THE NEIGHBOR

Time was when I was very small, And ill in bed I lay: A kindly neighbor used to call Who lived across the way. Into my room, it seemed to me, She tripped on fairy feet And whispered, so so cheerily: "Here's something good to eat."

So strangely is the mind impressed, That neighbor seemed to me Of all good folks the very best That I should ever see. For cookies from her pantry shelf, A dish or raspberry jam Or broth which she had made herse All grateful still I am.

Why should I think of her to-day? Well that I scarcely know, But one like her went 'cross the way With tray in hand, and so I watched her hasten to a door And guessed perhaps that she Was taking jam and cookies for

Some child resembling me. Beneath the linen, spotless white, I knew was something sweet To tempt a sick child's apetite. And driving down the street Thought I in life there's much that's narrow oyster shell. The insect passes the winter in the egg stage, beneath the

Despite the wrong man tells; In every little neighborhood Some kindly woman dwells.

By Betty Barclay ... We stopped at a tourist home yesterday," remarked Mrs. Nugent. "One of those white farm houses, you know, where

a kindly old lady bustles around and

COUNTRY AND CITY MEALS

serves one of those real country dinners. "A dinner where fresh peas taste like nectar from the gods, and the humble string bean has a flavor like nobody's business," interrupted Mr. Nugent.

During the tourist season thousands of conversations similar to this take place after each week-end motor trip. The oldfashioned country dinner will never lose its appeal with city folks or with country folks either. Somehow or other things taste differently. Few try to analyze the cause but all admit the fact.

Really, the reason vegetables in the country taste better than vegetables served in the city, is that those served in the country are fresh picked. All of their carbohydrate content is retained, and they come to the table with that flavor which lew of us seem to be able to

acquire in our city homes. The longer vegetables are picked the more carbohydrates are lost. In the city one can not hope to secure vegetables that have been picked but a few hours, but one can restore some of the lost carbohydrates by adding a touch of sugar to the various vegetable dishes prepared. Sugar is a carbohydrate and in some way has the power to accentuate the flavor of vegetables and even meats.

When you live in the country, in a town, or in the city, try adding a dash of sugar to your vegetable dishes when they are on the stove. You will be surprised and delighted with the result. Continental chefs have long known the value of a dash of sugar used along with salt and pepper as a vegetable seasoner. It helps to blend the other seasonings and points up the flavor. Then, for those who wish to try unusual vegetable dishes this season when vegetables are plentiful and inexpensive, I am passing along these three recipes which I am sure you will find delightful and delightfully

economical: CORN PUDDING

- 2 cups fresh com 2 tablespoons melted butter 2 teaspoons sugar
- 3 eggs 2 cups milk ---

Beat the eggs and mix all the ingredients. Pour into a buttered baking dish and place in the oven in a pan containing boiling water. Bake slowly until it is entirely set to the centre in a moderate oven (350 degrees F.).

STUFFED BEETS 2 cups small peas, cooked

6 large beets, boiled 3 teaspoons butter Salt and pepper

.3 teaspoons sugar Peel the cooked beets. Cut a small slice from one end of each so it will stand erect. Scoop a hole in the other end. Sprinkle beets with salt and pepper. Put one-half teaspoon butter and onehalf teaspoon sugar inside each. Fill well with drained peas. Heat in oven.

BAKED CARROTS

2 cups boiled carrots, rubbed through

- 1 cup soft breadcrumbs
- 2 tablespoons butter 2 teaspoons sugar

Salt and pepper Add the breadcrumbs, slightly beaten egg, and butter to the strained carrots. Add sugar, salt and pepper. Pour mixture into a buttered baking dish. Set in

with white sauce.

ANOTHER LINE OF ACTION

a pan of hot water. Bake in a moderate

oven about one hour, or until firm. Serve

Borgus: "I can't understand why that Jones girl don't take an interest in me Don't a girl like a man with a future ahead of him?"

Wilgus: 'Sometimes; but my advice would be to try her with a present behind you."

SURELY INSANE

Nume (in mental hospital): "There's a nan cutside who wants to know if any male patients have escaped lately." "Why does he ask?"

UNSPRAYED TREES

Increase of Oyster-Shell Scale Pest in. Unprotected Orchards

The value of spraying orchards is once shown that the following treatment will more demonstrated in reports from New readily control the oyster-shell scale: Brunswick and British Columbia that so For the dormant, or delayed dormant up in a business meeting of his class and lazy student. They point out the fact far this season the increase of the Oyster- application, spray annually with lime- make a motion. The little girl who was that laziness will not be profitable after Shell Scale pest on unsprayed trees has sulphur, 1.035 sp. gr. (5 gallons of com- frightened when she heard a dog barking graduation, and imply that since the been very great. The oyster-shell scale mercial lime sulphur to 35 gallons of at night, laughs at the memory of her lazy student will have to reform some occurs in all fruit growing provinces of water) until the pest has been subdued. childish folly; but perhaps she makes a day, he had better begin now. This Canada but is kept in check by spraying. This application may be put on any time terrible fuss if she finds that she will It attacks a wide range of trees, bushes in the spring previous to the bursting of have to stay alone in the house a few pecially impressive as coming from the and shrubs, for example, apple, plum, the buds, but the general practice should hours in the evening. pear, cherry, current, gooseberry, lilac, be to apply it immediately before or as | We shall not get along very fast if we reason why loafing should be cultivated rose, hawthorn and mountain ash, but it the buds are bursting, in view of the simply exchange one fear for another. is most injurious to the apple. In the necessity of spraying at this stage for The way to do is to master fears, to ported by a commonwealth of workers." reports of the oyster-shell scale infesta- other-purposes. Other methods of con- put them under our feet one after antions in New Brunswick, lilac is included. trol of the oyster-shell scale, and also of other, until we come to the place where The oyster-shell scale can be readily the San Jose scale pest, are fully disdistinguished from other orchard scale cussed in a pamphlet which can be ob- to be afraid of .. tained free on request from the Publicainsects by the fact that the scale or tions Branch, Department of Agriculture, covering of the mature female is about one-eighth of an inch long, is dark brown Ottawa. in color and in outline resembles a long,

old scales. The eggs commence to hatch

at the time apple blossoms fall or shortly

thereafter, and the exceedingly small,

whitish newly hatched young are active

for several hours. They then insert their

beaks into the bark, settle down per-

manently and gradually cover themselves

with the secretion which later becomes

PRECAUTION

and lay their eggs until late summer or

autumn, there is only one generation of

is regularly practised, experience

In commercial orchards where spraying

the insect annually in Canada.

Police Inspector (to little Binks. has reported that his wife is missing) "So you want us to find her?" Little Binks: "Er-no-thank you." Inspector: "Well, why do you come

Little Binks: "Because, if she came back and found I hadn't done anything the scale. As the females do not mature about it, she'd half kill me!"

EXCHANGING FEARS

Some young men and women as rapidly as they conquer one fear, take on another. The little boy who cries when a stranger comes to dinner, gets over that

A DICTIONARY FEAST

Never let go of a dictionary without getting more than you went to it for. This is one place where playing the hog pays handsomely, and is not just mere selfishness. It is always possible, no matter how great a hurry one is in, to drop the eye down and take in the meaning of another word. Often the chain thus begun will roll one back into past centuries, for our great modern dictionaries are filled with interesting facts, not just words and meaning alone. restore healthfulness.

THE LAZY STUDENT

modern educational methods, and among fear, but frequently he dreads to stand other conditions have been criticizing the forceful sentence in the report is esyoung people themselves. "We see no and tolerated in a state university, sup-That piece of common sense is commended to the consideration of all lazy we realize the truth that there is nothing students whether in college or the preparatory schools. Education is a gift, as far as the student is concerned. Whether the taxpayer is presenting you with an education, or whether the philanthropist is endowing your school so that you may

> is out of place in any school. Worms cause fretfulness and rob the infant of_sleep, the great nourisher. Mother Graves' Worm Exterminator will clear the stomach and intestines and

have the best opportunities, the question

is. Why should they give you what you

do not have the sense to appreciate.

nor the backbone to improve? The loafer

AN EXAMPLE

Wife: "John, what is the difference between direct and indirect taxation?" Husband: Why, the difference between your asking me for money and going through my trousers pockets while I'm

Toothache and neuralgia are instantly elieved with Douglas' Egyptian Liniment. A quick, sure remedy. Also recommended for burns, sprains, sores and

TIT FOR TAT

Pullman Porter-Beg your pardon, sir, but the dollar you gave me last night had a hole in it. Traveller-So did the blanket you gave me last night.

NO NEED

"I suppose you visited the great art galleries while you were abroad." "No, we didn't need to. You see our daughter paints."



J. Cadesky

OPTOMETRIST

WILL VISIT ACTON ON

Anyone suffering from Eyestram, Defective Vision or Headache should not miss the opportunity of consulting this eyesight specialist. Appointments may be made with Mr. A. T. Brown, Druggist.

CONSULTATION FREE Office Hours: 9 a. m. till 4 p. m.

General Merchants

NELSON & CO.

CHOICE GROCERIES

GENERAL DRY GOODS

ELLIOTT BROS.

A DEPARTMENTAL STORE TO

SERVE YOU IN ACTON

Successors to McLean & Co.

Plumbing and Tinsmithing

JAMES B. CHALMERS

We Specialize in Plumbing and

Furnace Work

Estimates Cheerfully Given

ALL WORK GUARANTEED

JAMES SYMON

GENERAL HARDWARE

SILVERWARE, CUTLERY.

GRANITEWARE

-Garages

NORTON MOTORS

Mill Street - Acton

Phone 49

PHONE 38

MILL STREET

MIII Street

Give Acton Business Men the First Opportunity

Acton's Prosperity Campaign

Every Citizen of ACTON and District is vitally affected by the amount of money kept circulating at home. editorials with care. The suggestions offered therein, if followed, will banish Depression here. Let this list be your shopping guide.

Dollars Spent in Acton Will Remain Home to Boost

Ladies' and Men's Wear

B. D. RACHLIN & CO. CLOTHING AND SHOES For Every Member of the Eamily You'll find New Foot Comfort in a Pair of Fitted Shees from Us

This Ad. is Worth 10c on Any Dollar Purchase

5c to \$1.00 Store

Our Lines are Too Numerous to Mention. We invite you to come in and inspect our money-saving

Constant Bargains in All Departments A. R. KEITH

ACTON MAIN STREET

Grocers BARR'S QUALITY GROCERY FRESH FRUITS and

VEGETABLES

Courtesy - Service PHONE 16 MILL STREET

ACTON

RED & WHITE CHAIN

STORES

QUALITY GROCERIES J. W. JONES MILL STREET

Boots and Shoes

KENNEY BROS. For Over Fifty Years Serving You

FOOTWEAR - SHOE REPAIRS MILL STREET

Shoe Repairs

EXPERT SHOE REPAIRING Work Guaranteed

SHOE SHINE

ACTON SHOE REPAIRS Frank Toth MILL STREET

Monuments.

"A Marker for Every Grave" HIGH GRADE IMPORTED GRANITE Prices Cheerfully Quoted

ACTON MONUMENT WORKS J. NICOL & SON Main Street

Confectioners

GOOD MEALS Regular Dinner and Supper and a la carte Service ICE CREAM and HOME-MADE CANDIES

HAROLD WILES Mill Street

Clothing Store **PALLANT'S**

MEN'S FURNISHINGS CUSTOM TAILORING

Phone 124 Mill Street

Lumber Dealers

J. B. MACKENZIE & SON Planing Mills and Yards LOCATED AT ACTON and GEORGETOWN

Estimates Cheerfully Given Church Street

GEORGETOWN LUMBER CO. LIMITED Everything in Lumber and Builders' Phones: Georgetown 250 - Acton 120

Young Street, Acton

NORMAN McLEOD, Manager

Tobacconist

JNO. R. LEISHMAN

Acton's Headquarters for TOBACCOS PIPES and SMOKERS' SUNDRIES Mill Street

Vulcanizing

YOUR TIRES REPAIRED Cars Washed, Polished, Greased Batteries Charged TIRES AND ACCESSORIES B. H. FALCONBRIDGE Young Street Phone 46

Coal Merchants

RITCHIE & AGAR The Standard Anthracite Gasoline Station and Yards YOUNG ST. Phone 120

Everyone Desires to Secure Their Money's Worth

· When we spend our money we naturally want to get all we can in return. No one can criticize us for having this desire. Only those who are commonly referred to as having "moremoney than sense" throw their money away by failing to secure value in return.

But we have to be able to look farther than the ends of our noses if we are to be sure we are getting the most for our money, and many factors must be taken into consideration before we can arrive at a just conclusion.

In the first place, the old statement that local merchants cannot compete in price with those of larger shopping centres has been proven to be a bald misstatement of fact. If this. were the case your local merchant would long ago have ceased , to exist. But, instead, he has thrived and expanded.

There are real and definite reasons for this advancement carried on in the fact of what might appear to the shallow observer to be almost prohibitive obstacles. The chief reason tor the phenomenal development of business sections miles away from large shopping centres would appear to be that your local merchant serves you honestly and fairly in the lines in which he specializes, and by serving you in this way, he has at his disposal psychological factors which must work in his favor. Much of his profits are put back into his business in the form of building improvements, larger and more complete stocks, and shopping comforts of all descrip-

No one knows better than your local merchant that the price of the article you wish to buy is not by any means the only thing to be considered.

He knows you want the best article you can get for the price you want to pay. With this view in mind he has consistently refused to load his shelves with merchandise which will not "stand up." He knows that "Buying cheap goods because they are cheap does not pay," either the seller or the

There is so much inferior merchandise of all descriptions being marketed to-day and so much of this trash is being sold by stores who have a large transient trade to draw from, it would appear to be good business for those who shop to place quality as their first consideration. Your local merchant knows quality and for merchandise of merit his prices do not exceed those of large cities. In many lines he sells for less.

Therefore the next time you have need of anything go to your Acton merchant with absolute confidence that you are getting the best value obtainable at the price. Moreover, you are keeping your money in Acton.

W. J. PATTERSON

Butchers

GEO. W. BENTON

Your Meat Requirements Can Be

Supplied by Us to Your Satisfaction

A TRIAL IS SOLICITED

Dealer in All Kinds of FRESH AND CURED MEATS POULTRY AND FISH

Men's Furnishings W. M. COOPER CLOTHING AND FURNISHINGS

FOR MEN Alterations and Repairs ACTON MILL STREET -

Restaurant MAPLE LEAF RESTAURANT

Cooked, at All Hours LIGHT LUNCHES T. DURRANT

Hardware

Full Course Meals-Deliciously Home

W. D. TALBOT SHELF AND HEAVY HARDWARE TINWARE, GLASS, CHINA

MIII Street

Creamery ACTON CREAMERY

Phone -128

Manufacturers of "CLOVER GOLD BRAND" CREAMERY BUTTER

Funeral Directors

FUNERAL AND AMBULANCE FURNITURE and HARDWARE

The Best at Moderate Prices

FURNITURE DEALERS UNDERTAKING SERVICE FORD DEALERS REPAIRS

SOUTH END GARAGE

and Build Up Your

Get the Habit of Shopping At Home-In Acton

C. B. SWACKHAMER

Phones 168-98-41 Willow Street "As Near as Your Telephone"

JOHNSTONE & RUMLEY

KING and McEACHERN

Repairs and Service To All Cars