EASTER MORNING

- saw the darkness of the night silence pass away, saw the first red streaks of dawn behind the mountains play. While on the valleys and the hills a golden glory, lay. My lips sang, Alleluia!
- I saw the sun's escending sphere in regal glory rise. The marvel of another day burst on my waiting eyes. I heard the lark's triumphant song, th mighty eagle's cries. My heart sang, Alleluia!
- The fragrance of spring was borne up the wind's warm breath: T felt the triumph and the truth what the Scripture saith. That God is Life, that God is Love, and Love shall outlive death.
- My soul sang, Alleluia. The mc:ning was now fully come. sky had lost its red. The white suffusing light of day filled a the earth instead.
- And it was Easter Day, and Christ was risen from the dead. O. Earth, sing Alleluia!

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, April 17, 1913

engaged in.

Eggs were 16c on Saturday

ting the fly. Every fly killed now is "trasfigured." The latter part of the

Contractors have been haunting the Post Office to view the plans and study the specifications of the new Post Office and Customs House, which are in custody of Postmaster Matthews. Masons and bricklayers, carpenters and plumbers, electricians and cement and contractors have each had their in-

EASTER FASHIONS IN BREAKFASTS By Barbara B. Brooks

A young married woman remarked fast was the most difficult meal in the day to make interesting. At least she is due a word of praise for having given a thought to the varying of breakfasts. For many people breakfast becomes just a part of the morning's rush to get off to work. Hastily downing the daily bacon and eggs or buttered toast and coffee is as much an unchanging habit

teeth or combing the hair. The world wakes up hungry and really needs the energy of nourishing breakfasts properly to accomplish a morning's work. Awake digestive processes with fruit or fruit juice. Furnish energy by serving cereals, of which there are many delicious varieties all ready to eat. Supply some construction food for bodily repair during the busy morning by including milk, eggs or occasion-

ally meats or fish. Let Easter fashions start the style interesting and nourishing breakfasts. That day, if heralded in true Easter fashion, just has to begin with a breakfast which gives to eggs a conspicuous place. An appropriate menu might in-

Fresh Fruit in Orange Cups Hot Whole Wheat Biscuits with Cream and Sugar. Egg Toast-Extra Buttered Toast

Coffee -EGG TOAST

milk or cream.

In many homes the first fresh strawberries of the year appear on Easter morning.

Easter breakfast is a truly festive oc-

Fresh Strawberries with Cream Hot Muffins-Jam

want of knowledge.

CORN FLAKE OMELET

Beat four eggs, whites and yolks separately. To the yolks add one-half teaspooniul salt, a dash of pepper and three tablespoonfuls water. Fold yolks into whites and carefully add four cups that it is thought a theme of little momcorn flakes. Pour into a greased omelet ent. There was one man who acted just or frying pan and cook until a golden like himself on his momentous occasion, brown. Serve immediately.

You may like a spoonful of tart jelly with the omelet instead of jam for the muffins in the above menu.

the skin. Recommended to also soften and and the one to whom we are to listen. To make the hands flawlessly white.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, APRIL 16

JESUS TRANSFIGURED Golden Text.—And the Word became flesh, and dwelt among us (and we beheld his glory, glory as of the only begotten of the Father), full of grace and truth. John 1: 14.

Lesson Text.-Mk. 9: 2-8, 17, 18, 25-29 Study also, Mk. 9: 2-29. Time:-Summer, A. D. 29. Place .-

Mount Hermon. Exposition.—I. Jesus Transfigured

The account of the Transfiguration of our Lord Jesus given in Mark's Gospel should be carefully compared with the accounts given by Matthew and Luke The incident is one of the most important and meaningly in the whole earthly life of our Lord. The stories bear unmistakable marks of truthfulness and Mark's account from an eye-witness, Peter. Taken merely as an historical incident, it proves the existence of a personal God, that the God and Father of Jesus Christ is the true God, that Jesus is the Son of God in an entirely unique sense and that all His claims are true. Faith in Christ Jesus as the only Son of God is their feet as they tread upon twigs and Farmers are busy. Seeding has com- built not upon theological or philoso- leaves. They walk through the forest as phical speculation, but upon-indisputably attested historical facts. The recorded excavations for a new brick residence facts about Moses prove that when he intends to erect on his farm the Christians die they do not cease to be and that they are not unconsicous. Note It isn't a bit too early to begin swat- carefully the exact force of the word Greek word in this passage translated "transfigured" is the same in root as the word translated "form" in Phil. 2: 6, 7 billion flies by the first of Septembe: There, also, we see a transfiguration, of a servant. Here we have the reverse of what took place in the incarnation-

neir course. Jesus would have been glorified right then and there with the glory which He had with the Father before the world was (com. Jno. 17: 5). But things were not allowed to take their course. The work of redemption was not yet accomplished (Heb. 9: 22; Eph. 1: 7): so He, who had already turned His back on the divine glory and been made in the likeness of man (Phil. 2: 6; 7) again turns His back upon that divine glory; and with wondrous love descends in comparison with Jesus, God says, "This from that mountain to die (v. 12; Mk. 9: is my beloved son, hear him" (cf. Ac. 12). Not until upon the cross He can 3; 22, 23; Heb. 12: 25). Fear fell upon utter the triumphant cry, "It is finished" the three as they heard the majestic (Jno: 19:30), will He consent to reas- voice of God rolling from the cloud and sume that glory that He laid aside to they fell upon their faces (Mat. 17: C;). redeem us (2 Cor. 8: 9). And having But Jesus came in wondrous gentleness finished that atoning work, He will not and humility and touched them and said. in the morning routine as brushing the be transfigured alone, but we in due time "Arise, and be not afraid" (Mat. 17: 7) shall be transfigured together with Him They lifted up their eyes; Moses and (Phil' 3: 21, R. V.; comp. Col. 3: 4, R. Elijah had vanished. "They saw no man

the "figure" of a servant being changed

that now is (Ro. 12: 2). The Greek Elliah. for "transformed" in this passage is the II. Jesus Completely Triumphant same ras that translated "transfigured" | Where His Disciples Failed Utterly, 17 in our lesson. The details of the trans- 18, 25-29. figuration are well, worth noting. In came glistening, exceeding white, so ant where His disciples failed. that no fuller on earth can whiten In Luke "the fashion his countenance was altered and his raiment became white and dazzling." This will give us some idea of how He and we shall appear in the resurrection glory. Luke tells us that it was "as he was praying" (Lu. 9:-29) that-He-wa

transfigured. Nothing else, even in the life that now is, transfigures like prayer (Ex. 34: 29-35). The glory of Moses' frequent daily annoyance, getting-upface was reflected; that of Jesus' face nights, dull pains in back, lower abdo-Cut bread in squares and toast. Separ- came from the glory within. As they should try the amazing value of Dr. ate eggs, keeping yolks whole. Beat gazed upon our glorified Lord, they saw Southworth's "Uratabs" at once and see whites to a stiff froth; lay beaten whites two others talking with Him, Moses and what a wonderful difference they make nicely around on the edge of the toast; Elijah, the two great representatives and If this grand old formula of a drop a yolk in centre of white ring, salt master prophets and law-givers of the known physician brings you the swift and pepper and put in hot oven for a old dispensation. Moses had died (Deut. and satisfying comfort it has brought to dozens of others, you surely will be few minutes. Pour a little melted butter 34: 5,6), and the theory of the non-ex- thankful and very well pleased. over the top after taking out of the istence, or non-conscious existence, of does not satisfy, the druggist that the holy dead until the resurrection at supplied you with "Uratabs" is auhoriz-While eggs are cooking in the oven the second coming of Christ goes to ed to return your money on the first while eggs are cooking in the oven the second coning of Christ goes to box purchased. This gives you a full heat the whole wheat biscuit. Spread pieces on this rock. It was no "vision" to days' test of "Uratabs" without risk each biscuit with butter and brown sugar in the modern sense of "vision," the of cost unless pleased with results. and put in oven until crisp and warmed three saw (2 Pet. 1: 15-18). The word you would know the joys of peaceful, through. Serve with either hot or cold translated "vision" in v. 9 means "thing restful sleep and normal healthy Bladseen." The three disciples were not der action, start this test to-day. Any dreaming, but "fully awake" (Lu. 9: 32, R. V.). They actually saw Moses and Elijah and actually heard God's voice saying of Jesus, "THIS is my beloved Son hear ye HIM". (and not Moses or Elijah). Moses and Elljah "appeared IN GLORY" with our transfigured Lord. Moses' long-Co:n Flake Omelet with Tiny Sausages ing to enter the promised land was satisfied at last. He is there. The disciples evidently recognized Moses and An omelet is one of those things that Elijah, whom they never had seen in the needs to be handled with care. Lack of flesh, and that ought to settle the quescare can often do more damage than tion whether we will recognize in glory those whom we have known upon the earth. The subject of conversation was "the decease which Jesus was about to accomplish at Je:usalem" (Lu. 9: 31) the atoning-death is a subject of great interest to the heavenly world (comp. 1

wanted to stay right there. But while House, with six rooms, furnace, that was a good place to be, it was not a good place to stay; for there was work line filling station, particularly well Persian Balm imparts a rare charm to be done at the foot of the mountain adapted to automobile business. and distinction to the woman who uses (vs. 14, 15). The voice of God speaks. tt. Fragrant as a flower, deliciously "This is my beloved Son." - Who can tt. Fragrant as a flower, deliciously This is my beloved Sch. Who can of sale, prior mortgage of \$2,500.00 to cool to the skin, it always results in measure the intensity and depth of the be assumed as part of the purchase complexions delightfully young and joy of God in that Son who again turns price, and balance to be paid in fifteen Indispensable to every dainty His back on the glory and chooses the days. woman. As a powder base for oily- cross? Moses and Elijah were there; but textured skins or as a beautifying lotion, great as they were, God passes them it is unrivalled. Tones and stimulates by and points out Jesus as the one Son, Or to Acton. Ontario all who would put any prophet or seer 40-3

USED TO IT By Arthur B. Rhinow

A western man visited a friend in mechanical way does not write enrapt. As the waves came rolling in, electric light, the first telephone. all over again, he became ecstatic. 'I never saw anything like this before, the line of progress.

And look at the big ship out there. " "Like it?" the native asked, nonchal- manufacturer who should take this atti anly "That's because it's new to you. It doesn't mean much to me. You see ever is accomplished, you should be less I'm used to it. I come out here to take interested in it than in the chance to

a dip and have a good time. the seashore hundreds of times and ex- to build. Joining the church is a start perienced thrills of ever-increasing in in Christian living. Do not be in a tensity. They do not get tired of the hurry to write finis except for those things ocean's moving picture. That is because that should never have been started. they do not merely see with their eyes, All the rest means going forward inbut with their souls. They enter into the definitely. spirit of it all until the Great Spirit

speaks to them. It is the same with the woods. The vacationist feels like quoting poetry us he walks through the forest for a mile or two, but the countryman is likely to laugh at him. "I'm used to it." he says with a gesture of finality. there are people who, though well acquainted with the woods feel the grip of something mighty every time they walk along a path that crackles under

through the aisles of a cathedral And when I hear men say, "I am all about such things, they mean nothing to me." I say to myself, they are adverising their shallowness. They see with their eyes, hear with their ears, and pray with their lips, but they never give their

Attacked by Asthma. The first fearful sensation is of suffocation, which into the glorious appearance of the Son nour by hour becomes more desperate of God. If things had been allowed to take and hopeless. To such a case the relief afforded by Dr. J. D. Kellogg's Asthma Remedy seems nothing less than mirculous. Its help is quickly apparent and soon the dreadful attack is master-The asthmatic who has found out the dependability of this sterling remedy will never be without it. It is sold

V.). Indeed, there is an anticipatory save Jesus only." To have "Jesus only" transfiguration possible for us in the life was better than to have both Moses and

The Lord had turned His, back on th Matthew, "his face did shine as the glory to serve, and His Diety comes out sun." "his garments" became white as the as truly in His service as in His Translight." In Mark "his garments be- figuration. He was completely triumph-

Folks Past 40 Should Read This

sensation, functional bladder weakness. good druggist can supply you

MORTGAGE SALE

OF VALUABLE TOWN PROPERTY

Under and by virtue of the powers will be produced at sale, there will be SATURDAY, THE TWENTY-SECOND DAY OF APRIL, A. D. 1933

at 1.30 o'clock in the afternoon, at LASBY'S HOTEL, IN THE VILLAGE

subject to reserve bid, by R. J. Kerr,

Village Lot Number Seven (7), in Young's Survey (registered Plan Number Pet. 1: 10-12). It is only here on earth Peter. He knew not what to say and ing link in Provincial Highway, said to therefore ought to have kept still. He contain the following: Modern cellar floor, and bathroom, all in good condition; also shop, garage and gaso-

TERMS—Ten per cent. of the pur-

R. J. KERR, Auctioneer,

WHEN TO WRITE FINIS

Brooklyn and, of course, the two spent after it. If he does, the world writes a day at the seashore. The visitor was finis over his name. Compare the first foam-crested, and beat upon the shore first automobile with the present-day with a rosr, only to resurge and try it product, and the two hardly seem related. Radio is comparatively new; yet "Why this is wonderful," he exclaimed. all the manufacturers are thinking along

It is not only the inventor and the improve it. Education should not be a But there are people who have sat at thing finished, but a foundation on which

AN AFTER THOUGHT

Lady Visitor-I should think you'd go nsane behind those bars.

Prisoner-Too late fer that now, lady. I should have done it before the trial.

HIS ADVICE

A farmer once asked the editor country paper for advice, as follows: have a horse that at times appea normal, but at other times is lame to alarming degree. What shall I do? The reply came: "The first time

horse appears normal, sell him."

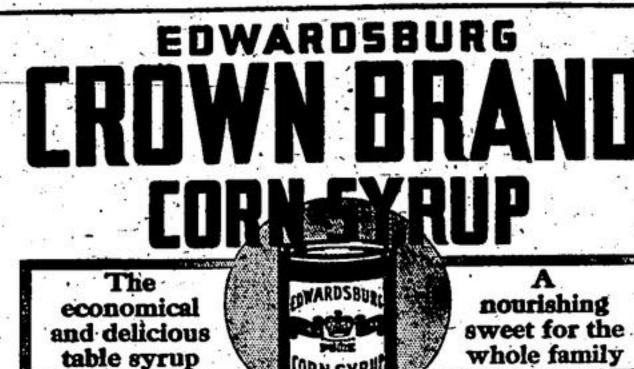
MORE TO LEARN

Bobby came home from his first day at school with the announcement that he could write. Upon being given pencil and paper, he made his usual meaningless

"But what," said his mother, "does it 7"How do I know?" answered Bobby.

LIMITED, MONTREAL

"I haven't learned to read it yet.".



The Dog Was Found The Cow Was Sold

THE CANADA STARCH CO.

The Seed Was Bought The House Was Rented The Sale Had A Crowd The Farm Was Secured

> And a hundred and one business transactions have all been completed through the insertion of a Small Advertisement in those little Unclassified Ads in THE FREE PRESS. There is no need of searching all over the country to bring buyer and seller, landlord and tenant, or loser and finder together. The modern and efficient way is to insert an advertisement in THE FREE PRESS and accomplish the object in less time and with less effort than by any other known method.

The Cost Is Small

Believe it or not, you can insert an advertisement of 25 words in this column for 25c and extra words at a cent a word. Among the thousands of readers of THE FREE PRESS you will find the other fellow to complete the deal. That's the business of these advertisements --- to bring buyer and seller together. Of course , the 25c charge is only obtainable when you pay cash with the insertion. The cost of keeping account of small items necessitates an added charge when the item has to be entered upon the books.

THE FREE PRESS is doing this service each week of disposing of many items or completing transactions. It's Spring and you'll find many things that somebody else wants for a little cash. Advertise them.

FREE PRESS ADS ARE AT YOUR SERVICE

TIME TABLES

AT ACTON

Going East Daily, except Sunday Daily, except Sunday The Chicago filer, that passed through here at 9.35, eastbound, stops at Georgetown at 9.44 p. m.

Going West Daily, except Sunday Daily, except Sunday Daily, except Sunday 7.00 p.m.

Daily Sundays and Holidays Sundays and Holidays



HEN CONSIDERING YOUR

EYES-AND GLASSES Quality is the Best Bargain You Can Buy

There is nothing in this district to equal the Quality and Service rendered by the Savage Establish-

Our New Lowest Prices (\$3.50 up) made possible by our operating the only lens surface grinding machinery in this district.

A. D. SAVAGE For Over 25 'Years Guelph's -Leading Optometrist-SAVAGE BUILDING, GUELPH

Life Insurance

Family Income, Child's Thrift, Retirement Income, Pension Bonds, Endowment, for Protection, Investment, Business and Savings. A request for information places you under no obligation.

Frederick L. Wright

Representative ' Imperial Life Assurance Company ACTON, ONTARIO

Savage & Co.

WATCHES

DIAMONDS

GLASSWARE

CHINA

WEDDING

ENGAGEMENT RINGS

GUELPH, ONTARIO

Subscriptions for All Magazine Taken at The Free Press Office