foreigner than when sold by a vendor. In this case the bootlegger failed to cut his liquor sufficiently with water to his own loss and his customer's fatal damage Apparently John Wesley had ground for his statement when he called liquor sellers "poisoners-general of the people." -- From the office of Outario Prohibition Union July 28, 1923.

#### POWER OF SINCERITY

There is nothing which will add so much to one's power as the consciousness of being absolutely sincere, genuine. If your life is a perpetual lie, if you are conscious that you are not what you pretend to be—that you are really a very different person from what the world regards you you are not strong. There is a restraint, a perpetual fighting against the truth going on within you, a struggle which saps your energy and warps your conduct. If there is mud at the bottom of your eye, you cannot look the world squarely in the face. Your vision is not clear. Everybody sees that you are not transparent. There is a cloudiness, a haze about your character which raises Mr. and Mrs. W. A. MacBeth, Miss interest, after an absence of nearly the interrogation point wherever you go. Character alone is strength; deceit is weakness; sham and shoddy are powerless; only the genuine and the true are

#### VALUE OF CANADA'S FISHERIES

Only oysters and sardines are the fish imported by Canada; for all other varieties the Dominion is self-supporting; in for nearly nine years associated, has fact, it supplies to several countries large gone through many splendid changes quantities of canned salmon, fresh and the acquisition of the Smith property, canned lobster and dried cod fish. The with the discarding of intervening fences, value of the fish and fish products of being the great feature. That was an Canadian origin exported in 1932 was act of great foresight on the part of the \$18,752,107 and the imports last year had Board for the welfare of many future a value of \$1,862,337.

The output of the Canadian fisheries Many new dwellings are in evidence, in 1932 had a total value of \$25,957,109. many old structures removed, while The salmon fishery is of chief importance with a product last year valued at the way to the school, are more evidences fishery of the Atlantic Coast is second in importance with a marketed value of \$4.745.311 and the cod fishery, third with

> \$2,193,621. The fisheries of Canada in 1932 gave employment to 64,505 persons in the ing the fish and 13.520 in fish canning and curing establishments, making a

total of 78,025. The fisheries of Canada are among the country's most valuable assets. There are three great salt water fishing areas North Pacific and the North Sea, and

Owing to the high protein content and excellent milling qualities of Canadian hard wheat, the Japanese use it in a standard mixing substance with the softer wheats from the other countries from which Japan draws her supplies.

# Wood's Grocery

THE FAMILY GROCER

SUCCESSOR TO NELSON & CO. "OUR AIM"

Good Merchandise - Low Prices - Good Service TELEPHONES: 37 ACTON; RESIDENCE, 130

Specials for Thursday, Friday and Saturday Spud and Senator GRANULATED SMOKING SUGAR TOBACCO 10 ns. 75c

Clark's

Regular 15c 14c POTTED, BEEF ICING.SUGAR RICE =

EPSOM SALTS 8 oz. packet 9c 3 nbs. for 22c. SHRÉDDED PICKLING SPICES WHEAT 2 Packets 23c 4C Packet

COMFORT LYE тіп .. 12с Amorted CREAM BISCUITS FLY TOX Small Bottle 33c

Hawes'

FLOOR WAX

FREE

Royal Denby English Dinnerware FREE to All Our Customers See Window Display and Ask for Card.

BARKER'S CAKES

We Carry a Choice Selection of Barker's Cakes and Cookies-Try Them -You Will Idke Them.

CHOICE FRUITS AND VEGETABLES



Tyler's Service Station Young Street

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# Acton Fall Fair September 19 and 20 Tuesday and Wednesday

"A Real Two-Day Event"

# Grand Performance In Arena

TUESDAY EVENING---8.00 p. m.

**Wood Chopping Contest** 

Potato Race

Clown Competitions

MUSICAL COMPETITIONS WITH HORSES May Pole Dance - Novelty Contests on Horseback

HURDLE HORSES A Crowded Three Hours

HALL EXHIBITS OPEN-ACTON CITIZENS' BAND IN ATTENDANCE

# Wednesday, September 20

Fair to be Officially Opened by Mr. J. A. Carroll, Supt. of Ontario Fairs and Exhibitions, and Mr. L. J. C. Bull. District Director of Fairs

Programme Commences at 12.30 p. m. Standard Time

NOVELTY RACES — STEEPLECHASE — HIGH JUMPING

Running Races

Potato Race. Etc.

A STATE OF THE PARTY OF THE PAR

PARADE OF LIVE STOCK AT 4.00 P. M.

Splendid Exhibits in Hall and Field

Horseshoe Pitching Tournament

ACTON CITIZENS' BAND IN ATTENDANCE

## Loud Speaker Amplifying Sound System MONSTER DANCE

R. J. RAMSHAW, President

Boys' Eating Contests

Fiddlers' Contest

W. F. WRIGHT, Sec.-Treasurer

Send to Secretary for Prize Lists and Other Information "WHERE YOU GET THE BIGGEST FAIR VALUE"