LIFE

Life! we've been long together, Through pleasant and through cloudy

Tis hard to part when friends are Perhaps 'twill cost a sigh, a tear; Then steal away, give little warning, Choose thine ewn time: Say not Good-night, but in some bright-

er clime Bid me Good-morning. -Anna Letitia Barbauld

Menu Hints

Boolpes for New and Novel Dishes: Household Ideas and

Suggestions

By Betty Barclay

WHEN FATHER COOKS

Few men claim to be good all-round Many, however, have special dishes which they feel they have mastered thoroughly. Here are two typical male recipes. Incidently, the addition of a little sugar to the meat or fowl adds quick-energy and accentuates the flavor of the other-ingredients.

DERBYSHIRE SANDWICHES Run through the meat grinder enough finely sliced boiled ham to make one cup of it when mirced. Add one-half teaon mixed mustard, few drops tobasco sauce, one teaspoon sugar, salt and pepper to taste, and enough Chili sauce to make a smooth paste. Spread on thin slices of buttered bread.

CHICKEN SANS LUIS

Cut a frying-size chicken in quarters and fry in olive oil with one-half cup finely chopped onion and raw white potatoes cut in dice. Cook until the meat of the chicken is white. Add one-half teaspoon sugar, one-half teaspoon chopped parsley, one tablespoon chopped green pepper and one-quarter cup hot water. Season with salt and pepper to taste and cook very gently until the chicken and potatoes are thoroughly

FRUIT BUFFET RUSSE

Sweep the petty cares away. Individual fruit hors d'oeuvres carrying out special decorative motif may be prepared for each service. These are known as fruit buffet russe.

Plate 1-Make a star of orange sections. Place cantaloupe balls rooled in fine cocoanut between star Shed their brightness here below.

points. Centre with cherry. Plate 2-Make a star of orange sections. Make a second star of pineap- And I've made a mess-of living, ple sections outside first star. There my faith comes back again.

Place at star points banana There dark gloom is chased with laughcross sections cut 1/4 inch thick and rolled in ground nuts, then And I feel, well, mighty thankful dashed with paprika. Put a That my life belongs to me. mint sprig in center.

TWO DELICIOUS DRINKS

- 6 tablespoons evaporated milk 6 tablespoons orange juice 6 tablespoons cold water
- 1 teaspoon sugar. 1 teaspoon grated orange rind

Beat or shake thoroughly. Serve once in a large glass; chilling with ice desired. Fresh milk may be used place of evaporated milk.

This is an excellent mid-meal drin for children who are undernourished. Scotch the invitation was. is also a good beverage accompaniment for meals. Evaproated milk makes the drink very economical.

FRUITADE

(Individual Service)

- 2 tablespoons crushed pineapple or pineapple juice
- 1/2 cup orange juice 14 cup water
- 1 tablespoon sugar 1 tablespoon lemon juice

grannies' that were made at Keppochili. -Drain pineapple, if canned, but do no extract all juice. Add lemon and orange juice, water and the sugar. Strain and serve very cold.

CARROT PUDDING

This is a desert well liked by those served with a pudding sauce or with

- 1/4 cup butter
- 1/2 cup brown sugar
- 1 egg 1 cup carrots, grated
- 2 teaspoons lemon peel, grated 14 cups flour
- 14 teaspoon soda 1 teaspoon baking powder
- 1 teaspoon cinnamon

1/2 teaspoon ginger Cream the butter. Add the sugar an and grated lemon peel. Mix and sift the dry ingredients. Add the first mixture. Bake in-a buttered pudding pan for one hour. Berve hot.

Worms are encouraged by morbid conditions of the stomach and bowels, and so subsist. Miller's Worm Powders will alter these conditions almost immediately and will sweep the worms away. destructive parasite can live in contact with this medicine, which is not only a worm destroyer, but a health-giving medicine most beneficial to the young constitution.

FOR SALE

propose to do about it." "Are you sure it was my dog?"

in the churches and the first big community service in the Park on Sunday night. It was estimated the attendance was between 3.000 and 4.000 on that

THE OLD MAN

BIG CLOUNTOWER

PRST OFFICE

THE BOAD TO HOME

When the busy day is through,

Where the sun is always friendly

Tis the road that leads me home

With their brooms of happy laughter

Than this heart of mine can sing.

As my happy thoughts soar onward

And my captive soul takes wing.

Where the rarest gems of heaven

And though I may think my efforts

Through the day have been in vain

"COME AWA' HAME"

And then it was signed by the com-

mittee in charge of affairs and neither

of these gentlemen was named Alex., and

sons or any of the other Scotch Macs

But I hope they have a good time in

Fergus this year and from the time or

two that I've called there I know the

hospitality will be all right and a right

Of course they'll have a good time

there on the dates mentioned, and pos-

sibly that makes me a little more anxious

for a re-union event in Acton. Every

ten years to us older folk is, you know

just a problem of whether the next span

will be reached or whether our re-union

will be with the friends on the other

shore before that time. I just thought

maybe some one of these sport clubs about

shoulder the load and mark Acton's

sixtleth birhtday. Fergus has forty years.

no need to wait another forty years for

such an affair. I'll not say any more

holidays at the right time.

PREE PRESS at that time.

Winging quickly on before me To that little place I know

Oh, that pathway holds more gladness

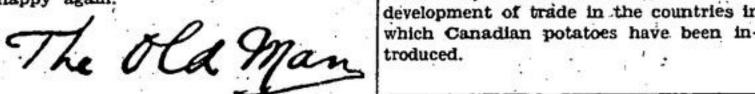
And the skies are always blue.

Where the little children gay

Then on Monday there were baseball football and softball games. And l almost forgot the calithumpian parade n the morning. At night there was a band tattoo, with the Milton, Georgetown and Acton Bands taking part. It was a grand time for all.

But there's a touching side to a review of this event of just ten years ago, when one look's over the account of the doings, such as the following: "The happiest man in Acton after the judging of the baby show was George Hynds, Esq., ex-Warden, the grandfather of the prize baby." And in another place, "Mr. H. P. Moore was the chairman of the even ing." And yet again, "How the home folks unbent is evidenced at once in the fact that the usually staid ex-Councillo John R. Kennedy got himself a costum and rode in the parade, enjoying it as much as anyone." And another paragraph tells that John C. Hill occupied the best decorated car or float, and was still with the band. And it might go on. All of these have since passed on and will join only in spirit again if we observ this birthday anniversary of Acton. when Acton comes to seventy years of age what more changes will have occurin the folks about the town and how many will be here to join in that

re-union of Actonians. There now, I've gone on and on. still believe we have a band and base hall and such clubs who could, with the co-operation of citizens, make a real this year. Maybe I'll be seeing you all then, and if I do it will make me very



A Power of its Own .- Dr. Thomas' Eclectric Oil has a subtle power of its own All who have used it know this and keep it by them as the most valuable liniment available. Its uses are innumerable and for many years it has been prized as the leading liniment for man and beast.

By Edson R. Waite-Shawnee, Okla

Eric Oswald, accountant, auditor and economist on the staff of the Port Hope

(Ontario) Evening Guide, says: "The root idea of Capitalism is prospectiveness-looking forward. Prospectiveness implies Saving, which means sacrificing present for future needs. This highly commendible virtue, Saving, has Morbid thoughts are chased with glee, been extolled from time immemorial. it were not for Saving, civilzation would have to live from hand to mouth. hand-to-mount existence means a rever-

I've been a-wondering, the past few sion to barbarism. days, why no one has taken the occasion "This root idea - prospectiveness or to arrange a little celebration or home- looking to the future—is seen everywhere coming time to observe the sixtieth an- in nature, particularly in regions where niversary of Acton's becoming incorpor- extremes of heat and cold have to be ated. The editor handed me an in- foreseen and provided for. Thus manvitation he had received from Fergus, kind, in his fight for existence, is born where they are celebrating the one hun- a capitalist and as a capitalist he goes dredth anniversary this year. It was to his grave.

real scotchy and had a highland lass "Interference with any natural instinct dance picture on it. For the benefit of of mankind, or of the lower animals, can the Scotch around these parts I'll just have one result only, the ultimate exrepeat it here to show you how really termination of the species. It is strange that the initiative in propounding schemes to hasten its own end should Ha'e a crack wi' auld freen and nee- have been taken by the 'thinking'

bors and wat yer whustle at the Fairgus animal. Centennial, August 5th to 9th, 1933. "Self-government—excellent in its pure We're gaun' tae hae a graun hame week state-becomes self-extermination in the wi' the auld lads and lassies; special corrupt form that has developed through services in a' the kirks on the Sawbath; governments, not content with governand a' the auld games, the skirl o' the ing, passing legislation, interfering with pipes, Scotch music and sangs the ither by mankind, if he were left free to days. Forbye, they'll be tatties an' her- exercise his own free-will and enterrin', parrich, brose an' scones, like yere prise in looking after his needs.

People must work for one another: Glesca. Come awa' hame and bring the no one can supply all his own needs wifie or the guld man, as the case may by his own efforts, and the same law be, an' a' the bairns. Min' weel the date applies to nations.

"One of the greatest abuses of the -August 5th to 9th. 'May the mouse ne'er leave yere meal pock wi' a tear in Capitalistic system is governmental interference with the natural right of mankind to work for one another as economically as possible. One of the most dangerous weapons by which Capitalism has been abused and by which they were not Macgregors or Macpher-Wealth has been unequally distributed is concealed under the cloak of 'Protection'; when exposed it is recognized as the 'Tariff'-a nasty instrument put into the hands of a few to exploit the lives royal welcome will be accorded all who and liberty of many, which in the long run destroys those who may have benc-

"It is not the Capitalistic system that must be condemned. It is rather the abuse of the system that is responsible for the evils attributed to it, in orror, by people who do not stop to think; by people who, unfortunately, have not suficient power to analyze the many complex problems that are the outcome of town or some of the organizations would tion.

of a head-start on us in age, but there's AN OPPORTUNITY FOR INVENTOR

about it, because I'm hardly able to help inventions? This question was promuch myself in arranging such a time, pounded at a recent meeting of the except by writing to my friends and Women's Institute, Saint John, N. B., family and make sure they had the according to the Industrial Department of the Canadian National Railways. Ten years ago the event was held in Among the suggestions submitted were: August, at Civic Holiday time, but this A rocking chair that would become vocal year that would not be advisable, since when someone was about to trip over our northern neighbor has chosen those the rockers; and electric collar button dates, but Dominion Day, coming on a that would become luminous when it Saturday this year, would make a nice rolled under the bed, bureau or into week-end event. I've refreshed my some other inaccessible place; a key night; and I want to know what you memory a bit from my copy of THE hole with a magnetic attachment that would draw ther key to the hole in the On Saturday afternoon there were dark or when friend hubby is perplexed races and sports for the children and a after a heavy "business session or direc-I ball game in the afternoon between tor's meeting;" a square-rimmed straw

A BEASON

"Tommy," his mother began severely, there were two cakes in the cuboard last night-

NEW MARKETS FOR CANADIAN

POTATOES

"Bother! I only saw one!"

In recent years efforts have been made to create new markets for Canadian certified seed potatoes in various counties, namely, South Africa, Mexico, Hong Kong, Java, Cyprus and Egypt. Many difficulties were encountered, such high transportation charges which resulted in prohibitive prices at the respective destinations; lack of suitable varieties similar to those to which the consuming public in the country of export were accustomed; failure of Canadian varieties to adapt themselves to foreign climates, and their susceptibility to diseases when grown without the ap-

plication of preventive sprays.

However, the major commercial varleties of Canada gave a good account of themselvest often under very adverse circumstances, and in most instances compared favorably with native varieties And In spite of the difficulties, says the Market Extension Division of the Dominion Fruit Branch there are possibilities of future trade developments, as the majority of the importing countries do not produce seed stock, while at the same time, they fully recognize the value and the advantages to be derived from planting Canadian certified seed. Prevailing economic conditions, no doubt, nice time for Acton's sixtleth birthday restricted operations to a considerable extent, but with the return of more favorable conditions the advances already made should result in an expansion and development of trade in the countries in

FAST TRAINS CARRY ROYALTY OF TO-DAY

An article on "Royal Trains", published recently in the Canadian National famed in fact and fiction, are becoming mechanized and as a mounted force they Railways Magazine recalls that Queen Victoria was unshakable in her convicmay soon pass out of existence except tion that safety in train travel could for ceremonial purposes, says a bulletin not be guaranteed at a speed of more of the Canadian National Railways. than 40 miles an hour. The then shah. of Persia was equally convinced that 10 the force itself, however, will not. It is miles an hour was the limit of safety, growing in size and prestige. To the but Their Majesties, King George and usual duties of the force has been added Queen Mary, as long ago as 1903, trave - customs preventative work and six of the led 2451/2 miles in less than four hours provinces have scrapped their provincial between Paddington and Plymouth and forces and have turned the police work their train touched more than 80 miles over to the federal force. Because of this, the force now has a strength of

A HAPPY WORLD

As we notice little pains, If we quite forget our losses And remember all our gains. If we looked for people's virtues And their faults refuse to ser. What a comfortable, happy."

Cheerful place this world would be

tances that take days or weeks by dog-

HARDY BUDDING

ANNUALS

We offer a Good Assortment of Pot Plants and Perennials at Reasonable Prices. TOMATOES

FAMOUS RED COATS ADOPT

LATEST METHODS

The Royal Canadian Mounted Police

Although the horses may disappear

2,500 officers and men and its equipment

consists of 359 automobiles, 27 motor

cycles, 13 trucks, 101 boats, both sea-

going and for use in inland waters, 445

sled dogs and 256 horses. The dogs are

still much in demand for work in the

far northern sections of Canada, though

in emergencies the police now take to

planes and cover in a few hours dis-

SNAPDRAGONS PETUNIAS, Etc. rented the store formerly 15c per Box occupied by Orrie Lamb

2 Boxes for 25c HANGING POTS FILLED ORDERS PROMPTLY DELIVERED — PHONE 31r6

Woodhall & Musselle

Did You Ever Stop

to Think?

By Edson R. Waite, Shawnee, Oklahoma

John L. McCarty, Editor of The Daily Dalhart (Texas) Texan, says:

That newspaper adververtising efficiently and thoughtfully planned and consistently used will overcome a great percentage of the obstacles to the operation of a business. It provides a medium of invitation to everyone and an appeal that needs only salesmanship to complete a sale for a profit.

If advertising is planned haphazardly and is irregular in its visit to the people through the newspaper, it will return shoddy results just as an effort put forth will return results in about the same ratio as the energy and thought expended.

A merchant should no more think of letting his newspaper advertising go than he would of pulling his signs down and screening off his windows.

The business man who by consistent advertising associates himself with the moving drama of life largely controlled by the newspaper has taken a great step toward success. He who does not will fail and probably have his advertising planned by the sheriff and bankrupt courts.

Business Directory

MEDICAL

DR. J. A. McNIVEN Physician and Surgeon Office and Residence-Corner Bower

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Phone No. 22 P. O. Box 33 HAROLD NASH FARMER, M. A. Barrister, Solicitor, Notary Public,

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losed All Day Wednesday

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and get our quotations.

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