

TWENTY YEARS AGO

From the Issue of the Free Press, of Thursday, February 6, 1913

Yesterday was Ash Wednesday. The ice crop is in splendid condition now. The contractors were unloading heavy timbers for the Electric Railway bridge over Fairy Lake yesterday. The chopping mill is humming these days. The farmers are delighted with the work the electric motor is doing. Mr. Charles Bailey, of Toronto, has purchased the farm of Mr. James Brown, Main Street, and will take possession March 1st. The annual assembly of the Woodmen last Wednesday evening was well attended and the affair passed off very pleasantly. At the invitation of Reeve Hynds, the members of the County Council will visit Acton this month and will hold a session in the town hall. The appointment of an Inspector of Public Schools for the County, to fill the vacancy caused by the retirement of Mr. J. S. Deacon, after twenty-seven years of faithful and efficient service, was a somewhat perplexing problem to the members of the County Council at its first meeting. There were twenty-two applicants for the position. After giving the various applications due consideration, Mr. J. M. Denyes, B. A. of Belleville was chosen. Mr. Denyes was Principal of Oakville High School for two years, removing to Belleville about a year ago. The position carries an initial salary of \$1,700 to which there will be an annual increase of \$100 until \$2,000 is reached. The sum of \$500.00 is allowed for travelling and office expenses.

EAT TO KEEP WARM

The tang of frost in the air, the creaking of snow underfoot remind us that as the days begin to lengthen the cold begins to strengthen. Cedar chests, closets and drawers reeking with the scent of moth balls yielded their store of furs, woollens and heavy wraps when winter made her debut amid the first flurry of snowflakes. With the mercury now hovering near zero we look for further reinforcement against the advances of Old Man Winter. Fortunately nature, which planned the changing seasons, also provided means for adjusting the body to varying temperatures. The unique thermostatically controlled heating system in the body helps us to combat cold weather by warming up, from within. This is accomplished by "fueling" during the winter months with an extra supply of warming foods. In this class are steaming hot dishes and beverages, foods that are high in calories, a good supply of protein foods, such as milk, cheese, eggs and meat, extra fats and sweets, and by all means, an abundance of cereals, for cereals afford a rich and ready source of heat. This is the time of year when fried foods are most acceptable - croquettes, fritters, griddle cakes or doughnuts may hit just the right spot.

BRAN DOUGHNUTS

- 1/2 cup sour milk or buttermilk
1 cup bran
2 eggs
1/2 cup sugar
1/2 teaspoon nutmeg
3 cups flour
1/2 teaspoon soda
1 teaspoon salt
2 teaspoons baking powder
2 tablespoons melted shortening

Soak bran in milk. Beat eggs until light. Add sugar, nutmeg and bran and milk mixture. Sift dry ingredients and add 1/2 of it to first mixture. Stir in shortening. Add remaining flour. Roll 1/4 inch thick and cut. Fry in deep fat at 375 degrees F. Roll in sugar if desired. Yield: 1 1/2 dozen (cut with three-inch cutter).

BRAN CRIDDLE CAKES

- 1 cup bran
1 cup flour
1 tablespoon sugar
2 teaspoons baking powder
1/2 teaspoon salt
1 egg
1 1/2 cups milk
1 tablespoon melted shortening

Mix and sift flour, sugar, baking powder and salt; add bran. Combine egg with milk and add to the dry ingredients. Add melted shortening. Beat thoroughly and bake on a hot griddle. Yield: 10 cakes (5 inch diameter).

SWEDISH MEAT CROQUETTES

- 1 pound round steak (ground very fine)
2 tablespoons finely chopped onion
1 teaspoon salt
1/2 teaspoon pepper
1 1/2 cups milk
2 eggs (beaten slightly)
4 cups corn flakes
1 cup milk (for gravy)

Put meat in bowl and add onion, salt, pepper, milk and eggs. Roll corn flakes into crumbs. Add to meat mixture. Mix thoroughly and form into balls. Fry or saute slowly in butter. Yield: 12 small meat balls. 4 to 5 servings.

BANANA FRITTERS

Peel bananas, cut in halves crosswise or in quarters, and roll in corn-flake crumbs. Fry in very hot deep fat, 395 degrees F., until light brown. Drain on soft paper, and serve with broiled chops, steaks or ham. A simpler method is to split bananas, roll in corn-flake crumbs and saute on both sides, using a small amount of butter in a hot frying pan. Bananas may also be broiled in three or four minutes. Peel and place under broiler during the last few minutes that meat is broiling.

INTERMEDIATES IDLE - JUNIORS LOSE TWO

click together and this was their main standpoint in victory. The locals played well and worked hard, but they were no match for Preston as far as team went. E. Marzo, Mooney and Marshall shared the honors for staunch playing when Acton made rushes. Byrne deserves credit, and all five goals scored were mighty hard to get in front of. Preston look like group standouts and should win the group easily. They haven't lost a game as yet, whereas Acton have lost four and tied one. The line-up was: Preston—Goal, Walker; defence, Henry and Cutsler; centre, Smith; left wing, Zeigler; right wing, Knack; sub, Connell, Good, Buchanan, Tilk. Acton—Goal, Byrne; defence, Lawson, Marzo; centre, Marshall; wings, Lanzl, McGeechie; subs, Mooney, Marzo, Gibbons, Tyler. Referee—D. Bruah, Milton.

JUNIORS LOSE BY ONE GOAL

Acton Juniors stepped into Preston last night and gave them something to talk about. The ice was soft and therefore Preston were slowed down to Acton's speed. Acton watched their check well and took the breaks when opportunities presented. They relied on shots from the blue line and dashing in for the rebound. The result proved satisfactory and they should have had a well-earned victory. The first period opened with Acton carrying the play. They rushed again and again. Preston came back strong, however, and were in no Byrne's often, but he played a stellar game, turning aside all shots. The first goal came when E. Marzo and Bert Gibbons made a mad rush. Bert scored on a neat pass from Marzo. Acton led one nothing at the end of the period and carried the lead well into the second period. Preston received two penalties this period for roughing, whereas Acton had a clean sheet. The second period opened rather slow, with Preston carrying the play, but unable to score. The ice was sloppy, with about an inch left in the clay. Acton made threatening rushes but failed to score when close. The whole Acton team seemed to click well. The passing was good while the defence hit them hard and blocking numerous plays. Preston tied it up about midway in the second session. It was hard to stop and a hard drive from the wing. A shot that couldn't be seen until upon the goal. Knack scored the next goal. They emerged one up at the end of the second period when they scored from a scramble with but thirty seconds to go. Acton received two penalties this period, Marshall and McGeechie being responsible. Preston the same number in this frame as Acton. The third period was very even. Both teams missed royal chances to score from all angles. Acton tied it up when Mooney scored from close in, receiving the pass from Marzo outside the blue line. Mooney stick-handled his way around defence and secured a neat goal. The line comprising Marshall, McGeechie and Lanzl worked well. In fact the whole team worked well and deserved to nose out a win from the group leaders. Luck seemed against them, however, and they failed to score. The Preston manager was getting worried about this time. But his worries were over when Preston scored with but forty seconds to go. Preston were the victors, but Acton gave them the tussle of their life. Acton worked well and if they keep going like this should have no trouble taking the Peter Smith Trophy from Georgetown.

JUNIOR GROUP STANDING

Table with 6 columns: Teams, Goals, P, W, T, L, P, A, P. Rows include Preston, Guelph, New Hamburg, and Acton.

HOCKEY NOTES

Guelph beat New Hamburg, 3 to 2, at Guelph on Monday night—a big surprise. Tyler received a minor cut on the lip but kept in the play. The Juniors should beat Georgetown next and here's hoping. Come out and cheer them along. If they haven't ice in other centres, why not transfer the games to Acton Arena, where here is a good body of ice in prime shape? Acton Arena officials will be glad to make arrangements. The Junior schedule is now completed and, although they did not win any games there is nothing to be discouraged about this year back in O. H. A. Perhaps next year, boys, you will be bunched with a weaker group. Jack Burrill, of Brampton, selected Oakville and Acton as the teams for the group finals. For once we find it possible to agree with Jack. With the standing in Group 6 Intermediates O. H. A. running 3-5-6-7-8 and 10 it looks like a real contest for group honors in this bunch. Acton Intermediates always were good at fighting an uphill battle in their group and this year they have the same job on their hands. While the experts pick Oakville to win this group we still have faith in Acton to pull through. After winning the group for three years it is doing to seem queer not to turn the trick again. With scarcely any of the players home boys, and with only the odd game being

Letters to the Editor

The Free Press welcomes letters to this column on matters of general interest to its readers, but does not necessarily endorse the opinions expressed. All letters must be signed, but may be published over a pen name if so desired and specified in the letter. Communications should not be over 500 words in length and must be received not later than Tuesday at noon to ensure publication in that week's issue.

January 31, 1933 Mr. G. Ariot Dills, Acton, Ont.

Dear Mr. Dills: Find enclosed cheque for \$2.00, subscription to Acton Free Press for 1933.

It is a great joy to have this letter from home every week. Payment was delayed through official visitations of the church in Western Canada. Many Acton people greeted me in every Western Province, and nearly all spoke of their delight in receiving The Free Press. You are certainly rendering a great service to Acton, through keeping alive the interest of so many people in their native town, or where their early years were spent.

There is always an interest in that "never-grow-old" former citizen, John S. Coleman (75 before your readers see the letter). How often we think of him and other friends, and the fellowship of early life. When in Winnipeg early this month Arch Campbell sent his love and regrets that he was unable to attend the services conducted by me. He sent his love in that message to all his Acton and Nagsaweya friends.

Accept my personal congratulations upon maintaining the high standards and ideals of The Free Press in news, loyalty to Acton's best interest, and Canada's greatest good.

Yours faithfully, T. ALBERT MOORE

[Editor's Note—Dr. Moore's unflinching interest in the home town is just as fervent as always. It is indeed gratifying to the editor of The Free Press that a man with so many matters to occupy his attention as the Moderator of the United Church of Canada must have, could take the time to write this letter of appreciation and encouragement. In spite of his busy life and call to high position Dr. Moore quite apparently retains a great interest in the activities of Acton and keeps in close contact with the friends he knew in the home town. We assure Dr. Moore that those who remain in Acton appreciate the honor he has brought to the home town by his able fulfillment of the highest positions in the church of his choice.]

Persian Balm is the one true family aid for skin health and beauty. Aids the mother in additional loveliness. Protects the tender skin of the child. Delights the father as a hair fixative or cooling shaving lotion. No matter what use it is put, it is always beneficial to the skin. Every woman should use it. Persian Balm cools and caresses the skin and create complexions of surpassing loveliness.

FRED BRAY SAYS

7 years ago I started bloodtesting the flock from which the 1933 chicks now come. 5 years of Government inspection, with all that means, are now behind Bray Chicks. They will be the basis of real producing pens this fall and winter for thousands of old and new customers. No chances are taken when you buy them, and you can select the breed you like the best. Scrub stock should have no place either in barn or poultry pen, because they are not worth their feed. The largest bookings of any season are now being taken by us, and we would recommend the early placing of your order. Send for free illustrated catalogue and price list, or drop into the Hatchery (we have 9) nearest you. Bray Chick Hatchery, 48 Clayburn Avenue, St. Catharines, Ontario. Branch Hatchery, Brampton. Local Agent—Geo. C. Brown, Norval—Phone, Georgetown 38221.

Milton and Oakville played a tie game last night of 1 all and thirty minutes of overtime. The game was played in Oakville. Acton is due to go to Oakville tomorrow night, and Percy Lesieur is to be the referee. The game will be played in Hamilton as it is bound to be good ice.

With three tie games and then some scores of seven goals it looks as if Oakville were attempting to pick their opponents for the play-offs.

The Midgets will play a double-header in Acton Arena to-night. For action, bound to win play this event should be worth the admission asked.

Milton will play in Georgetown tomorrow night.

Bladder Weakness Getting-Up-Nights Quickly Relieved!

Pleasant Home Treatment Works Fine; Used by Doctor For Many Years. What a wonderful comfort it is to sleep all night and not get up once from Bladder Weakness and Irritation! The daily annoyance, restless nights of misery, backaches and nervous irritability that result from functional Bladder Troubles are wrecking the lives of thousands who might otherwise be in the best of health. To be at your best, you must have peaceful, health-giving sleep and freedom from daily irritation—that's why Dr. Southworth's URATABS give such wonderful satisfaction. Made from a special formula and used by the Doctor for many years—URATABS, now obtainable from your druggist for inexpensive home use, have brought quick help and comfort to many thousands. No matter what your age may be or how many medicines you have used without success, if you want to forget you have a Bladder and enjoy the rest of peaceful, unbroken sleep, try URATABS today. Your druggist will refund the small cost if you are not well pleased!

The Community's Social Side of Life

Visitors to and From Town During the Past Week, as Gleaned by The Free Press

Mr. Angus Kennedy was home from Galt on Sunday. Mr. Eugene McPherson was home from Toronto for the week-end. Dr. Harold A. Mowat was home from Toronto for the week-end.

Mr. Charles Symon was home from Toronto for the week-end. Miss Roberta Michie, of Guelph, is visiting at her home here. City Engineer H. S. Nicklin, of Guelph, visited his mother on Sunday.

Mr. Stanley Mackie, of Toronto, visited at his home here this week. Miss Kate McTavish, of Toronto, is visiting with Mr. and Mrs. D. N. McTavish. Mr. and Mrs. George Warner, of Toronto, visited Acton relatives over the week-end.

Dr. and Mrs. C. A. Warren and Mrs. W. T. Stone, of Toronto, visited Acton friends yesterday. Mr. and Mrs. Ernest Near and Miss Melissa Johnson, of Toronto, visited with Acton relatives this week.

Miss Barbara Warren, of Toronto, has been visiting the past week at the home of Mr. and Mrs. John Wood. Mrs. G. G. Robertson is spending a week or so with her son and daughter, Mr. and Mrs. Norman Robertson.

Mr. and Mrs. Lawrence Baxter and Donald, of Toronto, visited at the home of her parents, Mr. and Mrs. J. A. Mowat. Miss Scarrow, of Toronto, visited at Mr. and Mrs. J. A. Mowat's and attended the Burns-Mowat wedding on Saturday.

Mr. James Mills was called to Hamilton on Sunday owing to the death of his brother-in-law, Mr. Albert Vanfleet. The funeral was held on Tuesday. Mrs. Harold Sutcliffe and Shirley, of Detroit, visited at the home of her parents, Miss Clara Lantz returned to Detroit for a holiday with her sister.

Mr. Joseph King, Preston; Mr. and Mrs. Lowden King, Galt; Mr. and Mrs. W. Near and Mr. Ira Vannatter, Guelph, were the guests of Mrs. R. Bennett on Sunday. Mr. Harry Murray attended the funeral of the late William Auld, in Toronto, last week. This name was inadvertently omitted from the list of those attending the funeral as given in The Free Press of last week.

Mr. George Green, who left last spring for England, and has spent the summer in the Old Land, returned to Acton the past week. George says that while the Old Country is fine, that Canada and Acton are now home and he is back to stay.

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Launched in 1933

We are now launched into 1933. It's a New Year, full of promise and opportunity. The old year has gone. Its errors can be best used as experience in the New Year.

To a great extent your measure of happiness and prosperity for 1933 depends on yourself. It's impossible to secure a marked degree of either just by wishing, no matter how sincere that wish may be made.

Every successful business man makes a study of his customers' needs; strives to anticipate their wants and fulfil them promptly. That is taken for granted in the average business man of to-day. He doesn't buy something he never expects to be asked to supply or can create a demand for.

BUT---

No matter how careful the buying, no matter how big the stock, or how courteous and prompt the service, if you don't tell the buyers of the things that make your store outstanding in your estimation they will not become your customers. It's a long way round, waiting for your friends to do your advertising. It takes all their help and all the other aid in these days of keen business competition.

EVERY WEEK

You can address between 4,000 and 5,000 prospective customers (allowing an average of three readers for each paper). Certainly they don't all live in Acton, but THE FREE PRESS circulates in a wide territory in the country surrounding. If you have an attraction for these readers you can get acquainted with them real intimately by your message to them each week.

PROSPERITY IN 1933

Will come to a great extent in just the proportion you go after it. Among the sages and spokesmen for big business interests better times are predicted in many quarters. What share will you play as an individual in having it come to our community and to you? Now is the time to make your plans for 1933.

We Have Many Facilities

Never was there a bigger field presented to serve you in Acton's paper, THE FREE PRESS. Never were we able to present a better service to you. We will be glad to go into detail with you if you will call us and arrange a suitable time.

May We Assist You in Your Plans for 1933?

The Acton Free Press

Constantly Striving to Maintain Leadership for Acton with a Representative Newspaper

GREGORY THEATRE THURSDAY AND FRIDAY February 2 and 3 "My Wife's Family" A British picture, said to be funnier than Charlie's Aunt, starring Gene Gerrard. Comedy, "It's a Clinch." Novelties, "Man Eating Sharks." "Athletic Day." SATURDAY, FEBRUARY 4 "THE CABIN IN THE COTTON" A powerful drama of the cotton country of the South, starring Richard Barthelmess and Bette Davis. Comedy, "He's a Honey." Fox News. MONDAY, FEBRUARY 6 "The Unwritten Law" Drama, starring Greta Nissen and Skeets Gallagher. Comedy, "Tip Tap Toe." Novelties, "Out of the Past." "Nanny." Just 6 weeks to complete the 53 piece Set of FREE Dinnerware. COMING "TIGER SHARK" With Edward G. Robinson.