

LIFE

Life! We've been long together, Through pleasant and through cloudy weather;

Menu Hints

Recipes for New and Novel Dishes; Helpful Ideas and Suggestions

By Betty Barclay

WIKIN FATHER COOKS

Few men claim to be good all-round cooks. Many, however, have special dishes which they feel they have mastered thoroughly.

DERBYSHIRE SANDWICHES

Run through the meat grinder enough finely sliced boiled ham to make one cup of it when mixed.

CHICKEN SAUSAGES

Cut a frying-size chicken in quarters and fry in olive oil with one-half cup finely chopped onion and raw white potatoes cut in dice.

FRUIT BUFFET RUSSE

Individual fruit hors d'oeuvres carrying out special decorative motif may be prepared for each service.

Plate 1—Make a star of orange sections. Place cantaloupe balls rolled in fine cocoanut between star points.

TWO DELICIOUS DRINKS

6 tablespoons evaporated milk 6 tablespoons orange juice 6 tablespoons cold water 1 teaspoon sugar

FRUITADE

2 tablespoons crushed pineapple or pineapple juice 1/2 cup orange juice 1/2 cup water 1 tablespoon sugar

CARROT PUDDING

This is a desert well liked by those who visit Portugal. It is equally nice served with a pudding sauce or with cream.

FOR SALE

"Look here, my friend, that dog of yours killed three of my sheep last night, and I want to know what you propose to do about it."

THE OLD MAN OF THE BIG CLOCK TOWER



THE ROAD TO HOME

There is a road I like to travel When the busy day is through, Where the sun is always friendly

Oh, that pathway holds more gladness Than this heart of mine can sing, As my happy thoughts soar onward

I've been a-wondering, the past few days, why no one has taken the occasion to arrange a little celebration or home-coming time to observe the sixtieth anniversary of Acton's becoming incorporated.

And then it was signed by the committee in charge of affairs and neither of those gentlemen was named Alex, and they were not Macgregors or Macphersons or any of the other Scotch Macs.

Of course they'll have a good time there on the dates mentioned, and possibly that makes me a little more anxious for a re-union event in Acton.

What to women are the most needed inventions? This question was propounded at a recent meeting of the Women's Institute, Saint John, N. B., according to the Industrial Department of the Canadian National Railways.

On Sunday there were special services in the churches and the first big community service in the Park on Sunday night. It was estimated the attendance was between 3,000 and 4,000 on that occasion.

A REASON

"Tommy," his mother began severely, "there were two cakes in the cupboard last night—"

NEW MARKETS FOR CANADIAN POTATOES

In recent years efforts have been made to create new markets for Canadian certified seed potatoes in various countries, namely, South Africa, Mexico, Hong Kong, Java, Cyprus and Egypt.

There now, I've gone on and on. But I still believe we have a band and baseball and such clubs who could, with the cooperation of citizens, make a real nice time for Acton's sixtieth birthday this year.

A Power of its Own—Dr. Thomas' Electric Oil

All who have used it know this and keep it by them as the most valuable liniment available. Its uses are innumerable and for many years it has been prized as the leading liniment for man and beast.

DID YOU EVER STOP TO THINK?

By Edson R. Waite, Shawnee, Okla. Eric Oswald, accountant, auditor and economist on the staff of the Port Hope (Ontario) Evening Guide, says:

"The root idea of Capitalism is prospectiveness—looking forward. Prospectiveness implies Saving, which means sacrificing present for future needs.

"This root idea — prospectiveness or looking to the future—is seen everywhere in nature, particularly in regions where extremes of heat and cold have to be foreseen and provided for.

"Self-government—excellent in its pure state—becomes self-extinction in the corrupt form that has developed through governments not content with governing, passing legislation, interfering with mankind, if he were left free to exercise his own free-will and enterprize in looking after his needs.

"It is not the Capitalistic system that mankind to work for one another as economically as possible. One of the most dangerous weapons by which Capitalism has been abused and by which Wealth has been unequally distributed is concealed under the cloak of 'Protection'; when exposed it is recognized as the 'Tariff'—a nasty instrument put into the hands of a few to exploit the lives and liberty of many, which in the long run destroys those who may have benefited temporarily.

"People must work for one another; no one can supply all his own needs by his own efforts, and the same law applies to nations.

"One of the greatest abuses of the Capitalistic system is governmental interference with the natural right of mankind to work for one another as economically as possible. One of the most dangerous weapons by which Capitalism has been abused and by which Wealth has been unequally distributed is concealed under the cloak of 'Protection'; when exposed it is recognized as the 'Tariff'—a nasty instrument put into the hands of a few to exploit the lives and liberty of many, which in the long run destroys those who may have benefited temporarily.

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AN OPPORTUNITY FOR INVENTORS

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FAST TRAINS CARRY ROYALTY OF TO-DAY

An article on "Royal Trains", published recently in the Canadian National Railways Magazine recalls that Queen Victoria was unshakable in her conviction that safety in train travel could not be guaranteed at a speed of more than 40 miles an hour.

A HAPPY WORLD

If we notice little pleasures As we notice little pains, If we quitte forget our losses And remember all our gains,

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FAMOUS RED COATS ADOPT LATEST METHODS

The Royal Canadian Mounted Police, famed in fact and fiction, are becoming mechanized and as a mounted force they may soon pass out of existence except for ceremonial purposes, says a bulletin of the Canadian National Railways.

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Did You Ever Stop to Think?

By Edson R. Waite, Shawnee, Oklahoma John L. McCarty, Editor of The Daily Dalhart (Texas) Texan, says:

That newspaper advertising efficiently and thoughtfully planned and consistently used will overcome a great percentage of the obstacles to the operation of a business. It provides a medium of invitation to everyone and an appeal that needs only salesmanship to complete a sale for a profit.

If advertising is planned haphazardly and is irregular in its visit to the people through the newspaper, it will return shoddy results just as an effort put forth will return results in about the same ratio as the energy and thought expended.

A merchant should no more think of letting his newspaper advertising go than he would of pulling his signs down and screening off his windows.

The business man who by consistent advertising associates himself with the moving drama of life largely controlled by the newspaper has taken a great step toward success. He who does not will fail and probably have his advertising planned by the sheriff and bankrupt courts.