#### THE FOLLOWER (Dedicated to All Leaders)

I have followed with my fathers, seeking golden goals you pointed. T have followed from the river-drift and

From the prehistoric clay To the chance of yesterday, And you fall me as you failed me long

You have led and I have followed oh, of the slave become the hero hear

Till the fateful morning came, When you left me, to your shame, For the paltry, passing gaud of your

desire. You have asked, and I have given, the human trust within me: You have led me by the love-strings o my soul-Lies the heartsche of all lands.

And to-day upon your hands And to-day I'm blindly groping for the I, the mock of all the ages, ever seeking

the everlasting sacrifice to power; , the pawn with which each gambles Till I'm herded to the shambles-And my heart's blood pays the reck'ning hour by hour.

I have followed with my fathers petty princes I've created. And they fall me as they falled me long So I still must pay the toll In the anguish of my soul

Till I learn to lead myself where I would

### TWENTY YEARS AGO

From the Issue of The Free Press Thursday, August 21, 1913

twenty-three mills, which was the lowest in the County. The open air service on the church

The tax rate for the year was set at

evening was a very agreeable change on a Gunner Gould's rink at the Dominion Tournament at Toronto last week Reeve Hynds, A. J. McKinnon and E. Hassard-proved themselves bowlers of very superior class. They reached the

semi-finals for two of the trophies. Glenwilliams Baseball Team defeated Acton Junior Baseball Team, 3 to 2, in four inning game in the Glen on Satur-

The Board of Education has secure Miss Mabel F. Howle, of Toronto, as High School assistant, and Miss Veda Mc-Pherson, Kincardine; Miss Winnifred Watson, Creemore: and Miss Polley, of Goderich, for the Public School staff to fill the vacancies which occurred at the close of the term.

Miss Ethel Coleman, Librarian; Rev C. D. Draper and Mr. H. P. Moore, of the Acton Free Library Board, attended the Guelph District Library Institute meeting at Georgetown.

FORSTER-At Toronto, on August in her 77th year.

YOU'LL BE AMAZED—use Cress Corn sard's drug stores.

#### EMPTRE GRASSLAND PRODUCTS COMPARED

A comparison of grasslands of Canada to make but a very fair idea of where we stand may be gained by comparing our exports with those of other lands, writes Mr. G. M. Stewart, Dominion Branch, in the July number of official organ of the Canadian Society of Technical Agriculturists (Scientific Agriculture) in a survey of the forage crop seed situation of the prairie provinces. "In such comparison we find that Canada lags far behind many countries in the values of the grassland products she exports. By grassland products are meant those that result principally from grazing and from the feeding of forage plants, that is, dairy products, meats, etc. It must also be remembered in such a comparison that than many other countries and due discount must be made for this.

"McConkey, in a paper presented at the twelfth annual meeting of the Western Canadian Society of Agronomy at Winnipeg in June last year, is authority for the following figures; he states that grassland products comprise 94 per cent of the total exports from New Zealand; 60 per cent. of those from Australia; 55 per cent. from the Irish Free State; 41 per cent. from South Africa; and 17 cent from Canada. Further, it is stated that 64 per cent. of the total agricultural pro- 7: 17). duction of England and Wales is derived from grasslands. While conditions differ in all these countries, we must admit further that Canada can produce these products as successfully and as of high quality as can the other Dominions named."

# THE TYRANNY OF FRIENDSHIP

sider that friendship is worth submitting integrity, and so when all is finished, to such tyranny, while others are sure and a new era entered upon, he is ablo that nothing is worth it. Even if your to face his people with a fearless face as friend submits to your interference, how- a man can who has done no wrong. At

Do not make your friendship an excuse history of Israel, did any leader ariss for tyranny. Do not assume that it whose work and life, as a whole excelled gives you a right to tell another what he that of Samuel. He was not perfect-

### THE SUNDAY SCHOOL LESSON

FOR SUNDAY, AUGUST 20

SAMUEL

Golden Text.-Serve Jehovah with all your heart-1 Samuel 12: 20.

Lesson Text .- 1 Sam. 3: 1-10; 12: 1-4. Study, also, 1 Sam.; chapters 1-3. Time.-1155 B. C. Place.-Shiloh.

Exposition.-I. Jehovah Speaks to the Child Samuel, 1-10.

Samuel entered heartly, though but child, into the service of Jehovah under the direction of the aged Ell, and God passing over older servants chooses him while yet, a boy to be one through whom He shall make known His will unto His people. Teachableness and consecration count more with God when He would reveal His truth than age or experience (Matt. 11: 25; 1 Tim. 4: 12; Matt. 21: 16). But Samuel was no conceited upstart, but a modest boy, notwithstanding all the revelations given to him. He still attended to his humble duties and made no parade of the revelation made (v. 15) The word of the Lord was precious in those days." It always is (Ps. 19: 9, 10). but it is not always so regarded. But in By Jack Lively. those days God rarely spoke: there was no "frequent (R. V.) vision" (cf. Amos Lord" is as common as it is to-day, many set little store by it. The lamps were lighted every evening in the Holy Place to burn until morning (Ex. 27: 20, 21; 2 Chron. 13: 11). God spoke to Samuel before dawn (v. 15). The structure afterwards known as "the temple" was not yet built, but the sacred tent or tabernacle of earlier days is so called in a few places (ch. 1: 9; Ps. 5: 7). Samuel slept in the Holy Place of the tabernacle, near Eli. A blessed home that was right in God's presence, and typical of the Christian's abiding place - in

Christ (John 1: 14, R. V. Marg.). This was the first time that Samuel had ever heard the voice of Jehovah. No wonder he did not know at first whose voice it was. Happy is the one who, like Samuel, hears and recognizes the divine voice in early childhood. The voice may be audible, as it doubtless was in the case of Samuel, or it may be a voice so still and small that only the soul can hear it. If the voice is listened to, as in the case of Samuel, it speaks clearer and clearer; but if disregarded, it soon becomes silent (Prov. 1: 24. 25, 28). How ready and eager this boy Samuel was for service. He leaps out of bed in the middle of the night, and runs in quick response to what he supposes to be the call of Ell. Is it any wonder that God selected

him as His chosen servant? If he had ciosed his ears and turned over for another nap, or risen languidly and come grumblingly to the side of Eli, it is doubtof Dr. M. Forster, formerly of Acton, ful if God would have called again. It is those who are ready to respond to the first call, "Here am I," that God wants for special service (Is. 6: 8; Luke 9: 59-Salve—At A. T. Brown's and E. J. Has- 62; Acts 9: 6). Three times was Samue called and sent back mystified to bed, but he was just as ready to respond at the fourth call as at the first. Eli could not have been very much used to communications with the Lord at this time, or he would have surmised sooner that for Dr. Thomas' Eclectric Oil that it was the Lord who was calling to the lad. Samuel did not yet know the Lord. Not but what he had been taught, and well taught, about Him: a godly mother that greatness for itself and its excellike Hannah, whose soul pours itself out lence is known to all who have tested its in such psalms of praise as hers (ch. 2: virtues and learned by experience. 1-10), and who dedicates her son to the Lord from the outset, does not leave him CANADA'S AUTOMOBILE INDUSTRY uninstructed about the Lord. But Samuel had not yet made the personal acquaintance of Jehovah. He had never heard Him speak. But he was ready to obey

when He did speak. At last "Eli perceived that the Lord had called the child." It seems as though Eli might have perceived that before: but would we have we have said. "Samuel, you are only made cars are found in many countries to sleep and don't bother 'me any more." Canada does export more cereal grains But Eli quite likely in times past had in 1932 was valued at \$43,801,389. heard the voice of the Lord Himself; total of 18 companies manufactured though the days had come when God no assembled motor cars in Canada in that into baked pastry shell, cover with merlonger spoke directly to him, but through year, and 25 separate factories were others (ch. 2: 27). Eli had told him to operation. The possible annual capacity (330 degrees F.) for 15 minutes. say, "Speak, Lord; for Thy servant of the plants was estimated at 364,425 heareth." but he left the "Lord" out; automobiles and 61,970 trucks. Capital perhaps because he was not quite sure employed in the industry amounted to vet that it was the Lord. It is well to be about 50 million dollars and employsure when we hear a voice that it really ment was afforded to a monthly average be the Lord's voice (1 John 4: 1). But of 8,810 people.

II. A Great Leader's Challenge. The time had come for Samuel to hang-up-his-harness on the wall. His day of leadership was over. And now at the end of it he stands up to-ask judgment at the hands of the people he has ruled and judged these many years. Few men could have had the courage to challenge the people in this fashion All public men make enemies. It is part imperial gallons. Some people make their friendship an of the guerdon, and there may have excuse for tyranny. Because they are been those who, envying Samuel because fond of some one, they assume the right of his uprightness, and hating because to direct, his actions, supervise his of his integrity, might have challenged opinions, revise his list of friends, and the old man in this crucial hour. But otherwise assume the role of dictator there was none. Samuel had served his where he is concerned. Some may con- God and his nation with justice and with

no subsequent time, in the checkered

Samuel was willing and anxious to know,

told us how we can always tell (John

should think, or what friends he shall no man is. But he was a leader whose whom worship was to be made. And of millions of micro-organisms. Worth-while friendships are trust was in Jehovah, and of whose name when he came to the end of his life he founded on mutual respect, and such and honor he was unceasingly jealous: was able to look back with satisfaction expect is mosmpatible with the exercise For him there was none other God, from at his own loyalty, and into the face of Douglas' Egyptian Liniment to sore necks

## ROAD ACCIDENTS IN ONTABIO

Everyone will be gratified to learn that fatal accidents in Ontario for the month of June have again shown a decrease. The numbers killed in that month in 1931 were 61; for 1932, 36, and for Suggestions 1933. 30-one person each day for June, By Betty Barclay

1933. There were 749 accidents during the month; 739-persons were injured and property damage reached \$67,111.00. The conditions in June were favorable. Of the accidents 195 per cent. occurred on dry roads and 80 per cent. in daylight. Only 5 per cent. of the cars were mechanically defective. . The human factor failed.

The Clipping Bureau of the Ontario Prohibition Union has press reports of 05 accidents on Ontario highways during the month of June, 1933, with which liquor was associated. This is more than per cent. of the total reported. Its records further show 41 cases of drunk driving, 27 cases of reckless driving after drinking, 26 cases where liquor was found in cars, 7 cases where the driver had his liquor permit cancelled after driving recklessly, and 4 cases not easily classifled. One of the latter was that of a man found in a burning car. He died later in Belleville hospital. Evidence at the inquest showed that before leaving Marmora he had consumed considerable iquor. In addition to the above, it may be of interest in passing to note that the Union has record of 21 stills discover-

ed in Ontario during June last. The human factor failed, but nothing causes the human element to fail mor surely than a small amount of alcoholic dope. The records of The Prohibition Union are, of course, incomplete, but there is good reason to assume that in 14 per cent. of the accidents on Ontarlo roads liquor was a definite contributing factor. Eminent medical men and scientists in Great Britain—men with no bias on the liquor question, or with one toward tolerance, if any-declare that with quantitles of liquor too small to occasion signs of intoxication in the ordinary or the legal sense, the mind of the individual is altered by the drug, so that it "lacks its normal factor of judgment and conspicuous element of its self-control." They distinctly point out the liability to serious accident attendant

upon such type of indulgence. Ignorance, our social customs, th shielding of reputable citizens from exposure, the condoning of the use iquor by public authority, and the subtie effect of alcohol itself which induces self-confidence while it reduces capacity and responsibility, delude the thoughtless and selfish citizen, and all these are accessory to the daily tragedy on our

Against these subtle but dominant influences the strictures of the courts and the pleadings of public men are largely vain. The scientific data is definite but nelther our social customs nor our laws ecognize its truth in any adequate degree. It is about time that the law should provide that anyone who drinks prior to driving a car should be held guilty of culpable negligence. It is many years since similar action was taken by the railroads in conditions less serious to the public than those that obtain on the highways .- From the office of Ontario Prohibition Union, August 10, 1933.

general pain killer. It has achieved

Canada, with its good roads, great distances, and alluring variety of scenie attractions is naturally one of the great automobile-using countries of the world. The number of registered automobiles in Canada in 1932 was 1,114,503. But Canadians not only drive automo-

perceived it as soon as Eli did? Wouldn't biles they build them; and Canadiandreaming. Now, that's a good boy, go of the world. Production from the automobile manufacturing industry in Canada

Among the countries which were prinand so he soon found out. Jesus has cipal purchases of Canadian-built automobiles were the United Kingdom, South Africa, India, British' Straits Settlements, British West Indies, Australia, New

Zealand, Morocco, Spain and Sweden. In addition to the automobiles manufactured in Canada and sold for use within the Dominion 13,022 cars were mported from other countries. evenue from registrations amounted to \$21,126,271 and from gasoline tax \$27,-088,316. The total consumptoin of gasoline in Canada in 1932 was 503,790,259

Good-bye Asthma. Persons suffering all their hearts for escape as from a struggle unaided is vain. With Dr. J. D. Kellogg's Asthma Remedy at hand, how-

## Menu Hints

Recipes for New and Novel Dishes: Household Ideas and

SUMMER VEGETABLE SALADS Use green vegetables of all kinds when they are in season. Most of them lend themselves to jellied salads—a novel and delicious surprise dish to place before guests. Economical tool And that means much to most of us.

ORISP SUMMER SALAD package lemon-flavored or lime-flavored gelatin pint warm water

cup red radishes, thinly sliced cup tender young onlons, thinly sliced Dissolve gelatin in warm water. Add salt and vinegar. Chill. When slightly thickened, fold in vegetables. Turn into individual moulds. Chill until firm. Unmold on crisp lettuce. Garnish with

mayonnaise. Serves 8. CARROT AND CABBAGE SALAD

1 package lemon-flavored gelatin 1 pint warm water \_\_\_\_

2 tablespoons vinegar 1 teaspoon salt

teaspoon salt

tablespoon vinegar

cup cucumber, diced

1 cup raw carrots, grated

1 cup raw cabbage, finely shredded Dissolve gelatin in warm water. Add vinegar and salt. Chill. When slightly thickened, fold in carrots and cabbage, Turn into individual molds. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise. Serves 8.

> SPICED ORANGE NOG (Serves 1 large or 2 small)

1/2 cup orange juice 1/3 cup evaporated milk

1/3 cup water

2 to 3 tablespoons spiced sugar syrup Beat well. Chill if desired. This is a delicious and economical drink.

TREASURE CHESTS

6 bananas 1/2 cup orange juice

2 tablespoons brown sugar Choose thoroughly ripe bananas; with brown or spotted skins. Bake bananas in skins about 15 minutes. Split skin carefully down one side; remove pulp; mash, add orange juice and sugar. Return to skin. Serve at once while warm.

ARISTOCRATIC PRUNE DISHES Don't think of the prune as merely an economy dainty. Stewed prunes are economical, easy to prepare and extremely healthful, by the way. But prunes lend themselves to dishes that are veritable aristocrats. Note the following:

SPICED PRUNE ICE CREAM

1 can evaporated milk (141/2 ounces) 1 teaspoon granulated gelatin

1 tablespoon cold water 4 teaspoon cinnamon

14 teaspoon nutmeg 16 teaspoon cloves

Few grains salt

2 cups cooked prunes 2 tablespoons brown sugar 1 teaspoon vanilla

Scald milk. Soften gelatin in cold water and dissolve in hot milk. Add spices, salt, mix well and chill. Remove pits from prunes and cut into pieces. Whip milk until stiff, add sugar, vanilla, and prunes, and mix thoroughly. Pour into tray of refrigerating unit and freeze

CALIFORNIA PRUNE PIE

2 cups cooked prunes

1 orange 1/2 cup brown sugar

4 teaspoon salt

2 tablespoons butter 1 cup liquid from prunes

2 tablespoons cornstarch

Baked pastry shell

Meringue, flavored with Yew drops lemon extract (used 2 egg whites) Pit prunes and cut in half. Peel orange, removing white inner peel completely, and dice orange. Combine prunes orange, sugar, salt, butter, prune liquid and bring to a boil. Dissolve cornstarch in 2 tablespoons cold water, add to boilor ing mixture and cook until thick. Pou

> FRUIT RAISIN SALAD (Serves 6)

ingue and brown in a moderate over

· % cup seeded raisins 6 oranges Lettuce

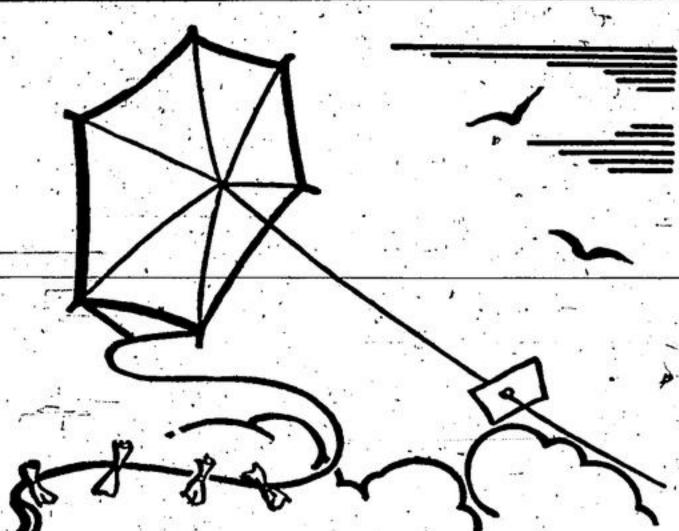
Arrange shredded lettuce on individua salad plates. Peel and slice oranges and arrange in circles on lettuce. Fill centre of circle with raisins which have been steamed until plump. Serve with Sweet French dressing or with orange juice mixed with equal parts of honey or jelly

Worms feed upon the vitality of children and endanger their lives. A simple and effective remedy is Mother Graves Worm Exterminator.

# SOIL COMPOSITION

Soils as we have them to-day are made up of three different classes of material from that extremely trying trouble known namely, rock particles, organic matter as asthma know what it is to long with and micro-organisms. The rock particles may be considered as the framework of yrant. Never do they know when an the soil: the organic matter is made up attack may come and they know that to of what is left of decomposed or decomposing plants and animals which have grown and died and accumulated century ever, they can say good-bye to their after century, while the micro-organisms enemy and enjoy life again. It helps at are tiny, invisible plants which turn what would otherwise be an inactive soil into one that is very active. In one tea spoonful of soil there may be hundreds

Heal your horse while it works. Apply



IF You want to keep really cool, eat more crisp, light foods - fewer hot, heavy dishes. Kellogg's Corn Flakes lead the coolness parade. Delicious toasted flakes. Rich in energy. So easy to digest they don't "heat you up."

Serve with milk or cream and add fruits or honey. Made by Kellogg in London, Ontario



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FRIDAY, August 25th - 55th Consecutive Year

Colossal dramatic production-1500 costumed characters-1000-foot stage. Mexico of the early 16th Century. Opening performance, Monday, August 28th

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WOMEN'S, 10 miles, Opening Day

OPEN, 15 miles, Wed. August 30th

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Massed bands including famous band of His Majesty's Scots Guards-Traveling Troudadours on Music Day, Thursday, August 31st.

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.Downtown official free information bureau. List of carefully selected and approved private homes available to out-of-town exhibition visitors. 46 Yonge Street, 'Phone EL. 7816.

Be sure to make early reservations for the grandstand pageant "Montezuma". Opening performance on Monday, August 28. Reserved seats 50c., 75c. and \$1.00. Box seats \$1.50 (5 chairs in each box). Mail cheque to Canadian National Exhibition, Toronto.

Low rates on all transportation lines-special excursion days arranged-consult local agents. WM. INGLIS. H. W. WATERS,

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# TIME TABLES

# NATIONAL RAILWAYS

Going East	T: .
oally, except Sunday 10.07	m.
ally, except Sunday 6.12 p	
unday only 6.34 p	
The Chicago filer, that passes throwere at 9.35, eastbound, stops at George at 9.44 p. m.	

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EFFECTIVE JUNE 9th, 1933 Kastbound Daily, except Sunday .... 6.00 a.m.

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