SLATS DIARY

SAULING BOATS IN SPRING-TIME

When the snow-drifts melt to slivers, Everywhere we go Little lakes and seas and rivers. Capes and islands grow." Little rapids rush and tumble (Perilous to skiffs), Little mad Nisgaras rumble

Over little cliffs. Then we send our fleets a-sailing, Flags and sails unfurled, Bold and dauntless and unquailing. Into all the world.

Past the mountain slopes and valleys, Past the sunlit sands. Walnut shells and paper galleys Seek the distant lands. School-time over, like the swallow, Free and wild and gay: We will follow, follow, follow,

To the Far Away.

Menu Hints Recipes for New and Novel

Dishes; Household Ideas and Suggestions

By Betty Barclay

ORANGE MEAT SALAD (Serves 6) 2 cups celd roast lamb (veal, chicken or duck)

Lettuce Cut the meat (lamb, veal, duck) into small pieces and marinate in Salad Marinade. Peel oranges and cut

with French Dressing. BAKED ORANGE MARIE

(Serves 8)

- 8 oranges
- 8 dates, stoned and chopped
- 1 tablespoon coconut 1 tablespoon raisins
- · 1 tablespoon chopped walnut meats Cut off tops of oranges. With a sharp paring knife hollow out a small portion of each orange near the top. Then work To the days of long ago, the knife aroung to lift out pieces of the remaining pulp, until orange shell is By the fire's burning glow clean. Mix orange, pulp with dates, coconut, raisins and nut meats. Return When the day was past and evening to orange shells. Place oranges in a Arannal the fire so bright. baking dish with 14 inch of water in We'd sit and read, or chat and knit. bottom of pan. . Bake in a slow oven for But we had no electric light. 45 minutes. Take out of oven and put

~ 1 egg white, stiffly beaten 1 teaspobn sugar

Sprinkle meringue with coconut return oranges to oven to brown. Serve To lay by your work and get to rest. hot or cold. 'A marshallow may be used Did you hear the clock strike nine?" to top each orange in place of meringue.

CUMBERLAND SAUCE FOR DUCK (Serves 4-6) .

- 1/3 cup orange juice
- 14 cup lemon juice 1 cup powdered sugar
- 2 tablespoons currant jelly Grated rind 1 orange Grated rind 1 lemon
- 1 tablespoon grated horseradish and serve.

APPLE SAUCE PUDDING

- 1 package vanilla junket 1 cup thick apple sauce
- 1 pint milk (or 1 cup milk and 1 cup light cream)

Season the apple sauce to taste with sugar and cinnomon or nutmeg. Divide And the whole day boll it down it among 6 dessert glasses. . Prepare Until the syrup was sweet and thick junket according to directions on pack- And the sugar cake nice and brown. Pour carefully at once over the apple sauce. Let stand and undisturbed in a warm room until set-about

ORANGE FLUFF

- (Serves . 6) % cup cooked wheat cereal (or rice)
- 2 eggs 1 cup sugar
- 1 cup orange juice

minutes-Then chill and serve.

I te'aspoon grated orange rind 15 cup seeded raisins

Beat egg whites stiff with 1/2 of the cup of sugar. Beat egg yolks and add : other ingredients, folding in egg whites last. Bake in a moderate oven degrees F.) for 30 minutes. The top should be a golden brown. Serve with cream or milk. _-

> ORANGE FIZZ (Serves 1)

a, oup orange juice 2 teaspoons sugar

Beat egg white stiff. Beat in yolk and orange juice in which sugar has been dissolved. Serve in a large glass with ice to chill if desired.

The egg makes this drink nourishing and gives it a delightful fluffiness that makes it a favorite rivid with children for the drug-store soda drinks. It excellent for a breakfast drink or in

mid-meal serving. Variation: Mash a banana and beat into the egg. white meringue before adding the orange juice: : -.

ORANGE BLANC MANGE

- (Serves 6-8) 112 cups evaporated milk
- "I'z cup sugar
- 15 tenspoon salt 4 tablespoons cornstarch
- 15 cups orange juice 1 teaspoon grated orange rind
- Heat milk in double boiler. Mix sugar. orange juice. Add with remaining juice to hot milk. Add grated rind. Cook intil smooth, stirring frequently. orange fuice curdles milk, beat with whirl

POST OFFICE in small pieces. Combine oranges and meat and serve on crisp lettuce leaves

BY-GONE DAYS

Sometimes my thoughts will

on each orange a spoonful or meringue We highly prized the coal-oil lamp.

As, the candle light was very, dim And the lamp light was complete. We'd work and chat till bedtime came When father would say, "Now it's time

Then he would get the Bible down And read from the Sacred Word And offer thanks for mercles given And commit all to the Lord.

And with a good-night we were off to For five o'clock came too soon And the bread was to make and the cows to milk And we had the butter to churn.

The knitting and sewing should all Mix ingredients; beat thoroughly; heat And a couple of quilts be-made," For when spring came there was sap Cemetery Commission was formed alright And a good big garden to spade.

> Getting out timber and wood; So we helped them all that we could.

> We helped them to gather the maple

We dig and rake and plant and seed And wash and pick the wool 10 Then send_it-off to the carding mil. To have it made in roll.

Then soon you would hear the spinning And I'm sure you could count near

By the time we had it spun. Whatever color we'd choose. Some for dresses, some for cloth, _ And some for blankets and hose.

hundred skeins

then; all being ready for the Dom (359) For we could not get it back too soon To cut and press and sew.

> For all was done by hand, you know No such thing as a sewing machine, For I well remember, in later years. The first one I'd ever seen.

But now my story is getting long. Though much more I could write. But for the present I'll conclude By bigding you all good-night. --- Mrs. S. McTaggart.

it from a 1 rmer resident of Stayner, them that this is an excellent prepare-She apparently quite well remembers the render it a valuable medicine. activities of former days among the armers and has put her story nicely

nto verse, form

Look about Acton where you will and "Lady," said the tramp, "if you give bester. Pour into individual serving in every section you will find buildings such long credit I will take all the and chill. If desired to mould, that are monuments to his 'skill and shirts." And he grabbed the other two planning. And in all his busy life he and went on his way

still found time to interest himself in the worth-while affairs of the community. At all the public gatherings we used to have in Actor to discuss big questions always was our friend there. He had courage, too, and never hesitated to express his opinion, whether he was

with the majority or not. Usually his judgment was pretty sound, too. 'I'm going to miss him a lot. He knew Acton and had a very clear recollection of many incidents. The editor has told me that many time he has set my articles right on certain points. Many a time we have talked together and he had helped me a lot on points upon which I was not clear in the early days.

Many a time I have met him walking. about during the last few years up in Fairview Cemetery, and we have reviewed the incidents that led up to the purchase of this spot and the entanglements that were met with in the plans. We both agreed how suitable it had proven and were delighted with the work now being undertaken. Now John Cameron has gone to join the multitude whose remains rest there. It seems each time to me as one of these worthies are transplanted to this grounds, that

the place becomes the more sacred. When I visit there now and stroll about among the graves and headstones the roll seems to be getting more lengthy. Generation after generation are being laid to rest there. Then my thoughts their lives are forgotten.

self-sacrificing and interested in Acton how. as he preved himself to be, the present generation will also have much to be proud of. We have suffered the loss of many worthy citizens during the past When 'round the old home hearth we few years and not the least among these has been the loss to Acton of our friend. John Cameron.

> After the way my favorite aimanac lion and I've never witnessed anything had boughten a Canary meboy. more lamb-like than the entry of March Thirsday-Jake has just ben reading it won't be my favorite any more. It tack to bed with him nex Summer, predicts for this week fine mild weather. For the week of the 19th, it says: "Some high winds but week ends fine." The will be a correct weather forecast.

It seems as if I have taken my allotted space again for this week. There's these Powders are used. just one more thing I want to mention though, before I close. I was right glad to notice in the Council affairs that the and the matter was likely to be satisfactory to everyone .- I know the Council The men folks were busy the winter thru has good intentions in regard to looking after matters, but since that committee For that is the way they made their cash, has been appointed there seems to have been more headway made toward permanent care and upkeep than in the forty years or so the cemetery was run by the Council. The older we get the more interested men like myself become in the upkeep of Fairview Cemetery. I just want to say thank you to those men who have during the past couple of years taken such an active and practical interest in beautifying this place. From what I hear around the streets and read in the Council reports, there Week in and week out it would hum has been plenty of criticism and I want to say a word of thanks. Too often men who do things get more criticism than thanks until it is too late, and I want Then the skeins we'd wash and some to say as one who has watched Acton for many years, it is my humble opinion that this Board or Conffnission, or whatever it is named; deserve a much greater measure of thanks than of criticism for their work. I sincerely hope they will be spared many more years to see the work they have undertaken completed.

The old Man

Mothers Value this Oil .-- Mothers who know how suddenly croup may seize their children and how necessary prompt - Stayner, Ontario, action is in applying relief, always keep The foregoing poem, given me by the at hand a supply of Dr. Thomas' Eclereditor of THE FREE PRESS, who received tric Oil, because experience has taught I was told that the elderly lady who tion for the treatment of this ailment. wrote it was well upon the eighties. And they are wise, for its various uses

The past week we have laid away my . There isn't much doubt that some of old friend. John Cameron. One by one the present difficulties of business can the older ones pass on to their reward, be attributed to the great a liberality in and leave vacancies in the community long term credit and installment buying. which are going to be hard to fill. Just Too many people overbought to an extent take the case of our friend of the past that the backfire is injuring those who week-John Cameron. I've been going invited and made it possible. It's like over in my mind the contribution he the story of the tramp, who passing a made alone in the building of residences lienely farm-house, saw three good shirts and other buildings in Acton. For hanging on the line. He looked around, seventy years he has been going about things seemed pretty safe, and he grahthis work here. True, in the last few bed one of the shirts. A woman rushed years he has had a little leisure, but out of the house. She said to the tramp his advice was often sought and always in her rage:

freely given, even in his days of retire- You will pay for that shirt on the Day

BY ROSS PARQUHAR ed in the shoe store. here agen at are house for supper tonite

and it was the 1st time we new she had went and go marryed. Ant Emmy ast her how did it happen and she replyed and sed she had went with Fred for a good wile and got so tired of his Pettin and kissing and ect. that she up and marryed him so now she is very very happy. Saterday - Joe

lucky in marryed life. he was a telling pa today that Safe for him to stay out late he gess. he sed the 1st time he stayed out late his

wife just Heaved a big Si when he cum home and then last Thirsday nite he stayed out late agen and when he cum home she Heaved a Flat iron at him and he has ben layed up ever sence. Sunday-Ant Emmy has a Hard time

wander-back to the old Cemetery and getting use to the langwidge the yung another generation are at rest here. And fokes are useing this day and Age. For I shudder at the thought of how soon a long time she has ben wandering whut But thank they ment when they sed sum I Passed goodness there was some activity last out and now she has lernt that it is the fall toward improvement at the Ploneers' same as in her yung days when they Swooned. L

But there, I am off my subject again. Munday-I gess the teecher is of the a tive to the style of all old men in their pinion we are a dum set. Today since stories and writings. We who are left give us wint she calls a general Test. 1 will miss John Cameron. He left as a of the kwestions was. What is a Polygon splendid example a life full of activity and I sed it was a man with to menny and interest for his town and fellow-, wifes, and she marked me rong, well I men. If there are more of his kind, as never did-no mutch about lawse ennye

> Tuesday-I started to the pitcher show out I stops in the drug Store and they was a Cross Eyed woman there calling up some frents and I got Intnusted in watching her use the Die telefone and fergot all about the pitcher intill to late. But even at that I had plenty Entertainment enny ways.

. Wensday-Ike Netl marryed his wife let me town the past two weeks. I am, " cupple yes, ago and he says it was becuz almost out of conceit of this book. Here she sang so Well. But how he says it predicted March was to come in line a mebby it wood of ben just as well if the

this year. I'm going to give this almanae that fish will kil muskeetoes and now he one more chance and if it's wrong again, to trying to by him sell a gold-tish to

When a mother detects from the writhlast week of March is given as "Warm mgs and fretting of a child that worms and bright and ends fair." There now, are troubling it, she can procure a relithat's the last chance and, speaking able remedy in Miller's Worm Powders frankly, I haven't much faith that it which will expel all worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where

SIZING HER UP

Mrs. Dumbley was waiting to be serv Presently the girl assistant approache

"What size shoe do you wear, madam "Well." said Mrs. Dumbley, with a co

"I bought size four last time." The girl looked puzzled. "Yes, madam, I remember," she replied, but you're buying this pair for yourself, ren't you?"-London Answers.

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905

TOMATO FROM PERU?

Peru is thought to have been the native home of the tomato, and the natives of Mexico are known to have grown it since very early times. They called them xiotmaes tr zitotmates from which the present word, tomato, has probably been derived. It was not until nearly 100 years after the discover of America that xiotmates or zitotmates from which the

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